

# May 2026


## The Plaza at Punchbowl's Hali'a Activity Calendar

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

**May cont'd** 31

**NATIONAL UTAH DAY**

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL UTAH DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise : Creative Hands Time  
 10:40 🎉 Celebrating the Moment: NATIONAL UTAH DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🙏 **Church Service with Pastor Carl & Pastor Steve**  
 1:30 🌟 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Picture Pair Memory Game  
 2:30 🔄 Recreating the Classroom Experience : Crossword



**HALI'A**  
Memory Care



"Look deep into nature and you will understand everything better"  
 — Albert Einstein

**May Day**

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: May Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Lei Day Bingo  
 10:40 🎉 Celebrating the Moment: May Day Lei Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🎉 **Best Friends Social( Happy Hour with Staff)**  
 2:00 🎉 **Community Spirit / Doing for Others: "Golden Voices Karaoke" with Staff**  
 2:30 🔄 Recreating the Classroom Experience: Sunshine Time ( courtyard walk )  
 3:00 ↔ Hokey Pokey Movement Time  
 3:30 🎮 In the Home: Velvet Nail Lounge  
 3:50 † Melody Moments "Hymn Sing Along"

**National Space Day** 1

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: National Space Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Lei Day Bingo  
 10:40 🎉 Celebrating the Moment: Space Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🌟 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Ball Toss & Counting Game  
 2:30 🔄 Recreating the Classroom Experience: Outdoor Stroll Courtyard Walk  
 3:00 ↔ In the home : Picture Pair Match  
 3:30 ↔ Hokey Pokey Movement Time  
 3:50 † Melody Moments "Hymn Sing Along"

**World Migratory Bird Day** 2

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: World Migratory Bird Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Finish the Phrase  
 10:40 🎉 Celebrating the Moment: World Migratory Bird Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🌟 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Ball Toss & Counting Game  
 2:30 🔄 Recreating the Classroom Experience: Outdoor Stroll Courtyard Walk  
 3:00 ↔ In the home : Picture Pair Match  
 3:30 ↔ Hokey Pokey Movement Time  
 3:50 † Melody Moments "Hymn Sing Along"

**National Public Radio** 3

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: National Public Radio  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise : Creative Hands Time  
 10:40 🎉 Celebrating the Moment: Public Radio  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🙏 **Church Service with Pastor Carl & Pastor Steve**  
 1:30 🌟 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Picture Pair Memory Game  
 2:30 🔄 Recreating the Classroom Experience : Crossword Challenge Animal  
 3:00 ↔ Hokey Pokey Movement Time  
 3:30 🎮 Game and Things to Do Together: Brain Teaser

**Bird Day** 4

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: Island Bird  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Animal Friends Bingo  
 10:40 🎉 Celebrating the Moment: Bird Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🎮 "This or That" Choice Game  
 2:00 🎮 Games and Things to Do Together: Circle Ball Game  
 2:30 🔄 Recreating the Classroom Experience: Alphabet Game & Counting Challenge  
 3:00 🎲 In the Home: Critter Collage Adventure  
 3:30 🎮 Criss-Cross Clues  
 3:50 † Melody Moments "Hymn Sing Along"

**CINCO DE MAYO** 5

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: CINCO DE MAYO  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Head up game words  
 10:40 🎉 Celebrating the Moment: CINCO DE MAYO  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🗺️ **Road Trip Across the States: Washington, D.C.**  
 2:00 🔄 **Recreating the Classroom Experience: Leahi Park**  
 3:00 🎮 Games and Things to Do Together: Guess the Sound  
 3:30 🎮 In the Home: Aroma Hand Massage  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**NATIONAL NURSES DAY** 6

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL NURSES DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Origami Easy Fold Art Time  
 10:40 🎉 Celebrating the Moment: NURSES DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🗺️ **Road Trip Across the States: Virginia**  
 2:00 🔄 **Recreating the Classroom Experience: Creative Table**  
 2:30 🎮 Games and Things to Do Together: Guess the Sound  
 3:00 🎮 Bird Watching & Sunshine Time  
 3:30 🎮 In the Home: Gentle Touch Aroma massage  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**PACKAGING DESIGN DAY** 7

