



March 2023

The Plaza at Punchbowl Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>All activities are subject to change.</p>	<p>National Peanut Butter Lover's Day 1</p> <p>8:30 🚗 Shopping Trip: Don Quijote [L]</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:00 🚗 Shopping Trip: Don Quijote [L]</p> <p>10:30 ↔ Exercise [R]</p> <p>1:00 🌸 Cherry Blossom Tree Pom Pom Craft [R]</p> <p>1:30 🎧 Assisted Living Class [TV Room]</p> <p>1:30 🎵 Hymn Sing Along with Ruth [R]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Banana Cream Pie Day 2</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 ↔ Walking Club [LB]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:00 🌸 Buddhist Service with Rev. Umitani of Moiliili Hongwanji (via Zoom) [LB]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 ↔ Tai Chi with Ken [R]</p> <p>1:45 🚗 Scenic Bus Ride: Ho'omaluhia [L]</p> <p>2:45 ★ BINGO [R]</p>	<p>Girls' Day (Hinamatsuri) 3</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 ★ Girls' Day Photo Booth [LB]</p> <p>2:00 🍡 Girls' Day Snack: Chi Chi Dango Mochi [LB]</p> <p>2:45 ★ BINGO [R]</p>	<p>Marching Music Day 4</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 🎵 Karaoke with Bert [R]</p> <p>2:45 ★ BINGO [R]</p>
<p>National Cheese Doodle Day 5</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 🌸 Church Service (Virtual) [R]</p> <p>9:45 ↔ Exercise [LB]</p> <p>10:00 🚗 Scenic Bus Ride: Wahiawa [L]</p> <p>10:30 ↔ Exercise [LB]</p> <p>1:30 🍳 Cooking Corner: Cone Sushi with Clara [R]</p> <p>1:45 🚗 Shopping Trip: Daiso [L]</p> <p>2:45 ★ Hanafuda & Games [R]</p>	<p>National Oreo Cookie Day 6</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise [R]</p> <p>1:30 🎵 Ukulele with Lonnie [R]</p> <p>1:45 🚗 Scenic Bus Ride: Lagoon Drive [L]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Flapjack Day 7</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 ↔ Walking Club [LB]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise [R]</p> <p>12:30 🎬 Movie: Finding Ohana (2021) [R]</p> <p>1:00 🍿 Popcorn Day! [R]</p> <p>2:45 ★ BINGO [R]</p>	<p>Happy Birthday Walter Yonemoto!</p> <p>International Women's Day 8</p> <p>8:30 🚗 Shopping Trip: Walmart (Ke'eaumoku) [L]</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:00 🚗 Shopping Trip: Walmart (Ke'eaumoku) [L]</p> <p>10:30 ↔ Exercise [R]</p> <p>1:00 🐸 3D Floating Frog on a Lily Pad Craft [R]</p> <p>1:30 🎧 Assisted Living Class [TV Room]</p> <p>1:30 🎵 Hymn Sing Along with Ruth [R]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Meatball Day 9</p> <p>9:00 ↔ Exercise [LB]</p> <p>9:30 ↔ Walking Club [LB]</p> <p>9:45 ↔ Exercise [LB]</p> <p>10:00 🎵 Music Performance by Legacy [R]</p> <p>10:30 ↔ Exercise [LB]</p> <p>1:30 ↔ Tai Chi with Ken [R]</p> <p>1:45 🚗 Excursion: US Army Museum of Hawaii [L]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Blueberry Popover Day 10</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [LB]</p> <p>10:00 🎵 Sing Along with Bill [R]</p> <p>10:30 ↔ Exercise [LB]</p> <p>1:30 🎵 Performance by Silver Foxes [R]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Johnny Appleseed Day 11</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 🎵 Zumba with Annette [R]</p> <p>2:45 ★ BINGO [R]</p>
<p>National Plant A Flower Day 12</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 🌸 Church Service (Virtual) [R]</p> <p>9:45 ↔ Exercise [LB]</p> <p>10:00 🚗 Scenic Bus Ride: Aiea Heights [L]</p> <p>10:30 ↔ Exercise [LB]</p> <p>1:30 🎨 Paint For Your Soul with Gwenaelle [R]</p> <p>1:45 🚗 Shopping Trip: Pali Longs & Safeway [L]</p> <p>3:00 ★ Hanafuda & Games [R]</p>	<p>National Jewel Day 13</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise [R]</p> <p>1:30 🎵 Sing Along with Roy Hamada [R]</p> <p>1:45 🚗 Scenic Bus Ride: Diamond Head [L]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Learn About Butterflies Day 14</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 ↔ Walking Club [LB]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise [R]</p> <p>1:00 🍿 Popcorn Day! [R]</p> <p>1:30 🎬 Documentary: Street Food: Asia [R]</p> <p>2:00 🏛 Resident Council [R]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Kansas Day 15</p> <p>8:30 🚗 Shopping Trip: Don Quijote [L]</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [LB]</p> <p>10:00 🎵 Sing Along with Sandy & Gordon [R]</p> <p>10:30 ↔ Exercise [LB]</p> <p>11:00 🚗 Kau Kau Club: People's Cafe (Hawaiian Food) [L]</p> <p>1:00 🧚 Leprechaun in Shamrock Garden Craft [R]</p> <p>1:30 🎧 Assisted Living Class [TV Room]</p> <p>1:30 🎵 Hymn Sing Along with Ruth [R]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Panda Day 16</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 ↔ Walking Club [LB]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 ↔ Tai Chi with Ken [R]</p> <p>1:45 🚗 Scenic Bus Ride: Kaka'ako [L]</p> <p>2:15 🍪 Snack Time: Hello Panda Cookies [R]</p> <p>2:45 ★ BINGO [R]</p>	<p>Happy Birthday Ruth DeMesa!