



November 2023
Halia Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div>Oi kai ka lau e hana I ola honua " Live your life while the sun is still shining."</div>			<div><div>National Cinnamon Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 <i>Scenic Ride</i> 10:00 🏐 Balloon Volleyball 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 🎲 Bingo 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Cinnamon Leaf Air Freshner 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Deviled Egg Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:00 🧩 Group Activity: Puzzles, Word Search 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Deviled Paper Eggs 2:45 🕒 Best Friend Hour 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Jersey Friday</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Popsicle Stick Jerseys 2:45 🕒 Best Friend Hour 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Candy Day</div><div>7:30 🦋 Alzheimer's Memory Walk 7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 Scenic Ride 10:00 🧩 Group Activity: Painting, Brain Games 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Tissue Paper Candy 2:45 🕒 Best Friend Hour 3:30 🚶 Afternoon Strolls 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>
<div><div>DAYLIGHT SAVING TIME BEGINS</div><div>National Donut Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 🦋 Music Therapy 1:30 🚲 <i>Scenic Ride</i> 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Thanksgiving Decor 1:45 📺 Musical Movie 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i></div></div>	<div><div>National Nachos Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:00 🦋 Crafts with Shyla 10:15 🧩 <i>Pet Visits</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Sherry Zak Chair Yoga 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - Toilet Paper Roll Turkey 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>ELECTION DAY</div><div>National Bittersweet Chocolate w/ Almonds Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 <i>Scenic Ride</i> 10:00 🏐 Balloon Volleyball 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Sherry Zak Chair Yoga 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - Mock Election 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Cappuccino Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 <i>Scenic Ride</i> 10:00 🏐 Balloon Volleyball 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 🎲 Bingo 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Coffee Cup Decor & Paper Cappacino 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Louisiana Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:00 🧩 Group Activity: Puzzles, Word Search 10:15 🎵 <i>Musical and Movement with Joslyn</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Fleur de lis / Frog Craft 2:30 🎵 <i>Musical Performance: Coffee and Me</i> 2:45 🕒 Best Friend Hour 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Forget - me -Not Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:15 🎵 <i>Musical Performance: Hang the Dutchman</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - Remember Wall 2:45 🕒 Best Friend Hour 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Day</div><div>VETERANS DAY</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 Scenic Ride 10:00 🧩 Group Activity: Painting, Brain Games 10:15 🎵 <i>Musical Performance: Cousin Fred G</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - Flag Craft 1:45 🦋 Fabulous Nails & Social Circle 2:00 🎵 <i>LDS Musical Performance</i> 2:45 🕒 Best Friend Hour 3:30 🚶 Afternoon Strolls 4:00 BR <i>Water & Bathroom Break</i></div></div>
<div><div>National Pizza w/ the Works except Anchovies Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 🦋 Music Therapy 1:30 🚲 <i>Scenic Ride</i> 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - Prep Turkey Heads 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i></div></div>	<div><div>National World Kindess Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:00 🦋 Crafts with Shyla 10:15 🎵 <i>Musical Performance: Randy Nunez</i> 10:15 🧩 <i>Pet Visits</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Sherry Zak Chair Yoga 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - Golden Leaf Ideas 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Family PJ Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:30 🎵 <i>Jon Koki Musical Performance</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Sherry Zak Chair Yoga 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National America Recycles Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 <i>Scenic Ride</i> 10:00 🏐 Balloon Volleyball 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 🎲 Bingo 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Can Tab Keychain Craft 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Button Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:00 🧩 Group Activity: Puzzles, Word Search 10:15 🎵 <i>Silent Disco</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - 16 Button Craft 2:45 🕒 Best Friend Hour 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Baklava Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:15 🎵 <i>Musical Performance: Uta Kai Japanese Sing-a-long</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - Tissue Paper treats 2:45 🕒 Best Friend Hour 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>Mickey Mouse Birthday Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 Scenic Ride 10:00 🧩 Group Activity: Painting, Brain Games 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station -Mickey Ear Decorate 2:45 🕒 Best Friend Hour 3:30 🚶 Afternoon Strolls 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>
<div><div>National Cabonated Beverage w/ Caffeine Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 🦋 Music Therapy 1:30 🚲 <i>Scenic Ride</i> 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - 1:45 📺 Musical Movie 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i></div></div>	<div><div>National Peanut Butter Fudge Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:00 🦋 Crafts with Shyla 10:15 🧩 <i>Pet Visits</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Sherry Zak Chair Yoga 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - Thanksgiving BINGO 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Gingerbread Cookie Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 <i>Scenic Ride</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Sherry Zak Chair Yoga 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Pineapple Turkey Construction 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Jukebox Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 <i>Scenic Ride</i> 10:00 🏐 Balloon Volleyball 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 🎲 Bingo 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - DIY Jukebox 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down 6:30 🎵 <i>Anchor's Church Kanakapila</i></div></div>	<div><div>HAPPY THANKSGIVING!</div><div>National Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 <i>Scenic Ride</i> 10:00 🧩 Group Activity: Puzzles, Word Search 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Turkey Hands Cornucopia 2:45 🕒 Best Friend Hour 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>Maize Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Pipe Cleaner Corn Ears 2:45 🕒 Best Friend Hour 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Parfait Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 Scenic Ride 10:00 🧩 Group Activity: Painting, Brain Games 10:15 🎵 <i>Musical Performance: Cousin Fred G</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Build A Parfait 1:45 🧩 Fabulous Nails & Social Circle 2:45 🕒 Best Friend Hour 3:30 🚶 Afternoon Strolls 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>
<div><div>National Cake Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 🦋 Music Therapy 1:30 🚲 <i>Scenic Ride</i> 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Xmas Stocking Preparation 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i></div></div>	<div><div>National Barvarian Pie Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:00 🦋 Crafts with Shyla 10:15 🧩 <i>Pet Visits</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Sherry Zak Chair Yoga 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Day of Giving</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:30 🎵 <i>Musical Performance: Roy Hamada</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Sherry Zak Chair Yoga 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station - Christmas Tree 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Electronic Greetings Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 9:30 🚲 <i>Scenic Ride</i> 10:00 🏐 Balloon Volleyball 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 🎲 Bingo 1:30 BR <i>Water & Bathroom Break</i> 1:45 🦋 Butterfly Station 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down</div></div>	<div><div>National Mason Jar Day</div><div>7:30 🍴 <i>Breakfast</i> 9:00 ❤️ Morning Exercise / Talk Story 9:30 🚶 Morning Guided Walks 10:00 🧩 Group Activity: Puzzles, Word Search 10:15 🎵 <i>Musical Performance Dean Hirata</i> 11:15 BR <i>Prepare for Lunch</i> 11:30 🍴 <i>Lunch</i> 1:00 ❤️ Plaza Exercise 1:30 BR <i>Water & Bathroom Break</i> 1:45 🌟 Butterfly Station - 2:45 🕒 Best Friend Hour 4:00 BR <i>Water & Bathroom Break</i> 4:30 🍴 <i>Dinner</i> 5:30 🌟 Evening Cool Down 6:30 🦋 Alzheimer Caregiver Support Group</div></div>	<div><div>Activities are subject to change.</div><div></div></div>	