

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>May cont'd 31</p> <p>Dress Day: Colorful Shirts</p> <p>National Colorful Day</p> <p>8:15 🏠 Church Runs 8:30 ↔ Morning Exercise [HT] 9:00 ↔ Virtual Exercise: "Rise and Shine" [T] 9:30 ↔ Morning Exercise II [A] 10:00 🎨 Painting with Gordon 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎵 Matinee Music Hour [T] 2:00 🚶 Walking Club Around the Plaza 3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A] 7:00 🎬 Movie Night: "The Swedish Connection" (2026) N [T]</p>	<p>Monday</p> <p></p> <p>Dress Day: Star Wars Shirts</p> <p>National Star Wars Day</p> <p>8:30 ↔ Morning Exercise [HT] 8:30 🏠 Plaza Walking Moai Club @ Magic Island 9:00 ↔ Virtual Exercise: "Rise and Shine" [T] 9:30 ↔ Morning Exercise II [A] 9:45 🏠 Sightseeing 10:00 📖 Bible Studies with the Kingdom of God and May Kealoha [A] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Errand Run (2 Mile radius) 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Series/Documentary: "Chief of War- Ep 1" (2025) Apple TV [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Light Classical Music Hour [T]</p>	<p>Tuesday</p> <p>Cinco de Mayo Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎁 Craft: Paper Purses [A] 12:00 🚚 Medical Transportation 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Series/Documentary: "Chief of War" Ep 2 (2025) Apple TV [T] 2:00 🎲 Table Games: Hana Fuda, Mah Jong, Scrabble, Etc. [A] 3:00 🎲 Pokeno [A] 6:30 🎵 Hawaiian Music Hour [T]</p>	<p>Wednesday</p> <p>National Bubble Day</p> <p>8:30 ↔ Morning Exercise [HT] 8:30 🏠 Plaza Walking Moai Club @ Magic Island 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🏠 New Hope Church Service [T] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Don Quijote & Walmart 1:30 ↔ Strength, Balance and Tone with Daniel 2:00 📺 Series/Documentary: "Chief of War- Ep 3" (2025) Apple TV [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Music Variety Hour [T]</p>	<p>Thursday</p> <p>National Musical Masters Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎮 Trivia [A] 12:00 🚚 Medical Transportation 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Documentary: "This is French Polynesia - where traditions rise from the ocean - Youtube [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Pokeno [A] 7:00 🎬 Movie Night: "Moana" (2016) D+ [T]</p>	<p>Friday</p> <p>Dress Day: Aloha Attire</p> <p>May Day is Lei Day!</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎵 Music with Dean Hirata [A] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎨 Diamond Art & Crochet/Paper Leis [A] 2:00 📺 Tech Help with Jeremy [A] 3:00 🎲 Bingo [A] 6:30 🎵 Kamehameha Song Contest [T]</p>	<p>Saturday</p> <p>National Free Comic Book Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎮 Trivia [T] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎵 Kanikapila [T] 3:00 🎲 Bingo [A] 7:00 🎬 Movie Night: "Hunt for the Wilderpeople" (2016) Apple TV [T]</p>
<p>3</p> <p>National World Laughter Day</p> <p>8:15 🏠 Church Runs 8:30 ↔ Morning Exercise [HT] 9:00 ↔ Virtual Exercise: "Rise and Shine" [T] 9:30 ↔ Morning Exercise II [A] 10:00 📖 Writing Letters to our Friends in Halia [A] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Longs (1 hour) 1:30 ↔ Afternoon Stretch [A] 2:00 🎵 Matinee Music Hour [T] 2:00 🚶 Walking Club Around the Plaza 3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A] 7:00 🎬 Movie Night: "The Fundamentals of Caring" (2016) N [T]</p>	<p>4</p> <p>National Hostess CupCake Day</p> <p>8:30 ↔ Morning Exercise [HT] 8:30 🏠 Plaza Walking Moai Club @ Magic Island 9:00 ↔ Virtual Exercise: "Rise and Shine" [T] 9:30 ↔ Morning Exercise II [A] 9:45 🏠 Sightseeing 