</p> <p>St. Patrick's Day 17</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 ★ St. Patrick's Day Games [R]</p> <p>2:30 🍡 St. Patrick's Day Snack [R]</p>	<p>Happy Birthday Haruno Nogami!</p> <p>National Corn Dog Day 18</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 🎵 Karaoke with Jukebox Singers [R]</p> <p>2:45 ★ BINGO [R]</p>
<p>National Let's Laugh Day 19</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 🌸 Church Service (Virtual) [R]</p> <p>9:45 ↔ Exercise [LB]</p> <p>10:00 🚗 Scenic Bus Ride: Halona Blowhole [L]</p> <p>10:30 ↔ Exercise [LB]</p> <p>1:30 🎬 Golden Oldies Television [R]</p> <p>1:45 🚗 Shopping Trip: Kahala Mall [L]</p> <p>2:45 ★ Hanafuda & Games [R]</p>	<p>Spring Begins 20</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise [R]</p> <p>1:30 🎵 Ukulele with Lonnie [R]</p> <p>1:45 🚗 Scenic Bus Ride: Interstate H-3 [L]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Fragrance Day 21</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 ↔ Walking Club [LB]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise [R]</p> <p>12:45 🎬 Movie: Father of the Bride (1991) [R]</p> <p>1:00 🍿 Popcorn Day! [R]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Goof Off Day 22</p> <p>8:30 🚗 Shopping Trip: Walmart (Ke'eaumoku) [L]</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:00 🚗 Shopping Trip: Walmart (Ke'eaumoku) [L]</p> <p>10:30 ↔ Exercise [R]</p> <p>1:00 🧵 Beading [R]</p> <p>1:30 🎵 Hymn Sing Along with Ruth [LB]</p> <p>3:00 ★ BINGO [R]</p>	<p>National Puppy Day 23</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 ↔ Walking Club [LB]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 ↔ Tai Chi with Ken [R]</p> <p>1:45 🚗 Holo Holo Club: Wholesale Unlimited [L]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Cocktail Day 24</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 ★ Birthday Bash with Dean Hirata [R]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Medal of Honor Day 25</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 🎵 Karaoke with Bert [R]</p> <p>2:45 ★ BINGO [R]</p>
<p>Happy Birthday Lonnie Hicks!</p> <p>National Spinach Day 26</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 🌸 Church Service (Virtual) [R]</p> <p>9:45 ↔ Exercise [LB]</p> <p>10:00 🚗 Scenic Bus Ride: Kapolei [L]</p> <p>10:30 ↔ Exercise [LB]</p> <p>1:30 🎬 Golden Oldies Television [R]</p> <p>1:45 🚗 Shopping Trip: Manoa Longs & Safeway [L]</p> <p>2:45 ★ Hanafuda & Games [R]</p>	<p>National Joe Day 27</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise [R]</p> <p>1:30 🎵 Ukulele with Lonnie [R]</p> <p>1:45 🚗 Scenic Bus Ride: Manoa Valley [L]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Something on a Stick Day 28</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 ↔ Walking Club [LB]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise [R]</p> <p>12:30 🎬 Movie: Mulan (2020) [R]</p> <p>1:00 🍿 Popcorn Day! [R]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Nevada Day 29</p> <p>8:30 🚗 Shopping Trip: Don Quijote [L]</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:00 🚗 Shopping Trip: Don Quijote [L]</p> <p>10:30 ↔ Exercise [R]</p> <p>1:00 🎨 Hello Spring Sign Craft [R]</p> <p>1:30 🎧 Assisted Living Class [TV Room]</p> <p>1:30 🎵 Hymn Sing Along with Ruth [R]</p> <p>2:45 ★ BINGO [R]</p>	<p>National Virtual Vacation Day 30</p> <p>9:00 ↔ Exercise [R]</p> <p>9:30 ↔ Walking Club [LB]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 ↔ Tai Chi with Ken [R]</p> <p>1:45 🚗 Bank Shuttle Service [L]</p> <p>2:45 ★ BINGO [R]</p>	<p>Happy Birthday Ben Hilario!</p> <p>National Crayon Day 31</p> <p>9:00 ↔ Exercise [R]</p> <p>9:45 ↔ Exercise [R]</p> <p>10:30 ↔ Exercise with Weights [R]</p> <p>1:30 🎵 Seated Hula with Karen [R]</p> <p>2:45 ★ BINGO [R]</p>	