

# March 2023 Halia Calendar



## Sunday Monday Tuesday Wednesday Thursday Friday Saturday



<p><b>National Peanut Butter Lover's Day</b> 1</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Bingo 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏀 Balloon Volleyball 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Banana Cream Pie Day</b> 2</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Group Activity: Puzzles, Word Search 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 3:00 🎵 Musical Performance: Coffee &amp; Me 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>Hinamatsuri: Girls Day</b> 3</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Musical Performance Bill Melemai 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie &amp; Popcorn 2:00 🌟 Girls Day Celebration 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>Marching Music Day</b> 4</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Group Activity: Painting, Brain Games 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎨 Fabulous Nails &amp; Social Circle 2:45 🕒 Best Friends Hour 3:30 🌟 Afternoon Strolls 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>
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<p><b>National Cheese Doodle Day</b> 5</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station - Tangegram Animals 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner</p>	<p><b>National Oreo Cookie Day</b> 6</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🐾 Pet Visits 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Flapjack Day</b> 7</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎵 Musical Performance - Arlene Hicks 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>International Women's Day</b> 8</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Bingo 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏀 Balloon Volleyball 1:30 🎨 King Intermediate Builders Club 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Meatball Day</b> 9</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Group Activity: Puzzles, Word Search 10:15 🎵 Music and Movement with Joslyn 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Blueberry Popover Day</b> 10</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie &amp; Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Johnny Appleseed Day</b> 11</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Group Activity: Painting, Brain Games 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 3:30 🌟 Afternoon Strolls 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>
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<p><b>Daylight Saving Time Begins</b> 12</p> <p><b>National Plant a Flower Day</b></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station - Underground Vegetables 1:45 🎬 Movie: Wizard of Oz 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner</p>	<p><b>National Jewel Day</b> 13</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Musical Performance by Randy Nunes 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station - Wizard of Oz Emerald City 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Learn About Butterflies Day</b> 14</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Jon Koki Musical Performance 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Kansas Day</b> 15</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Bingo 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏀 Balloon Volleyball 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down 6:30 🎵 Anchor's Church Kanakapila</p>	<p><b>National Panda Day</b> 16</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🎵 Legacy Music 9:30 🚶 Morning Guided Walks 10:00 🎲 Group Activity: Puzzles, Word Search 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National St. Patrick's Day</b> 17</p> <p><b>St. Patrick's Day</b></p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie &amp; Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down 10:00 🌟 Build a Shamrock</p>	<p><b>National Corn Dog Day</b> 18</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Group Activity: Painting, Brain Games 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎨 Fabulous Nails &amp; Social Circle 2:45 🕒 Best Friends Hour 3:30 🌟 Afternoon Strolls 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>
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<p><b>National Let's Laugh Day</b> 19</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station - Clouds of Luck 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner</p>	<p><b>Spring Begins</b> 20</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🐾 Pet Visits 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station - Spring Craft 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Fragrance Day</b> 21</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Goof Off Day</b> 22</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Bingo 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏀 Balloon Volleyball 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Puppy Day</b> 23</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Group Activity: Puzzles, Word Search 10:15 🎵 Musical Performance: Cousin Fred G. 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Cocktail Day</b> 24</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie &amp; Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Medal of Honor Day</b> 25</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Group Activity: Painting, Brain Games 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 3:30 🌟 Afternoon Strolls 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>
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<p><b>National Spinach Day</b> 26</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:30 📺 Live Stream: New Hope Video Service (Media Room) 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Musical Movie 2:45 🕒 Best Friends Hour - Leap Year 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner</p>	<p><b>National Joe Day</b> 27</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🐾 Pet Visits 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station - Spring Flowers/Cactus 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Something on a Stick Day</b> 28</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:15 🎵 Musical Performance: Roy Hamada 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Sherry Zak Chair Yoga 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Nevada Day</b> 29</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Bingo 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 🏀 Balloon Volleyball 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Virtual Vacation Day</b> 30</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 10:00 🎲 Group Activity: Puzzles, Word Search 10:15 🎵 Musical Performance Hank the Dutchman 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p><b>National Crayon Day</b> 31</p> <p>7:30 🍳 Breakfast 9:00 ❤️ Morning Exercise 9:30 🚶 Morning Guided Walks 11:15 🍽️ Prepare for Lunch 11:30 🍴 Lunch 1:00 ❤️ Plaza Exercise 1:30 🚿 Water &amp; Bathroom Break 1:45 🦋 Butterfly Station 1:45 🎬 Movie &amp; Popcorn 2:45 🕒 Best Friends Hour 4:00 🚿 Water &amp; Bathroom Break 4:30 🍽️ Dinner 5:30 🌙 Evening Cool Down</p>	<p>Activities are subject to change.</p>
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