November 2023 Halia Calendar	3			Shell C		created cogely
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Oi kai ka lau e hana I ola honua " Live your life while the sun is still shining."		National Cinnamon Day 7:30 ¶ Breakfast 9:00 Morning Exercise / Talk Story 9:30 © Morning Guided Walks 9:30 © Scenic Ride 10:00 Balloon Volleyball 11:15 IP repare for Lunch 11:30 ¶ Lunch 1:30 IS Water & Bathroom Break 1:45 Butterfly Station - Cinnamon Leaf Air Free 4:30 ¶ Dinner 5:30 © Evening Cool Down	National Deviled Egg Day 2 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 10:00 ♥ Group Activity: Puzzles, Word Search 11:15 BP Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Plaza Exercise 1:30 BW Water & Bathroom Break	National Jersey Friday 3 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 11:15 ₺ ₽ Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Plaza Exercise 1:30 ₺ ₩ Lunch 1:00 ♥ Plaza Exercise 1:30 ₺ ₩ Water & Bathroom Break 1:45 ♥ Butterfly Station - Popsicle Stick Jerseys 2:45 ♥ Best Friend Hour 4:00 ₺ ₩ Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down	,
DAYLIGHT SAVING TIME BEGINS National Donut Day 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 10:30 ➡ Live Stream: New Hope Video Service (Media Room) 11:15 E3 Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Music Therapy 1:30 ➡ Scenic Ride 1:30 E3 Water & Bathroom Break 1:45 ♥ Musical Movie 4:00 E3 Water & Bathroom Break 4:30 ♥ Dinner		ELECTION DAY National Bittersweet Chocolate w/ Almonds Day 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 11:15 EB Prepare for Lunch 11:30 ♥ Lunch 1:30 ♥ Lunch 1:00 ♥ Sherry Zak Chair Yoga 1:30 EB Water & Bathroom Break 1:45 ◊ Butterfly Station - Mock Election 4:00 EB Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down	National Cappuccino Day 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 9:30 ♥ Scenic Ride 10:00 ♥ Balloon Volleyball 11:15 ER Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Bingo 1:30 EW Vater & Bathroom Break 1:45 ♥ Butterfly Station - Coffee Cup Decor & P Cappacino 4:00 EW Water & Bathroom Break 4:30 ♥ Dinner 5:30 ♀ Evening Cool Down	2:30 ☐ Musical Performance: Coffee and Me 2:45 Best Friend Hour 4:00 R Water & Bathroom Break 4:30 ☐ Dinner 5:30 C Evening Cool Down	National Forget - me -Not Day 7:30 ₩ Breakfast 100 9:00 ♥ Morning Exercise / Talk Story 9:30 ₽ Morning Guided Walks 10:15 ♪ Musical Performance: Hang the Dutchman 11:15 IP Prepare for Lunch 11:30 ₩ Lunch 100 ♥ Plaza Exercise 1:30 IN Water & Bathroom Break 1:45 ♀ Best Friend Hour 4:30 ₩ Dinner 5:30 ♀ Evening Cool Down	National Day VETERANS DAY 11 7:30 ♥ Breakfast 100 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 9:30 ♥ Scenic Ride 100 ♥ Group Activity: Painting, Brain Games 115 ₱ Musical Performance: Cousin Fred G 11:15 ₱ Prepare for Lunch 1:30 ♥ Lunch 1:30 ♥ Lunch 1:30 ♥ Lunch 1:30 ♥ Lunch 1:45 ♥ Bathroom Break 1:45 ♥ Butterfly Station - Flag Craft 1:45 ♥ Fabulous Nails & Social Circle 2:45 ♥ Best Friend Hour 3:30 ♥ Afternoon Strolls 4:00 @ Water & Bathroom Break 1:30 ♥ Dest Friend Hour
