| September 2023 Halia Calendar | 3 | | | | | created sogely |
|---|--|---|--|--|---|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | " E 'onipa'a i ka 'imi na'auao' Be steadfast in the seeking o knowledge. | f | Activities are subject to change. | ************************************** | National College Colors Day 7:30 | National Tailgating Day 7:30 ₩ Breakfast 2 9:00 ♥ Morning Exercise 9:30 \$ Morning Guided Walks 2 10:00 ♥ Group Activity: Painting, Brain Games 11:15 ₺ Prepare for Lunch 11:30 ₩ Lunch 11:30 ₩ Lunch 1:00 ♥ Plaza Exercise 1:30 ₺ Water & Bathroom Break 1:45 ♥ Butterfly Station 1:45 ♥ Butterfly Station 1:45 ♥ Best Friends Hour 3:30 \$ Afternoon Strolls 4:00 ₺ Water & Bathroom Break 4:30 ₩ Dinner 5:30 ♥ Evening Cool Down 5:30 ♥ |
| 7:30 ♥ Breakfast 9:00 ● Morning Exercise 9:30 \$ Morning Guided Walks 10:00 ♣ Fabulous Nails / Walker Wash 10:30 	 Live Stream: New Hope Video Service (Media Room) 11:15 EP Prepare for Lunch 11:30 ♥ Lunch 1:00 ● Exercise 1:30 EW Water & Bathroom Break 1:45 \$ Best Friends Hour 4:00 EW Water & Bathroom Break 4:30 ♥ Dinner | Labor Day 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise 9:30 ♥ Morning Guided Walks 10:15 ♣ Nusical Performance by Randy Nunes 10:15 ♣ Pet Visits 11:15 ➡ Prepare for Lunch 11:30 ♥ Lunch 1:30 ♥ Lunch 1:30 ➡ Lunch 1:30 ➡ Lunch 1:30 ➡ Butterfly Station / Prep Crown Flower Lei 2:45 ♀ Best Friends Hour 4:00 ➡ Water & Bathroom Break 4:30 ♥ Dinner 5:30 ♀ Evening Cool Down | Ational Cheese Pizza Day 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise 9:30 ♥ Morning Guided Walks / Legend of Hawaii 11:15 EB Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Sherry Zak Chair Yoga 1:30 EB Water & Bathroom Break 1:45 ◊ Butterfly Station / Crown Flower Lege 2:45 ◊ Best Friends Hour 4:00 EB Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down | 9:30 ♥ Morning Exercise 9:30 ♥ Morning Guided Walks 10:00 ♥ BINGO 11:15 EB Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Exercise 1:30 EB Water & Bathroom Break 1:40 ♥ Exercise Of The Day - Seated Hula with Keely | National Salami Day 7:30 ₩ Breakfast 9:00 ♥ Morning Exercise 9:30 \$ Morning Guided Walks 10:00 Group Activity: Puzzles, Word Search 11:15 Im Prepare for Lunch 11:30 ₩ Lunch 10:00 Plaza Exercise 1:30 Im Water & Bathroom Break 1:45 ◊ Butterfly Station 2:30 Jm Musical Performance: Coffee & Me 2:45 ◊ Best Friends Hour 4:00 Im Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down | Star Trek Day 7:30 ¶ Breakfast 9:00 ♥ Morning Exercise 9:30 \$ Morning Guided Walks 11:15 EX Prepare for Lunch 11:30 ¶ Lunch 1:00 ♥ Plaza Exercise 1:30 EX Water & Bathroom Break 1:45 \$ Butterfly Station 1:45 \$ Best Friends Hour 4:00 EX Water & Bathroom Break 4:30 ¶ Dinner 5:30 \$ Evening Cool Down | National Teddy Bear Day 9:00 ♥ Morning Exercise 9:00 ♥ Morning Guided Walks 9:00 ♥ Morning Guided Walks 9:00 ♥ Morning Guided Walks 9:00 ♥ Prepare for Lunch 11:30 ♥ Prepare for Lunch 11:30 ♥ Plaza Exercise 9:00 ♥ Plaza Exercise 1:30 ♥ Plaza Exercise 1:30 ♥ Plaza Exercise 9:00 ♥ Plaza Exercise 1:30 ♥ Plaza Exercise 1:30 ♥ Plaza Exercise 1:45 ♥ Butterfly Station /Teddy Bear Decorate 2:45 ◊ Best Friends Hour 3:30 ♥ Afternoon Strolls 4:00 ₺ Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down |
