

September 2025

The Plaza at Punchbowl Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>Chicken Boy Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza Life Exercise Circuit [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 📖 Fun Fact &amp; Trivia [R]</div> <div>1:45 🚌 Scenic Bus Ride: Manoa Valley</div> <div>2:45 ♣️ BINGO Club [R]</div> <div>4:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 ♣️ Puzzle Table [LB]</div>	<div>V-J Day: U.S., stands for Victory over Japan Day, commemorating a shift in the Second World War in favor of the Allies.</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza life Seated Strength Exercise [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 📖 Popcorn Tuesday [R]</div> <div>1:45 📺 Tuesday Movie: Star Wars Ep 5 - 1980 Sci-Fi/Fantasy - Mark Hamill, Harrison Ford [M]</div> <div>3:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>4:00 ♣️ Chessmaster [LB]</div>	<div>U.S. Bowling League Day</div> <div>8:30 🚌 Shopping Trip: Walmart (Ke'eaumoku)</div> <div>9:00 🌟 Plaza Life Exercise Circuit B [R]</div> <div>10:00 📺 "Grandparents Day &amp; Assisted Living Week Celebration: Sing and Dance with the Joy Club Dance Group" [LR]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 ♣️ Hymn Sing Along with Ruth [R]</div> <div>2:45 ♣️ BINGO Club [R]</div> <div>4:00 ♣️ Chessmaster [LB]</div>	<div>Macadamia Nut Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza Life Seated Strength Exercise [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 ♣️ BINGO Club [R]</div> <div>1:45 🚌 Scenic Bus Ride: Aloha Tower</div> <div>2:45 🎵 The Gathering Groove: Music, New Connections &amp; Mingling [R]</div> <div>3:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 ♣️ Puzzle Table [LB]</div>	<div>Aloha Friday : Wearing wild Hawaiian Shirts &amp; Dresses</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 📺 Taiko Drum Class with Ai Matsuda [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 📖 Church Service with Pastor Carl &amp; Pastor Steve [R]</div> <div>2:30 📖 Book &amp; Tea Club with Annette Jim [LB]</div> <div>3:00 ♣️ Poker Club with Lonnie [M]</div> <div>3:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 ♣️ Puzzle Table [LB]</div> <div>7:00 📺 Friday Movie Night : Cowboys and Aliens 2011 Western/Sci-Fi - Harrison Ford, Daniel Craig [R]</div>	<div>Coffee Ice Cream Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 ↔ Saturday Chair Yoga [R]</div> <div>1:30 🎨 Art: Bob &amp; Hank , Fun with Painting [M]</div> <div>2:30 ♣️ LCR with Diane : Left Center Right Dice Game [LB]</div> <div>3:00 ♣️ Poker Club with Lonnie [R]</div> <div>4:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 🏈 UH Football Kickoff Night ; Sam Huston [R]</div>
<div>Grandparents Day &amp; "Assisted Living Week": Western Wednesday</div> <div>9:00 🌟 Morning Stretches &amp; Mindfulness [R]</div> <div>10:00 🌟 Morning Stretches &amp; Mindfulness [R]</div> <div>10:00 🚌 Scenic Bus Ride: East O'ahu</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 🎵 Karaoke : Oldies But Goodies Songs with Kimo [R]</div> <div>1:45 🚌 Shopping Trip: Manoa Longs</div> <div>2:30 ♣️ Poker Club with Lonnie [R]</div> <div>3:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>4:00 🎲 Puzzle Table [LB]</div>	<div>"Assisted Living Week" : Hat Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza Life Exercise Circuit [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 📖 Think &amp; Play Trivia [R]</div> <div>1:45 🚌 Scenic Bus Ride: Diamond Head Beach Park</div> <div>2:45 ♣️ BINGO Club [R]</div> <div>4:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 🎲 Puzzle Table [LB]</div>	<div>"Assisted Living Week" : Sports Day</div> <div>9:00 🌟 Plaza life Seated Strength Exercise [R]</div> <div>10:00 🎵 Sing Along with Jolene and Jenei [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 📖 Popcorn Tuesday [R]</div> <div>2:00 🏠 Residents Council [R]</div> <div>3:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>4:00 ♣️ Chessmaster [LB]</div>	<div>"Assisted Living Week" : Wacky Wednesday</div> <div>8:30 🚌 Shopping Trip: Don Quijote (Kaheka St)</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza Life Exercise Circuit B [R]</div> <div>10:00 🚌 Shopping Trip: Don Quijote (Kaheka St)</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 ♣️ Hymn Sing Along with Ruth [R]</div> <div>2:45 ♣️ BINGO Club [R]</div> <div>4:00 ♣️ Chessmaster [LB]</div>	<div>"Assisted Living Week" : Pajama Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza