

Hali'a						with
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE PLAZA  — Assisted Living	<ul> <li>Arts / Crafts</li> <li>Celebrations</li> <li>Club Visits</li> <li>Educational Classes</li> <li>Exercise / Physical Activity</li> <li>Field Trip / Medical Appointments</li> <li>Meditation / Mindfulness</li> <li>Movies / Documentaries</li> <li>Music / Special Entertainment</li> <li>Plaza Life Fitness</li> <li>Socials / Social Gathering</li> <li>Spiritual / Worship Services</li> </ul>		National Pumpkin Spice Day  7:00 BREAKFAST  8:15 ## Circle Time: Newspaper Current Events Discussion [A]  8:30 #* Plaza Life Exercises [A]  Classroom Hour: Brain Game: 9-Square  9:15 Hangman- Pumpkin Theme [A]  9:45   Sightseeing For Halia  Matching Game and Puzzles  10:00 ** New Hope Church Service [T]  11:00 LUNCH  12:00 Recharge Hour- Mindful Coloring with Classical Music  Plaza Life Exercises  1:00 Plaza Life Exercises  1:00 Plaza Life Walking Club  1:30 Tea Time in the Bistro or Hoku Terrace  BINGO  3:00 ** Afternoon Stretch [A]  3:45 Household Chores, Water & Bathroom Break	National Smarties Day 7:00 8REAKFAST 8:15	Dress Day: Mickey Mouse/Disney Shirts National Mouseketeers Day  7:00 BREAKFAST 8:15	National Cinnamon Bun Day 7:00 BREAKFAST 8:15
National 007 Day  1:00 Plaza Life Walking Club  7:00 BREAKFAST  8:15   Circle Time: Newspaper Current Events Discussion [A]  8:30  Plaza Life Exercises [A]  9:30  Things That Start With "J" [A]  Matching Game and Puzzles  LUNCH  12:30  Chair Yoga with Sherry Zak Morris [A]  1:00 Plaza Life Walking Club  1:30 Tea Time in the Bistro or Hoku Terrace  2:00  Ring Toss to Classical Music [A]  2:30  Afternoon Stretch [A]  3:00  Afternoon Stretch [A]  4:00 DINNER  Movie Night [A]	National Mad Hatter Day  7:00 8:15	National Frappe Day 7:00 BREAKFAST 8:15	Dress Day: Superhero Shirts  National Heroes Day  7:00  BREAKFAST  8:15  ### Circle Time: Newspaper Current Events Discussion [A]  8:30  ### Plaza Life Exercises [A]  9:00  Classroom Hour: Brain Game: 9-Square  Hangman- Heroes (Career Hero's or Superheroes) [A]  9:45  ### Sightseeing For Halia  10:00  ### New Hope Church Service [T]  10:00  ### Pet Therapy with Wilma and Milo [A]  Spelling Bee- Fall/ Autumn  LUNCH  12:00  Recharge Hour- Mindful Coloring with Classical Music  Plaza Life Exercises  Plaza Life Exercises  12:30  Tea Time in the Bistro or Hoku Terrace  13:00  BINGO  *** Plaza Life Malking Club  Tea Time in the Bistro or Hoku Terrace	National Sneakers Day 7:00 BREAKFAST 8:15   Circle Time: Newspaper Current Events Discussion [A] 8:30  Plaza Life Exercises [A] 9:45 Classroom Hour: Hangman-Types of Footwear 10:00 Drums are Alive! LUNCH 12:00 Medical Transportation 12:30  Chair Tai Chi [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:15  Mindful: Fill in the Blank [A] 3:00  Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 0 DINNER 6:00 Movie Night [A]	Dress Day: Plaza Shirts National World Egg Day 7:00 BREAKFAST 8:15 \$\frac{\text{Withing Indicates}}{\text{Discussion } [A]}\$ 8:30 \$\frac{\text{Plaza Life Exercises } [A]}{\text{Plosuposition } [A]}\$ 8:30 \$\frac{\text{Plaza Life Exercises } [A]}{\text{Plosuposition } [A]}\$ 9:00 Classroom Hour: Brain Quest 2 10:00 Remembering Hayrides/ Pumpkin Farms [A] 11:00 LUNCH 12:30 \$\frac{\text{Plaza Dancersize } (Low Impact) [A]}{\text{1:00}}\$ 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 \$\frac{\text{Plaza Farming Indicates}}{\text{Scarf Juggling to Pop Music } [A]}\$ 3:00 \$\frac{\text{Plaza Afternoon Stretch } [A]}{\text{3:00}}\$ 4:00 DINNER 6:00 Movie Night [A]	National Universal Musical Day 7:00 BREAKFAST 8:15