| 9:00 ♥ Morning Exclose 9:30 ♥ Morning Guided Walks / La Kupuna Talk Story 10:30 ■ Live Stream: New Hope Video Service (Media Room) | Sports Day 7:30 ♥ Breakfast 1 9:00 ♥ Morning Exercise 9:30 ♥ Morning Guided Walks 10:15 ♥ Pet Visits 11:15 ♥ Prepare for Lunch 11:30 ♥ Lunch 11:30 ♥ Lunch 1:30 ♥ Hula Noho 1:30 ♥ Butterfly Station 2:45 ◊ Best Friends Hour 4:00 ₱ Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down 100 ₽ | 7:30 [₩] Breakfast 9:00 [♠] Morning Exercise 9:30 ^{\$} Morning Guided Walks 10:30 [¬] Jon Koki Musical Performance 11:15 [□] Prepare for Lunch 11:30 [₩] Lunch 1:30 [⊕] Sherry Zak Chair Yoga 1:30 [□] Sherry Zak Chair Yoga 1:30 [□] Butter & Bathroom Break 1:45 [◊] Butterfly Station 2:45 [◊] Best Friends Hour 4:00 [□] Water & Bathroom Break 4:30 [₩] Dinner 5:30 [◊] Evening Cool Down | Pecades Day 7:30 ♥ Breakfast 15 9:00 ♥ Morning Exercise 9:30 ♥ Morning Guided Walks 10:00 ☆ Decades Day Dress Up Photo Booth 11:15 III Prepare for Lunch 11:30 ♥ Lunch 100 ♥ Exercise 1:30 III Water & Bathroom Break 1:40 ♥ Exercise Of The Day - Seated Hula with Keely 1:45 ♥ Butterfly Station 2:45 ◊ Best Friends Hour 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down | 9:00 ♥ Morning Exercise 9:30 \$® Morning Guided Walks 10:15 ● Music and Movement with Joslyn 11:15 Image: Prepare for Lunch 11:30 ¶ Lunch 1:30 ♥ Plaza Exercise 1:30 Image: Water & Bathroom Break 1:45 ◇ Butterfly Station 2:45 ◇ Best Friends Hour 4:00 Image: Water & Bathroom Break 4:30 ¶ Dinner 5:30 ◇ Evening Cool Down | Plaza Pride Day 7:30 YI Breakfast 9:00 ✓ Morning Exercise 9:30 \$ Morning Guided Walks 11:15 EX Prepare for Lunch 11:30 YI 11:00 ✓ Plaza Exercise 1:30 EX Water & Bathroom Break 1:45 ॐ Butterfly Station 1:45 ॐ Best Friends Hour 4:00 EX Water & Bathroom Break 4:30 YI Dinner 5:30 | 15 Music Dress Up Day 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise 9:30 ♥ Morning Guided Walks 10:00 ♥ Group Activity: Painting, Brain Games 11:15 ER Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Plaza Exercise 1:30 ER Water & Bathroom Break 1:45 ♥ Bett Friends Hour 3:30 ♥ Afternoon Strolls 4:00 ER Water & Bathroom Break 4:30 ♥ Dinner 5:30 ♥ Evening Cool Down |
| 7:30 ¶ Breakfast 9:00 ● Morning Exercise 9:30 \$ Morning Guided Walks / Apple Dips 10:30 Live Stream: New Hope Video Service (Media Room) | 7:30 II Breakfast 9:00 Morning Exercise 9:30 Image: Morning Guided Walks 10:15 Pet Visits 11:15 Prepare for Lunch 11:30 Image: Lunch 1:00 Hula Noho 1:30 Water & Bathroom Break 1:45 Distribution 2:45 Distribution 4:00 Water & Bathroom Break 4:30 Dinner 5:30 Evening Cool Down | 9:00 ♥ Morning Exercise 9:30 ♥ Morning Guided Walks / Pirate Project 11:15 B3 Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Sherry Zak Chair Yoga 1:30 B3 Water & Bathroom Break 1:45 ◊ Butterfly Station 2:45 ◊ Best Friends Hour / Legend 4:00 B3 Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down | 9:00 ♥ Morning Exercise 9:30 ♥ Morning Exercise 9:30 ♥ Morning Guided Walks 10:15 ♬ Silent Disco: Hawaii Dance Bomb 11:15 E Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Exercise 1:30 E Water & Bathroom Break 1:40 ♥ Exercise Of The Day - Seated Hula with Keely 1:45 ♥ Butterfly Station 2:45 ♥ Best Friends Hour 4:00 E Water & Bathroom Break 4:30 ♥ Dinner 5:30 ♀ Evening Cool Down | National New York Day 2' 