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: PACKAGING DESIGN DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Flashback Puzzle  
 10:40 🎉 Celebrating the Moment: PACKAGING DESIGN DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Colorful Scarf Dance  
 2:00 🔄 **Recreating the Classroom Experience : Trivia Brain Teasers**  
 2:30 🎮 Game and Things to Do Together: Scarves & Songs Hour  
 3:30 🎮 In the Home: Matching the Numbers & Words  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**Furry Dance Day** 8

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: Furry Dance Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Candy Bingo  
 10:40 🎉 Celebrating the Moment: Furry Dance Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🎉 **Best Friends Social( Happy Hour with Staff)**  
 2:00 🎉 **Community Spirit / Doing for Others: "Golden Voices Karaoke" with Staff**  
 2:30 🔄 **Recreating the Classroom Experience: Sunshine Time ( courtyard walk )**  
 3:00 ↔ Hokey Pokey Movement Time  
 3:30 🎮 In the Home: Velvet Nail Lounge  
 3:50 † Melody Moments "Hymn Sing Along"

**Chocolate Chip Day** 15

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: Chocolate Chip Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 **Morning Surprise: Sing Along with Golden & Sandy**  
 10:40 🎉 Celebrating the Moment: Chocolate Chip  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🎉 **Best Friends Social( Happy Hour with Staff)**  
 2:00 🎉 **Community Spirit / Doing for Others: "Golden Voices Karaoke" with Staff**  
 2:30 🔄 **Recreating the Classroom Experience: Sunshine Time ( courtyard walk )**  
 3:00 ↔ Hokey Pokey Movement Time  
 3:30 🎮 In the Home: Velvet Nail Lounge  
 3:50 † Melody Moments "Hymn Sing Along"

**MOTHER'S DAY** 10

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: MOTHER'S DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise : Creative Hands Time  
 10:40 🎉 Celebrating the Moment: MOTHER'S DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🌟 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Picture Pair Memory Game  
 2:30 🔄 **Recreating the Classroom Experience : Crossword Challenge Animal**  
 3:00 ↔ Hokey Pokey Movement Time  
 3:30 🎮 Game and Things to Do Together: Brain Teaser Hour(Crossword)

**NATIONAL TRAIN DAY** 11

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL TRAIN DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Animal Friends Bingo  
 10:40 🎉 Celebrating the Moment: NATIONAL TRAIN DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🎮 "This or That" Choice Game  
 2:00 🎮 Games and Things to Do Together: Circle Ball Game  
 2:30 🔄 **Recreating the Classroom Experience: Alphabet Game & Counting Challenge**  
 3:00 🎲 In the Home: Critter Collage Adventure  
 3:30 🎮 Criss-Cross Clues  
 3:50 † Melody Moments "Hymn Sing Along"

**NATIONAL NUTTY FUDGE DAY** 12

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL NUTTY FUDGE DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Head up game words  
 10:40 🎉 Celebrating the Moment: NUTTY FUDGE DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🗺️ **Road Trip Across the States: California**  
 2:00 🎮 **Recreating the Classroom Experience: Sunshine Time: Peaceful Bird Watching Under Blue Skies**  
 3:00 🎮 Games and Things to Do Together: Guess the Sound  
 3:30 🎮 In the Home: Aroma Hand Massage  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**NATIONAL FRUIT COCKTAIL DAY** 13

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL FRUIT COCKTAIL DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Origami Easy Fold Art Time  
 10:40 🎉 Celebrating the Moment: FRUIT COCKTAIL DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🗺️ **Road Trip Across the States: Hawaii**  
 2:00 🔄 **Recreating the Classroom Experience: Creative Table**  
 2:30 🎮 Games and Things to Do Together: Guess the Sound  
 3:00 🎮 Bird Watching & Sunshine Time  
 3:30 🎮 In the Home: Gentle Touch Aroma massage  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**NATIONAL BUTTERMILK BISCUIT DAY** 14

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL BUTTERMILK BISCUIT DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 **Molili Hongwanji Mission with Rev Fujimoto.**  
 10:40 🎉 Celebrating the Moment: BUTTERMILK BISCUIT DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Colorful Scarf Dance  
 2:00 🔄 **Recreating the Classroom Experience : Trivia Brain Teasers**  
 2:30 🎮 Game and Things to Do Together: Scarves & Songs Hour  
 3:30 🎮 In the Home: Matching the Numbers & Words  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**NATIONAL IDAHO DAY** 16

