

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Daily Halia

Please note that the daily activity structure varies slightly week to week. **Plaza Puzzle Packets** are the content that changes daily + van ride schedules. Please see below for the activity hour breakdown. *The calendar will list the title of the activity.*

8:00

Hawaii News Now

9:00

Morning Greeting

9:15

Current Events @ The Plaza

9:30

Morning Exercise

9:55

Happy Hydration

10:00

Cram Jam Activities!

11:00

Walking Club

12:30

Afternoon Exercise

12:45

Creative Creations

2:00

Happy Hydration

2:15

Read & Refresh

3:00

Walking Club

3:15


Time Travel Talk

3:30

Busy Brain + Afternoon Movies

5:00

Independent Activities & Cinema



HAIR DAY 1

10:00

Cram Jam Activities!
- Analogy Trivia & Unscramble

12:45

Creative Creations -
Learn to Braid

2:15

Read & Refresh - All
About Hair

3:30

Busy Brain -
Crossword & Decoding

FRIED SCALLOPS DAY 2

10:00

Cram Jam Activities!
- Trivia & Unscramble

12:30

Zumba!

1:30

Holoholo Ride - 2nd
& 3rd Floor

2:30

Read & Refresh - All
About Scallops

3:00

Walking Club

3:15

Time Travel Talk

3:30

Busy Brain -
Crossword & Word Search

MANUFACTURING DAY 3

10:00

Cram Jam Activities!
- Analogy Trivia & Unscramble

12:45

Creative Creations -
Guided Coloring/Painting

2:15

Read & Refresh - All
About Factories

3:30

Busy Brain -
Crossword & Decoding

GOLF LOVER'S DAY 4

10:00

Cram Jam Activities!
- Trivia & Unscramble

12:45

Table Games &
Group Games!

2:15

Read & Refresh - All
About Golf

3:30

Busy Brain -
Crossword & Word Search

DO SOMETHING NICE DAY 5

7:00

Church Drop
Offs/Pick Ups

10:00

Cram Jam Activities!
- Analogy Trivia & Unscramble

12:45

Sunday Glam Day +
Games!

2:15

Read & Refresh - All
About Kindness

3:30

Busy Brain -
Crossword & Word Search

NOODLE DAY 6

10:00

Cram Jam Activities!
- Trivia & Unscramble

12:45

Creative Creations -
Clay Ramen Noodles

2:15

Read & Refresh - All
About Noodles

3:30

Busy Brain -
Crossword & Decoding

LED LIGHT DAY 7

10:00

PERFORMANCE: Hank
the Singing Dutchman

12:30

Zumba!

1:30

Holoholo Ride - 2nd
& 3rd Floor

2:30

Cram Jam Activities! -
Analogy Trivia & Unscramble

3:00

Walking Club

3:15

Time Travel Talk

3:30

Busy Brain - Crossword
& Word Search

HERO DAY 8

10:00

PERFORMANCE:
Brandon Onishi
(Musician)

12:45

Creative Creations -
Our Heroes Poster

2:15

Cram Jam Activities!
- Trivia & Unscramble

3:30

Busy Brain -
Crossword & Decoding

MOLDY CHEESE 9

10:00

Cram Jam Activities!
- Trivia & Unscramble

12:30

Zumba!

1:30

Holoholo Ride - 2nd
& 3rd Floor

2:30

Read & Refresh - All
About Cheese

3:00

Walking Club

3:15

Time Travel Talk

3:30

Busy Brain -
Crossword & Word Search

CAKE DECORATING DAY 10

10:00

Cram Jam Activities!
- Analogy Trivia & Unscramble

12:45

Creative Creations -
Guided Coloring/Painting

2:15

Read & Refresh - All
About Cake

3:30

Busy Brain -
Crossword & Decoding

SAUSAGE PIZZA DAY 11

10:00

Cram Jam Activities!
- Trivia & Unscramble

12:45

Table Games &
Group Games!

