

Sunday Monday Tuesdav Wednesday Thursday Friday Saturday U.S. Bowling League Day Aloha Friday : Wearing wild Hawaiiar **Chicken Boy Day** V-J Day: U.S., stands for Victory over **Macadamia Nut Day Coffee Ice Cream Day** Japan Day, commemorating a shift in **Shirts & Dresses** 8:30 🖨 Shopping Trip: Walmart 9:00 ↔ Morning Stretches [R] 9:00 → Morning Stretches [R] 9:00 ↔ Morning Stretches [R] the Second World War in favor of the 9:00 → Morning Stretches [R] 10:00 拳 Plaza Life Seated 10:00 🕶 Saturday Chair Yoga 10:00 🏶 Plaza Life Exercise 10:00 🗢 Taiko Drum Class with Ai 9:00 Plaza Life Exercise Circuit B [R] Strength Exercise [R] Circuit [R] Matsuda [R] 9:00 - Morning Stretches [R] 0:00 👑 "Grandparents Day & Assisted Living 1:00 Afternoon walking Courtyard 1:00 Afternoon walking Courtyard 1:30 9 Art: Bob & Hank , Fun with 1:00 Afternoon walking Courtyard 10:00 Plaza life Seated Strength Exercise [R] **Week Celebration: Sing and Dance** 1:30 Thurch Service with Pastor Carl & Pastor 1:30 **b** BINGO Club [R] Painting [M] 1:30 Fun Fact & Trivia [R] 1:00 Afternoon walking Courtvard with the Joy Club Dance Group" [LR] Steve [R] 1:45 Scenic Bus Ride: Manoa Valley 1:30 Popcorn Tuesday [R] 1:45 Scenic Bus Ride: Aloha Tower 2:30 LCR with Diane : Left Center 1:00 Afternoon walking Courtyard 2:30 Book & Tea Club with Annette Jim [LB] 1:45 Tuesday Movie: Star Wars Ep 5 - 1980 Right Dice Game [LB] 2:45 The Gathering Groove: Music, 2:45 **h** BINGO Club [R] 1:30 h Hymn Sing Along with Ruth [R] 3:00 Poker Club with Lonnie [M] Sci-Fi/Fantasy - Mark Hamill, Harrison 3:00 A Poker Club with Lonnie [R] 2:45 in BINGO Club [R] New Connections & Mingling [R] 3:30 i Hanafuda Club with Alice [LB] 4:00 in Hanafuda Club with Alice [LB] at Punchbowl 4:00 h Hanafuda Club with Alice [LB] 3:30 h Hanafuda Club with Alice [LB] 4:00 the Chessmaster [LB] 5:00 h Puzzle Table [LB] 5:00 🏚 Puzzle Table [LB] 3:00 + Hanafuda Club with Alice [LB] 7:00 Friday Movie Night: Cowboys and Aliens 5:00 🎖 UH Football Kickoff Night; Sam 5:00 h Puzzle Table [LB] 4:00 h Chessmaster [LB] 2011 Western/Sci-Fi - Harrison Ford Huston [R] Daniel Craig [R] **Grandparents Day & "Assisted** "Assisted Living Week": Hat Day "Assisted Living Week": Sports "Assisted Living Week": Wacky "Assisted Living Week": Pajama "Assisted Living Week" : Disney Day "Assisted Living Week": Decades 8 "Ass Day 9:00 → Morning Stretches [R] Living Week": Western Wednesday Day 70s, 80s, 90s & Beyond 9:00 ↔ Morning Stretches [R] Wednesday 0:00 raiko Drum Class with Ai 9:00 Morning Stretches & 9:00 ↔ Morning Stretches [R] 8:30 🖨 Shopping Trip: Don 10:00 🌞 Plaza Life Exercise 9:00 Plaza life Seated 9:00 → Morning Stretches [R] Matsuda [R] Mindfulness [R] Quijote (Kaheka St) Strength Exercise [R] Circuit [R] 10:00 Plaza Life Seated Strength 1:00 🏶 Afternoon walking Courtyard 10:00 Morning Stretches & Mindfulness [R] 1:00 Afternoon walking Courtyard 9:00 → Morning Stretches [R] 1:00 Afternoon walking Courtyard Exercise [R] 10:00 Sing Along with Jolene and 1:30 Dukulele & Sing Along with Jolene [M] 10:00 A Scenic Bus Ride: East O'ahu 1:30 9 Art: Bob & Hank , Fun with Painting 10:00 拳 Plaza Life Exercise Circuit B [R] 1:30 Think & Play Trivia [R] Jenei [R] 1:00 Afternoon walking Courtvard 2:00 Book & Tea Club with Annette Jim [LB] 1:00 Afternoon walking Courtvard 0:00 Shopping Trip: Don Quijote (Kaheka St) 2:30 h Hanafuda Club with Alice [LB] 1:45 A