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL IDAHO DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Finish the Phrase  
 10:00 ↔ **Nā Kūpuna by the Sea Yoga**  
 10:40 🎉 Celebrating the Moment: NATIONAL IDAHO DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ **Plaza Life Fitness: Zumba with Annette**  
 1:30 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Ball Toss & Counting Game  
 2:30 🔄 **Recreating the Classroom Experience: Outdoor Stroll Courtyard Walk**  
 3:00 ↔ In the home : Picture Pair Match  
 3:30 ↔ Hokey Pokey Movement Time  
 3:50 † Melody Moments "Hymn Sing Along"

**Armed Forces Day** 17

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: Armed Forces Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise : Creative Hands Time  
 10:40 🎉 Celebrating the Moment: Armed Forces Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🙏 **Church Service with Pastor Carl & Pastor Steve**  
 1:30 🌟 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Picture Pair Memory Game  
 2:30 🔄 **Recreating the Classroom Experience : Crossword Challenge Animal**  
 3:00 ↔ Hokey Pokey Movement Time  
 3:30 🎮 Game and Things to Do Together: Brain Teaser

**NATIONAL CHEESE SOUFFLE DAY** 18

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL CHEESE SOUFFLE DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Animal Friends Bingo  
 10:30 ↔ **Zumba with Dale**  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🎮 "This or That" Choice Game  
 2:00 🎮 Games and Things to Do Together: Circle Ball Game  
 2:30 🔄 **Recreating the Classroom Experience: Alphabet Game & Counting Challenge**  
 3:00 🎲 In the Home: Critter Collage Adventure  
 3:30 🎮 Criss-Cross Clues  
 3:50 † Melody Moments "Hymn Sing Along"

**National Endangered Species Day** 19

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: National Endangered Species Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Head up game words  
 10:40 🎉 Celebrating the Moment: National Endangered Species Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🗺️ **Road Trip Across the States: Washington State**  
 2:00 🎮 **Recreating the Classroom Experience: Sunshine Time: Peaceful Bird Watching Under Blue Skies**  
 3:00 🎮 Games and Things to Do Together: Guess the Sound  
 3:30 🎮 In the Home: Aroma Hand Massage  
 3:50 † Melody Moments "Hymn Sing Along"

**National Red Sneakers Day** 20

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: National Red Sneakers Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Origami Easy Fold Art Time  
 10:40 🎉 Celebrating the Moment: National Red Sneakers Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🗺️ **Road Trip Across the States: Maryland**  
 2:00 🔄 **Recreating the Classroom Experience: Creative Table**  
 2:30 🎮 Games and Things to Do Together: Guess the Sound  
 3:00 🎮 Bird Watching & Sunshine Time  
 3:30 🎮 In the Home: Gentle Touch Aroma massage  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**National Strawberries and Cream Day** 21

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: National Strawberries and Cream Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Flashback Puzzle  
 10:40 🎉 Celebrating the Moment: Strawberries and Cream Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Colorful Scarf Dance  
 2:00 🔄 **Recreating the Classroom Experience : Trivia Brain Teasers**  
 2:30 🎮 Game and Things to Do Together: Scarves & Songs Hour  
 3:30 🎮 In the Home: Matching the Numbers & Words  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**NATIONAL ROAD TRIP DAY** 22

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL ROAD TRIP DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Lei Day Bingo  
 10:40 🎉 Celebrating the Moment: ROAD TRIP DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🎉 **Best Friends Social( Happy Hour with Staff)**  
 2:00 🎉 **Community Spirit / Doing for Others: "Golden Voices Karaoke" with Staff**  
 2:30 🔄 **Recreating the Classroom Experience: Sunshine Time ( courtyard walk )**  
 3:00 ↔ Hokey Pokey Movement Time  
 3:30 🎮 In the Home: Velvet Nail Lounge  
 3:50 † Melody Moments "Hymn Sing Along"

**National Lucky Penny Day** 23

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: National Lucky Penny Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 **Nā Kūpuna by the Sea Yoga**  
 10:40 🎉 Celebrating the Moment: Lucky Penny Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ **Zumba dance with Annette**  
 1:30 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Ball Toss & Counting Game  
 2:30 🔄 **Recreating the Classroom Experience: Outdoor Stroll Courtyard Walk**  
 3:00 ↔ In the home : Picture Pair Match  
 3:30 ↔ Hokey Pokey Movement Time  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**National Scavenger Hunt Day** 24

