May 2025 The Plaza at Punchb Sunday	oowls Hali'a Activity C Monday	alendar Tuesday	Wednesday	Thursday	Friday	created with CODEU Saturday
THE PLAZA at Punchbowi-	HALI'A Memory Care	"I am not afraid of storms, for I am learning how to sail my ship." — Louisa May Alcott		May Day 9:00 ↔ Morning Stretches 1 9:30 Hydration 10:30 Kickball 11:30 Kickball 11:30 Kickball 11:30 Afternoon Seated Yoga 1:30 Afternoon Courtyard Walking & Relaxation 2:30 Paint by number 3:30 Music Therapy 4:00 Dinner Dinner		NATIONAL MONTANA DAY 9:00 ♥ Chair Yoga & Mindfulness 3 9:30 Hydration 10:00 ★ Mayday Event A with Taiko Nolan Group [LR] 11:30 ※ Lunch 1:00 \$ Afternoon Walking Courtyard & Picnic 2:00 ♥ Craft: Origami ; Cute Paper Heart with Bow 2:30 ♥ Color by Number 3:00 ★ Mayday Event 2 with Dean [LR] 4:00 Dinner 5:00 ♥ Saturday Movie night
JOIN HANDS DAY 9:00 ● Chair Yoga & Mindfuless 9:30 Hydration 10:30 ☆ Brain Exercise: Extreme Dot- to - Dot 11:30 ⅔ Lunch 1:00 ※ Church Service with Pastor Carl & Pastor Steve 2:00 ⅔ Snacks & Relax 2:30 ● Afternoon Walking in Courtyard Canceled for rain 3:00 ☆ Word Bingo 4:00 Dinner	CINCO DE MAYO 9:00 ↔ Walking up Body Stretches 5 9:30 Hydration 10:00 10:00 Plaza Life Exercise Circuit 11:30 11:30 Lunch 1:00 1:00 Afternoon Exercise 1:30 1:30 Brain Exercise Crossword Clues 2:00 Matching the Numbers with Cups 3:00 Paper Craft: Color Origami 3:30 Sing and Dance 4:00 Dinner	NATIONAL NURSES DAY 9:00 Walking up Body Stretches 6 9:30 Hydration 10:00 Plaza Life Exercise Circuit 10:30 7 10:30 Image Plaza Life Exercise Circuit 10:30 Image Plaza Life Exercise Circuit 10:30 Image Plaza Life Exercise Circuit 11:30 Image Plaza Life Exercise Circuit Image Courty Game: Lyrics Image Courty and 11:30 Image Plaza Life Exercise & Walking Courtyard Image Courtyard Image Courty and 1:30 Image Tuesday Matinee Image Plaza Circuit Bus Ride: Diamond Head [L] Image Plaza Chair Dance 4:00 Dinner Image Plaza Circuit Plaza Ci	NATIONAL BARRIER AWARENESS 7 9:00 ↔ Walking up Body Stretches 9:30 Hydration 10:00 10:00 Plaza Life Exercise Circuit 10:30 Matching Memory Game: Idioms 11:30 Lunch 1:00 Afternoon exercise: Move it, Shake it 1:30 Movie Matinee & Snacks 2:00 Scenic Bus Ride: Magic Island [L] 3:30 Hydration & Aroma Hand Massage Therapy 4:00 Dinner	NATIONAL DAY OF PRAYER 9:00 Walking up Body Stretches 9:30 Hydration 10:00 ✓ Plaza Life Exercise Circuit 11:30 2 11:30 ✓ Lunch 1:30 4fternoon Stretching & Relaxation 1:30 ✓ Afternoon Relaxing & Snacks 3:00 ✓ Paint by number 3:30 ✓ Music Therapy 4:00 Dinner	NATIONAL HOME FRONT HEROES DAY 9 9:00 ↔ Walking up Body Stretches 9:30 9:30 Hydration 11:00 11:00 Bathroom Break 11:30 11:30 ↔ Lunch 1:00 ◆ Afternoon stretches 1:30 ◆ Light & Lively 2:00 拳 Afternoon Snacks and Sing along 2:30 World puzzle 3:00 ◆ Walk to Courtyard 4:00 Dinner 0	NATIONAL WASHINGTON DAY 9:30 Hydration 100 10:00 Chair Yoga & Mindfulness 100 11:00 Bathroom Break 11:30 11:30 Lunch 100 1:00 Afternoon walking Courtyard & Picnic 1:30 Afternoon walking Courtyard & Picnic 1:30 Mother's day Event with Annette Zumba 2:00 Craft: Origami ; Cute Paper Heart with Bow 2:30 Color by Number 4:00 Dinner 5:00 Saturday Movie night
