

October 2025
The Plaza at Waikiki



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><div>Arts / Crafts</div><div>Celebrations</div><div>Club Visits</div><div>Cooking / Baking</div><div>Educational Classes</div><div>Exercise / Physical Activity</div><div>Family Event</div><div>Field Trip / Medical Appointments</div><div>Games</div><div>Movies / Documentaries</div><div>Music / Special Entertainment</div><div>Plaza Life Fitness</div><div>Socials / Social Gathering</div></div>		<div><div>National Pumpkin Spice Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>8:30 🚌 Plaza Walking Moai Club @ Magic Island</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🏛️ New Hope Church Service [T]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🚌 Shopping: Errand Run (2 Mile Radius)</div><div>1:30 🧠 Strength, Balance and Tone with Daniel</div><div>2:00 🎬 Matinee Movie: "Modern Times" (1936) HBO [T]</div><div>3:00 🎲 Bingo [A]</div><div>6:30 🎵 Music Variety Hour [T]</div></div>	<div><div>National Smarties Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 Jeopardy! [A]</div><div>12:00 Medical Transportation</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 📺 Documentary: " Top Gun: The Next Generation" S1 EP 1 D+ [T]</div><div>2:00 ↔ Walking Club Around the Plaza</div><div>3:00 🎲 Pokeno [A]</div><div>7:00 🎬 Movie Night: "Notting Hill" (1999) HBO [T]</div></div>	<div><div>Dress Day: Mickey Mouse/Disney Shirts</div><div>National Mouseketeers Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🎵 Music with Dean Hirata [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🧠 Diamond Art & Crochet/ Paper Leis [A]</div><div>3:00 🎲 Bingo [A]</div><div>3:30 🏐 UH VOLLEYBALL [T]</div><div>6:30 ↔ Friday Night Fight Club (Tai Chi Practice) [T]</div></div>	<div><div>National Cinnamon Bun Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🎬 Cooking Demo with Jeremy [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎵 Kanikapila [T]</div><div>3:00 🎲 Bingo [A]</div><div>3:00 🏐 UH VOLLEYBALL: CSUN [T]</div><div>7:00 🎬 Movie Night: "Lilo & Stitch" (2025) D+ [T]</div></div>
<div><div>National 007 Day</div><div>8:15 🚌 Church Runs</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>9:30 ↔ Morning Exercise II [A]</div><div>10:00 🧠 Mindful Coloring and Hawaiian Music [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🚌 Shopping: Longs (1 hour)</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Documentary: "The Crown" S3 Ep10 N [T]</div><div>3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A]</div><div>7:00 🎬 Movie Night: "Dead Poets Society" (1989) D+ [T]</div></div>	<div><div>National Mad Hatter Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>8:30 🚌 Plaza Walking Moai Club @ Magic Island</div><div>9:00 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>9:30 ↔ Morning Exercise II [A]</div><div>9:45 🚌 Excursion: Waimanalo Country Farms (\$10 entry Fee)</div><div>10:00 🎵 Hank the Singing Dutchman [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🚌 Shopping: H-Mart (1 hour)</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Documentary: "The Crown" S4 Ep1 [T]</div><div>2:00 ↔ Walking Club Around the Plaza</div><div>3:00 🎲 Bingo [A]</div><div>6:30 🎵 Light Classical Music Hour [T]</div></div>	<div><div>National Frappe Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🧠 Craft: Autumn Card [A]</div><div>12:00 Medical Transportation</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎲 Jigsaw Puzzles [A]</div><div>2:00 🎬 Matinee Movie: "Casper" (1995) N [T]</div><div>3:00 🎲 Pokeno [A]</div><div>6:30 🎵 Hawaiian Music Hour [T]</div></div>	<div><div>Dress Day: Superhero Shirts</div><div>National Heroes Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>8:30 🚌 Plaza Walking