

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# MAY 2026

The Plaza at Moanalua  
Independent & Assisted Living Activity Calendar



Please wear your favorite Aloha Attire in celebration of May Day!

**MAY DAY** 1

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:00 Poi Pounding with Vana!  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Ti Leaf Lei Making Class with Chaleia!  
3:00 Nickel BINGO  
3:45 Performance: Keiki & Wahine Hula

**AAPI HERITAGE MONTH** 2

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Tech & Talk with Memory!  
2:00 Think Tank Trivia with Memory!  
3:00 Game: UNO No Mercy!  
4:00 Brain Gym: Unscramble

**LEMONADE DAY** 3

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Game: UNO No Mercy!  
2:00 Crochet with Kelsie!  
3:30 Game: Mahjong  
4:00 Trivia Crack!

**GOLF DAY** 4

9:00 Seated Strength A [O]  
9:30 Seated Strength A [O]  
10:15 Resistance Training A [Green]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Lucky Tile Mondays!  
3:00 Nickel BINGO  
3:45 Game: UNO!

**CINCO DE MAYO** 5

9:00 Seated Strength B [O]  
9:30 Seated Strength B [O]  
10:15 Resistance Training A [Purple]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Game: UNO No Mercy!  
2:00 1,000 Flowers Project with April!  
3:30 Trivia Crack!  
4:00 Brain Gym: Word Search

**NURSES DAY** 6

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:15 Resistance Training B [Green]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Gentlemen's Club with Tony! [T]  
1:00 "For Others" Club with April!  
3:00 Nickle BINGO  
4:00 Brain Gym: Unscramble

**COSMOPOLITAN DAY** 7

9:00 Seated Strength A [O]  
9:30 Seated Strength A [O]  
10:15 Resistance Training B [Purple]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Trivia Crack!  
1:30 Sketch Class with Lester!  
3:00 Game: Mahjong  
4:00 Brain Gym: Word Search

**HAVE A COKE DAY** 8

9:00 Seated Strength B [O]  
9:30 Seated Strength B [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 DANCE-A-THON with Activities  
3:00 Nickel BINGO  
4:00 Brain Gym: Crosswords

**EUROPE DAY** 9

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Tech & Talk with Memory!  
2:00 Think Tank Trivia with Memory!  
3:00 Game: UNO No Mercy!  
4:00 Brain Gym: Unscramble

**MOTHERS DAY** 10

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Game: UNO No Mercy!  
2:00 Gorgeous Grams Hour  
3:30 Game: Mahjong  
4:00 Trivia Crack!

**STATIONERY DAY** 11

9:00 Seated Strength A [O]  
9:30 Seated Strength A [O]  
10:00 COMMUNION [T]  
10:15 Resistance Training A [Green]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Lucky Tile Mondays!  
3:00 Nickel BINGO  
3:45 Game: UNO!

**LIMERICK DAY** 12

9:00 Seated Strength B [O]  
9:30 Seated Strength B [O]  
10:15 Resistance Training A [Purple]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Game: UNO No Mercy!  
2:00 1,000 Flowers Project with April!  
3:30 Trivia Crack!  
4:00 Brain Gym: Word Search

**APPLE PIE DAY** 13

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
5:00 PERFORMANCE: Brandon Onishi  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Gentlemen's Club with Tony! [T]  
1:00 "For Others" Club with April!  
3:00 Nickle BINGO  
4:00 Brain Gym: Unscramble

**CHIHUAHUA APPRECIATION** 14

9:00 Seated Strength A [O]  
9:30 Seated Strength A [O]  
10:15 Resistance Training B [Purple]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Trivia Crack!  
1:30 Sketch Class with Lester!  
3:00 Game: Mahjong  
4:00 Brain Gym: Word Search

**CHOCOLATE CHIP DAY** 15

9:00 Seated Strength B [O]  
9:30 Seated Strength B [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Color Splash with Kelsie!  
3:00 Nickel BINGO  
4:00 Brain Gym: Crosswords

**LEARN TO SWIM DAY** 16

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Think Tank Trivia with Memory!  
2:00 BIRTHDAY BASH w/ Dean Hirata  
3:00 Game: UNO No Mercy!  
4:00 Brain Gym: Unscramble

**WORLD BAKING DAY** 17

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Game: UNO No Mercy!  
2:00 Crochet with Kelsie!  
3:30 Game: Mahjong  
4:00 Trivia Crack!

**VICTORIA DAY** 18

9:00 Seated Strength A [O]  
9:30 Seated Strength A [O]  
10:15 Resistance Training A [Green]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Lucky Tile Mondays!  
3:00 Nickel BINGO  
3:45 Game: UNO!