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise 9:30 ♥ Morning Guided Walks 10:00 ♥ Activity: Puzzles, Word Search 11:15 ₺₽ Prepare for Lunch 11:30 ♥ Lunch 11:30 ♥ Lunch 1:00 ♥ Plaza Exercise 1:30 ₺₽ Water & Bathroom Break 1:45 ♀ Best Friends Hour 4:00 ₺₽ Water & Bathroom Break 2:45 ♀ Evening Cool Down | 7:20 W Breakfast | National Family Health and Fitness Day 7:30 \mathbf{M} Breakfast 233 9:00 ♥ Morning Exercise 9:30 \$ Morning Guided Walks 233 10:00 \$ Group Activity: Painting, Brain Games 11:15 \mathbf{E} Prepare for Lunch 11:30 \mathbf{H} Lunch 11:30 \mathbf{H} Lunch 1:00 ♥ Plaza Exercise 1:30 \mathbf{E} Water & Bathroom Break 1:45 \$\cdots Butterfly Station 2:45 \$\cdots Butterfly Station 2:45 \$\cdots Butterfly Station 3:30 \$\vdots Afternoon Strolls 4:00 \$\mathbf{E} Water & Bathroom Break 4:30 \$\mathbf{H} Dinner 5:30 \$\loop\$ Evening Cool Down 5:30 \$\loop\$ Evening Cool Down |
| 7:30 ♥ Breakfast 9:00 ● Morning Exercise 9:30 ♥ Morning Guided Walks / Battery Toothbrush Robot 10:30 ❷ Live Stream: New Hope Video Service (Media Room) | National Comic Book Day 7:30 ♥ Breakfast 2 9:00 ♥ Morning Exercise 9:30 \$ Morning Guided Walks / Comic Book Read 2 10:15 ♥ Pet Visits 11:15 I Prepare for Lunch 11:30 ♥ Lunch 1:30 ♥ Lunch 1:30 ♥ Water & Bathroom Break 1:45 ◊ Butterfly Station 2:45 ◊ Best Friends Hour 4:00 II Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down | National Pancake Day 7:30 ₩ Breakfast 2 9:00 ♥ Morning Exercise 9:30 \$ Morning Guided Walks 10:15 ♬ Musical Performance: Roy Hamada 11:15 ₺ Prepare for Lunch 11:30 ₩ Lunch 100 ♥ Sherry Zak Chair Yoga 1:30 ₺ Water & Bathroom Break 1:45 ♀ Butterfly Station: Craft / Pancake Stor 2:45 ♀ Best Friends Hour 4:00 ₺ Water & Bathroom Break 4:30 ₩ Dinner 5:30 ♀ Evening Cool Down | 7:30 ¶ Breakfast 2 9:00 ♥ Morning Exercise 9:30 \$ Morning Guided Walks 10:00 ♥ Balloon Volleyball 11:15 EX Prepare for Lunch 11:30 ¶ Lunch 1:00 ♥ Bingo 1:00 ♥ Exercise 1:30 EW Water & Bathroom Break 1:40 ♥ Exercise Of The Day - Seated Hula with Keely | National Good Neighbor Day 7:30 ♥ Breakfast 20 9:00 ♥ Morning Exercise 9:30 ♥ Morning Guided Walks 20 10:00 ♥ Group Activity: Puzzles, Word Search 11:15 ₺₽ Prepare for Lunch 11:30 ♥ Lunch 11:30 ♥ Lunch 1:00 ♥ Plaza Exercise 1:30 ₺₽ Water & Bathroom Break 1:45 ◊ Butterfly Station 2:45 ◊ Best Friends Hour 4:00 ₺₽ Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down 5:30 ◊ | National Coffee Day 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise 9:30 ♥ Morning Guided Walks 10:00 ₱ Musical Performance Hank the Dutchm 11:15 ₺ ₽ Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Plaza Exercise 1:30 ₺ Water & Bathroom Break 1:45 ₺ Butterfly Station 1:45 ₺ Butterfly Station 1:45 ₺ Movie & Popcorn 2:45 ◊ Best Friends Hour 4:00 ₺ Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down | Orange Shirt Day 7:30 ¶ Breakfast 300 9:00 ♥ Morning Exercise 9:30 ₽ Morning Guided Walks 300 10:00 ﷺ Group Activity: Painting, Brain Games 11:15 E3 Prepare for Lunch 11:30 ¶ Lunch 11:30 ¶ Lunch 1:00 ♥ Plaza Exercise 1:30 E3 Water & Bathroom Break 1:45 ♥ Fabulous Nails & Social Circle 2:45 ♀ Best Friends Hour 3:30 ₽ Afternoon Strolls 4:00 E3 Water & Bathroom Break 4:00 E3 Water & Bathroom Break 4:00 F Duinner 5:30 ♀ Evening Cool Down 5:30 ♀ Evening Cool Down |