Life Seated Strength Exercise [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 ♣️ BINGO Club [R]</div> <div>1:45 🚌 Scenic Bus Ride: Pearl Harbor</div> <div>2:45 🎵 The Gathering Groove: Music, New Connections &amp; Mingling [R]</div> <div>3:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 ♣️ Puzzle Table [LB]</div>	<div>"Assisted Living Week" : Disney Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 📺 Taiko Drum Class with Ai Matsuda [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 🎵 Ukulele &amp; Sing Along with Jolene [M]</div> <div>2:00 📖 Book &amp; Tea Club with Annette Jim [LB]</div> <div>2:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>3:00 ♣️ Poker Club with Lonnie [M]</div> <div>5:00 ♣️ Puzzle Table [LB]</div> <div>7:00 📺 Friday Movie Night : True Lies - Comedy/ Action - Arnold Schwarzenegger, Jamie Lee Curtis [R]</div>	<div>"Assisted Living Week" : Decades Day 70s, 80s, 90s &amp; Beyond</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 ↔ Morning Stretches [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 🎨 Art: Bob &amp; Hank , Fun with Painting [M]</div> <div>2:30 ♣️ LCR with Diane : Left Center Right Dice Game [LB]</div> <div>3:00 ♣️ Poker Club with Lonnie [M]</div> <div>4:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 🏈 UH Football Game Night ; Portland State [R]</div>
<div>NATIONAL VIRGINIA DAY</div> <div>9:00 🌟 Morning Stretches &amp; Mindfulness [R]</div> <div>10:00 🌟 Morning Stretches &amp; Mindfulness [R]</div> <div>10:00 🚌 Scenic Bus Ride: Chinaman's Hat</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 🎵 Karaoke : Oldies But Goodies Songs with Kimo [R]</div> <div>1:45 🚌 Shopping Trip: Manoa Longs</div> <div>2:30 ♣️ Poker Club with Lonnie [R]</div> <div>3:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>4:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL ONLINE LEARNING DAY</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza Life Exercise Circuit [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 📖 Trivia Challenge [R]</div> <div>1:45 🚌 Scenic Bus Ride: Views of Honolulu</div> <div>2:45 ♣️ BINGO Club [R]</div> <div>4:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL GUACAMOLE DAY</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza life Seated Strength Exercise [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 📖 Popcorn Tuesday [R]</div> <div>1:45 📺 Tuesday Movie: Rambo (first blood) 1981 Action/Thriller - Sylvester Stallone, Brian Dennehy [M]</div> <div>3:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>4:00 ♣️ Chessmaster [LB]</div>	<div>CONSTITUTION DAY AND CITIZENSHIP DAY</div> <div>8:30 🚌 Shopping Trip: Walmart (Ke'eaumoku)</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza Life Exercise Circuit B [R]</div> <div>10:00 🚌 Shopping Trip: Walmart (Ke'eaumoku )</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 ♣️ Hymn Sing Along with Ruth [R]</div> <div>2:45 ♣️ BINGO Club [R]</div> <div>4:00 ♣️ Chessmaster [LB]</div>	<div>AIR FORCE BIRTHDAY</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza Life Seated Strength Exercise [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:15 ↔ Tai Chi with Ken [R]</div> <div>1:45 🚌 Scenic Bus Ride: Hawaii Kai</div> <div>2:45 🎵 The Gathering Groove: Music, New Connections &amp; Mingling [R]</div> <div>3:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 ♣️ Puzzle Table [LB]</div>	<div>Aloha Friday : Wearing wild Hawaiian Shirts &amp; Dresses</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 📺 Taiko Drum Class with Ai Matsuda [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 📖 Church Service with Pastor Carl &amp; Pastor Steve [R]</div> <div>2:30 📖 Book &amp; Tea Club with Annette Jim [LB]</div> <div>3:00 ♣️ Poker Club with Lonnie [M]</div> <div>3:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 ♣️ Puzzle Table [LB]</div> <div>7:00 📺 Friday Movie Night : Forest Gump 1994 Comedy/Romance - Tom Hanks, Robin Wright [R]</div>	<div>Dance Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 ↔ Saturday Chair Yoga [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 🎵 Seated Hula Dance/ Sing Along with Raelyn &amp; Ryan [R]</div> <div>2:30 ♣️ LCR with Diane : Left Center Right Dice Game [LB]</div> <div>3:00 ♣️ Poker Club with Lonnie [M]</div> <div>4:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 🏈 UH Football Game Night ; Fresno State [R]</div>