Moai Club @ Magic Island</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🏛️ New Hope Church Service [T]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🚌 Shopping: Don Quijote</div><div>1:30 🧠 Plaza Life Circuit 1 Exercise [A]</div><div>2:00 🎬 Matinee Movie: " Avengers Endgame" (2019) D+ [T]</div><div>3:00 🎲 Bingo [A]</div><div>6:30 🎵 Music Variety Hour [T]</div></div>	<div><div>National Sneakers Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Tai Chi with Toshimi [T]</div><div>10:30 🎲 Trivial [A]</div><div>12:00 Medical Transportation</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Documentary: "Stan Lee" (2023) D+ [T]</div><div>2:00 ↔ Walking Club Around the Plaza</div><div>3:00 🎲 Pokeno [A]</div><div>7:00 🎬 Movie Night: "K-Pop Demon Hunters" (2025) N [T]</div></div>	<div><div>Dress Day: Plaza Shirts</div><div>National World Egg Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🎬 Cooking Demo with Jeremy [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🧠 Diamond Art & Crochet/ Paper Leis [A]</div><div>3:00 🎲 Bingo [A]</div><div>6:30 ↔ Friday Night Fight Club (Tai Chi Practice) [A]</div><div>7:00 🎬 UH VOLLEYBALL: CAL POLY [T]</div></div>	<div><div>National Universal Musical Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🎵 Musical Performance by Jeremy</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎵 Kanikapila [T]</div><div>3:00 🎲 Bingo [A]</div><div>6:00 🏑 UH Football vs Utah State [T]</div></div>
<div><div>World Arthritis Day</div><div>8:15 🚌 Church Runs</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>9:30 ↔ Morning Exercise II [A]</div><div>10:00 🧠 Crafts: Stain Glass Fall Leaves [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Documentary: "The Crown" S4 Ep 2 [T]</div><div>3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A]</div><div>5:00 🏐 UH Volleyball: UCSB [T]</div></div>	<div><div>National Train your Brain Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>8:30 🚌 Plaza Walking Moai Club @ Magic Island</div><div>9:00 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>9:30 ↔ Morning Exercise II [A]</div><div>9:45 🚌 Excursion: Hoʻomaluhia Botanical Garden</div><div>10:00 🧠 Crafts: Air Dry Clay Ghosts [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🚌 Shopping: Longs (1 hour)</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Documentary: "The Crown" S4 Ep 3 [T]</div><div>2:00 ↔ Walking Club Around the Plaza</div><div>3:00 🎲 Bingo [A]</div><div>6:30 🎵 Light Classical Music Hour [T]</div></div>	<div><div>National Dessert Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🍿 Snack on the Terrace: Kettle Popcorn [A]</div><div>10:15 🏛️ Resident Council Meeting [A]</div><div>12:00 Medical Transportation</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Matinee Movie: "Phantom of the Megaplex" (2000) D+ [T]</div><div>2:00 Watercolorls and Jazz Music [A]</div><div>3:00 🎲 Pokeno [A]</div><div>6:30 🎵 Hawaiian Music Hour [T]</div></div>	<div><div>National Pizza Hut Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>8:30 🚌 Plaza Walking Moai Club @ Magic Island</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🏛️ New Hope Church Service [T]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🚌 Shopping: Kahala Mall (1 hour)</div><div>1:30 🧠 Plaza Life Circuit 1 Exercise [A]</div><div>1:30 🧠 Strength, Balance and Tone with Daniel</div><div>2:00 🎬 Matinee Movie: "Heavyweights" (1995) D+ [T]</div><div>3:00 🎲 Bingo [A]</div><div>6:30 🎵 Music Variety Hour [T]</div></div>	<div><div>Dress Day: Favorite Team</div><div>National Sports Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🎬 Cooking Demo with Jeremy [A]</div><div>10:00 ↔ Pet Therapy with Wes Koga [A]</div><div>12:00 Medical