2:00 👺 Afternoon Strolls / Gazebo

4:00 ♥ Hydration Break & Stretching 5:30 ♥ Dinner

Activities

3:00 🔥 Room Visits

2:00 Afternoon Strolls / Gazebo

4:00 • Hydration Break & Stretching

Activities

3:00 🔥 Room Visits

5:30 **M** Dinner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Game Show Day	National Rocky Road Day	<u> </u>	National Hug Your Cat Day	National Start Over Day	· · · · · · · · · · · · · · · · · · ·	World Caring Day
8:30 ¶ Breakfast 10:00 ♥ Plaza Seated Strength Training - ■ Live Stream: New Hope Video Service 12:30 ¶ Lunch 2:00 ♣ Afternoon Strolls / Gazebo Activities 3:00 ♣ Room Visits 4:00 ♥ Hydration Break & Stretching 5:30 ¶ Dinner	8:30 ¶ Breakfast 10:00 Plaza Seated Strength Training 10:15 Pet Visits 11:00 Buddhist Services 12:30 ¶ Lunch 2:00 Afternoon Strolls / Gazebo Activities 3:00 Room Visits 4:00 Hydration Break & Stretching 5:30 ¶ Dinner	National Repeat Day 8:30 M Breakfast 10:00 Plaza Seated Strength Training 12:30 Lunch 2:00 Afternoon Strolls / Gazebo Activities 3:00 Room Visits 4:00 Hydration Break & Stretching 5:30 M Dinner	8:30 M Breakfast 10:00 Plaza Seated Strength Training 12:30 Lunch 2:00 Afternoon Strolls / Gazebo Activities 3:00 Room Visits 4:00 Hydration Break & Stretching 5:30 M Dinner	8:30 ¶ Breakfast 9:30 ⋑ Prayer Group - Kailua Christian Church 10:00 ● Plaza Seated Strength Training 10:30 ⋑ Music & Movement 12:30 ¶ Lunch 2:00 ⋑ Afternoon Strolls / Gazebo Activities 3:00 ♣ Room Visits 4:00 ● Hydration Break & Stretching 5:30 ¶ Dinner	National Yo-Yo Day 8:30 ¶ Breakfast 10:00 ♥ Plaza Seated Strength Training 12:30 ¶ Lunch 2:00 ♣ Afternoon Strolls / Gazebo Activities 3:00 ♣ Room Visits 4:00 ♥ Hydration Break & Stretching 5:30 ¶ Dinner	8:30 ¶ Breakfast 10:00 Plaza Seated Strength Training 10:30 Victory Hawaii Church Bingo 12:30 Lunch 2:00 Afternoon Strolls / Gazebo Activities 3:00 Room Visits 4:00 Hydration Break & Stretching 4:30 Catholic Mass 5:30 ¶ Dinner
National Best Friends Day 8:30	National Donald Duck Day 8:30	National Iced Tea Day 8:30	National Making Life Beautiful Day 8:30	National Loving Day 8:30	National Weed Your Garden Day 8:30	National Flag Day 8:30 ¶ Breakfast 10:00 ♥ Plaza Seated Strength Training 12:30 ¶ Lunch 2:00 ♣ Afternoon Strolls / Gazebo Activities 3:00 ♣ Room Visits 4:00 ♥ Hydration Break & Stretching 5:30 ¶ Dinner
Father's Day 8:30	National Fudge Day 8:30	National Mascot Day 8:30 ¶ Breakfast 10:00 ☆ College Mascot/ Professional Mascots 10:00 ❤ Plaza Seated Strength Training 12:30 ¶ Lunch 2:00 ♣ Afternoon Strolls / Gazebo Activities 3:00 ♣ Room Visits 4:00 ❤ Hydration Break & Stretching 5:30 ¶ Dinner	National Go Fishing Day 8:30	Juneteenth 8:30 Breakfast 9:30 Prayer Group - Kailua Christian Church 10:00 Plaza Seated Strength Training 12:30 Lunch 2:00 Afternoon Strolls / Gazebo Activities 3:00 Room Visits 4:00 Hydration Break & Stretching 5:30 Dinner	National Seashell Day 8:30	National Selfie Day 8:30
International Being You Day 8:30	8:30 ¶ Breakfast 10:00 ♥ Plaza Seated Strength Training 10:15 ♥ Pet Visits 12:30 ¶ Lunch	National Patch Day 8:30	National Catfish Day 8:30 ¶ Breakfast 10:00 ♥ Plaza Seated Strength Training 12:30 ¶ Lunch 2:00 ♣ Afternoon Strolls / Gazebo Activities 3:00 ♣ Room Visits 4:00 ♥ Hydration Break & Stretching 5:30 ¶ Dinner			National Foodie Day 8:30 ¶ Breakfast 10:00 ♥ Plaza Seated Strength Training 12:30 ¶ Lunch 2:00 ♣ Afternoon Strolls / Gazebo Activities 3:00 ♣ Room Visits 4:00 ♥ Hydration Break & Stretching 5:30 ¶ Dinner
National Camera Day 8:30	Social Media Day 8:30	Happy A A	Summer		ies are o change	© Creative individual activity intellectual Meals Music National Day Event

subject to change

Qutside Physical

Plaza Life

Social

Spiritual