June 2025						
The Plaza at Punch	oowl Activity Calenda					created with agely
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 ↔ Morning Stretches & Mindfulness [R] 1 10:00 Plaza Life Exercise Circuit A [R] 1 10:00 Scenic Bus Ride: Dole Plantation 1 1:30 Afternoon walking Courtyard 1:45 Shopping Trip: Manoa Longs 3:00 Poker Club with Lonnie [R] 3:30 Hanafuda Club with Alice [LB] 5:00 Puzzle Table [LB]	9:00 ↔ Morning Stretches [R] 10:00 ↔ Morning Stretches [R] 1:45 ♀ Movie: The Golden Voyage of Sinbad 1973 Family/ Adventure- John Phillip Law [R] 1:45 ♀ Scenic Bus Ride: Manoa Valley 4:00 ♀ Hanafuda Club with Alice [LB] 5:00 ♀ Puzzle Table [LB]	9:00 ✓ Plaza life Seated Strength Exercise [R] 3 10:00 ✓ Sing Along & Ukulele with Jolene [R] 3 1:30 Popcorn Tuesday [R] 2:00 BINGO [R] 3:00 Hanafuda Club with Alice [LB] 4:00 Chessmaster [LB] 5:00 Puzzle Table [LB]	8:30 Image: Shopping Trip: Walmart (Ke'eaumoku))[L] 4 9:00 Image: Morning Stretches [R] 10:00 Image: Plaza Life Exercise Circuit B [R] 11:30 Image: Plaza Life Exercise Circuit B [R] 2:45 Image: Plaza Life Exercise Circuit B [R] 2:40 Image: Plaza Life Exercise Circuit B [R] 5:00 Image: Plaza Life Exercise Circuit B [R] 5:00 Image: Plaza Life Exercise Circuit B [R]	 9:00 Plaza Life Seated Strength Exercise [R] 10:00 Sing Along with Gordon & Sandy Young [R] 1:15 Tai Chi with Ken [R] 1:45 Scenic Bus Ride: Lagoon Drive 2:20 Hanafuda Club with Alice [LB] 3:00 Ukulele Male Social Club [LR] 5:00 Puzzle Table [LB] 	9:00 ↔ Morning Stretches [R] 10:00 J Taiko Drum Class with Ai Matsuda [R] 1:30 J Ukulele Session with Jolene Kim [R] 2:30 Book & Tea Club with Annette Jim [LB] 3:00 Poker Club with Lonnie [M] 4:00 Hanafuda Club with Alice [LB] 5:00 Puzzle Table [LB] 7:00 Friday Movie Night : A knights Tale - Action/Adventure - heath Ledgers, Shanyn Sassanon [R]	9:00 ♥ Morning Stretches [R] 10:00 ♥ Chair Yoga [R] 1:30 ♥ Art: Bob & Hank, Fun with Painting [R] 2:30 ♀ LCR with Diane : Left Center Right Dice Game [LB] 3:00 ♀ Poker Club with Lonnie [R] 4:00 ♀ Hanafuda Club with Alice [LB] 5:00 ♀ Puzzle Table [LB]
9:00 ↔ Morning Stretches & Mindfulness [R] 8 10:00 ↔ Morning Stretches & Mindfulness [R] 8 10:00 ♀ Scenic Bus Ride: Chinaman's Hat A 1:30 ◊ Trivia with Andrew [R] 1:45 ♀ Shopping Trip: Pali Longs 3:00 ♀ Poker Club with Lonnie [R] 3:30 ◊ Hanafuda Club with Alice [LB] 5:00 ◊ Puzzle Table [LB]	9:00 ↔ Morning Stretches [R] 10:00 ≯ Plaza Life Exercise Circuit A [R] 1:30 ♥ Zumba Dance with Annette [R] 1:45 ♀ Scenic Bus Ride: Kawaikui Beach Park 3:00 ◊ BINGO [R] 4:00 ◊ Hanafuda Club with Alice [LB] 5:00 ◊ Puzzle Table [LB]	9:00 ✓ Plaza life Seated Strength Exercise [R] 10 10:00 ✓ Sing Along/Ukulele with Joanne [R] 10 1:30 ✓ Popcorn Tuesday [R] 2:00 ✓ Residents Council [R] 3:00 ✓ Hanafuda Club with Alice [LB] 4:00 ✓ Chessmaster [LB] 5:00 ✓ Puzzle Table [LB]	 8:30 ₩ Shopping Trip: Don Quijote (Kaheka St) [L] 9:00 ↔ Morning Stretches [R] 10:00 ₩ Plaza Life Exercise Circuit B [R] 1	9:00 ↔ Morning Stretches [R] 10:00 Plaza Life Seated Strength Exercise [R] 1:15 ♥ Tai Chi with Ken [R] 1:45 Scenic Bus Ride: Magic Island 2:20 Hanafuda Club with Alice [LB] 3:00 Ukulele Male Social Club [LR] 5:00 Puzzle Table [LB]	9:00 ↔ Morning Stretches [R] 10:00 J Taiko Drum Class with Ai Matsuda [R] 1:30 J Ukulele Session with Jolene Kim [R] 2:30 Book & Tea Club with Annette Jim [LB] 3:00 Hanafuda Club with Alice [LB] 3:00 Poker Club with Lonnie [M] 5:00 Puzzle Table [LB] 7:00 Friday Movie Night : Who shot Liberty Valance 1962 Western/Drama - Jhon Wayne, James Stewart [R]	9:00 ♥ Morning Stretches [R] 10:00 ♥ Chair Yoga [R] 1:30 Seated Hula Dance/ Sing Along with Raelyn & Ryan [R] 2:30 CR with Diane : Left Center Right Dice Game [LB] 3:00 Poker Club with Lonnie [R] 4:00 Hanafuda Club with Alice [LB] 5:00 Puzzle Table [LB]
9:00 ↔ Morning Stretches & 15 Mindfulness [R] 15 10:00 ♥ Morning Stretches & 15 10:00 ➡ Scenic Bus Ride: Makapu u Point 1:30 ★ Father's Day Event Snacks and ice cream [R] 1:45 ➡ Shopping Trip: Manoa Longs 3:00 聲 Poker Club with Lonnie [R] 3:30 ♀ Hanafuda Club with Alice [LB] 5:00 ♀ Puzzle Table [LB]	9:00 ↔ Morning Stretches [R] 10:00 ≱ Plaza Life Exercise Circuit A [R] 1:30 ♥ Afternoon walking Courtyard 1:45 ♀ Scenic Bus Ride: Tantalus Lookout 2:45 ◊ BINGO Club [R] 4:00 ◊ Hanafuda Club with Alice [LB] 5:00 ◊ Puzzle Table [LB]	9:00 Plaza life Seated Strength Exercise [R] 10:00 Sing Along & Ukulele with Jolene [R] 1:30 Popcorn Tuesday [R] 1:45 Tuesday Movie: U-571 2000 War/Action - Mathew McConaughy, Bill Paxton [R] 3:00 Hanafuda Club with Alice [LB] 4:00 Chessmaster [LB] 5:00 Puzzle Table [LB]	8:30 ♥ Shopping Trip: Walmart (Ke'eaumoku)[L] 9:00 ↔ Morning Stretches [R] 10:00 斧 Plaza Life Exercise Circuit B [R] 11:10 ♥ Kau Kau Club: King's Chinese 1:30 ⊗ Hymn Sing Along with Ruth [R] 2:45 ♀ BINGO Club [R] 4:00 ♀ Chessmaster [LB] 5:00 ♀ Puzzle Table [LB]	9:00 ↔ Morning Stretches [R] 10:00 	9:00 ↔ Morning Stretches [R] 20 10:00 ☐ Taiko Drum Class with Ai Matsuda [R] 20 1:30 ☐ Ukulele Session with Jolene Kim [R] 2:30 2:30 ☐ Book & Tea Club with Annette Jim [LB] 3:00 3:00 ☐ Poker Club with Lonnie [M] 4:00 ☐ Hanafuda Club with Alice [LB] 5:00 Puzzle Table [LB] 7:00 ☐ Friday Movie Night : Secretariat 2010 Sport/Drama - Penney Chenery, Jhon Malkovich [R]	9:00 Saturday Chair Yoga 21 1:00 Saturday Chair Yoga 21 1:00 Saturday Chair Yoga 21 1:30 Seated Hula Dance/ Sing Along with Raelyn & Ryan [R] 2:30 2:30 CR with Diane : Left Center Right Dice Game [LB] 3:00 Poker Club with Lonnie [R] 4:00 Hanafuda Club with Alice [LB] 5:00 Puzzle Table [LB]
9:00 ↔ Morning Stretches & 22 Mindfulness [R] 22 10:00 ♥ Morning Stretches & 22 Mindfulness [R] 10:00 ➡ Scenic Bus Ride: Chinaman's Hat B 1:30 巻 Beauty Therapy ; Make-up Class with Jennifer [R] 1:45 ➡ Shopping Trip: Pali Longs 3:00 巻 Poker Club with Lonnie [R] 3:30 ♀ Hanafuda Club with Alice [LB] 5:00 ♀ Puzzle Table [LB]	Circuit A [R] ∠3 10:00 Birthday Bash with Hank The Singing Dutchman [R] 1:30 ♥ Afternoon walking Courtyard 3:00 ◊ Hanafuda Club with Alice [LB]	10:00 ≱ Plaza life Seated Z4 Strength Exercise [R]	8:30 ♥ Shopping Trip: Don Quijote (Kaheka St) [L] 9:00 ↔ Morning Stretches [R] 10:00 ♥ Plaza Life Exercise Circuit B [R] 10:00 ♥ Plaza Life Exercise Circuit B [R] 10:00 ♥ Shopping Trip: Don Quijote (Kaheka St) 1:30 ↔ Hymn Sing Along with Ruth [R] 2:45 ↔ BINGO Club [R] 4:00 ↔ Chessmaster [LB] 5:00 ↔ Puzzle Table [LB]	9:00 ↔ Morning Stretches [R] 10:00 Plaza Life Seated Strength Exercise [R] 1:15 ♥ Tai Chi with Ken [R] 1:45 Scenic Bus Ride: Bank run 2:20 Hanafuda Club with Alice [LB] 3:00 Ukulele Male Social Club [LR] 5:00 Puzzle Table [LB]	9:00 ↔ Morning Stretches [R] 10:00 ☐ Taiko Drum Class with Ai Matsuda [R] 1:30 聲 Poker Club with Lonnie [M] 2:30 聲 Book & Tea Club with Annette Jim [LB] 3:00 聲 Hanafuda Club with Alice [LB] 5:00 ♀ Puzzle Table [LB] 7:00 ♀ Friday Movie Night : Shan 1953 Western/Action - Alan Ladd, Jean Arthur [R]	9:00 ♥ Saturday Chair Yoga [R] 10:00 ↔ Saturday Chair Yoga [R] 1:30 ♥ Art: Bob & Hank, Fun with Painting [R] 2:30 ♀ LCR with Diane : Left Center Right Dice Game [LB] 3:00 聲 Poker Club with Lonnie [R] 4:00 ♀ Hanafuda Club with Alice [LB] 5:00 ♀ Puzzle Table [LB]
9:00 ↔ Morning Stretches & 29 Mindfulness [R] 29 10:00 ♥ Morning Stretches & Mindfulness [R] 10:00 ➡ Scenic Bus Ride: Ewa Beach 1:30 ♥ Kupuna Green Garden Class [R] 1:45 ➡ Shopping Trip: Kahala Mall 3:00 聲 Poker Club with Lonnie [R] 3:30 ♀ Hanafuda Club with Alice [LB] 5:00 ♀ Puzzle Table [LB]	10:00 Plaza Life Exercise Circuit A [R] 1:30 Afternoon walking Courtyard 1:45 Scenic Bus Ride: Diamond Head		Location KeysLibraryLBLiving RoomLRLobbyLMulti-Purpose RoomMRecreation RoomR		All activities are subject to change.	

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