Transportation</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Documentary: "The Seat" (2025) N [T]</div><div>2:00 ↔ Walking Club Around the Plaza</div><div>3:00 🎲 Pokeno [A]</div><div>7:00 🎬 Movie Night: "Remember the Titans" (2000) D+ [T]</div></div>	<div><div>National Pasta Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 Jeopardy! [T]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🧠 Diamond Art & Crochet/ Paper Leis [A]</div><div>3:00 🎲 Bingo [A]</div><div>3:00 🏐 UH VOLLEYBALL: Long Beach [T]</div><div>6:30 ↔ Friday Night Fight Club (Tai Chi Practice) [T]</div></div>	<div><div>National Chocolate Cupcake Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🏑 American Legion Family Bingo [A]</div><div>1:00 🏑 UH Football vs Colorado State [T]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎵 Kanikapila [T]</div><div>3:00 🎲 Bingo [A]</div><div>3:00 🏐 UH VOLLEYBALL: UCSD [T]</div><div>7:00 🎬 Movie Night: "RIPD" (2013) N [T]</div></div>
<div><div>National American Cheese Day</div><div>8:15 🚌 Church Runs</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>9:30 ↔ Morning Exercise II [A]</div><div>10:00 🧠 CRAFT: Fall Leaves [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🚌 Shopping:</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Documentary: "The Crown" S4 Ep 4 [T]</div><div>3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A]</div><div>7:00 🎬 Movie Night: "Psycho" (1960) Peacock [T]</div></div>	<div><div>Dress Day: Plaza Shirts</div><div>National Monster Mash Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>8:30 🚌 Plaza Walking Moai Club @ Magic Island</div><div>9:00 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>9:30 ↔ Morning Exercise II [A]</div><div>9:45 🚌 Sightseeing: Pali Lookout</div><div>10:00 🧠 Craft: Pumpkin Decorating [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🚌 Shopping: Don Quijote (1 hour)</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Documentary: "The Crown" S4 Ep 5 [T]</div><div>2:00 ↔ Walking Club Around the Plaza</div><div>3:00 🎲 Bingo [A]</div><div>6:30 🎵 Light Classical Music Hour [T]</div></div>	<div><div>National Pumpkin Cheesecake Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🧠 Craft: Pumpkin Treat Box [A]</div><div>12:00 Medical Transportation</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Matinee Movie: "Beetle Juice" (1988) HBO [T]</div><div>2:00 🏑 Walker and Cane Sanitation [A]</div><div>3:00 🎲 Pokeno [A]</div><div>3:00 🏐 UH VOLLEYBALL: UC IRVINE [T]</div><div>6:30 🎵 Hawaiian Music Hour [T]</div></div>	<div><div>Dress Day: Tie Dye</div><div>National Color Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>8:30 🚌 Plaza Walking Moai Club @ Magic Island</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>9:45 🍽️ Kau Kau Cafe: TBD</div><div>10:00 🏛️ New Hope Church Service [T]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🚌 Shopping: Savers/ Longs</div><div>1:30 🧠 Plaza Life Circuit 1 Exercise [A]</div><div>2:00 🎬 Matinee Movie: "Godzilla" (1954) HBO [T]</div><div>3:00 🎲 Bingo [A]</div><div>6:30 🎵 Music Variety Hour [T]</div></div>	<div><div>National Horror Movie Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Tai Chi with Toshimi [T]</div><div>10:30 🏑 Halloween Jokes [A]</div><div>12:00 Medical Transportation</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🎵 Kanikapila w/ Plaza Punchbowl [A]</div><div>2:00 🎬 Documentary: "Movies that made us : S3 Ep 5"- N [T]</div><div>3:15 🎲 Pokeno [A]</div><div>7:00 🎬 Movie Night: "The Birds" (1963) Peacock [T]</div></div>	<div><div>National Foodie Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🎬 Cooking Demo with Jeremy</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🧠 Diamond Art & Crochet/ Paper Leis [A]</div><div>2:30 Oktoberfest</div><div>3:00 🎲 Special Oktoberfest Bingo [A]</div><div>6:30 ↔ Friday Night Fight Club (Tai Chi Practice) [T]</div></div>	<div><div>Dress Day: Halloween Shirts</div><div>Halloween Spirit Week</div><div>National Pablo Picasso Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🎬 Cooking Demo with May Kealoha and Tony [T]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎵 Kanikapila [T]</div><div>3:00 🎲 Bingo [A]</div><div>7:00 🏐 UH VOLLEYBALL: CS Fullerton [T]</div></div>
