

September 2024
The Plaza at Punchbowl Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>NATIONAL FORGIVENESS DAY1</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full Body Exercise [R] 10:00 🚌 Scenic Bus Ride: Chinaman's Hat 1:30 🎲 Mahjong Club [LB] 1:45 🛒 Shopping Trip: Manoa Longs 2:00 🎲 Hanafuda Club with Alice [LB] 3:00 ♠️ Poker Club with Lonnie [R] 4:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL HUMMINGBIRD DAY2</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full Body Exercise [R] 1:30 🎨 Art :Paint by Numbers [R] 1:45 🚌 Scenic Bus Ride: Magic Island 2:30 🎲 Chessmaster [LB] 3:00 🎲 BINGO Club [R] 4:00 🎲 Puzzle Table [LB]</div>	<div>U.S. BOWLING LEAGUE DAY3</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full Body Exercise [R] 1:30 🍿 Popcorn Tuesday [R] 1:45 🎬 Tuesday Movie: When Harry Met Sally 1989 Comedy/Romance- Meg Ryan, Billy Crystal [R] 2:00 ♠️ Hanafuda Club [LB] 3:00 🎲 BINGO [M] 4:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL MACADAMIA NUT DAY4</div> <div>8:30 🛒 Shopping Trip: Walmart (Ke'eaumoku) [L] 9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full Body Exercise [R] 10:00 🛒 Shopping Trip: Walmart (Ke'eaumoku) [L] 1:30 🎵 Hymn Sing Along with Ruth [R] 3:00 🎲 BINGO Club [R] 4:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL CHEESE PIZZA DAY5</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 🎵 Sing Along with Gordon & Sandy Young [R] 1:30 🍵 Book & Tea Time [R] 1:45 🚌 Scenic Bus Ride: Diamond Head 2:00 🎲 Hanafuda Club with Alice [LB] 3:00 🎲 Poker Club with Lonnie [R] 4:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL READ A BOOK DAY6</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🎵 Pastor Carl & Pastor Steve [R] 3:00 🎲 Sudoku [R] 4:00 🎲 Puzzle Table [LB] 7:00 🎬 Friday Movie Night : Mrs.Doubtfire1993 Comedy/ Family-Robin Williams, Sally Fields [R]</div>	<div>NATIONAL BEER LOVER'S DAY7</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🎵 Seated Hula Dance/ Sing Along with Raelyn & Ryan [R] 2:30 🎲 Mahjong Club [LB] 3:00 ♠️ Poker Club with Lonnie [M] 4:00 🎲 Chessmaster [LB] 5:00 🎲 Puzzle Table [LB]</div>
<div>STAR TREK DAY8</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 10:00 🚌 Scenic Bus Ride: Hawaii Kai 1:30 🌿 Mindfulness Beginnings Kupuna with Min [R] 1:45 🛒 Shopping Trip: Manoa Longs 2:00 🎲 Hanafuda Club with Alice [LB] 3:00 ♠️ Poker Club with Lonnie [M] 5:00 🎲 Puzzle Table [LB]</div>	<div>SHARE YOUR CARE DAY9</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🎵 Sing Along with Roy Hamada [R] 1:45 🚌 Scenic Bus Ride: Waikiki 2:30 🎲 Chessmaster [LB] 3:00 🎲 BINGO Club [R] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL SWAP IDEAS DAY10</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 🎵 Sing Along & Ukulele with Jolene [R] 1:30 🍿 Popcorn Tuesday [R] 1:40 ♠️ Hanafuda Club [LB] 2:00 🗳️ Residents Council [R] 3:00 🎲 Chessmaster [LB] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL MAKE YOUR BED DAY11</div> <div>8:30 🛒 Shopping Trip: Don Quijote (Kaheka St) [L] 9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 🎵 Hank The Singing Dutchman [R] 10:00 🛒 Shopping Trip: Don Quijote (Kaheka St) [L] 1:30 🌿 Hymn Sing Along with Ruth [R] 1:45 🛒 Holo Holo Club: Lin's Hawaiian Snacks [LR] 3:00 🎲 BINGO Club [R] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL HUG & HIGH 5 DAY12</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 🎵 Kupuna Mele with Arlene Hicks (Sing Along) [R] 1:30 🍵 Book & Tea Time [R] 1:45 🚌 Scenic Bus Ride: Manoa 2:00 🎲 Hanafuda Club with Alice [LB] 3:00 🎲 Poker Club with Lonnie [R] 5:00 🎲 Puzzle Table [LB]</div>	<div>POSITIVE THINKING DAY13</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🎵 Ukulele Session with Jolene Kim [R] 2:40 🤍 Do the happy walk in the courtyard 3:10 🎲 Mahjong Club [LB] 5:00 🎲 Puzzle Table [LB] 7:00 🎬 Friday Movie Night :Crazy Rich Asians 2018 Romance/Comedy- Constance Wu, Henry Golding [R]</div>	<div>NATIONAL PARENTS DAY OFF14</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:45 🎵 Sing Along & Ukulele with Scotty [R] 2:30 🎲 Hanafuda Club [LB] 3:00 ♠️ Poker Club with Lonnie [M] 4:00 🎲 Chessmaster [LB] 5:00 🎲 Puzzle Table [LB]</div>
