

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>March cont'd 30</p> <p>Dress Day: Plaza Shirts</p> <p>National Pencil Day</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:30 Things That Start With "R" [A]</p> <p>10:00 Writing Letters to Friends</p> <p>11:00 LUNCH</p> <p>12:30 Chair Yoga with Sherry Zak Morris [A]</p> <p>1:00 Scarf Juggling</p> <p>1:00 Sightseeing: Aloha Tower</p> <p>1:00 Sightseeing: Waikiki</p> <p>2:00 Ring Toss to Classical Music [A]</p> <p>2:45 Plaza Sing A Long [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>4:00 DINNER</p> | <p>Dress Day: Bright Colors 31</p> <p>National Crayon Day</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:30 Simple Mathematics and Spelling Bee [A]</p> <p>10:00 Coloring with Crayons</p> <p>11:00 LUNCH</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:15 Horseshoes</p> <p>2:00 Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>Fat Tuesday 4</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:30 SONG OF THE DAY: "Hound Dog- Elvis" [A]</p> <p>10:00 Hali'a Best Friend of the Month: Counting Money [A]</p> <p>10:00 Special Presentation with May Kealoa on Bangladesh [T]</p> <p>11:00 LUNCH</p> <p>12:00 Medical Transportation</p> <p>1:00 Mini Pulelehua Stations [A]</p> <p>2:05 Ukulele Sing-a-Long with Jeremy [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>Ash Wednesday 5</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:30 Morning Exercise [A]</p> <p>9:15 Brain Game: 9-Square [A]</p> <p>9:45 Sightseeing: Pali</p> <p>10:00 New Hope Church Service [T]</p> <p>11:00 LUNCH</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:00 Afternoon Stroll [A]</p> <p>2:00 BINGO</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Oreo Cookie Day 6</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:30 Morning Exercise [A]</p> <p>9:15 Hangman- Cookies</p> <p>10:00 Blackjack</p> <p>11:00 LUNCH</p> <p>12:00 Medical Transportation</p> <p>12:30 Chair Tai Chi [A]</p> <p>1:00 Mini Pulelehua Stations [A]</p> <p>2:15 Bowling [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Cereal Day 7</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:15 Brain Quest 2 [A]</p> <p>10:00 Music with Dean Hirata [A]</p> <p>11:00 LUNCH</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:00 Afternoon Stroll [A]</p> <p>2:00 Plaza Sing A-Long [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Peanut Butter Lovers Day 1</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:30 Morning Exercise [A]</p> <p>9:15 Would You Rather...? And Why? [A]</p> <p>10:00 BINGO [A]</p> <p>11:00 LUNCH</p> <p>12:30 Tea Time [A]</p> <p>1:00 Lacing Cards, Jigsaw Puzzles and Table Games [A]</p> <p>2:00 Kanikapila [T]</p> <p>2:20 Sensory Stroll Outdoors [HT]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> |
| <p>National Old Stuff Day 2</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:30 Things That Start With "R" [A]</p> <p>10:00 Cut out Magazines and Coupons</p> <p>11:00 LUNCH</p> <p>12:30 Chair Yoga with Sherry Zak Morris [A]</p> <p>1:00 Sightseeing: Kalihi</p> <p>1:00 Watercolor and Classical Music</p> <p>2:00 Ring Toss to Classical Music [A]</p> <p>2:45 Plaza Sing A Long [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>Dress Day: Red or Pink 3</p> <p>Happy Girls Day</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:30 Simple Mathematics and Spelling Bee [A]</p> <p>10:00 Hank the Singing Dutchman [A]</p> <p>11:00 LUNCH</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:15 Horseshoes</p> <p>2:00 Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Girl Scout Day 12</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:15 Brain Game: 9-Square [A]</p> <p>10:00 New Hope Church Service [T]</p> <p>11:00 Pet Therapy with Wilma and Milo [A]</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:00 Afternoon Stroll [A]</p> <p>2:00 BINGO</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Popcorn Lover's Day 13</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:30 Morning Exercise [A]</p> <p>9:15 Hangman- What you put on Popcorn</p> <p>10:00 Crafts: Popcorn Boxes</p> <p>11:00 LUNCH</p> <p>12:00 Medical Transportation</p> <p>12:30 Chair Tai Chi [A]</p> <p>1:00 Mini Pulelehua Stations [A]</p> <p>2:15 Bowling [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Potato Chip Day 14</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:15 Brain Quest 2 [A]</p> <p>10:00 Scarf Juggling [A]</p> <p>11:00 LUNCH</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:00 Afternoon Stroll [A]</p> <p>2:00 Plaza Sing A-Long [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Quilting Day 15</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:30 Morning Exercise [A]</p> <p>9:15 Would You Rather...? And Why? [A]</p> <p>10:00 Puzzles [A]</p> <p>11:00 LUNCH</p> <p>12:30 Tea Time [A]</p> <p>1:00 Lacing Cards, Jigsaw Puzzles and Table Games [A]</p> <p>2:00 Kanikapila [T]</p> <p>2:20 Sensory Stroll Outdoors [HT]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | |
