## October 2023 The Plaza at Punchbowl Activity Calendar Wednesday Saturday Sunday Monday Tuesday Thursdav Friday National Golf Lover's Day World Smile Day-First Friday in October Happy Birthday, Audrey Okada! **National Homemade Cookies National Smarties Day** National Do Something Nice Happy Birthday, Betsy Nakamura! 8:30 🖨 Shopping Trip: Day Day 9:00 ← Exercise [T] National Eat Fruit At Work Dav-9:00 **↔** Exercise [T] First Tuesday in October Walmart 9:00 **↔** Exercise [T] 9:00 **↔** Exericse [T] **National Chocolate Covered** 10:00 🕶 Exercise [T] 9:30 Sunday Devotion with Pastor (Ke'eaumoku) [L] 10:00 •• Exercise [T] 10:00 •• Exercise [T] Pretzel Day 1:15 \( \text{Customer Service Survey Raffle} \) 9:00 **↔** Exercise [T] Wyman & Liz Au [LR] 9:00 **↔** Exercise [T] 1:15 Tai Chi with Ken [T] 1:15 | Halloween Cookie Decorating 9:00 **↔** Exercise [T] 10:00 Exercise [T] 10:00 🖨 Scenic Bus Ride: Windward Side 1:45 🖨 Scenic Bus Ride: Chinatown [L] 10:00 🕶 Exercise [T] 1:45 🖨 Holo Holo Club: Ululani's Shave 10:00 • Exercise [T] 1:30 **Popcorn Day!** [T] 2:30 🛊 BINGO [T] 10:00 A Shopping Trip: Walmart Ice [L] 2:30 🚖 BINGO [T] 1:30 ★ The Price Is Right with Christ 1:45 Movie: Hell Fighters (1968 ( 1:30 👺 Hanafuda [TLR] (Ke'eaumoku) [L] 7:00 Friday Night at The Movies: John Wayne and Katherine 2:30 ద BINGO [T] Embassy of Hawaii [T] 1:45 A Shopping Trip: Kahala Mall [L] 1:15 Hymn Sing Along with Ruth [T] Wizard of Oz (1939(starring 2:45 🖈 BINGO [T] Ross) [TLR] 2:30 🛊 BINGO [T] 2:30 **\( \text{BINGO} \)** Judy Garland) [TLR] 2:00 A Hanafuda [TLR] Happy Birthday, Alan Kakuda! Columbus Day- Second Monday **National Handbag Day** National Sausage Pizza Day Happy Birthday, William Wong! **National Train Your Brain Day** National Dessert Day in October **National Fluffernutter Day** 9:00 **↔** Exercise [T] 9:00 Excursion: Waimanalo **National Farmer's Day** 9:00 **↔** Exericse [T] 9:00 **↔** Exercise [T] 9:00 5 Silent Disco with Farms [L] 9:00 **↔** Exercise [T] 10:00 Exercise [T] 10:00 🕶 Exercise [T] 10:00 Exercise [T] 9:00 **↔** Exercise [T] Alexis [T] 1:30 **Popcorn Day!** [T] 9:00 • Exercise [T] 1:15 **Alzheimer's Walk Fundraising** 1:30 Zumba with Annette [R] 9:30 & Sunday Devotion with Pastor 10:00 • Exercise [T] Wyman & Liz Au [LR] 10:00 🕶 Exercise [T] Raffle with Root Beer Floats [T] 2:00 \* Resident Council [T] 10:00 **↔** Exercise [T] 1:15 Tai Chi with Ken [T] 2:30 Bingo 1:30 Sing Along with Roy Hamada 1:15 # Hymn Sing Along with Ruth [T] 10:00 💂 Scenic Bus Ride: Ewa Beach [L] 1:45 🖨 Scenic Bus Ride: Magic Island 2:30 🕁 BINGO [T] 1:45 🖨 Scenic Bus Ride: Waikiki [L] 7:00 Friday Night at The Movies: 10:15 • Exercise [T] 2:30 🕁 BINGO [T] 2:30 🖈 Bingo [T] **Dracula the Original** 1:30 👺 Hanafuda [TLR] 2:30 🛊 BINGO [T] (1939(starring Bella Lugosi & 1:45 A Shopping Trip: Manoa Longs & **Dwight Fryer) [TLR]** Safeway [L] 2:30 **\( \text{BINGO} \)** Happy Birthday, Diane Mosley! **National Sports Day Pasta Day** Happy Birthday, Hisako Happy Birthday, Jean Nagaei! **National Chicken & Waffles Day** National Pumpkin Cheesecake Shigematsu! **National I love Lucy Day** 9:00 ← Exercise [T] 9:00 **↔** Exercise [T] National Seafood Bisque Day 9:00 **↔** Exericse [T] **/** Day **National Chocolate Cupcake Day** 9:00 **↔** Exercise [T] 10:00 **↔** Exercise [T] 10:00 **↔** Exercise [T] 10:00 **↔** Exercise [T] 9:00 **↔** Exercise [T] 9:00 **↔** Exercise [T] 10:00 •• Exercise [T] 1:45 🖨 Scenic Bus Ride: H-3 [L] 1:30 **Popcorn Day!