National Pizza w/ the Works except Anchovies Day 122 7:30 ♥ Breakfast 9:00 ● Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 10:30 ● Live Stream: New Hope Video Service (Media Room) 11:15 ER Prepare for Lunch 11:30 ♥ Lunch 11:30 ♥ Lunch 1:30 ♥ Steric Ride 1:30 ₩ Lunch 1:30 ₩ Steric Ride 1:30 ER Water & Bathroom Break 1:45 ◊ Butterfly Station - Prep Turkey Heads 4:00 ER Water & Bathroom Break 4:30 ♥ Dinner	National World Kindess Day 7:30 ¶ Breakfast 13 9:00 € Morning Exercise / Talk Story 9:30 \$ Morning Guided Walks 10:00 © Crafts with Shyla 10:15 ☐ Musical Performance: Randy Nunez 10:15 \$ Pet Visits 11:15 ER Prepare for Lunch 11:30 ¶ Lunch 10:00 € Sherry Zak Chair Yoga 1:30 ER Water & Bathroom Break 1:45 © Butterfly Station - Golden Leaf Ideas 4:30 ¶ Dinner 5:30 © Evening Cool Down 1:30 © Normal State	National Family PJ Day 7:30 ¶ Breakfast 14 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 10:30 ₱ Jon Koki Musical Performance 11:15 ER Prepare for Lunch 11:30 ¶ Lunch 10:00 ♥ Sherry Zak Chair Yoga 1:30 ER Water & Bathroom Break 1:45 ◊ Butterfly Station - 4:30 ¶ Dinner 5:30 ◊ Evening Cool Down	National America Recycles Day 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 9:30 ♥ Scenic Ride 10:00 ♥ Balloon Volleyball 11:15 ♥ Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Bingo 1:30 ♥ Mater & Bathroom Break 1:45 ♥ Butterfly Station - Can Tab Keychait 4:00 ♥ Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down	National Button Day 7:30 ♥ Breakfast 16 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 10:00 ♥ Group Activity: Puzzles, Word Search 10:15 ₣ Silent Disco 11:15 ₺ Prepare for Lunch 11:30 ♥ Lunch 11:30 ♥ Lunch 1:00 ♥ Plaza Exercise 1:30 ₺ Water & Bathroom Break 1:45 ♥ Butterfly Station - 16 Button Craft 2:45 ♥ Best Friend Hour 4:00 ₺ Water & Bathroom Break 4:30 ₺ Water & Bathroom Break 5:30 ◊ Evening Cool Down	National Baklava Day 7:30 ♥ Breakfast 177 9:00 ♥ Morning Exercise / Talk Story 9:30 \$ Morning Guided Walks 10:15 10:15 ♪ Musical Performance: Uta Kai Japanese Sing-a long 11:15 ER Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Plaza Exercise 1:30 ER Water & Bathroom Break 1:45 ◊ Butterfly Station - Tissue Paper treats 2:45 ● Best Friend Hour 4:00 ER Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down	Mickey Mouse Birthday Day 7:30 Y Breakfast 9:00 Morning Exercise / Talk Story 9:30 Morning Guided Walks 9:30 Scenic Ride 10:00 Scenic Ride 10:00 Group Activity: Painting, Brain Games 11:15 Prepare for Lunch 11:30 P Plaza Exercise 1:30 P Vater & Bathroom Break 1:45 Butterfly Station -Mickey Ear Decorate 2:45 Best Friend Hour 3:30 Afternoon Strolls 4:00 W Water & Bathroom Break 4:30 M Dinner 5:30 Evening Cool Down
National Cabonated Beverage w/ Caffeine Day 1 C 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 10:30 ● Live Stream: New Hope Video Service (Media Room) 11:15 ER Prepare for Lunch 11:30 ♥ Lunch 1:30 ● Scenic Ride 1:30 ER Water & Bathroom Break 1:45 ♥ Butterfly Station - 1:45 ♥ Musical Movie 4:00 ER Water & Bathroom Break 4:30 ♥ Dinner	National Peanut Butter Fudge Day 200 7:30 ♥ Breakfast 200 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 10:00 ♥ Crafts with Shyla 10:15 ♥ Pet Visits 11:15 ₺ Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Sherry Zak Chair Yoga 1:30 ₺ Water & Bathroom Break 1:45 ◊ Butterfly Station - Thanksgiving BINGO 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down 5:30 ◊ Evening Cool Down	 7:30 [₩] Breakfast 9:00 [€] Morning Exercise / Talk Story 9:30 ^{\$} Morning Guided Walks 11:15 ^{EB} Prepare for Lunch 11:30 [₩] Lunch 1:00 [€] Sherry Zak Chair Yoga 1:30 ^{EB} Water & Bathroom Break 1:45 [®] Butterfly Station - Pineapple Turkey Construction 4:00 ^{EB} Water & Bathroom Break 4:30 [₩] Dinner 5:30 [§] Evening Cool Down 	National Jukebox Day 7:30 ¶ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 9:30 ♥ Scenic Ride 10:00 ♥ Balloon Volleyball 11:15 ₽ Prepare for Lunch 11:30 ¶ Lunch 1:00 ♥ Bingo 1:30 ¶ Water & Bathroom Break 1:45 ♥ Lutterfly