10:00 📖 Plaza Voyages to Polynesia: Cooking Demo- la Ota (Poisson Cru) with Meagan [A] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Errand Run (2 Mile Radius) 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Series/Documentary: "Chief of War" Ep 4 (2025) Apple TV [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Light Classical Music Hour [T]</p>	<p>5</p> <p>National Asian Pacific American Heritage Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Tai Chi with Toshimi [T] 10:00 🏠 Grab a Snack! [A] 10:15 🗳️ Resident Council Meeting [A] 12:00 🚚 Medical Transportation 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎲 Table Games: Hana Fuda, Mah Jong, Scrabble, Etc. [A] 3:00 🎲 Pokeno [A] 6:30 🎵 Hawaiian Music Hour [T]</p>	<p>6</p> <p>National First Formula 1 Race Day</p> <p>8:30 ↔ Morning Exercise [HT] 8:30 🏠 Plaza Walking Moai Club @ Magic Island 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🏠 New Hope Church Service [T] 10:45 🏠 Kau Kau Cafe: Highway Inn 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Longs & Savers (1 hour) 1:30 🌺 Plaza Life Circuit 1 Exercise [A] 2:00 🎵 Matinee Movie: "Schumacher" (2021) N [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Music Variety Hour [T]</p>	<p>7</p> <p>WAAC Formation Anniversary</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎮 Jeopardy [A] 12:00 🚚 Medical Transportation 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Series/Documentary: "Chief of War" Ep 5 (2025) Apple TV [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Pokeno [A] 7:00 🎬 Movie Night: "Battleship" (2012) Apple TV [T]</p>	<p>8</p> <p>National Endangered Species Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🏠 Plaza Voyages to Polynesia: Presentation about Lauhala [A] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎨 Diamond Art & Crochet/Paper Leis [A] 2:00 📺 Tech Help with Jeremy [A] 3:00 🎲 Bingo [A] 6:30 ↔ Friday Night Fight Club (Tai Chi Practice) [T]</p>	<p>9</p> <p>National Peter Pan Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎨 Cooking Demo with Jeremy [A] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎵 Kanikapila [T] 3:00 🎲 Bingo [A] 7:00 🎬 Movie Night: "Remarkably Bright Creatures" (2026) N [T]</p>
<p>10</p> <p>Dress Day: Plaza Shirts</p> <p>Happy Mother's Day</p> <p>8:15 🏠 Church Runs 8:30 ↔ Morning Exercise [HT] 9:00 ↔ Virtual Exercise: "Rise and Shine" [T] 9:30 ↔ Morning Exercise II [A] 10:00 🎨 Craft: Making Big Flower Pins [A] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎵 Matinee Music Hour [T] 2:00 🚶 Walking Club Around the Plaza 3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A] 7:00 🎬 Movie Night: "Mrs. Doubtfire" (1993) N [T]</p>	<p>11</p> <p>National Backyard Games Day</p> <p>8:30 ↔ Morning Exercise [HT] 8:30 🏠 Plaza Walking Moai Club @ Magic Island 9:00 ↔ Virtual Exercise: "Rise and Shine" [T] 9:30 ↔ Morning Exercise II [A] 9:45 🏠 Sightseeing 10:00 📖 Plaza Voyages to Polynesia [HT] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Savers & Longs (1 hour) 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Series/Documentary: "Chief of War" Ep 6 (2025) Apple TV [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Light Classical Music Hour [T]</p>	<p>12</p> <p>National Ice Cream in the House Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎁 Craft: Aloha Greeting Cards [A] 12:00 🚚 Medical Transportation 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Series/Documentary: "Chief of War" Ep 7 (2025) Apple TV [T] 2:00 🎲 Table Games: Hana Fuda, Mah Jong, Scrabble, Etc. [A] 3:00 🎲 Pokeno [A] 6:30 🎵 Hawaiian Music Hour [T]</p>	<p>13</p> <p>Dress Day: Plaza Shirts</p> <p>National Juice Slush Day</p> <p>8:30 ↔ Morning Exercise [HT] 8:30 🏠 Plaza Walking Moai Club @ Magic Island 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🏠 New Hope Church Service [T] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Manoa Marketplace (1 hour) 1:30 ↔ Strength, Balance and Tone with Daniel 2:00 🎵 Matinee Movie: "Gone with the Wind" (1939) HBO [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Music Variety Hour [T]</p>	<p>14</p> <p>National Eat More Fruits and Vegetables Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎨 Cooking Demo with Jeremy [A] 12:00 🚚 Medical Transportation 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Series/Documentary: "Chief of War" Ep 8 (2025) Apple TV [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Pokeno [A] 7:00 🎬 Movie Night: "Marty Supreme" (2025) HBO [T]</p>	<p>15</p> <p>Dress Day: Any Shirt but a Plaza Shirt</p> <p>National Vanilla Pudding Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🏠 Special Presentation from Malama Honua Polynesian Voyaging Society [T] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎨 Diamond Art & Crochet/Paper Leis [B] 2:00 📺 Tech Help with Jeremy [B] 3:15 🎲 Bingo [A] 6:30 ↔ Friday Night Fight Club (Tai Chi Practice) [T]</p>	<p>16</p> <p>National Horseshoe Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎵 Performance by Waialae Sings [L] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎵 Kanikapila [T] 3:00 🎲 Bingo [A] 7:00 🎬 Movie Night: "Tina" (2025) Angel Streaming App [T]</p>
<p>17</p> <p>National Great Lakes Exploration Day</p> <p>8:15 🏠 Church Runs 8:30 ↔ Morning Exercise [HT] 9:00 ↔ Virtual Exercise: "Rise and Shine" [T] 9:30 ↔ Morning Exercise II [A] 10:00 🎨 Painting with Gordon 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Longs (1 hour) 1:30 ↔ Afternoon Stretch [A] 2:00 🎵 Matinee Music Hour [T] 2:00 🚶 Walking Club Around the Plaza 3:00 🎲 Table Games: Scrabble, Hana Fuda, or Mah Jong Game [L] 7:00 🎬 Movie Night: "Eleanor the Great" (2025) N [T]</p>	<p>18</p> <p>National Spelling Bee Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 9:45 🏠 Sightseeing 10:00 📖 Plaza Voyages to Polynesia [HT] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Savers & Longs (1 hour) 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Series/Documentary: "Chief of War" Ep 9 (2025) Apple TV [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Light Classical Music Hour [T]</p>	<p>19</p> <p>National Spelling Bee Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Tai Chi with Toshimi [A] 12:00 🚚 Medical Transportation 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎬 Matinee Short Film: "Kükini" (2025) Youtube [T] 2:00 🎲 Table Games: Hana Fuda, Mah Jong, Scrabble, Etc. [A] 3:00 🎲 Pokeno [A] 6:30 🎵 Hawaiian Music Hour [T]</p>	<p>20</p> <p>National Senior Health and Fitness Day</p> <p>8:30 ↔ Morning Exercise [HT] 8:30 🏠 Plaza Walking Moai Club @ Magic Island 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🏠 New Hope Church Service [T] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Don Quijote & Walmart 1:30 🌺 Plaza Life Circuit 1 Exercise [A] 2:00 🎵 Matinee Movie: "Godfather" (1972) Pluto Tv [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Music Variety Hour [T]</p>	<p>21</p> <p>National Go For A Drive Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎨 Cooking Demo with Jeremy [A] 12:00 🚚 Medical Transportation 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Documentary: O Hawai'i: Of Hawai'i from Settlement to Kingdom- Youtube- PBS Hawai'i Presents [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Pokeno [A] 7:00 🎬 Movie Night: "The Devil Wears Prada" (2006) HBO [T]</p>	<p>22</p> <p>Dress Day: Any Shirt but a Plaza