



September 2024
Lamaku



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div><div>National Forgiveness Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>— 📺 Live Stream: New Hope Video Service</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:00 🦋 Butterfly Stations</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>1</div>	<div><div>Labor Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:15 🦋 Pet Visits</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc) Teddy Bear Craft</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>2</div>	<div><div>National Cinema Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc) I SPY Activity</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>3</div>	<div><div>National Macadamia Nut Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:30 📶 Living Room 'Talk Story' Word Games</div><div>10:30 🚗 Scenic Ride</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>4</div>	<div><div>National Cheese Pizza Day</div><div>— 🍴 Breakfast</div><div>9:30 📺 Prayer Group - Kailua Christian Church</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:15 🎵 Music & Movement</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>5</div>	<div><div>National Read A Book Day</div><div>— 🍴 Breakfast</div><div>9:00 ⭐ Windward Nazarene School Visit</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:00 🍿 Movie & Popcorn</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>6</div>	<div><div>National Beer Lover's Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:00 📶 Victory Hawaii Church Bingo</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>4:30 📺 Catholic Mass</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>7</div>	
<div><div>National Grandparent's Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>— 📺 Live Stream: New Hope Video Service</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:00 🦋 Butterfly Stations</div><div>2:15 🎵 Piano Recitals</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>8</div>	<div><div>Dress Up: Jean's Day</div><div>National Teddy Bear Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:15 🦋 Pet Visits</div><div>10:30 📶 Living Room 'Talk Story' Build a Bear Craft</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>9</div>	<div><div>Dress Up : Pajama's Day</div><div>National TV Dinner Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>10:30 🎵 Musical Performance: Jon Koki</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>10</div>	<div><div>Dress Up: Wacky & Tacky</div><div>National Patriot Day & National Day of Service and Remembrance</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:30 📶 Living Room 'Talk Story' Remembrance Latterns</div><div>10:30 🚗 Scenic Ride</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>11</div>	<div><div>Dress Up: Throwback Thursday</div><div>National Hug & High 5 Day</div><div>— 🍴 Breakfast</div><div>9:30 📺 Prayer Group - Kailua Christian Church</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:15 🎵 Music and Movement with Joslyn</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>12</div>	<div><div>Dress Up: Aloha Friday</div><div>Positive Thinking Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:30 📶 Living Room 'Talk Story' Positive Affirmation Flowers</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:00 🍿 Movie & Popcorn</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>13</div>	<div><div>National Live Creative Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>14</div>	
<div><div>National Double Cheeseburger Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>— 📺 Live Stream: New Hope Video Service</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:00 🦋 Butterfly Stations</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>15</div>	<div><div>National Play-Doh Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:15 🦋 Pet Visits</div><div>10:30 📶 Living Room 'Talk Story' Play Dough Fun</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>16</div>	<div><div>National Professional House Cleaners Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:30 📶 Living Room 'Talk Story' Essential Oils Activity</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>17</div>	<div><div>Airforce Birthday</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:00 🎵 Musical Performance: Sanford Lee</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>10:30 🚗 Scenic Ride</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>18</div>	<div><div>Talk Like A Pirate Day</div><div>— 🍴 Breakfast</div><div>9:30 📺 Prayer Group - Kailua Christian Church</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:00 🎵 Silent Disco: Hawaii Dance Bomb</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>19</div>	<div><div>National Pepperoni Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:00 🎵 Musical Performance: Hank The Singing Dutchman</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:00 🍿 Movie & Popcorn</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>20</div>	<div><div>National Cleanup Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:00 📶 Victory Hawaii Church Bingo</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>21</div>	
<div><div>National States & Capitals Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>— 📺 Live Stream: New Hope Video Service</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:00 🦋 Butterfly Stations</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>22</div>	<div><div>National Great American Pot Pie Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:15 🦋 Pet Visits</div><div>10:30 📶 Living Room 'Talk Story' Word Games</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>23</div>	<div><div>National Punctuation Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:15 🎵 Musical Performance: Roy Hamada</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>24</div>	<div><div>National Daughter's Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>10:30 🚗 Scenic Ride</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>25</div>	<div><div>National Pancake Day</div><div>— 🍴 Breakfast</div><div>9:30 📺 Prayer Group - Kailua Christian Church</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>26</div>	<div><div>National Crush A Can Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:15 🎵 Musical Performance: Dean Hirata</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:00 🍿 Movie & Popcorn</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>27</div>	<div><div>National Good Neighbor Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:00 📺 Cooking : Let's Make Butter</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>28</div>	
<div><div>National VFW Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>— 📺 Live Stream: New Hope Video Service</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:00 🦋 Butterfly Stations</div><div>2:15 🎵 Piano Recitals</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>29</div>	<div><div>National Love People Day</div><div>— 🍴 Breakfast</div><div>9:45 ❤️ Exercise - Morning Stretches</div><div>10:15 🦋 Pet Visits</div><div>10:30 📶 Living Room 'Talk Story' (Daily news, world events etc)</div><div>11:50 🧺 Clean Up & Bathroom Break</div><div>12:30 🍴 Lunch</div><div>2:00 Afternoon Strolls and Waterfall Time</div><div>2:45 🧶 Craft, Movie, Games</div><div>3:30 🏠 Room Visits</div><div>4:15 🚿 Water & Bathroom Break</div><div>5:00 🍽️ Prepare for Dinner</div></div> <div>30</div>	<div><div></div><div><div>"My life has been a tapestry of rich and royal hue."</div><div>C. King</div></div></div>					<div><div>Activities are subject to change.</div><div></div></div>