Station - DIY Jukebox 4:30 ¶ Dinner 5:30 ♀ Evening Cool Down 6:30 ¶ Anchor's Church Kanakapila	HAPPY THANKSGIVING! National Day 23 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 10:00 ♥ Group Activity: Puzzles, Word Search 11:15 BP prepare for Lunch 11:30 ♥ Lunch 11:30 ♥ Lunch 1:00 ♥ Plaza Exercise 1:30 BW Water & Bathroom Break 1:45 ♥ Butterfly Station - Turkey Hands Cornucopia 2:45 ♥ Best Friend Hour 4:00 BW Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down	Maize Day 7:30 ₩ Breakfast 224 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 11:15 ₺ ₽ Prepare for Lunch 11:30 ₩ Lunch 1:00 ♥ Plaza Exercise 1:30 ₺ ₩ Lunch 1:00 ♥ Plaza Exercise 1:30 ₺ ₩ Lunch 1:45 ♥ Butterfly Station - Pipe Cleaner Corn Ears 2:45 ♥ Best Friend Hour 4:00 ₺ ₩ Water & Bathroom Break 4:30 ₩ Dinner 5:30 ◊ Evening Cool Down 100 ₽ №	National Parfait Day 7:30 ¶ Breakfast 255 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 9:30 ♥ Scenic Ride 10:00 ♥ Group Activity: Painting, Brain Games 10:15 / Musical Performance: Cousin Fred G 11:15 ♥ Prepare for Lunch 11:30 ♥ Lunch 1:30 ♥ Blaza Exercise 1:30 ♥ Varex & Bathroom Break 1:45 ♦ Butterfly Station - Build A Parfait 1:45 ♦ Butterfly Station - Build A Parfait 1:45 ♥ Butterfly Station - Build A Parfait 1:45 ♥ Butterfly Station - Build A Parfait 1:45 ♥ Butterfly Station - Build A Parfait 1:45 ♥ Butterfly Station - Build A Parfait 1:45 ♥ Butterfly Station - Build A Parfait 1:45 ♥ Butterfly Station - Build A Parfait 1:40 ♥ Water & Bathroom Break 4:30 ♥ Dinner 3:30 ♥ Afternoon Strolls 4:30 ♥ Dinner 5:30 ♥ Evening Cool Down 5:30 ♥ Evening Cool Down
National Cake Day 7:30 ♥ Breakfast 26 9:00 ♥ Morning Exercise / Talk Story 9:30 \$ Morning Guided Walks 26 9:00 ♥ Morning Guided Walks 10:30 ₽ Live Stream: New Hope Video Service (Media Room) 11:15 ₱ Prepare for Lunch 11:30 ♥ Lunch 1:30 ♥ Music Therapy 1:30 ♥ Senic Ride 1:30 ₱ Senic Ride 1:30 ₱ Stater & Bathroom Break 1:45 ♥ Butterfly Station - Xmas Stocking Preparation 4:30 ♥ Dinner	National Barvarian Pie Day 27 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 10:00 ♥ Crafts with Shyla 10:15 ♥ Pet Visits 11:15 ₺ Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Sherry Zak Chair Yoga 1:30 ₺ Water & Bathroom Break 1:45 ◊ Butterfly Station - 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down	National Day of Giving 28 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 9:30 ♥ Morning Guided Walks 10:30 ♪ Musical Performance: Roy Hamada 11:15 BP Prepare for Lunch 11:30 ♥ Lunch 1:30 ♥ Sherry Zak Chair Yoga 1:30 BW Water & Bathroom Break 1:45 ♥ Butterfly Station - Christmas Tree 4:00 BW Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down	National Electronic Greetings Day 7:30 ♥ Breakfast 9:00 ♥ Morning Exercise / Talk Story 9:30 ♥ Morning Guided Walks 9:30 ♥ Scenic Ride 10:00 ♥ Balloon Volleyball 11:15 ₺₽ Prepare for Lunch 11:30 ♥ Lunch 1:00 ♥ Bingo 1:30 ₺₽ Water & Bathroom Break 1:45 ♥ Butterfly Station 4:00 ₺₽ Water & Bathroom Break 4:30 ♥ Dinner 5:30 ◊ Evening Cool Down	National Mason Jar Day 7:30 ¶ Breakfast 300 9:00 ♥ Morning Exercise / Talk Story 9:30 € Morning Guided Walks 300 10:00 營 Group Activity: Puzzles, Word Search 10:15 J Musical Performance Dean Hirata 11:15 JB Prepare for Lunch 11:30 ¶ Lunch 1:00 ♥ Plaza Exercise 1:30 W Water & Bathroom Break 1:45 ♥ Butterfly Station - 2:45 ♥ Best Friend Hour 4:00 JB Water & Bathroom Break 4:30 ♥ Dinner 5:30 ♥ Evening Cool Down 6:30 ₱ Alzheimer Caregiver Support Group	Activities are subject to change.	**************************************