<div>NATIONAL DOUBLE CHEESEBURGER DAY15</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 10:00 🚌 Scenic Bus Ride: H3 1:30 🌿 Mindfulness Beginnings Kupuna with Min [R] 1:45 🛒 Shopping Trip: Manoa Longs 2:00 🎲 Hanafuda Club with Alice [LB] 3:00 ♠️ Poker Club with Lonnie [M] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL GUACAMOLE DAY16</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🎨 Art & Craft [R] 1:45 🚌 Scenic Bus Ride: Kahala 2:00 🤍 Line Dace with Glee [R] 2:30 🎲 Chessmaster [LB] 3:00 🎲 BINGO Club [R] 5:00 🎲 Puzzle Table [LB]</div>	<div>CONSTITUTION DAY AND CITIZENSHIP DAY17</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🍿 Popcorn Tuesday [R] 1:45 🎬 Tuesday Movie: Back to the Future 1985 Family/Sci-Fi - Michael J. Fox, Christopher Lloyed [R] 2:00 ♠️ Hanafuda Club [LB] 3:00 🎲 BINGO [M] 4:00 🎲 Chessmaster [LB] 5:00 🎲 Puzzle Table [LB]</div>	<div>AIR FORCE BIRTHDAY18</div> <div>8:30 🛒 Shopping Trip: Walmart (Ke'eaumoku) [L] 9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 11:30 🗳️ Kau Kau Club: Gyotaku (Niu Valley) [LR] 1:30 🌿 Hymn Sing Along with Ruth [R] 3:00 🎲 BINGO Club [R] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL PAWPAW DAY19</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🏦 Bank Run 1:30 🍵 Book & Tea Time [R] 2:00 🎲 Hanafuda Club with Alice [LB] 3:00 🎲 Poker Club with Lonnie [R] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL FRIED RICE DAY20</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🎵 Pastor Carl & Pastor Steve [R] 2:40 🤍 Do the happy walk in the courtyard 3:10 🎲 Mahjong Club [LB] 5:00 🎲 Puzzle Table [LB] 7:00 🎬 Friday Movie Night : Matilda 1996 Family/Comedy- Danny DeVito, Mara Wilson [R]</div>	<div>NATIONAL CHAI DAY21</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🎵 Seated Hula Dance/ Sing Along with Raelyn & Ryan [R] 3:00 ♠️ Poker Club with Lonnie [R] 4:00 🎲 Chessmaster [LB] 5:00 🎲 Puzzle Table [LB] 5:30 ⭐ UHF Game : Northern Iowa [R]</div>
<div>NATIONAL STATES AND CAPITALS DAY22</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🌿 Mindfulness Beginnings Kupuna with Min [R] 2:00 🎲 Hanafuda Club with Alice [LB] 3:00 ♠️ Poker Club with Lonnie [M] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL SNACK STICK DAY23</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 🎵 Hank The Singing Dutchman [R] 1:30 🎲 Hanafuda Club [LB] 2:00 ⭐ All staff meeting [R] 2:30 🎲 Chessmaster [LB] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL CHERRIES JUBILEE DAY24</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 🎵 Sing Along & Ukulele with Jolene 1:30 🍿 Popcorn Tuesday [R] 1:45 🎬 Tuesday Movie: Adventures in babysitting 1987 Comedy/ Adventure- Elizabeth Shue, Maria Brenton [R] 3:00 🎲 BINGO [M] 4:00 🎲 Chessmaster [LB] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL LOBSTER DAY25</div> <div>8:30 🛒 Shopping Trip: Don Quijote (Kaheka St) [L] 9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 10:00 🛒 Shopping Trip: Don Quijote (Kaheka St) [L] 1:30 🌿 Hymn Sing Along with Ruth [R] 3:00 🎲 BINGO Club [R] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL DUMPLING DAY26</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🍵 October Festival [R] 1:45 🚌 Scenic Bus Ride: Tantalus 2:00 🎲 Hanafuda Club with Alice [LB] 3:00 🎲 Poker Club with Lonnie [M] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL SCARF DAY27</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🎵 Ukulele Session with Jolene Kim [R] 2:45 🤍 Do the happy walk in the courtyard 3:10 🎲 Mahjong Club [LB] 4:00 🎲 Puzzle Table [LB] 7:00 🎬 Friday Movie Night : Philomena 2013 Comedy/Drama- Steve Grogan, Judi Dench [R]</div>	<div>NATIONAL STRAWBERRY CREAM PIE DAY28</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🎵 Seated Hula Dance/ Sing Along with Raelyn & Ryan [R] 2:30 🎲 Hanafuda Club [LB] 3:00 ♠️ Poker Club with Lonnie [M] 4:00 🎲 Chessmaster [LB] 5:00 🎲 Puzzle Table [LB]</div>
<div>NATIONAL VFW DAY29</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 10:00 🚌 Scenic Bus Ride: Wahiawa 10:30 🌿 Mindfulness Beginnings Kupuna with Min [R] 1:45 🎉 Birthday Bash with Scotty [R] 1:45 🛒 Shopping Trip: Manoa Longs 2:00 🎲 Hanafuda Club with Alice [LB] 3:00 ♠️ Poker Club with Lonnie [M] 5:00 🎲 Puzzle Table [LB]</div>	<div>NATIONAL HOT MULLED CIDER DAY30</div> <div>9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full- Body Exercise [R] 1:30 🎨 Art & Craft [R] 1:45 🚌 Scenic Bus Ride: Kaimuki 2:00 🤍 Line Dace with Glee [R] 2:30 🎲 Chessmaster [LB] 3:00 🎲 BINGO Club [R] 5:00 🎲 Puzzle Table [LB]</div>	<div><div></div><div><div>Location Keys</div><div>Library Living Room Lobby Multi-Purpose Room Recreation Room</div></div><div><div>LB LR L M R</div></div></div>		<div><div>All activities are subject to change.</div><div></div></div>		