**FAMILY DOCTOR DAY** 19

9:00 Seated Strength B [O]  
9:30 Seated Strength B [O]  
10:00 RESIDENT COUNCIL  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Game: UNO No Mercy!  
2:00 1,000 Flowers Project with April!  
3:30 Trivia Crack!  
4:00 Brain Gym: Word Search

**WORLD BEE DAY** 20

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:15 Resistance Training B [Green]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Gentlemen's Club with Tony! [T]  
1:00 "For Others" Club with April!  
3:00 Nickle BINGO  
4:00 Brain Gym: Unscramble

**INTERNATIONAL TEA DAY** 21

9:00 Seated Strength A [O]  
9:30 Seated Strength A [O]  
10:15 Resistance Training A [Purple]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Trivia Crack!  
1:30 Sketch Class with Lester!  
3:00 Game: Mahjong  
4:00 Brain Gym: Word Search

**SHERLOCK HOLMES DAY** 22

9:00 Seated Strength B [O]  
9:30 Seated Strength B [O]  
10:15 Resistance Training B [Purple]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Color Splash with Kelsie!  
3:00 Nickel BINGO  
4:00 Brain Gym: Crosswords

**TAFFY DAY** 23

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Tech & Talk with Memory!  
2:00 SPECIAL GUEST TRIVIA!  
3:00 Game: UNO No Mercy!  
4:00 Brain Gym: Unscramble

**ESCARGOT DAY** 24

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Game: UNO No Mercy!  
2:00 Gorgeous Grams Hour  
3:30 Game: Mahjong  
4:00 Trivia Crack!

**MEMORIAL DAY** 25

9:00 Seated Strength A [O]  
9:30 Seated Strength A [O]  
10:00 CATHOLIC MASS [Theater]  
10:15 Resistance Training A [Green]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Lucky Tile Mondays!  
3:00 Nickel BINGO  
3:45 Game: UNO!

**BLUEBERRY CHEESECAKE DAY** 26

9:00 Seated Strength B [O]  
9:30 Seated Strength B [O]  
10:15 Resistance Training A [Purple]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Game: UNO No Mercy!  
2:00 1,000 Flowers Project with April!  
3:30 Trivia Crack!  
4:00 Brain Gym: Word Search

**WORLD OTTER DAY** 27

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:15 Resistance Training B [Green]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Gentlemen's Club with Tony! [T]  
1:00 "For Others" Club with April!  
3:00 Nickle BINGO  
3:30 Brain Gym: Unscramble  
5:00 FAMILY BINGO NIGHT

**BRISKET DAY** 28

9:00 Seated Strength A [O]  
9:30 Seated Strength A [O]  
10:15 Resistance Training B [Purple]  
11:00 Daily Wordle  
11:00 Independent Activities  
1:00 Trivia Crack!  
1:30 Sketch Class with Lester!  
3:00 Game: Mahjong  
4:00 Brain Gym: Word Search

**INTERNATIONAL EVEREST DAY** 29

9:00 Seated Strength B [O]  
9:30 Seated Strength B [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Color Splash with Kelsie!  
3:00 Nickel BINGO  
4:00 Brain Gym: Crosswords

**WATER A FLOWER DAY** 30

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Tech & Talk with Memory!  
2:00 Think Tank Trivia with Memory!  
3:00 Game: UNO No Mercy!  
4:00 Brain Gym: Unscramble

**MACAROON DAY** 31

9:00 Seated Strength Circuit [O]  
9:30 Seated Strength Circuit [O]  
10:00 Seated Strength Circuit [O]  
10:45 Daily Wordle  
11:00 Independent Activities  
1:00 Game: UNO No Mercy!  
2:00 Crochet with Kelsie!  
3:30 Game: Mahjong  
4:00 Trivia Crack!

**Monthly Events**

5/1	10:00 Poi Pounding with Vana!	5/11	10:00 Communion [Theater]
	1:00 Ti Leaf Lei Making Class with Chaleia	5/13	10:00 Performance: Brandon Onishi
	3:45 Performance: Keiki & Wahine Hula	5/16	2:00 Birthday Bash with Dean Hirata
5/8	1:00 Dance-a-Thon with Activities	5/19	10:00 Resident Council
5/9	9:00 Zumba with Annette!	5/23	2:00 Special Guest Trivia Game!
5/10	2:00 Gorgeous Grams Hour	5/24	2:00 Gorgeous Grams Hour
		5/25	10:00 Catholic Mass
		5/27	5:00 Family BINGO Night

**Clubs**

<b>Sundays</b>	2:00 Crochet with Kelsie
<b>Mondays</b>	1:00 Lucky Tile Mondays
<b>Tuesdays</b>	2:00 1,000 Flowers Project w/ April
<b>Wednesdays</b>	1:00 Gentlemen's Club with Tony
	"For Others" Club with April
<b>Thursdays</b>	1:30 Sketch Class with Lester
<b>Fridays</b>	1:00 Color Splash with Kelsie
<b>Saturdays</b>	1:00 Tech & Talk with Memory
	2:00 Think Tank Trivia with Memory

**Daily Activities**

8:00	Hawaii News Now [Sunroom]
9:30	Daily Catholic Mass [Theater]
11:00	Independent Walks
11:30	Trivia Crack!
11:30	Lamaku - Exercise Program
2:30	Independent Walks
5:00	Hawaii News Now [Sunroom]

**Key**

[T]	Theater
[S]	Sunroom
[O]	Exercise Team Orange
[G]	Exercise Team Green
[P]	Exercise Team Purple