<div>World Gratitude Day</div> <div>9:00 🌟 Morning Stretches &amp; Mindfulness [R]</div> <div>10:00 🌟 Morning Stretches &amp; Mindfulness [R]</div> <div>10:00 🚌 Scenic Bus Ride: South Shore</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 🎵 Karaoke : Oldies But Goodies Songs with Kimo [R]</div> <div>1:45 🚌 Shopping Trip: Manoa Longs</div> <div>2:30 ♣️ Poker Club with Lonnie [R]</div> <div>3:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>4:00 🎲 Puzzle Table [LB]</div>	<div>Family Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza Life Exercise Circuit [R]</div> <div>11:00 🌟 New Event Name</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 📖 Trivia: Brain Teasers [R]</div> <div>1:45 🚌 Scenic Bus Ride: Maunaula Bay Beach Park [R]</div> <div>2:45 ♣️ BINGO Club [R]</div> <div>4:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 🎲 Puzzle Table [LB]</div>	<div>Redhead Appreciation Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza life Seated Strength Exercise [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 📖 Popcorn Tuesday [R]</div> <div>1:45 📺 Tuesday Movie: The Monuments Men 2014 War/Thriller - George Clooney, Matt Damon [M]</div> <div>3:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>4:00 ♣️ Chessmaster [LB]</div>	<div>Punctuation Day</div> <div>8:30 🚌 Shopping Trip: Walmart (Ke'eaumoku)</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza Life Exercise Circuit B [R]</div> <div>10:00 🚌 Shopping Trip: Walmart (Ke'eaumoku)</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 ♣️ Hymn Sing Along with Ruth [R]</div> <div>2:45 ♣️ BINGO Club [R]</div> <div>4:00 ♣️ Chessmaster [LB]</div>	<div>Comic Book Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza Life Seated Strength Exercise [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:15 🌟 Tai Chi with Ken [R]</div> <div>1:45 🚌 Scenic Bus Ride: Bank Run</div> <div>2:45 🎵 The Gathering Groove: Music, New Connections &amp; Mingling [R]</div> <div>3:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 ♣️ Puzzle Table [LB]</div>	<div>Aloha Friday : Wearing wild Hawaiian Shirts &amp; Dresses</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 📺 Taiko Drum Class with Ai Matsuda [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 🎨 Beauty Salon Day: Relax &amp; Have Fun with Colorful Nails [R]</div> <div>2:30 📖 Book &amp; Tea Club with Annette Jim [LB]</div> <div>3:00 ♣️ Poker Club with Lonnie [M]</div> <div>3:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 ♣️ Puzzle Table [LB]</div> <div>7:00 📺 Friday Movie Night : Hacksaw Ridge - War/Drama - Andrews Garfield, Vince Vaughn [R]</div>	<div>Save your Photos Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 ↔ Morning Stretches [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 🎨 Arts &amp; Crafts: Bracelet Making [R]</div> <div>2:30 ♣️ LCR with Diane : Left Center Right Dice Game [LB]</div> <div>3:00 ♣️ Poker Club with Lonnie [M]</div> <div>4:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 ❤️ Family Bingo Fun for Alzheimer's Fundraising Pre-Event [R]</div>
<div>Good Neighbor Day</div> <div>9:00 🌟 Morning Stretches &amp; Mindfulness [R]</div> <div>10:00 🌟 Morning Stretches &amp; Mindfulness [R]</div> <div>10:00 🚌 Scenic Bus Ride: Kahala Mall</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 🎵 Karaoke : Oldies But Goodies Songs with Kimo [R]</div> <div>1:45 🚌 Shopping Trip: Manoa Longs</div> <div>2:30 ♣️ Poker Club with Lonnie [R]</div> <div>3:30 ♣️ Hanafuda Club with Alice [LB]</div> <div>4:00 🎲 Puzzle Table [LB]</div>	<div>Coffee Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 📺 Birthday Bash with Hank the Singing Dutchmen [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 🌟 Plaza Life Exercise Circuit [R]</div> <div>1:45 🚌 Scenic Bus Ride: Ke'ehi Lagoon Beach Park</div> <div>2:45 ♣️ BINGO Club [R]</div> <div>4:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>5:00 🎲 Puzzle Table [LB]</div>	<div>Ask a Stupid Question Day</div> <div>9:00 ↔ Morning Stretches [R]</div> <div>10:00 🌟 Plaza life Seated Strength Exercise [R]</div> <div>1:00 🌟 Afternoon walking Courtyard</div> <div>1:30 📖 Popcorn Tuesday [R]</div> <div>1:45 📺 Tuesday Movie: Singing in the Rain 1952 Musical/Comedy - Gene Kelly, Debbie Reynolds [M]</div> <div>3:00 ♣️ Hanafuda Club with Alice [LB]</div> <div>4:00 ♣️ Chessmaster [LB]</div>	<div>Location Keys</div> <div>Library</div> <div>Living Room</div> <div>Multi-Purpose Room</div> <div>Recreation Room</div> <div>LB</div> <div>LR</div> <div>M</div> <div>R</div>	<div></div> <div>All activities are subject to change.</div>	<div></div>	