

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday



**" E 'onipa'a i ka 'imi na'auao"**  
Be steadfast in the seeking of knowledge.

**Activities are subject to change.**



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**2**

<p><b>National Cinema Day</b> <span style="float: right;"><b>3</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🛠 Fabulous Nails / Walker Wash 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🍽 Water &amp; Bathroom Break 4:30 🍽 Dinner</p>	<p><b>Labor Day</b> <span style="float: right;"><b>4</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Musical Performance by Randy Nunes 10:15 🐾 Pet Visits 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Hula Noho 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station / Prep Crown Flower Lei 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National Cheese Pizza Day</b> <span style="float: right;"><b>5</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks / Legend of Hawaii 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station / Crown Flower Legend 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National Coffee Ice Cream Day</b> <span style="float: right;"><b>6</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎮 BINGO 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Exercise 1:30 🚿 Water &amp; Bathroom Break 1:40 ❤️ Exercise Of The Day - Seated Hula with Keely 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National Salami Day</b> <span style="float: right;"><b>7</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🧩 Group Activity: Puzzles, Word Search 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:30 🎵 Musical Performance: Coffee &amp; Me 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>Star Trek Day</b> <span style="float: right;"><b>8</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie &amp; Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National Teddy Bear Day</b> <span style="float: right;"><b>9</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🧩 Group Activity: Painting, Brain Games 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station / Teddy Bear Decorate 1:45 🎬 Movie &amp; Popcorn 2:45 🕒 Best Friends Hour 3:30 🕒 Afternoon Strolls 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>
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<p><b>National Grandparent's Day</b> <span style="float: right;"><b>10</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks / La Kupuna Talk Story 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie : On Golden Pond 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner</p>	<p><b>Sports Day</b> <span style="float: right;"><b>11</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🐾 Pet Visits 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Hula Noho 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>Beach Day</b> <span style="float: right;"><b>12</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:30 🎵 Jon Koki Musical Performance 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>Decades Day</b> <span style="float: right;"><b>13</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🌟 Decades Day Dress Up Photo Booth 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Exercise 1:30 🚿 Water &amp; Bathroom Break 1:40 ❤️ Exercise Of The Day - Seated Hula with Keely 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>Superhero Day</b> <span style="float: right;"><b>14</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎭 Music and Movement with Joslyn 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>Plaza Pride Day</b> <span style="float: right;"><b>15</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie &amp; Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>Music Dress Up Day</b> <span style="float: right;"><b>16</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🧩 Group Activity: Painting, Brain Games 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎭 Fabulous Nails &amp; Social Circle 2:45 🕒 Best Friends Hour 3:30 🕒 Afternoon Strolls 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>
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<p><b>National Apple Dumping Day</b> <span style="float: right;"><b>17</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks / Apple Dips 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station / Movie 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner</p>	<p><b>National Cheeseburger Day</b> <span style="float: right;"><b>18</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🐾 Pet Visits 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Hula Noho 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National Talk Like a Pirate Day</b> <span style="float: right;"><b>19</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks / Pirate Project 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour / Legend 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National Fried Rice Day</b> <span style="float: right;"><b>20</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Silent Disco: Hawaii Dance Bomb 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 🎭 Exercise 1:30 🚿 Water &amp; Bathroom Break 1:40 ❤️ Exercise Of The Day - Seated Hula with Keely 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National New York Day</b> <span style="float: right;"><b>21</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎵 Aloha Mele Sing-along Ukulele 10:00 🧩 Group Activity: Puzzles, Word Search 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National Centenarian's Day</b> <span style="float: right;"><b>22</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Musical Performance Dean Hirata 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie &amp; Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National Family Health and Fitness Day</b> <span style="float: right;"><b>23</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🧩 Group Activity: Painting, Brain Games 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 3:30 🕒 Afternoon Strolls 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>
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<p><b>National Innergize Day</b> <span style="float: right;"><b>24</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks / Battery Toothbrush Robot 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Musical Movie 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner</p>	<p><b>National Comic Book Day</b> <span style="float: right;"><b>25</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks / Comic Book Read 10:15 🐾 Pet Visits 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Hula 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National Pancake Day</b> <span style="float: right;"><b>26</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Musical Performance: Roy Hamada 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station: Craft / Pancake Story 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National Corned Beef Hash Day</b> <span style="float: right;"><b>27</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎈 Balloon Volleyball 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 🎭 Bingo 1:00 ❤️ Exercise 1:30 🚿 Water &amp; Bathroom Break 1:40 ❤️ Exercise Of The Day - Seated Hula with Keely 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down 6:30 🎵 Ancho's Church Kanakapila</p>	<p><b>National Good Neighbor Day</b> <span style="float: right;"><b>28</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🧩 Group Activity: Puzzles, Word Search 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>National Coffee Day</b> <span style="float: right;"><b>29</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎵 Musical Performance Hank the Dutchman 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie &amp; Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>	<p><b>Orange Shirt Day</b> <span style="float: right;"><b>30</b></span></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🧩 Group Activity: Painting, Brain Games 11:15 🍽 Prepare for Lunch 11:30 🍽 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎭 Fabulous Nails &amp; Social Circle 2:45 🕒 Best Friends Hour 3:30 🕒 Afternoon Strolls 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽 Dinner 5:30 🌅 Evening Cool Down</p>
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