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: National Scavenger Hunt Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise : Creative Hands Time  
 10:40 🎉 Celebrating the Moment: Scavenger Hunt Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🙏 **Church Service with Pastor Carl & Pastor Steve**  
 1:30 🌟 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Picture Pair Memory Game  
 2:30 🔄 **Recreating the Classroom Experience : Crossword Challenge Animal**  
 3:00 ↔ Hokey Pokey Movement Time  
 3:30 🎮 Game and Things to Do Together: Brain Teaser

**National Towel Day** 25

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: National Towel Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 ↔ **Morning Surprise: Zumba with Dale**  
 10:40 🎉 Celebrating the Moment: National Towel Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🎮 "This or That" Choice Game  
 2:00 🎮 Games and Things to Do Together: Circle Ball Game  
 2:30 🔄 **Recreating the Classroom Experience: Alphabet Game & Counting Challenge**  
 3:00 🎲 In the Home: Critter Collage Adventure  
 3:30 🎮 Criss-Cross Clues  
 3:50 † Melody Moments "Hymn Sing Along"

**National Paper Airplane Day** 26

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: National Paper Airplane Day  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Head up game words  
 10:40 🎉 Celebrating the Moment: National Paper Airplane Day  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🗺️ **Road Trip Across the States: Montana**  
 2:00 🔄 **Recreating the Classroom Experience: Waikiki**  
 3:00 🎮 Games and Things to Do Together: Guess the Sound  
 3:30 🎮 In the Home: Aroma Hand Massage  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**NATIONAL GRAPE DAY** 27

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL GRAPE DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Origami Easy Fold Art Time  
 10:40 🎉 Celebrating the Moment: GRAPE DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🗺️ **Road Trip Across the States: Colorado**  
 2:00 🔄 **Recreating the Classroom Experience: China Town**  
 2:30 🎮 Games and Things to Do Together: Guess the Sound  
 3:00 🎮 Bird Watching & Sunshine Time  
 3:30 🎮 In the Home: Gentle Touch Aroma massage  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**NATIONAL SENIOR HEALTH & FITNESS DAY** 28

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL SENIOR HEALTH & FITNESS DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Flashback Puzzle  
 10:40 🎉 Celebrating the Moment: NATIONAL SENIOR HEALTH & FITNESS DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Colorful Scarf Dance  
 2:00 🔄 **Recreating the Classroom Experience : Trivia Brain Teasers**  
 2:30 🎮 Game and Things to Do Together: Scarves & Songs Hour  
 3:30 🎮 In the Home: Matching the Numbers & Words  
 3:50 † Melody Moments "Hymn Sing Along"

**NATIONAL PAPERCLIP DAY** 29

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL PAPERCLIP DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Lei Day Bingo  
 10:40 🎉 Celebrating the Moment: NATIONAL PAPERCLIP DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 🎉 **Best Friends Social( Happy Hour with Staff)**  
 2:00 🎉 **Community Spirit / Doing for Others: "Golden Voices Karaoke" with Staff**  
 2:30 ↔ **Recreating the Classroom Experience: Zumba with Dale**  
 3:00 ↔ Hokey Pokey Movement Time  
 3:30 🎮 In the Home: Velvet Nail Lounge  
 3:50 † Melody Moments "Hymn Sing Along"  
 4:00 🍽️ What's the Dinner?

**NATIONAL CREATIVITY DAY** 30

8:50 † Morning Greeting & Morning Prayer  
 9:00 📺 News and Views: NATIONAL CREATIVITY DAY  
 9:15 🌟 **Plaza Life Fitness: Hali'a Resistance Training Circuit**  
 9:40 🌟 Hydration  
 10:00 🎲 Morning Surprise: Finish the Phrase  
 10:00 ↔ **Nā Kūpuna by the Sea Yoga**  
 10:40 🎉 Celebrating the Moment: CREATIVITY DAY  
 11:30 🍽️ What's for Lunch?  
 1:00 ↔ Plaza Life Fitness: Gentle Chair Stretch & Range of Motion  
 1:30 Hydration & Snack  
 1:40 🎮 Games and Things to Do Together: Ball Toss & Counting Game  
 2:30 🔄 **Recreating the Classroom Experience: Outdoor Stroll Courtyard Walk**  
 3:00 ↔ In the home : Picture Pair Match  
 3:30 ↔ Hokey Pokey Movement Time

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