MOTHER'SDAY 9:00 ♥ Chair Yoga & Mindfuless 11 9:30 Hydration 10:00 ♥ Plaza Life Exercise Circuit 10:30 ◊ Brain Exercise: Extreme Dot- to - Dot 11:00 Bathroom Break 11:30 ♥ Lunch 1:30 Afternoon Relaxation & Walking Courtyard 2:00 ♥ Snacks & Relax 2:30 ◊ Puzzle Table 3:00 ★ Mother's Day Event with Joy's Dance group 4:00 Dinner	NATIONAL NUTTY FUDGE DAY 9:00 ↔ Walking up Body Stretches 12 9:30 Hydration 10:00 Plaza Life Exercise Circuit 11:00 Bathroom Break 11:30 Eunch 11:00 Afternoon Exercise 1:30 Brain Exercise Crossword Clues 2:00 Brain Exercise : Matching the Numbers with Cups 3:00 Paper Craft: Color Origami 3:30 Sing and Dance 4:00 Dinner	NATIONAL APPLE PIE DAY 9:00 ♥ Morning Stretches & Brin exercise 13 9:00 Walking up Body Stretches 9:30 9:00 Walking up Body Stretches 9:30 9:00 Hydration 10:00 ₱ Plaza Life Exercise Circuit 10:30 Memory Game: Trivia 11:00 Bathroom Break 11:30 Lunch 1:30 Scenic Bus Ride: Tantalus [L] 3:30 Afternoon Exercise & Walking Courtyard 4:00 Dinner	DAY 9:00 ↔ Walking up Body Stretches 9:30 Hydration 10:00 Plaza Life Exercise Circuit 10:30 Matching Memory Game: Idioms 11:00 Bathroom Break 11:30 Lunch 1:00 Afternoon exercise: Move it, Shake it 1:30 Movie Matinee & Snacks 2:00 Scenic Bus Ride: Kailua [L]	BRING FLOWERS TO SOMEONE DAY 9:00 Walking up Body Stretches 15 9:30 Hydration 10:00 Plaza Life Exercise Circuit 10:30 Kickball 11:00 Bathroom Break 11:30 Lunch 1:00 Light & Lively 1:30 Afternoon Stretching & Relaxation 3:00 Paint by number 3:30 Music Therapy 4:00 Dinner	NATIONAL DO SOMETHING GOOD FOR YOUR NEIGHBOR DAY 16 9:00 ↔ Walking up Body Stretches 9:30 9:30 Hydration 11:00 11:00 Bathroom Break 11:30 11:30 Afternoon stretches 1:30 1:00 Afternoon stretches 1:30 1:30 Kickball 2:00 Xorld puzzle 3:00 Walk to Courtyard 3:30 3:30 Afternoon stretches 1:30	NATIONAL IDAHO DAY 17 9:30 Hydration 17 10:00 Chair Yoga & Mindfulness 11:00 11:00 Bathroom Break 11:30 11:30 Afternoon walking Courtyard & Picnic 1:30 1:30 Seated Zumba with Annette 2:00 2:30 Craft: Origami ; Cute Paper Heart with Bow 2:30 2:30 Color by Number 4:00 4:00 Dinner 5:00 5:00 Saturday Movie night
NATIONAL CHEESE SOUFFLE DAY 9:00 Chair Yoga & Mindfuless 18 9:30 Hydration 10:00 Plaza Life Exercise Circuit 10:30 Plaza Life Exercise Circuit 10:30 Plaza Life Exercise Circuit 10:30 Plaza Life Exercise Circuit 10:30 Plaza Life Exercise: Extreme Dot- to - Dot 11:00 Bathroom Break 11:30 Lunch 11:00 Church Service with Pastor Carl & Pastor Steve Pastor Steve 2:00 Snacks & Relax 2:30 Afternoon Walking in Courtyard 3:00 Word Bingo Dinner Dinner	NATIONAL DEVIL'S FOOD CAKE DAY 19 9:00 ↔ Walking up Body Stretches 19 9:30 Hydration 10:00 10:00 Plaza Life Exercise Circuit 11:00 Bathroom Break 11:30 11:30 Lunch 1:00 Afternoon Exercise 1:30 Brain Exercise Crossword Clues 2:00 Brain Exercise : Matching the Numbers with Cups 3:00 Paper Craft: Color Origami 3:30 Sing and Dance 4:00 Dinner	NATIONAL PICK STRAWBERRIES DAY 9:00 Walking up Body Stretches 20 9:30 Hydration 10:00 Plaza Life Exercise Circuit 10:30 10:30 Memory Game: Lyrics 11:00 Bathroom Break 11:30 Lunch 1:30 Iterstand Valking Courtyard 1:30 Hunch 1:00 Afternoon Exercise & Walking Courtyard 1:30 Tuesday Matinee 2:00 Scenic