| <p>National Panda Day 16</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:30 Things That Start With "R" [A]</p> <p>10:00 BINGO</p> <p>11:00 LUNCH</p> <p>12:30 Chair Yoga with Sherry Zak Morris [A]</p> <p>1:00 Coloring Pandas</p> <p>1:00 Sightseeing: Waikiki</p> <p>2:00 Ring Toss to Classical Music [A]</p> <p>2:45 Plaza Sing A Long [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>Dress Day: Green 17</p> <p>St. Patty's Day</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:30 Simple Mathematics and Spelling Bee [A]</p> <p>10:00 Coloring St. Patty's Day [A]</p> <p>11:00 LUNCH</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:15 Horseshoes</p> <p>2:00 Craft: Suncatcher Shamrocks [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Awkward Moment Day 18</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:30 SONG OF THE DAY: "Burning Love - Elvis" [A]</p> <p>10:00 Silent Disco [A]</p> <p>11:00 LUNCH</p> <p>12:00 Medical Transportation</p> <p>1:00 Mini Pulelehua Stations [A]</p> <p>2:05 Ukulele Sing-a-Long with Jeremy [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>Prince Kuhio Day 19</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:15 Brain Game: 9-Square [A]</p> <p>9:45 Sightseeing: Manoa</p> <p>10:00 New Hope Church Service [T]</p> <p>11:00 LUNCH</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:00 Afternoon Stroll [A]</p> <p>2:00 BINGO</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>1st Day of Spring 20</p> <p>Dress Day: Plaza Shirts</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:30 Morning Exercise [A]</p> <p>9:15 Hangman- Flowers</p> <p>10:00 Crafts: Making flowers</p> <p>10:00 Pet Therapy with Wes Koga [A]</p> <p>11:00 LUNCH</p> <p>12:00 Medical Transportation</p> <p>12:30 Chair Tai Chi [A]</p> <p>1:00 Mini Pulelehua Stations [A]</p> <p>2:15 Bowling [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>Dress Day: Purple 21</p> <p>National Memory Day</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:15 Brain Quest 2 [A]</p> <p>10:00 Matching Game [A]</p> <p>11:00 LUNCH</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:00 Afternoon Stroll [A]</p> <p>2:00 Plaza Sing A-Long [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Goof Off Day 22</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:30 Morning Exercise [A]</p> <p>9:15 Would You Rather...? And Why? [A]</p> <p>10:00 BINGO [A]</p> <p>11:00 LUNCH</p> <p>12:30 Tea Time [A]</p> <p>1:00 Lacing Cards, Jigsaw Puzzles and Table Games [A]</p> <p>2:00 Kanikapila [T]</p> <p>2:20 Sensory Stroll Outdoors [HT]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> |
| <p>National Puppy Day 23</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:30 Things That Start With "R" [A]</p> <p>10:00 Movie: Dogs (Netflix) S1 Ep 2</p> <p>10:00 Pet Therapy with Jim and Chico [A]</p> <p>11:00 LUNCH</p> <p>12:30 Chair Yoga with Sherry Zak Morris [A]</p> <p>1:00 Afternoon Stroll</p> <p>2:00 Ring Toss to Classical Music [A]</p> <p>2:45 Plaza Sing A Long [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Cocktail Day 24</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:30 Simple Mathematics and Spelling Bee [A]</p> <p>10:00 Sing-a-long with Sandy and Gordon [A]</p> <p>11:00 LUNCH</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:15 Horseshoes</p> <p>2:00 Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Tolkien Day 25</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:30 SONG OF THE DAY: "You're The Devil In Disguise- Elvis" [A]</p> <p>10:00 Hali'a Best Friend of the Month: Making Paper Lei's [A]</p> <p>11:00 LUNCH</p> <p>12:00 Medical Transportation</p> <p>1:00 Mini Pulelehua Stations [A]</p> <p>2:05 Ukulele Sing-a-Long with Jeremy [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Spinach Day 26</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:15 Brain Game: 9-Square [A]</p> <p>10:00 New Hope Church Service [T]</p> <p>10:00 Pet Therapy with Wilma and Milo [A]</p> <p>11:00 LUNCH</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:00 Afternoon Stroll [A]</p> <p>2:00 BINGO</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Scribble Day 27</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:30 Morning Exercise [A]</p> <p>9:15 Hangman- Art Supplies</p> <p>10:00 Drawing</p> <p>11:00 LUNCH</p> <p>12:00 Medical Transportation</p> <p>12:30 Chair Tai Chi [A]</p> <p>1:00 Mini Pulelehua Stations [A]</p> <p>2:15 Bowling [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>National Something on a Stick Day 28</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:45 Morning Exercise [A]</p> <p>9:15 Brain Quest 2 [A]</p> <p>10:00 Puzzles [A]</p> <p>11:00 LUNCH</p> <p>12:45 Dancersize (Low Impact) [A]</p> <p>1:00 Afternoon Stroll [A]</p> <p>2:00 Plaza Sing A-Long [A]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> | <p>Dress Day: Ocean Theme 29</p> <p>National Mermaid Day</p> <p>7:00 BREAKFAST</p> <p>8:15 <i>Newspaper Current Events Discussion [A]</i></p> <p>8:30 Morning Exercise [A]</p> <p>9:15 Would You Rather...? And Why? [A]</p> <p>10:00 BINGO [A]</p> <p>11:00 LUNCH</p> <p>12:30 Tea Time [A]</p> <p>1:00 Lacing Cards, Jigsaw Puzzles and Table Games [A]</p> <p>2:00 Kanikapila [T]</p> <p>2:20 Sensory Stroll Outdoors [HT]</p> <p>3:00 Afternoon Stretch [A]</p> <p>3:45 Household Chores, Water & Bathroom Break</p> <p>4:00 DINNER</p> |

Health & Fitness

Shuttle

Special Event

Location Keys

Activity Room A

Hoku Terrace HT

Theater T

