

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

May cont'd 31

Dress Day: Colorful Shirts

National Colorful Day

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Matching Game and Puzzles**
11:00 **LUNCH**
12:30 **Chair Yoga with Sherry Zak Morris [A]**
1:00 **Plaza Life Walking Club**
1:15 **Sightseeing for Halia**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Matinee Music Hour [T]**
2:00 **Ring Toss to Classical Music [A]**
4:00 **DINNER**

Monday



HALI'A
Memory Care
Celebrating Cherished Memories

Tuesday

AC Activity Connection Activity


- Arts & Crafts
- Best Friends
- Book Club / Reading
- Celebrations
- Educational Classes
- Exercise / Physical Activity
- Field Trips / Outings
- Games
- Movies or Documentaries
- Music or Special Entertainment
- Pet Visit or Animal-Assisted Intervention
- Plaza Life Exercise

Wednesday

Location Keys

Activity Room
Living Room
Theater

A
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T



Thursday

National Bubble Day

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
9:45 **Sightseeing For Halia**
10:00 **Craft: Bubble Art**
10:00 **New Hope Church Service [T]**
11:00 **LUNCH**
12:00 **Recharge Hour- Mindful Coloring with Classical Music**
12:30 **Plaza Life Exercises**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Plaza Voyages to Polynesia: Making Lei**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

Friday

Dress Day: Aloha Attire

May Day is Lei Day!

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Dancersize (Low Impact) [A]**
10:00 **Music with Dean Hirata [A]**
11:00 **LUNCH**
12:30 **Mindful Stretching (Yoga, Meditation, Low Impact) [A]**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Lei Making [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

Saturday

National Free Comic Book Day Day

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **BINGO [A]**
11:00 **LUNCH**
12:30 **Plaza Life Exercises**
1:00 **Plaza Life Walking Club [A]**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Classroom Hour: Reading and Coloring Comic Strips with Superhero songs/Score**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National World Laughter Day 3

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Matching Game and Puzzles**
11:00 **LUNCH**
12:30 **Chair Yoga with Sherry Zak Morris [A]**
1:00 **Plaza Life Walking Club**
1:15 **Sightseeing for Halia**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Matinee Music Hour [T]**
2:00 **Ring Toss to Classical Music [A]**
2:30 **Plaza Sing A Long [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**

Dress Day: Star Wars Shirts

National Star Wars Day 4

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Short Film: Lego Star Wars (Disney +)**
11:00 **LUNCH**
1:00 **Plaza Life Walking Club**
1:30 **Horseshoes**
2:00 **Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A]**
2:30 **Sing A-Long**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

Cinco de Mayo Day 5

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **SONG OF THE DAY: Mariachi Band [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Hali'a Best Friend of the Month: Trivia [A]**
11:00 **LUNCH**
12:00 **Medical Transportation**
12:30 **Plaza Life Exercises**
1:00 **Walking Club Inside or Outside**
1:30 **Dancersize (Low Impact)**
2:00 **Community Bonding: Ukulele Sing-a-Long with Jeremy [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Musical Masters Day 6

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Drums are Alive!**
11:00 **LUNCH**
12:00 **Medical Transportation**
12:30 **Chair Tai Chi [A]**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Bowling [A]**
2:30 **Sing A-Long**
3:00 **What's That sound? (Instruments)**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Secret Elixir Day 7

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Hula Maidens of Manoa [L]**
11:00 **LUNCH**
12:30 **Mindful Stretching (Yoga, Meditation, Low Impact) [A]**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Scarf Juggling to Pop Music [A]**
2:00 **Sing A-Long**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Peter Pan Day 8

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **BINGO [A]**
11:00 **LUNCH**
12:30 **Plaza Life Exercises**
1:00 **Plaza Life Walking Club [A]**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Game: Name that Book to the Book Cover.**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Asian Pacific American Heritage Day 9

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **BINGO [A]**
11:00 **LUNCH**
12:30 **Plaza Life Exercises**
1:00 **Plaza Life Walking Club [A]**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Game: Name that Book to the Book Cover.**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

Dress Day: Plaza Shirts

Happy Mother's Day 10

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Matching Game and Puzzles**
11:00 **LUNCH**
12:30 **Chair Yoga with Sherry Zak Morris [A]**
1:00 **Plaza Life Walking Club**
1:15 **Sightseeing for Halia**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Matinee Music Hour [T]**
2:00 **Ring Toss to Classical Music [A]**
2:30 **Plaza Sing A Long [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**

National Hostess CupCake Day 11

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Silent Disco [A]**
11:00 **LUNCH**
1:00 **Plaza Life Walking Club**
1:30 **Horseshoes**
2:00 **Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A]**
2:30 **Sing A-Long**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National First Formula 1 Race Day 12

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **SONG OF THE DAY: Hula from Merrie Monarch [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Hali'a Best Friend of the Month: Origami [A]**
11:00 **LUNCH**
12:00 **Medical Transportation**
12:30 **Plaza Life Exercises**
1:00 **Walking Club Inside or Outside**
1:30 **Dancersize (Low Impact)**
2:00 **Community Bonding: Ukulele Sing-a-Long with Jeremy [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

WAAC Formation Anniversary 13

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Drums are Alive!**
11:00 **LUNCH**
12:00 **Medical Transportation**
12:30 **Chair Tai Chi [A]**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Bowling [A]**
2:30 **Sing A-Long**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Endangered Species Day 14

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Jeopardy [A]**
11:00 **LUNCH**
12:30 **Mindful Stretching (Yoga, Meditation, Low Impact) [A]**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Sing A Long [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Horseshoe Day 15

