



May 2023

The Plaza at Punchbowl Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>May Day in Hawaii 1</div> <div>9:00 ↔ Exercise [R] 10:00 🎵 Pau Hana Glee Club [R] 1:30 🍷 Snack: Haupia 1:30 🎵 Ukulele with Lonnie [R] 1:45 🚌 Scenic Bus Ride: Waikiki [L] 2:45 ★ BINGO [R]</div>	<div>National Truffle Day 2</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:00 🍿 Popcorn Day! [R] 1:45 🎬 Movie: Top Gun Maverick [R] 2:00 Hanafuda [LB]</div>	<div>National Garden Meditation Day 3</div> <div>8:30 🚌 Shopping Trip: Walmart (Ke'eaumoku) [L] 9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:00 🚌 Shopping Trip: Walmart (Ke'eaumoku) [L] 10:30 ↔ Exercise [R] 1:00 🌱 Gardening - Seed Viewer Craft [R] 1:30 🎵 Hymn Sing Along with Ruth [R] 2:45 ★ BINGO [R]</div>	<div>National Star Wars Day 4</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:00 🌌 Hongwanji Virtual Church Service 10:30 ↔ Exercise [R] 1:30 ↔ Tai Chi with Ken [R] 1:45 🚌 Scenic Bus Ride: Punchbowl Scenic Lookout [L] 2:45 ★ BINGO [R]</div>	<div>Boys Day 5</div> <div>9:00 ↔ Exercise [R] 10:00 🎵 Sing Along with Bill Melemai [R] 1:30 🎵 Activity - Carp Streamers [R] 2:45 ★ BINGO [R] 7:00 🎬 Friday Night at The Movies: Forrest Gump - 3rd Flr [TV Room]</div>	<div>National Nurses Day 6</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 🎵 Sing Along with Bert [R] 2:45 ★ BINGO [R]</div>
<div>National Lemonade Day 7</div> <div>9:00 ↔ Exercise [R] 9:30 🌿 Church Service (Virtual) [R] 9:45 Exercise [R] 10:00 🚌 Scenic Bus Ride: Kapolei [L] 10:30 ↔ Exercise [R] 1:30 🎬 Golden Oldies Television [R] 1:30 Hanafuda [LB] 1:45 🚌 Shopping Trip: Manoa Longs & Safeway [L] 2:45 ★ BINGO [R]</div>	<div>National Have a Coke Day 8</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 🎵 Ukulele with Lonnie [R] 1:45 🚌 Scenic Bus Ride: Hawaii Kai [L] 2:45 ★ BINGO [R]</div>	<div>National Moscato Day 9</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:00 🍿 Popcorn Day! [R] 1:30 🗣️ Residents Council [R] 2:00 Hanafuda [LB] 2:15 🎬 Movie: Mission: Impossible - Rogue Nation [R]</div>	<div>National Shrimp Day 10</div> <div>8:30 🚌 Shopping Trip: Walmart (Ke'eaumoku) [L] 9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:00 🚌 Shopping Trip: Walmart (Ke'eaumoku) [L] 10:30 ↔ Exercise [R] 1:00 🧘 Afternoon Stretch [R] 1:30 🎵 Hymn Sing Along with Ruth [R] 2:45 ★ BINGO [R]</div>	<div>National Eat What You Want Day 11</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 ↔ Tai Chi with Ken [R] 1:45 🚌 Scenic Bus Ride: Kaneohe [L] 2:45 ★ BINGO [R]</div>	<div>National Nutty Fudge Day 12</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 🎵 Birthday Bash with Dean Hirata [R] 2:45 ★ BINGO [R] 7:00 🎬 Friday Night at The Movies: Hidden Figures - 3rd Flr [TV Room]</div>	<div>National Miniature Golf Day 13</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 🎵 ZUMBA WITH ANNETTE [R] 2:45 ★ BINGO [R]</div>
<div>Mother's Day 14</div> <div>9:00 ↔ Exercise [R] 9:30 🌿 Church Service (Virtual) [R] 9:45 Exercise [LB] 10:00 🚌 Scenic Bus Ride: Mililani [L] 10:30 ↔ Exercise [R] 1:30 🎬 Golden Oldies Television [R] 1:30 Hanafuda [LB] 1:45 🚌 Shopping Trip: Kahala Mall [L] 2:45 ★ BINGO [R]</div>	<div>National Chocolate Chip Day 15</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 🎵 Ukulele with Lonnie [R] 1:45 🚌 Scenic Bus Ride: Waikiki [L] 2:45 ★ BINGO [R]</div>	<div>National Do Something Good for your Neighbor Day 16</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:00 🍿 Popcorn Day! [R] 1:45 🎬 Movie: Star Trek 2009 [R] 2:00 Hanafuda [LB]</div>	<div>Happy Birthday, Janice Nakata! 