



## **CORONAVIRUS (COVID-19) PRECAUTIONS AT THE PLAZA ASSISTED LIVING 03/09/2020**

The Plaza Assisted Living is committed to taking all precautionary steps necessary to keep our Residents, team members, families, visitors and vendor partners safe during this international coronavirus outbreak. Please understand that the coronavirus is similar to the preparation our community goes through for influenza. Our communities are prepared and trained in infection control. While it is likely that the coronavirus will enter Hawaii, The Plaza will make efforts to keep the virus out of our communities. The only way this is possible is with everyone's assistance. Thank you for your anticipated cooperation.

### **Everyone can help prevent the spread of respiratory illness with these everyday actions:**

- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick. Prepare for the possibility that people may want to stay home or may be asked to stay home to prevent the spread of illness. Be aware that some symptoms you may experience include: a fever or feeling feverish/chills, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, fatigue (tiredness), vomiting and diarrhea.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash. Wash your hands.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- CDC does not recommend that people who are well wear a facemask to protect themselves from illnesses, including COVID-19. Keep in mind that supplies are limited and we need to make sure there are enough masks for our front-line health care workers. If you are sick then wear a mask to protect the people around you.
- If you have daily medication needs, have more than a week's supply on hand and have as much on hand as your insurance will allow you to have.
- Not everyone can afford to stock up on supplies or has the space to store them, but anything you can arrange in advance means one less inconvenience or one less trip to the store while you are sick.
- Make family plans for the possibility of school or day care closures. Do some contingency planning in advance at the family level.
- Sign up for public notifications at [health.hawaii.gov/news/covid-19-updates](https://health.hawaii.gov/news/covid-19-updates).

In addition to following all recommendations set forth by the State of Hawaii Department of Health and the Centers for Disease Control and Prevention, The Plaza Assisted Living has identified company-wide procedures that will be followed in the following scenarios:

**Level 1: No confirmed cases of coronavirus in Hawaii**

**Level 2: 1 or more confirmed cases of coronavirus in Hawaii**

**Level 3: 1 or more confirmed cases of coronavirus at a Plaza community**

Below are the Plaza Assisted Living's procedures that will be taken currently, while we are in **Plaza's Level 1 status:**

- All Residents, visitors, vendor partners and team members should sanitize their hands upon entering the community.
- Any Resident, visitor, vendor partner or team member who has traveled to an affected geographic area with widespread or sustained community transmission as identified by the CDC (Level 1, Level 2, Level 3 travel health notice) will be restricted from entering any Plaza Assisted location for 14 days. They must be symptom free following the 14-day period before entering The Plaza.
- Any visitor, vendor partner or team member who exhibits flu like symptoms will not be allowed to visit or work until 24 hours after being symptom free.
- Any Resident who exhibits flu like symptoms will be placed in isolation at The Plaza and will need to receive a doctor's clearance prior to being removed from isolation.

**If we elevate to Plaza Level 2 status, the following will occur:**

- All Residents, visitors, vendor partners and team members should sanitize their hands upon entering the community.
- Any Resident, visitor, vendor partner or team member who has traveled to an affected geographic areas with widespread or sustained community transmission as identified by the CDC (Level 1, Level 2, Level 3 travel health notice), as well as those who have traveled to Washington State, will be restricted from entering any Plaza Assisted location for 14 days.
  - They must be symptom free following the 14-day period before entering The Plaza.
- Any visitor, vendor partner or team member who exhibits flu like symptoms will not be allowed to visit or work until 24 hours after being symptom free.
- Children age 13 and younger will not be allowed to enter the community.
- All visitors, vendor partners and team members will have their temperature taken by a designated Plaza team member prior to being allowed on property. Anyone who has a

temperature of 99 degrees Fahrenheit or above will not be allowed to enter the community.

- If a Resident leaves the community for any reason, that resident will have their temperature taken by a designated Plaza team member upon return to the community. Any Resident who has a temperature of 100 degrees Fahrenheit or above will not be allowed to enter the community until they receive a doctor's clearance.
- Any Resident who exhibits flu like symptoms will be placed in isolation at The Plaza and will need to receive a doctor's clearance prior to being removed from isolation.
- Residents will be asked to refrain from any non-essential commuting in and out of the building.
- Residents, visitors, vendor partners and team members will be discouraged from attending any largely populated events.
- Entertainers who perform during activity programming will be cancelled.
- Plaza events such as buffets or other special group events will be cancelled.
- Plaza shuttle trips that are recreational in nature as well as errand runs will be cancelled. Medical transportation will continue to be provided.

**If will elevate to Plaza Level 3 status, the following will occur:**

- All Residents, visitors, vendor partners and team members should sanitize their hands upon entering the community.
- All visitors and non-essential staff will not be allowed in the community
- Any Resident or essential team member who has traveled to an affected geographic areas with widespread or sustained community transmission as identified by the CDC (Level 1, Level 2, Level 3 travel health notice) will be restricted from entering any Plaza Assisted location for 14 days. They must be symptom free following the 14-day period before entering The Plaza.
- Any vendor partner or team member who exhibits flu like symptoms will not be allowed to visit or work until 24 hours after being symptom free.
- All vendor partners and team members will have their temperature taken by a designated Plaza team member prior to being allowed on property. Anyone who has a temperature of 99 degrees Fahrenheit or above will not be allowed to enter the community.
- If a Resident leaves the community for any reason, that resident will have their temperature taken by a designated Plaza team member upon return to the community. Any Resident who has a temperature of 100 degrees Fahrenheit or above will not be allowed to enter the community until they receive a doctor's clearance.
- Any Resident who exhibits flu like symptoms will be placed in isolation at The Plaza and will need to receive a doctor's clearance prior to being removed from isolation.

- Any Resident who is confirmed to have the coronavirus will be isolated in an apartment. The direct care staff will be identified who will provide care to an infected Resident. These staff will not provide care for other non-infected Residents. The Resident will utilize disposable paper goods to eat and drink.
- The Plaza will undergo Double Infection Control protocols including washing all dishes twice through the commercial dishwashing machine and sanitizing highly trafficked areas hourly during waking hours.
- If a Plaza team member works at the infected community and any other Plaza location, they will only be assigned to work at the infected community.
- Residents will be asked to refrain from any non-essential commuting in and out of the building.
- Residents, vendor partners and team members will be discouraged from attending any large populated events.
- Entertainers who perform during activity programming will be cancelled.
- Plaza events such as buffets or other special group events will be cancelled.
- Plaza shuttle trips that are recreational in nature as well as errand runs will be cancelled. Medical transportation will continue to be provided.

*Please note that as the rapidly changing coronavirus situation is evolving, our plan and communications may be updated as more information and recommendations becomes available. If you would like to receive emails with updates, please see the Concierge at the Front Desk and ask to be added to the email list.*