Scenic Bus Ride: Diamond Head 1:00 Afternoon walking Courtyard 1:30 h BINGO Club [R] 1:30 A Karaoke : Oldies But Goodies Songs 2:30 LCR with Diane : Left Center Right 3:00 Poker Club with Lonnie [M] 1:45 Scenic Bus Ride: Pearl Harbor **Beach Park** Popcorn Tuesday [R] with Kimo [R] Dice Game [LB] 5:00 h Puzzle Table [LB] 1:00 Afternoon walking Courtyard 2:45 in BINGO Club [R] 2:45 The Gathering Groove: Music, 2:00 Residents Council [R] 1:45 Shopping Trip: Manoa Longs 3:00 Poker Club with Lonnie [M] 7:00 Friday Movie Night: True Lies - Comedy, 1:30 the Hymn Sing Along with Ruth [R] **New Connections & Mingling [R]** 4:00 - Hanafuda Club with Alice [LB] 2:30 🏚 Poker Club with Lonnie [R] 4:00 A Hanafuda Club with Alice [LB] 3:00 in Hanafuda Club with Alice [LB] Action - Arnold Schwarzenegger, Jamie 3:30 - Hanafuda Club with Alice [LB] 2:45 h BINGO Club [R] 3:30 Hanafuda Club with Alice [LB] Lee Curtis [R] 5:00 👺 UH Football Game Night; Portland 5:00 Puzzle Table [LB] 4:00 the Chessmaster [LB] State [R] 4:00 Puzzle Table [LB] 4:00 the Chessmaster [LB] 5:00 h Puzzle Table [LB] **NATIONAL VIRGINIA DAY NATIONAL GUACAMOLE DAY** Aloha Friday: Wearing wild Hawaiian **NATIONAL ONLINE LEARNING CONSTITUTION DAY AND AIR FORCE BIRTHDAY Dance Day** Shirts & Dresses **CITIZENSHIP DAY** 9:00 Morning Stretches & 9:00 → Morning Stretches [R] 9:00 ↔ Morning Stretches [R] 9:00 → Morning Stretches [R] 9:00 Morning Stretches [R] 0:00 → Saturday Chair Yoga [R] Mindfulness [R] 10:00 🏶 Plaza life Seated 10:00 🏶 Plaza Life Seated 9:00 → Morning Stretches [R] 8:30 A Shopping Trip: 10:00 🗢 Taiko Drum Class with Ai 10:00 拳 Morning Stretches & Mindfulness [R] 1:00 Afternoon walking Courtyard 10:00 拳 Plaza Life Exercise Circuit [R] Strength Exercise [R] Walmart (Ke'eaumoku) Strength Exercise [R] Matsuda [R] 10:00 🖨 Scenic Bus Ride: Chinaman's Hat 9:00 → Morning Stretches [R] 1:00 Afternoon walking Courtvard 1:00 Afternoon walking Courtvard 1:00 Afternoon walking Courtvard 1:00 Afternoon walking Courtyard 1:00 Afternoon walking Courtyard Raelyn & Ryan [R] 1:30 † Church Service with Pastor Carl & Pastor 10:00 🏶 Plaza Life Exercise Circuit B [R] 1:30 Trivia Challenge [R] Popcorn Tuesday [R] 1:15 → Tai Chi with Ken [R] 2:30 🔥 LCR with Diane : Left Center Right Steve [R] 10:00 Shopping Trip: Walmart 1:45 Scenic Bus Ride: Views of 1:45 Tuesday Movie: Rambo (first 1:45 🖨 Scenic Bus Ride: Hawaii Kai Dice Game [LB] with Kimo [R] 2:30 Book & Tea Club with Annette Jim [LB] blood) 1981 Action/Thriller -(Ke'eaumoku) 2:45 The Gathering Groove: Music. Honolulu 1:45 A Shopping Trip: Manoa Longs 3:00 See Poker Club with Lonnie [M] 3:00 A Poker Club with Lonnie [M] 1:00 Afternoon walking Courtyard 2:45 🏚 BINGO Club [R] Sylvester Stallone, Brian **New Connections & Mingling [R]** 4:00 🔥 Hanafuda Club with Alice [LB] 2:30 Poker Club with Lonnie [R] 3:30 - Hanafuda Club with Alice [LB] Dennehy [M] 1:30 h Hymn Sing Along with Ruth [R] 4:00 🔥 Hanafuda Club with Alice [LB] 3:30 the Hanafuda Club with Alice [LB] 3:30 h Hanafuda Club with Alice [LB] 5:00 h Puzzle Table [LB] 5:00 🁺 UH Football Game Night; Fresno 3:00 in Hanafuda Club with Alice [LB] 2:45 h BINGO Club [R] 7:00 Friday Movie Night: Forest Gump 1994 4:00 Puzzle Table [LB] 5:00 Puzzle Table [LB] 5:00 h Puzzle Table [LB] State [R] Comedy/Romance - Tom Hanks, Robin 4:00 the Chessmaster [LB] 4:00 the Chessmaster [LB] Wright R **World Gratitude Day** Aloha Friday: Wearing wild Hawaiian **Redhead Appreciation Day Comic Book Day** Save your Photos Day Family Day **Punctuation Day** Shirts & Dresses 8:30 Shopping Trip: Walmart (Ke'eaumoku) 9:00 Morning Stretches & 9:00 ↔ Morning Stretches [R] Mindfulness [R] 10:00 拳 Plaza Life Exercise 10:00 🌞 Plaza Life Seated 10:00 H Morning Stretches [R] 10:00 Plaza life Seated 0:00 Taiko Drum Class with Ai 10:00 Morning Stretches & Mindfulness [R] 1:00 **≱** Afternoon walking Courtyard Circuit [R] Strength Exercise [R] 9:00 → Morning Stretches [R] Strength Exercise [R] Matsuda [R] 10:00 🖨 Scenic Bus Ride: South Shore 11:00 🌺 New Event Name 1:00 Afternoon walking Courtyard 10:00 Plaza Life Exercise Circuit B [R] 1:00 Afternoon walking Courtyard 1:30 Arts & Crafts: Bracelet Making [R] 1:00 Afternoon walking Courtyard 1:00 **≱** Afternoon walking Courtyard 10:00 🖨 Shopping Trip: Walmart 1:30 Beauty Salon Day: Relax & Have Fun with 1:15 * Tai Chi with Ken [R] 2:30 th LCR with Diane : Left Center Right 1:00 Afternoon walking Courtyard 1:30 Popcorn Tuesday [R] 1:30 🎜 Karaoke : Oldies But Goodies Songs Colorful Nails [R] Dice Game [LB] 1:30 Trivia: Brain Teasers [R] 1:45 Tuesday Movie: The Monuments 1:45 Scenic Bus Ride: Bank Run with Kimo [R] 2:30 Book & Tea Club with Annette Jim [LB] 3:00 A Poker Club with Lonnie [M] Men 2014 War/Thriller - George 1:00 Afternoon walking Courtyard 1:45 🖨 Scenic Bus Ride: Maunalua Bay 1:45 A Shopping Trip: Manoa Longs 3:00 Report Power Club with Lonnie [M] Clooney, Matt Damon [M] 4:00 A Hanafuda Club with Alice [LB] Beach Park [R] 1:30 ih Hymn Sing Along with Ruth [R] New Connections & Mingling [R] 2:30 Poker Club with Lonnie [R] 3:30 in Hanafuda Club with Alice [LB] 5:00 Family Bingo Fun for Alzheimer's 2:45 in BINGO Club [R] 3:00 - Hanafuda Club with Alice [LB] 2:45 **h** BINGO Club [R] 3:30 in Hanafuda Club with Alice [LB] 5:00 h Puzzle Table [LB] 3:30 A Hanafuda Club with Alice [LB] Fundraising Pre-Event [R] 4:00 in Hanafuda Club with Alice [LB] 4:00 the Chessmaster [LB] 7:00 Friday Movie Night: Hacksaw Ridge 4:00 Puzzle Table [LB] 4:00 the Chessmaster [LB] 5:00 h Puzzle Table [LB] War/Drama - Andrews Garfield, Vince 5:00 Puzzle Table [LB] Vaughn [R] **Good Neighbor Day** Coffee Day **Ask a Stupid Question Day** 9:00 **☀** Morning Stretches & 9:00 → Morning Stretches [R] 9:00 → Morning Stretches [R] Mindfulness [R] 10:00 🏶 Plaza life Seated 0:00 W Birthday Bash with 10:00 **№** Morning Stretches & Mindfulness [R] Hank the Singing Dutchmen [R] Strength Exercise [R] 10:00 🖨 Scenic Bus Ride: Kahala Mall **Location Keys** 1:00 Afternoon walking Courtvard 1:00 Afternoon walking Courtyard

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Created on Friday, August 29, 2025 1:44 PM

1:30 **№** Plaza Life Exercise Circuit [R]

1:45 Scenic Bus Ride: Ke'ehi Lagoor

4:00 A Hanafuda Club with Alice [LB]

Beach Park

2:45 **b** BINGO Club [R]

5:00 Puzzle Table [LB]

Popcorn Tuesday [R]

1:45 Tuesday Movie: Singing in the

3:00 Hanafuda Club with Alice [LB]

4:00 in Chessmaster [LB]

Rain 1952 Musical/Comedy -

Gene Kelly, Debbie Reynolds [M]

1:30

Library

Livina Room

Multi-Purpose Room

Recreation Room

1:00 Afternoon walking Courtyard

1:45 A Shopping Trip: Manoa Longs

3:30 - Hanafuda Club with Alice [LB]

2:30 A Poker Club with Lonnie [R]

with Kimo [R]

4:00 APP Puzzle Table [LB]

1:30 Karaoke: Oldies But Goodies Songs

All activities are subject to change.

