

# May 2022 Halia Calendar



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<b>May Day</b> <b>1</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: May Day Mele, Learn Hula 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Truffle Day</b> <b>2</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Musical Performance: 808 Ukulele Orchestra 10:15 🐾 Pet Visits 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Textile Day</b> <b>3</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Musical Performance: Jon Koki 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Balloon Volleyball 1:00 🚰 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Star Wars Day</b> <b>4</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Balloon Toss 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>Cinco de Mayo / Boy's Day</b> <b>5</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Boys Day Craft 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:00 🚰 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Nurses Day</b> <b>6</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Thank You Cards - Nurses 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie & Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Train Day</b> <b>7</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Bingo 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 3:30 🚶 Afternoon Strolls 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner
<b>Mother's Day</b> <b>8</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Mele of Mother's 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Musical Movie 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Lost Sock Day</b> <b>9</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Memory Book Prep 10:15 🐾 Pet Visits 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Shrimp Day</b> <b>10</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Piano Sing Along 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Balloon Volleyball 1:00 🚰 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Foam Day</b> <b>11</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Beach Ball Volleyball 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Nutty Fudge Day</b> <b>12</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Music and Movement with Joslyn 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:00 🚰 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Fruit Cocktail Day</b> <b>13</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Sorting Exercise 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎨 Fabulous Nails & Social Circle 2:45 🕒 Best Friends Hour 3:30 🚶 Afternoon Strolls 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Archery Day</b> <b>14</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Zumba with Annette 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎨 Fabulous Nails & Social Circle 2:45 🕒 Best Friends Hour 3:30 🚶 Afternoon Strolls 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner
<b>National Nylon Stocking Day</b> <b>15</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Fabulous Nails/Social Circle 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Mimosa Day</b> <b>16</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Memory Book Prep 10:15 🐾 Pet Visits 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Tassel Day</b> <b>17</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Musical Performance by Randy Nunes 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Balloon Volleyball 1:00 🚰 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Juice Slush Day</b> <b>18</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Sensory Box Game 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Devil's Food Cake Day</b> <b>19</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Silent Disco: Hawaii Dance Bomb 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:00 🚰 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Streaming Day</b> <b>20</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Matching Exercise 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie & Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Memo Day</b> <b>21</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Beach Ball Volleyball 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 3:30 🚶 Afternoon Strolls 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner
<b>National Vanilla Pudding Day</b> <b>22</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Sing Along 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Musical Movie 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Lucky Penny Day</b> <b>23</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Penny Memory Activity 10:15 🐾 Pet Visits 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Scavenger Hunt Day</b> <b>24</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Musical Performance: Roy Hamada 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Balloon Volleyball 1:00 🚰 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Senior Health &amp; Fitness Day</b> <b>25</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Pool Noodle Hockey 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Paper Airplane Day</b> <b>26</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Music and Movement with Joslyn 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:00 🚰 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Popsicle Day</b> <b>27</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Performance by Mauka Boyz Band 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie & Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Hamburger Day FSD</b> <b>28</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Match It 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏃 Plaza Exercise 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎨 Fabulous Nails & Social Circle 2:45 🕒 Best Friends Hour 3:30 🚶 Afternoon Strolls 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner
<b>National Paperclip Day</b> <b>29</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Social Circle / Kanakapila 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>Memorial Day</b> <b>30</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎭 Group Activity: Remembering our Hero 10:15 🐾 Pet Visits 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner	<b>National Smile Day</b> <b>31</b> 7:30 🍴 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Musical Performance Hank the Dutchman 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Balloon Volleyball 1:00 🚰 Scenic Ride 1:30 🚿 Water & Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water & Bathroom Break 4:30 🍴 Dinner				

Activities are subject to change.