** [T] 8:30 A Shopping Trip: Don Quijote [L] 2:30 **\( \text{BINGO} \)** 9:30 Sunday Devotion with Pastor 10:00 Exercise [T] Wyman & Liz Au [LR] 1:45 Movie: Frankenstein the 7:00 Friday Night at The Movies: 12:00 🛨 Saturday Football: Hawaii vs. 2:30 🛊 BINGO [T] 9:00 **↔** Exercise [T] 1:15 Tai Chi with Ken [TLR] **New Mexico [TLR]** 10:00 A Scenic Bus Ride: Pearl City [L] Original (1931(starring Boris 10:00 A Shopping Trip: Don Quijote [L] 1:45 🖨 Scenic Bus Ride: Kahala [L] Wolfman the Original (1941(Lon Karlof & Dwight Fryer) [TLR] Chaney Jr. & Bella Lugosi) [TLR] 1:30 <a> Karaoke with Jukebox Singers</a> 10:15 **↔** Exercise [T] 10:00 Sing Along with Sandy & Gordon 2:30 **\( \text{BINGO} \)** 2:00 👺 Hanafuda [L] [T] 1:30 👺 Hanafuda [TLR] 1:15 Hymn Sing Along with Ruth [T] 1:45 A Shopping Trip: Pali Longs [L] 2:30 🛊 BINGO [T] 2:30 A BINGO [T] **MARVEL MONDAY DRESS UP** DEPARTMENT COSTUME DISNEY DRESS UP DAY TWINNING TUESDAY DRESS UP **WACKY HAIR WEDNESDAY** Happy Birthday, May **National Color Day** Happy Birthday, May Hamaguchi & Harry Goto! DRESS UP 9:00 **↔** Exercise [T] 9:00 **↔** Exercise [T] 9:00 **↔** Exercise [T] 8:30 A Shopping Trip: Happy Birthday, Ethel Kitagawa **ORANGE AND BLACK DRESS** 9:00 **↔** Exercise [T] & Brian Chun! 9:30 Sunday Devotion with 10:00 Exercise [T] 10:00 Exercise [T] Walmart (Ke'eaumoku) [L] Pastor Wyman & Liz Au [LR] 1:15 **Pumpkin Carving and** 1:15 + Tai Chi with Ken [R] **UP DAY** 9:00 •• Exercise [T] 1:30 **Popcorn Day!** [T] 10:00 🖨 Scenic Bus Ride: Kailua [L] Decorating [T] 9:00 **↔** Exercise [T] 1:45 Movie: Mummy the Original 1:45 🖨 Bank Run [L] 9:00 **↔** Exericse [T] 10:00 Exercise [T] 10:00 Exercise [T] 10:15 **↔** Exercise [T] 1:45 A Scenic Bus Ride: Kaimuki [L] (1932(starring Boris Karlof & 2:30 🛨 BINGO [T] Birthday Bash with Dean Hirata 1:15 Activity: Halloween Wreath [T] 1:30 🎇 Hanafuda [TLR] 2:45 🖈 BINGO [T] Zita Johann) [TLR] 11:30 \* Kau Kau Club: King Chinese 2:45 🖈 BINGO [T] (1340 Kapiolani Blvd.) [L] 1:45 🖨 Shopping Trip: Manoa Longs & 2:00 👺 Hanafuda [L] 2:30 **\( \text{BINGO} \)** 6:00 ★ Saturday Football: Hawaii vs. 1:15 Hymn Sing Along with Ruth [T] 7:00 Friday Night at The Movies: Safeway [L] San Jose State [TLR] Hatari (1962(starring John 2:30 🛊 BINGO [T] 2:30 ద BINGO [T] Wayne & Red Buttons) [TLR] HALLOWEEN MOVIE CHARACTERS **HALLOWEEN ACCESSORIES HALLOWEEN COSTUME DRESS** DRESS UP DAY **DRESS UP DAY** UP DAY Happy Birthday, Doreen Shimabuku 9:00 **↔** Exercise [T] Happy Birthday, Miyoko & Vivienne Sandilands! 10:30 ★ Kama'aina Kids Halloween **Location Keys** Yamamoto! All activities are 9:00 **↔** Exercise [T] Performance [R] 9:00 **↔** Exercise [T] 3rd Floor Dining Room 9:30 & Sunday Devotion with Pastor Wyma 1:30 \* Halloween Celebration! [R] 10:00 🕶 Exercise [T] **TLR** 3rd Floor Living Room & Liz Au [LR] subject to 1:45 A Scenic Bus Ride: Ho'omaluhia 10:00 Ride: Wahiawa [L] Living Room LR Gardens [L] 10:15 **↔** Exercise [T] Lobby change. 2:30 🖈 BINGO 1:30 👺 Hanafuda [TLR] Recreation Room 1:45 A Shopping Trip: Pali Longs [L] 2:30 ద BINGO [T]