Shirt</p> <p>National Vanilla Pudding Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🏠 Special Presentation from Malama Honua Polynesian Voyaging Society [T] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎨 Diamond Art & Crochet/Paper Leis [B] 2:00 📺 Tech Help with Jeremy [B] 3:15 🎲 Bingo [A] 6:30 ↔ Friday Night Fight Club (Tai Chi Practice) [T]</p>	<p>23</p> <p>National Lucky Penny Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎲 50/50 Trivia [T] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎵 Kanikapila [T] 3:00 🎲 Bingo [A] 7:00 🎬 Movie Night: "Whale Rider" (2002) Apple TV [T]</p>
<p>24</p> <p>First Baseball Night Game Played Anniversary</p> <p>8:15 🏠 Church Runs 8:30 ↔ Morning Exercise [HT] 9:00 ↔ Virtual Exercise: "Rise and Shine" [T] 9:30 ↔ Morning Exercise II [A] 10:00 🎨 Diamond Art Club [A] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Longs (1 hour) 1:30 ↔ Afternoon Stretch [A] 2:00 🎵 Matinee Music Hour [T] 2:00 🚶 Walking Club Around the Plaza 3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A] 7:00 🎬 Movie Night: "Angels in the Outfield" (1994) D+ [T]</p>	<p>25</p> <p>Dress Day: Red, White, & Blue Memorial Day</p> <p>8:30 ↔ Morning Exercise [HT] 8:30 🏠 Plaza Walking Moai Club @ Magic Island 9:00 ↔ Virtual Exercise: "Rise and Shine" [T] 9:30 ↔ Morning Exercise II [A] 9:45 🏠 Sightseeing 10:00 📖 Writing Letters to our Halia Friends [A] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Kahala Mall (1 hour) 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Series/Documentary: "Chief of War" Ep 9 (2025) Apple TV [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Light Classical Music Hour [T]</p>	<p>26</p> <p>National Spelling Bee Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Tai Chi with Toshimi [A] 12:00 🚚 Medical Transportation 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎬 Matinee Short Film: "Kükini" (2025) Youtube [T] 2:00 🎲 Table Games: Hana Fuda, Mah Jong, Scrabble, Etc. [A] 3:00 🎲 Pokeno [A] 6:30 🎵 Hawaiian Music Hour [T]</p>	<p>27</p> <p>National Senior Health and Fitness Day</p> <p>8:30 ↔ Morning Exercise [HT] 8:30 🏠 Plaza Walking Moai Club @ Magic Island 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🏠 New Hope Church Service [T] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:15 🏠 Shopping: Don Quijote & Walmart 1:30 🌺 Plaza Life Circuit 1 Exercise [A] 2:00 🎵 Matinee Movie: "Godfather" (1972) Pluto Tv [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Music Variety Hour [T]</p>	<p>28</p> <p>National Go For A Drive Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎨 Cooking Demo with Jeremy [A] 12:00 🚚 Medical Transportation 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 📺 Documentary: O Hawai'i: Of Hawai'i from Settlement to Kingdom- Youtube- PBS Hawai'i Presents [T] 2:00 ↔ Walking Club Around the Plaza 3:00 🎲 Pokeno [A] 7:00 🎬 Movie Night: "The Devil Wears Prada" (2006) HBO [T]</p>	<p>29</p> <p>National Paper Clip Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎨 May Birthday Celebrations! [A] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎨 Diamond Art & Crochet/Paper Leis [A] 2:00 📺 Tech Help with Jeremy [A] 3:00 🎲 Bingo [A] 6:30 ↔ Friday Night Fight Club (Tai Chi Practice) [T]</p>	<p>30</p> <p>Dress Day: Plaza Shirts</p> <p>National Creativity Day</p> <p>8:30 ↔ Morning Exercise [HT] 9:00 🌺 Plaza Life Circuit 2 Exercise [A] 9:30 ↔ Virtual Exercise: "Rise and Shine" [T] 10:00 🎨 Crafting with Friends [T] 12:35 ↔ Fight Club (Tai Chi Balance) [T] 1:00 ↔ Virtual Exercise: Barre with Resistance Bands [A] 1:30 ↔ Afternoon Stretch [A] 2:00 🎵 Kanikapila [T] 3:00 🎲 Bingo [A] 7:00 🎬 Movie Night: "Jobs" (2013) N [T]</p>

Continued at top