2:00

BIRTHDAY BASH
with Dean Hirata!

3:30

Busy Brain -
Crossword & Word Search

I LOVE YARN DAY 12

7:00

Church Drop
Offs/Pick Ups

9:00

Zumba w/Annette -
2nd Floor

9:30

Zumba w/Annette -
3rd Floor

10:00

Cram Jam Activities! -
Analogy Trivia & Unscramble

12:45

Sunday Glam Day +
Games!

2:15

Read & Refresh - All
About Yarn

3:30

Busy Brain - Crossword
& Word Search

BREAST CANCER AWARENESS 13

10:00

COMMUNION [T]

10:00

Cram Jam Activities!
- Trivia & Unscramble

12:45

Creative Creations -
Breast Cancer Ribbons

2:15

Read & Refresh - All
About Breast Cancer Awareness

3:30

Busy Brain -
Crossword & Decoding

REAL SUGAR DAY 14

10:00

Cram Jam Activities!
- Analogy Trivia & Unscramble

12:30

Zumba!

1:30

Holoholo Ride - 2nd
& 3rd Floor

2:30

Read & Refresh - All
About Sugar

3:00

Walking Club

3:15

Time Travel Talk

3:30

Busy Brain -
Crossword & Word Search

AESTHEICIAN DAY 15

10:00

Cram Jam Activities!
- Trivia & Unscramble

12:45

Creative Creations -
Make Up Tutorials

2:15

Read & Refresh - All
About the Make-Up Industry

3:30

Busy Brain -
Crossword & Decoding

SPORTS DAY 16

10:00

Cram Jam Activities!
- Trivia & Unscramble

12:30

Zumba!

1:30

Holoholo Ride - 2nd
& 3rd Floor

2:30

Read & Refresh - All
About Sports

3:00

Walking Club

3:15

Time Travel Talk

3:30

Busy Brain -
Crossword & Word Search

PASTA DAY 17

10:00

Cram Jam Activities!
- Analogy Trivia & Unscramble

12:45

Creative Creations -
Pasta Art with All Kinds of Pasta

2:15

Read & Refresh - All
About Pasta

3:30

Busy Brain -
Crossword & Decoding

SWEETEST DAY 18

9:00

In-House Walk to
End Alzheimer's

12:45

Table Games &
Group Games!