World Arthritis Day  1:00 Plaza Life Walking Club BREAKFAST  8:15 ≝ Circle Time: Newspaper Current Events Discussion [A]  8:30 ▼ Plaza Life Exercises [A]  9:30 ▼ Things That Start With "K " [A]  What am I? Jobs  11:00 What am I? Jobs  11:00 Flaza Life Walking Club  1:15 ⑤ Sightseeing: Kaimuki  1:30 Tea Time in the Bistro or Hoku Terrace  2:00 ↔ Ring Toss to Classical Music [A]  2:30 ↔ Plaza Sing A Long [A]  3:00 ※ Afternoon Stretch [A]  Household Chores, Water & Bathroom Break  DINNER  Media Nilsch [A]	National Train your Brain Day 7:00 BREAKFAST 8:15	7:00 BREAKFAST	National Pizza Hut Day 7:00 BREAKFAST 8:15	Dress Day: Favorite Team National Sports Day 7:00 BREAKFAST 8:15  Circle Time: Newspaper Current Events Discussion [A] 8:30  Plaza Life Exercises [A] 9:00 Classroom Hour: Write the Word game Drums are Alive! 10:00  Pet Therapy with Wes Koga [A] 11:00 12:00 Medical Transportation 12:30  Chair Tai Chi [A] 1:00 1:30 Tea Time in the Bistro or Hoku Terrace 2:15  Bowling [A] 3:45 Household Chores, Water & Bathroom Break DINNER	National Pasta Day 7:00 BREAKFAST 8:15 Circle Time: Newspaper Current Events Discussion [A] 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Brain Quest 2 10:00 Card Game: War [A] 11:00 LUNCH 12:30 Dancersize (Low Impact) [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Searf Juggling to Pop Music [A] 3:05 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]	National Chocolate Cupcake Day 7:00 BREAKFAST 8:15  ### Circle Time: Newspaper Current Events Discussion [A] 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Journaling- Would You Rather? And Why? 10:00 BINGO [A] 11:00 Plaza Life Exercises 1:00 P
National American Cheese Day 1:00 Plaza Life Walking Club BREAKFAST  Sife Wiccolor Time: Newspaper Current Events Discussion [A] Plaza Life Exercises [A] 9:30 ★ Plaza Life Exercises [A] 0:00 Craft: Painting Fall Leaves LUNCH 1:00 Plaza Life Walking Club Tea Time in the Bistro or Hoku Terrace 2:00 ← Ring Toos to Classical Music [A] 2:30 ★ Plaza Sing A Long [A] 3:00 ★ Afternoon Stretch [A] 4:00 DINNER Movie Night [A]	Dress Day: Plaza Shirts National Monster Mash Day  8:15   BEAKKAST  8:15   Circle Time: Newspaper Current Events Discussion [A]  8:30  Plaza Life Exercises [A] Classroom Hour: Simple Mathematics  9:30  Spelling Bee [A] 10:00 Game: Monster Mash Take Down [A] LUNCH  1:00 Plaza Life Walking Club 1:30 Games: Feed the Ghost 2:00  Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A] 3:01  Afternoon Stretch [A] 4:00 DINNER  Movie Night [A]	National Pumpkin Cheesecake Day 7:00 BREAKFAST 8:15  Circle Time: Newspaper Current Events Discussion [A] 8:30  Plaza Life Exercises [A] 9:00 Classroom Hour: Short Readings and Discussions 9:30  SONG OF THE DAY: Jail House Rock [A] 10:00  Silent Disco [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Plaza Life Exercises 1:00 Balloon Volleyball 1:00 New Event Name 2:00 Community Bonding: Ukulele Sing-a-Long with Jeremy [A] 3:00  Afternoon Stretch [A] 4:00 DINNER 6:00 Movie Night [A]	Dress Day: Tie Dye  National Color Day  7:00  BREAKFAST  8:15   Circle Time: Newspaper Current Events Discussion [A]  8:30  Plaza Life Exercises [A]  Classroom Hour: Brain Game: 9-Square  9:15  Hangman- Colors [A]  9:45  