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **BINGO [A]**
11:00 **LUNCH**
12:30 **Plaza Life Exercises**
1:00 **Plaza Life Walking Club [A]**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Horse Shoes**
3:00 **Portuguese Horse Shoes**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Great Lakes Exploration Day 16

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Matching Game and Puzzles**
11:00 **LUNCH**
12:30 **Chair Yoga with Sherry Zak Morris [A]**
1:00 **Plaza Life Walking Club**
1:15 **Sightseeing for Halia**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Matinee Music Hour [T]**
2:00 **Ring Toss to Classical Music [A]**
2:30 **Plaza Sing A Long [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**

National Backyard Games Day 17

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Bean Bag & Can Toss**
11:00 **LUNCH**
12:30 **Chair Yoga with Sherry Zak Morris [A]**
1:00 **Plaza Life Walking Club**
1:15 **Sightseeing for Halia**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Matinee Music Hour [T]**
2:00 **Ring Toss to Classical Music [A]**
2:30 **Plaza Sing A Long [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**

National Ice Cream in the House Day 18

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **SONG OF THE DAY: Ice Cream Truck Songs [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Jeopardy!**
11:00 **LUNCH**
12:00 **Medical Transportation**
12:30 **Plaza Life Exercises**
1:00 **Walking Club Inside or Outside**
1:30 **Dancersize (Low Impact)**
2:00 **Community Bonding: Ukulele Sing-a-Long with Jeremy [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National National Juice Slush Day 19

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
9:45 **Sightseeing For Halia**
10:00 **New Hope Church Service [T]**
10:00 **Plaza Voyages to Polynesia: Game: Is it Native?**
11:00 **LUNCH**
12:00 **Recharge Hour- Mindful Coloring with Classical Music**
12:30 **Plaza Life Exercises**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Making Shapes**
2:30 **Plaza Study Hall: Plaza Booklets**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Eat More Fruits and Vegetables Day 20

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Drums are Alive!**
11:00 **LUNCH**
12:00 **Medical Transportation**
12:30 **Chair Tai Chi [A]**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Bowling [A]**
2:30 **Count your Score!**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

Dress Day: Any Shirt but a Plaza Shirt

National Vanilla Pudding Day 21

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Dancersize (Low Impact) [A]**
11:00 **LUNCH**
12:30 **Mindful Stretching (Yoga, Meditation, Low Impact) [A]**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Birthday Celebrations! [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Lucky Penny Day 22

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **BINGO [A]**
11:00 **LUNCH**
12:30 **Plaza Life Exercises**
1:00 **Plaza Life Walking Club [A]**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Plaza Study Hall: Plaza Booklets**
2:30 **Counting Money!**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Senior Health and Fitness Day 23

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
9:45 **Sightseeing For Halia**
10:00 **New Hope Church Service [T]**
10:00 **Pet Therapy with Joy Ambassador from the Hawaiian Humane Society [A]**
11:00 **LUNCH**
12:00 **Recharge Hour- Mindful Coloring with Classical Music**
12:30 **Plaza Life Exercises**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **BINGO**
2:30 **New Event Name**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

First Baseball Night Game Played Anniversary 24

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Matching Game and Puzzles**
11:00 **LUNCH**
12:30 **Chair Yoga with Sherry Zak Morris [A]**
1:00 **Plaza Life Walking Club**
1:15 **Sightseeing for Halia**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Matinee Music Hour [T]**
2:00 **Ring Toss to Classical Music [A]**
2:30 **Plaza Sing A Long [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**

National Spelling Bee Day 25

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **SONG OF THE DAY: Fly me to the Moon- Frank Sinatra [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Hali'a Best Friend of the Month: Spelling Bee [A]**
11:00 **LUNCH**
12:00 **Medical Transportation**
12:30 **Plaza Life Exercises**
1:00 **Walking Club Inside or Outside**
1:30 **Dancersize (Low Impact)**
2:00 **Community Bonding: Ukulele Sing-a-Long with Jeremy [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Go For A Drive Day 26

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
9:45 **Sightseeing For Halia**
10:00 **Dancersize (Low Impact)**
11:00 **LUNCH**
12:00 **Medical Transportation**
12:30 **Chair Tai Chi [A]**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Bowling [A]**
2:30 **Balloon Volleyball**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Paper Clip Day 27

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **Drums are Alive!**
11:00 **LUNCH**
12:00 **Medical Transportation**
12:30 **Chair Tai Chi [A]**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Sing A Long [A]**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Creativity Day 28

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
10:00 **BINGO [A]**
11:00 **LUNCH**
12:30 **Plaza Life Exercises**
1:00 **Plaza Life Walking Club [A]**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **Reading Letters from Friends**
2:30 **Writing Letters to Friends**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

National Senior Health and Fitness Day 29

7:00 **BREAKFAST**
8:15 **Circle Time: Morning Discussions [A]**
8:30 **Pledge of Allegiance/ Hawaii Pono'i**
9:00 **Plaza Life Exercises [A]**
9:30 **Walking Club (On the Floor or Outside) [A]**
9:45 **Sightseeing For Halia**
10:00 **New Hope Church Service [T]**
10:00 **Pet Therapy with Joy Ambassador from the Hawaiian Humane Society [A]**
11:00 **LUNCH**
12:00 **Recharge Hour- Mindful Coloring with Classical Music**
12:30 **Plaza Life Exercises**
1:00 **Plaza Life Walking Club**
1:30 **Tea Time in the Bistro or Hoku Terrace**
2:00 **BINGO**
2:30 **New Event Name**
3:00 **Afternoon Stretch [A]**
3:45 **Clean Up, Water & Bathroom Break**
4:00 **DINNER**
6:00 **Movie Night [A]**

Continued at top