<div><div>Dress Day: Orange or Pumpkin Shirts</div><div>Halloween Spirit Week</div><div>National Pumpkin Day</div><div>8:15 🚌 Church Runs</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>9:30 ↔ Morning Exercise II [A]</div><div>10:00 🧠 Craft: Paper Jack-O-Lanterns [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Documentary: "The Crown" S4 Ep 6 [T]</div><div>3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A]</div><div>7:00 🎬 Movie Night: "October Sky" (1999) Peacock [T]</div></div>	<div><div>Dress Day: Wacky Hair/ Wigs Day</div><div>National Black Cat Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>8:30 🚌 Plaza Walking Moai Club @ Magic Island</div><div>9:00 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>9:30 ↔ Morning Exercise II [A]</div><div>9:45 🚌 Excursion: Liliʻuokalani Botanical Garden (Max 6 Seats)</div><div>10:00 🎵 Sing-a-long with Sandy and Gordon [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🚌 Shopping: Longs (1 hour)</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Documentary: "The Crown" S4 Ep 7 [T]</div><div>2:00 ↔ Walking Club Around the Plaza</div><div>3:00 🎲 Bingo [A]</div><div>6:30 🎵 Light Classical Music Hour [T]</div></div>	<div><div>Dress Day: Department Costumes</div><div>National Chocolate Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🧠 Craft: Fall/ Autumn Friendship Bracelets [A]</div><div>12:00 Medical Transportation</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🎬 Matinee Movie: "Mom's got a date with a Vampire" (2000) D+ [T]</div><div>2:00 Table Games: Scrabble with Meagan [A]</div><div>3:00 🎲 Pokeno [A]</div><div>6:30 🎵 Hawaiian Music Hour [T]</div></div>	<div><div>Dress Day: Halloween Accessories</div><div>National Oatmeal Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>8:30 🚌 Plaza Walking Moai Club @ Magic Island</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🏛️ New Hope Church Service [T]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:15 🚌 Shopping: Errand Run (2 Miles)</div><div>1:30 🧠 Plaza Life Circuit 1 Exercise [A]</div><div>2:00 🎬 Matinee Movie: "Halloween Town" (1998) D+ [T]</div><div>3:00 🎲 Bingo [A]</div><div>6:30 🎵 Music Variety Hour [T]</div></div>	<div><div>Dress Day: Superheroes/Villains/Plaza Shirts</div><div>National Jack- O- Lantern Day</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🧠 Craft: Curly Paper Pumpkin [A]</div><div>12:00 Medical Transportation</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 ↔ Walking Club Around the Plaza</div><div>3:00 🎲 Pokeno [A]</div><div>3:00 🏐 UH VOLLEYBALL: US DAVIS [T]</div><div>7:00 🎬 Movie Night: "Hocus Pocus" (1993) D+ [T]</div></div>	<div><div>Dress Day: Halloween Costumes</div><div>Happy Halloween!</div><div>8:30 ↔ Morning Exercise [HT]</div><div>9:00 🌟 Plaza Life Circuit 2 Exercise [A]</div><div>9:30 ↔ Virtual Exercise: "Rise and Shine" [T]</div><div>10:00 🏑 Halloween Celebration (Come Dressed up) [A]</div><div>1:00 ↔ Virtual Exercise: Barre with Resistance Bands [T]</div><div>1:30 ↔ Afternoon Stretch [A]</div><div>2:00 🧠 Diamond Art & Crochet/ Paper Leis [A]</div><div>3:00 🎲 Bingo [A]</div><div>6:30 ↔ Friday Night Fight Club (Tai Chi Practice) [T]</div></div>	<div><div>Location Keys</div><div>Activity Room A</div><div>Hoku Terrace HT</div><div>Theater T</div></div>