Sightseeing For Halia  10:00  New Hope Church Service [T]  10:00  Pet Therapy with Wilma and Milo [A]  LUNCH  12:00  Recharge Hour- Mindful Coloring with Classical Music  12:30  Plaza Life Exercises  1:00  Plaza Life Walking Club  Tea Time in the Bistro or Hoku Terrace  BINGO  3:00  Afternoon Stretch [A]	National Horror Movie Day 7:00 BREAKFAST 8:15  Circle Time: Newspaper Current Events Discussion [A] 8:30  Plaza Life Exercises [A] 9:45  Classroom Hour: Hangman-Monsters 10:00  Drums are Alive! LUNCH 12:00  Medical Transportation 12:30  Chair Tai Chi [A] 1:00  1:30  Tea Time in the Bistro or Hoku Terrace 2:15  Craft: Making Halloween Monsters [A] 3:05  Afternoon Stretch [A] 3:45  Household Chores, Water & Bathroom Break DINNER 6:00  Movie Night [A]	National Foodie Day  BREAFAST  8:15   Circle Time: Newspaper Current Events Discussion [A]  8:30  Plaza Life Exercises [A]  9:00  Classroom Hour: Brain Quest 2  Hangman: Foods/ Ingredients [A]  11:00  LUNCH  12:30  Dancersize (Low Impact) [A]  Plaza Life Walking Club  1:30  Tea Time in the Bistro or Hoku Terrace  2:00  Afternoon Stretch [A]  3:05  Household Chores, Water & Bathroom Break  4:00  DINNER  6:00  Movie Night [A]	Dress Day: Halloween Shirts Halloween Spirit Week National Pablo Picasso Day  7:00 8:15
Dress Day: Orange or Pumpkin Shirts Halloween Spirit Week National Pumpkin Day  1:00 Plaza Life Walking Club  7:00 BREAKFAST  8:15 ≝ Circle Time: Newspaper Current Events Discussion [A]  8:30 ★ Plaza Life Exercises [A]  9:30 ★ Things That Start With " M" [A]  10:00 ◆ Crafts: Paper Jack-O-Lanterns  11:00 LUNCH  12:30 ★ Chair Yoga with Sherry Zak Morris [A]  1:00 Plaza Life Walking Club  1:15 ★ Sightseeing: Nu'uanu  1:30 ★ Ring Toss to Classical Music [A]  2:30 ★ Plaza Sing A Long [A]  3:00 ★ Afternoon Stretch [A]	Dress Day: Wacky Hair/ Wigs Day National Black Cat Day  7:00 BREAKFAST 8:15	Dress Day: Department Costumes   National Chocolate Day	Dress Day: Halloween Accessories National Oatmeal Day 7:00 BREAKFAST 8:15   Circle Time: Newspaper Current Events Discussion [A] 8:30  Plaza Life Exercises [A] 9:00 Classroom Hour: Brain Game: 9-Square Hangman- [A] 9:45  Sightseeing For Halia 10:00 Taft: Making Halloween Masks 10:00 New Hope Church Service [T] 11:00 LUNCH 12:00 Recharge Hour-Mindful Coloring with Classical Music Plaza Life Exercises 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace BINGO 3:00 Afternoon Stretch [A]	Dress Day: Superheroes/Villains/Plaza Shirts National Jack- 0- Lantern Day  7:00 BREAKFAST 8:15 W. Circle Time: Newspaper Current Events Discussion [A] 8:30 Plaza Life Exercises [A] 9:45 Classroom Hour: Hangman- Villians 10:00 Halloween Jokes 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Tai Chi [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:15 W. Birthday Celebrations! [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break DINNER 6:00 Movie Night [A]	Dress Day: Halloween Costumes Happy Halloween! 7:00 BREAKFAST 8:15 ♣ Circle Time: Newspaper Current Events Discussion [A] 8:30 ♣ Plaza Life Exercises [A] 9:00 Classroom Hour: Brain Quest 2 Classroom Hour: Brain Quest 2 10:00 Games: Monster Mash Takedown or Feed the Ghost Bean Bag Tosss [A] 11:00 LUNCH 12:30 ♣ Dancersize (Low Impact) [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 ♣ Scarf Juggling to Pop Music [A] 3:45 Household Chores, Water & Bathroom Break DINNER 6:00 Movie Night [A]	<b>Location Keys</b> Activity Room A Theater T