17</div> <div>National Cherry Cobbler Day 8:30 🚌 Shopping Trip: Kamehameha Shopping Ctr [L] 9:00 ↔ Exercise [R] 10:00 🎵 Sing Along with Sandy & Gordon [R] 11:15 🍻 Kau Kau Club: Serg's Mexican Manoa 1:00 🌸 Cherry Blossom Craft [R] 1:30 🎵 Hymn Sing Along with Ruth [R] 2:45 ★ BINGO [R]</div>	<div>National Cheese Souffle Day 18</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 ↔ Tai Chi with Ken [R] 1:45 🚌 Scenic Bus Ride: Kailua [L] 2:45 ★ BINGO [R]</div>	<div>National Endangered Species Day 19</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 🎵 Seated Hula with Karen [R] 2:45 ★ BINGO [R] 7:00 🎬 Friday Night at The Movies: Rear Window - 3rd Flr [TV Room]</div>	<div>National Red Sneakers Day 20</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 🎵 Karaoke with Jukebox Singers [R] 2:45 BINGO [R]</div>
<div>National Strawberries and Cream Day 21</div> <div>9:00 ↔ Exercise [R] 9:30 🌿 Church Service (Virtual) [R] 9:45 Exercise [LB] 10:00 🚌 Scenic Bus Ride: Sandy Beach [L] 10:30 ↔ Exercise [R] 1:30 🎬 Golden Oldies Television [R] 1:30 Hanafuda [LB] 1:45 🚌 Shopping Trip: Manoa Longs & Safeway [L] 2:45 ★ BINGO [R]</div>	<div>Happy Birthday, George Hayakawa! 22</div> <div>National Vanilla Pudding Day 9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 🎵 Ukulele with Lonnie [R] 1:45 🚌 Scenic Bus Ride: Tantalus [L] 2:45 ★ BINGO [R]</div>	<div>National Lucky Penny Day 23</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:00 🍿 Popcorn Day! [R] 1:45 🎬 Movie: Hunt For Red October [R] 2:00 Hanafuda [LB]</div>	<div>National Scavenger Hunt Day 24</div> <div>8:30 🚌 Shopping Trip: Walmart (Ke'eaumoku) [L] 9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:00 🚌 Shopping Trip: Kamehameha Shopping Ctr [L] 10:30 ↔ Exercise [R] 1:00 🧘 Afternoon Stretch [R] 1:30 🎵 Hymn Sing Along with Ruth [R] 2:45 ★ BINGO [R]</div>	<div>National Towel Day 25</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 ↔ Tai Chi with Ken [R] 1:45 🚌 Scenic Bus Ride: Ala Moana Beach [L] 2:45 ★ BINGO [R]</div>	<div>National Paper Airplane Day 26</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 🎵 Activity - Paper Airplane Craft [R] 2:45 ★ BINGO [R] 7:00 🎬 Friday Night at The Movies: Sweet Home Alabama - 3rd Flr [TV Room]</div>	<div>Happy Birthday, Katherine Morimoto! 27</div> <div>National Grape Popsicle Day 9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 🎵 Sing Along with Bert [R] 2:45 ★ BINGO [R]</div>
<div>Happy Birthday, Harry Lee! 28</div> <div>National Hamburger Day 9:00 ↔ Exercise [R] 9:30 🌿 Church Service (Virtual) [R] 9:45 Exercise [LB] 10:00 🚌 Scenic Bus Ride: Kailua [L] 10:30 ↔ Exercise [R] 1:30 🎬 Golden Oldies Television [R] 1:30 Hanafuda [LB] 1:45 🚌 Shopping Trip: Manoa Longs & Safeway [L] 2:45 ★ BINGO [R]</div>	<div>National Memorial Day 29</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:30 🎵 Ukulele with Lonnie [R] 1:45 🚌 Scenic Bus Ride: Aiea/Pearl City [L] 2:45 ★ BINGO [R]</div>	<div>National Creativity Day 30</div> <div>9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:30 ↔ Exercise [R] 1:00 🍿 Popcorn Day! [R] 1:45 🎬 Movie: The Mummy 1999 [R] 2:00 Hanafuda [LB]</div>	<div>National Senior Health & Fitness Day 31</div> <div>8:30 🚌 Shopping Trip: Walmart (Ke'eaumoku) [L] 9:00 ↔ Exercise [R] 9:45 Exercise [R] 10:00 🚌 Shopping Trip: Walmart (Ke'eaumoku) [L] 10:30 ↔ Exercise [R] 1:00 🧘 Afternoon Stretch [R] 1:30 🎵 Hymn Sing Along with Ruth [R] 2:45 ★ BINGO [R]</div>	<div>Location Keys 3rd Floor Library Lobby Recreation Room TV Room LB L R</div>	<div><div>All activities are subject to change.</div></div>	