




September 2023
The Plaza at Punchbowl Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Location Keys 3rd Floor Dining Room 3rd Floor Living Room Living Room Lobby Recreation Room <div>T TLR LR L R</div>		All activities are subject to change.		Happy Birthday, Joy Ching & Curtis Cho! National College Colors Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 2:30 ★ BINGO [T] 7:00 🎬 Friday Night At The Movies: McIntock! (starring John Wayne & Maureen O'hara) [TLR]	National Tailgating Day- First Saturday in September 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:15 🎨 Activity: Wood Painting [T] 2:30 ★ BINGO [T]
National Cinema Day 9:00 ↔ Exercise [T] 9:30 🌿 Sunday Devotion with Pastor Wyman & Liz Au [TLR] 10:00 🚌 Scenic Bus Ride: Ewa Beach [L] 10:15 ↔ Exercise [T] 1:30 🌸 Hanafuda [TLR] 1:45 🚌 Shopping Trip: Manoa Longs & Safeway [L] 2:30 ★ BINGO [T]	Labor Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:15 🎨 Labor Day Craft: Star Wreath [TLR] 1:45 🚌 Scenic Bus Ride: Kaimuki [L] 2:30 ★ BINGO [T]	National Cheese Pizza Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:30 🍿 Popcorn Day! [T] 1:45 🎬 Movie: Knight and Day (starring Tom Cruise & Cameron Diaz) [TLR] 2:00 🌸 Hanafuda [L]	National Coffee Ice Cream Day 9:00 🚌 Excursion: Dole Plantation [L] 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:15 🎵 Hymn Sing Along with Ruth [T] 2:30 ★ BINGO [T]	National Salami Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:15 ★ Letter Writing to Maui [T] 1:45 🚌 Scenic Bus Ride: Lagoon Drive [L] 2:30 ★ BINGO [T]	Star Trek Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:15 🎭 Seated Hula with Karen [T] 2:30 ★ BINGO [T] 7:00 🎬 Friday Night At The Movies: Donovan's Reef (John Wayne & Lee Marvin) [TLR]	National Teddy Bear Day! 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:30 🎭 Zumba with Annette [R] 2:30 ★ BINGO [T]
National Grandparent's Day- Sunday After Labor Day 9:00 ↔ Exercise [T] 9:30 🌿 Sunday Devotion with Pastor Wyman & Liz Au [TLR] 10:00 🚌 Scenic Bus Ride: Windward Side [L] 10:15 ↔ Exercise [T] 1:30 ★ Grandparent's Day Celebration [T] 1:30 🌸 Hanafuda [TLR]	Happy Birthday, Shirley Kelley! Sports Day 9:00 ★ Silent Disco with Alexis [T] 10:00 ↔ Exercise [TLR] 1:45 🚌 Scenic Bus Ride: China Town [L] 2:30 ★ BINGO [T]	Beach Day 9:30 ★ Haleiwa Lei Making with Jennifer [T] 1:30 🍿 Popcorn Day! [T] 2:00 🌸 Hanafuda [TLR] 2:00 ★ Resident Council [T]	Decades Day 8:30 🚌 Shopping Trip: Don Quijote (Kaheka St) [L] 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 10:00 🚌 Shopping Trip: Don Quijote (Kaheka St) [L] 1:15 🎵 Hymn Sing Along with Ruth [T] 2:30 ★ BINGO [T]	Happy Birthday, Stella Nakama! Superhero Day: Comic Events or trivia 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:45 🚌 Holo Holo Club: Island Brew Coffeehouse (Hawaii Kai) [L] 2:30 ★ BINGO [T]	Plaza Pride Day: Company Logo or Color Wear 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:00 ★ Birthday Bash with Dean Hirata [T] 2:30 ★ BINGO [T] 7:00 🎬 Friday Night At The Movies: The American President (Starring Michael Douglas & Annette Bening) [TLR]	Music Dress Up: Wear your favorite band or artist t-shirt 9:00 🎭 Magic Island Trail Walk 1:30 🎵 Karaoke with Jukebox Singers [R] 2:30 ★ BINGO [T]
Happy Birthday, Shut Moi Chee & Gail Hirozawa! 9:00 ↔ Exercise [T] 9:30 🌿 Sunday Devotion with Pastor Wyman & Liz Au [LR] 10:00 🚌 Scenic Bus Ride: Pearl City [L] 10:15 ↔ Exercise [T] 1:30 🌸 Hanafuda [TLR] 1:45 🚌 Shopping Trip: Pali Longs [L] 2:30 ★ BINGO [T]	Happy Birthday, Michael Shipley! 9:00 ↔ Exercise 10:00 ↔ Exercise 1:15 🎨 Activity: Succulent Suncatchers [T] 1:45 🚌 Scenic Bus Ride: Magic Island [L] 2:30 ★ BINGO	National Talk Like A Pirate Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:30 🍿 Popcorn Day! [T] 1:45 🎬 Movie: Father of the Bride 1950 (starring Elizabeth Taylor & Spencer Tracy) [TLR] 2:00 🌸 Hanafuda [L]	Happy Birthday, Cora Miyagawa & Egan Nishimoto! National Fried Rice Day 8:30 🚌 Shopping Trip: Walmart (Ke'eaumoku) [L] 9:30 🎵 Hale Ho'omana [T] 11:30 🚌 Kau Kau Club: Chili's Bar and Grill 1:15 🎵 Hymn Sing Along with Ruth [T] 2:30 ★ BINGO [T]	National New York Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:15 ↔ Tai Chi with Ken [T] 1:45 🚌 Scenic Bus Ride: H-3 [L] 2:30 ★ BINGO [T]	National Centenarian's Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 2:30 ★ BINGO [T] 7:00 🎬 Friday Night at The Movies: Kindergarten Cop (starring Arnold Schwarzenegger & Pamela Reed) [TLR]	National Family Health & Fitness Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:15 🎨 Activity: Ceramic Painting [T] 2:30 ★ BINGO [T]
Happy Birthday, William Hojnacki! Innergize Day- Day After the Autumnal Equinox 9:00 ↔ Exercise [T] 9:30 🌿 Sunday Devotion with Pastor Wyman & Liz Au [LR] 10:00 🚌 Scenic Bus Ride: Kailua [L] 10:15 ↔ Exercise [T] 1:30 🌸 Hanafuda [TLR] 1:45 🚌 Shopping Trip: Manoa Longs & Safeway [L] 2:30 ★ BINGO [T]	National Comic Book Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:45 🚌 Scenic Bus Ride: Kahala [L] 2:30 ★ BINGO	National Pancake Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:30 🍿 Popcorn Day! [T] 1:45 🎬 Movie: Father of the Bride 1991 (starring George Banks & Nina Banks) [TLR] 2:00 🌸 Hanafuda [L]	National Corned Beef Hash Day 8:30 🚌 Shopping Trip: Don Quijote (Kaheka St) [L] 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 10:00 🚌 Shopping Trip: Don Quijote (Keheka St) [L] 1:15 🎵 Hymn Sing Along with Ruth [T] 2:30 ★ BINGO [T]	National Good Neighbor Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:15 ↔ Tai Chi with Ken [T] 1:45 🚌 Bank Run [L] 2:30 ★ BINGO [T]	Happy Birthday, Betty Higashino! National Coffee Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:45 🚌 Bank Run [L] 2:30 ★ BINGO [T] 7:00 🎬 Friday Night at The Movies: Pillow Talk (starring Rock Hudson & Doris Day) [TLR]	Orange Shirt Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:15 🎨 Activity: Cinnamon Stick and Orange Slice Ornaments [T] 2:30 ★ BINGO [T]