Bus Ride: H-3 [L] 3:30 Chair Dance 4:00 Dinner	NATIONAL MEMO DAY 9:00 ↔ Walking up Body Stretches 21 9:30 Hydration Hydration 21 10:00 Plaza Life Exercise Circuit 10:30 10:00 Plaza Life Exercise Circuit 10:30 10:00 Attching Memory Game: Idioms 11:30 11:30 Eunch 1:30 1:30 Atternoon exercise: Move it, Shake it 1:30 1:30 Scenic Bus Ride: Manoa [L] 3:30 3:30 Hydration & Aroma Hand Massage Therapy 4:00 Dinner	NATIONAL VANILLA PUDDING DAY 9:00 Walking up Body 222 9:30 Hydration 10:00 Plaza Life Exercise Circuit 10:30 ✓ Kickball 11:00 Bathroom Break 11:30 ✓ Lunch 1:30 Afternoon Stretching & Relaxation 2:30 ✓ Afternoon Relaxing & Snacks 3:00 Paint by number 3:30 ✓ Music Therapy 4:00 Dinner	NATIONAL TAFFY DAY 9:00 ↔ Walking up Body Stretches 23 9:30 Hydration 11:00 Bathroom Break 11:30 11:00 Afternoon stretches 1:30 Light & Lively 2:00 Afternoon Snacks and Sing along 2:30 World puzzle 3:00 Walk to Courtyard 3:30 Afternoon stretches	NATIONAL WYOMING DAY 9:00 ↔ Walking up Body Stretches 24 9:30 Hydration Hydration 24 10:00 ♥ Chair Yoga & Mindfulness 100 8 11:00 ♥ Lunch 100 ♥ Afternoon walking Courtyard & Picnic 200 ♥ Craft: Origami ; Cute Paper Heart with Bow 2:30 ♥ Color by Number 100 ₱ Saturday Movie night
NATIONAL TAP DANCE DAY 9:00 ● Chair Yoga & Mindfuless 25 9:30 Hydration 10:00 ≱ Plaza Life Exercise Circuit 10:30 ◊ Brain Exercise: Extreme Dot- to - Dot 10:30 ◊ Brain Exercise: Extreme Dot- to - Dot 11:00 Bathroom Break 11:30 ⅔ Lunch 1:30 ⅔ Lunch 1:00 參 Church Service with Pastor Carl & Pastor Steve 2:00 Snacks & Relax 2:30 ♥ Afternoon Walking in Courtyard 3:00 ◊ Word Bingo 4:00 Dinner Dinner	9:00 ↔ Walking up Body Stretches 20 9:30 Hydration 10:00 J 10:00 J Hank The Singing Dutchman [R] 11:00 Bathroom Break 11:30 % Lunch 10:00 ✓ Afternoon Exercise 1:30 ◊ Brain Exercise Crossword Clues 2:00 ◊ Brain Exercise : Matching the Numbers with Cups 3:00 % Paper Craft: Color Origami 3:30 J Sing and Dance 4:00 Dinner	MEMORIAL DAY 9:00 Walking up Body Stretches 27 9:30 Hydration 10:00 Plaza Life Exercise Circuit 10:30 10:30	NATIONAL SENIOR HEALTH & FITNESS DAY 28 9:00 ↔ Walking up Body Stretches 9:30 Hydration 10:00 10:00 Plaza Life Exercise Circuit 10:30 Matching Memory Game: Idioms 11:00 Bathroom Break 11:30 11:30 Lunch 1:00 Afternoon exercise: Move it, Shake it 1:30 Scenic Bus Ride: Aloha Tower [L] 3:30 Hydration & Aroma Hand Massage Therapy 4:00 Dinner	NATIONAL PAPERCLIP DAY 9:00 Walking up Body 29 9:30 Hydration 10:00 Plaza Life Exercise Circuit 10:30 Kickball 11:00 Bathroom Break 11:30 Kickball 23 1:30 Afternoon Stretching & Relaxation 2:30 2:30 Afternoon Relaxing & Snacks 3:00 3:30 Afternoon Relaxing & Snacks 3:00 4:00 Dinner 1:30	NATIONAL CREATIVITY DAY 30 9:00 ➡ Walking up Body Stretches 30 9:30 Hydration 11:30 Lunch 1:00 ♥ Afternoon stretches 2:00 肇 Afternoon Snacks and Sing along 2:30 World puzzle 3:00 ♥ Walk to Courtyard 3:30 ♥ Afternoon stretches 4fternoon stretches 4:00 Dinner 0	NATIONAL UTAH DAY 9:30 Hydration 31 10:00 Chair Yoga & Mindfulness 31 11:00 Bathroom Break 31 11:30 Lunch 1:00 Afternoon walking Courtyard & Picnic 2:00 Craft: Origami ; Cute Paper Heart with Bow 2:30 Color by Number 4:00 Dinner 5:00 Saturday Movie night