2:15

Read & Refresh - All
About Candy

3:30

Busy Brain -
Crossword & Word Search





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SEAFOOD BISQUE DAY 19 7:00 Church Drop Offs/Pick Ups 10:00 Cram Jam Activities! - Analogy Trivia & Unscramble 12:45 Sunday Glam Day + Games! 2:15 Read & Refresh - All About Kindness 3:30 Busy Brain - Crossword & Word Search	CHICKEN & WAFFLES DAY 20 10:00 Cram Jam Activities! - Trivia & Unscramble 12:45 Creative Creations - Clay Waffles 2:15 Read & Refresh - All About Chicken & Waffles 3:30 Busy Brain - Crossword & Decoding	WITCH HAZEL DAY 21 10:00 Cram Jam Activities! - Analogy Trivia & Unscramble 12:30 Zumba! 1:30 Holoholo Ride - 2nd & 3rd Floor 2:30 Read & Refresh - Witch Hazel 3:00 Walking Club 3:15 Time Travel Talk 3:30 Busy Brain - Crossword & Word Search	COLOR DAY 22 10:00 Cram Jam Activities! - Trivia & Unscramble 12:45 Creative Creations - Mixing Colors 2:15 Read & Refresh - All About the Color Wheel 3:30 Busy Brain - Crossword & Decoding	iPOD DAY 23 10:00 Cram Jam Activities! - Trivia & Unscramble 12:30 Zumba! 1:30 Holoholo Ride - 2nd & 3rd Floor 2:30 Read & Refresh - All About iPods 3:00 Walking Club 3:15 Time Travel Talk 3:30 Busy Brain - Crossword & Word Search	FOOD DAY 24 10:00 Cram Jam Activities! - Analogy Trivia & Unscramble 12:45 Creative Creations - Food Art 2:15 Read & Refresh - All About Food Pyramid 3:30 Busy Brain - Crossword & Decoding	TRICK OR TREAT DAY 25 10:00 Cram Jam Activities! - Trivia & Unscramble 12:45 Table Games & Group Games! 2:15 Read & Refresh - All About Candy 3:30 Busy Brain - Crossword & Word Search
PUMPKIN DAY 26 7:00 Church Drop Offs/Pick Ups 10:00 Cram Jam Activities! - Analogy Trivia & Unscramble 12:45 Sunday Glam Day + Games! 1:30 PERFORMANCE: Waiheea 3:30 Busy Brain - Crossword & Word Search	CIVICS DAY 27 10:00 CATHOLIC MASS [T] 10:00 Cram Jam Activities! - Trivia & Unscramble 12:45 Creative Creations - Balloon Animals Craft 2:15 Read & Refresh - All About Judicial System 3:30 Busy Brain - Crossword & Decoding	FIRST RESPONDERS DAY 28 10:00 Cram Jam Activities! - Analogy Trivia & Unscramble 12:30 Zumba! 1:30 Holoholo Ride - 2nd & 3rd Floor 2:30 Read & Refresh - All About First Responders 3:00 Walking Club 3:15 Time Travel Talk 3:30 Busy Brain - Crossword & Word Search	CAT DAY 29 10:00 Cram Jam Activities! - Trivia & Unscramble 12:45 Creative Creations - Cat Ears/Halloween Hats 2:00 PERFORMANCE: Lance Motogawa (Musician) 3:30 Busy Brain - Crossword & Decoding	CANDY CORN DAY 30 10:00 Cram Jam Activities! - Trivia & Unscramble 12:30 Zumba! 1:30 Holoholo Ride - 2nd & 3rd Floor 2:30 Read & Refresh - All About Candy Corn 3:00 Walking Club 3:15 Time Travel Talk 3:30 Busy Brain - Crossword & Word Search	HAPPY HALLOWEEN! 31 10:00 Cram Jam Activities! - Analogy Trivia & Unscramble 12:45 Creative Creations - Halloween Masks 2:00 Happy Halloween Scavenger Hunt! 3:30 Busy Brain - Crossword & Decoding	

Special Events/Performances

10/07	10:00a	Performance - Hank the Singing Dutchman
10/08	10:00a	Performance - Brandon Onishi (Musician)
10/11	2:00p	Birthday Bash with Dean Hirata
10/12	9/9:30a	Zumba with Annette!
10/18	9:00a	In-House Walk to End Alzheimer's - Family Event
10/26	1:30p	Performance - Waiheea
10/29	2:00p	Performance - Lance Motogawa (Musician)
10/31	2:00p	Special Happy Halloween Scavenger Hunt!



Letter from Administrator

Dear Residents, Families, and Friends,

As we welcome the month of October, we also welcome the cozy spirit of autumn. The days are growing cooler, the leaves are beginning to change, and our community is filling with the warm colors and festive!

Of course, October wouldn't be complete without a little Halloween fun—we are excited to host themed dress-up days, a scavenger hunt, and festive treats to share.

Beyond the celebrations, I want to take a moment to express gratitude for the spirit of community that thrives here. Each day, I see kindness, friendship, and care among residents and staff alike. It is truly heartwarming to witness how everyone contributes to making our home a place of warmth, laughter, and belonging.

As we move through this season together, let us remember that autumn is a time of change, but also of comfort. May the cooler evenings bring cozy conversations, the decorated halls bring cheer, and the shared moments remind us of how blessed we are to be part of this community.

Thank you for being an essential part of our family. I look forward to enjoying all that October has to offer with each of you.

Sincerely,
Rebecca Fajota, Senior Administrator

