




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Each activity can have up to 5 people in a room/ride until further notice		National Nail Polish Day 1 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 ⭐ Group Activity: Nail Polish Pendant 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 💅 Individual Manicure 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Rocky Road Day 2 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:00 🙏 Hongwangi Buddhist Service 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🍵 Group Activity: Paper Plate Fish 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 🏐 Balloon Volleyball 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Egg Day 3 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 💅 Individual Manicure 2:00 🎬 Movie & Popcorn 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Cat Day 4 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 🌻 Afternoon Strolls 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner
National Moonshine Day 5 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Pool Noodle and Virtual Exercise 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🕒 Table Top Games 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 🦋 Butterfly Stations 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Drive in Movie Day 6 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Pool Noodle and Virtual Exercise 10:15 🦋 Pet Visits 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🎬 Monday Movies 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 🚗 Scenic Ride: Lamaku 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Chocolate Ice Cream Day 7 — 🍴 Breakfast 9:30 🕒 Current Events 10:15 🎵 Musical Performance: Jon Koki 11:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 ❤️ Chair Yoga 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Best Friends Day 8 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Ocean In A Bottle 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 💅 Individual Manicure 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Donald Duck Day 9 — 🍴 Breakfast 9:30 🕒 Current Events 10:15 🎵 Music and Movement with Joslyn 11:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 🏐 Balloon Volleyball 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Iced Tea Day 10 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Beaded Pipe Cleaner Butterfly 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 💅 Individual Manicure 2:00 🎬 Movie & Popcorn 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Corn on the Cob Day 11 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Blackjack 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 🌻 Water Fall Story Telling 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner
National Red Rose Day 12 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Pool Noodle and Virtual Exercise 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Individual Floral Arrangments 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 🦋 Butterfly Stations 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Sewing Machine Day 13 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Pool Noodle and Virtual Exercise 10:15 🦋 Pet Visits 11:00 🎬 Monday Movies 11:00 🌻 Morning Stroll ,Fresh Air & Stretching 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 🚗 Scenic Ride: Lamaku 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Strawberry Shortcake Day 14 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Jelly Fish Sun Catcher 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 ❤️ Chair Yoga 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Nature Photography Day 15 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Ansel Adams Bio/Art Show 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 💅 Individual Manicure 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Fudge Day 16 — 🍴 Breakfast 9:30 🕒 Current Events 10:15 🎭 Silent Disco: Hawaii Dance Bomb 11:15 🌻 Morning Stroll ,Fresh Air & Stretching 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 🏐 Balloon Volleyball 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Wear Blue Day 17 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Donut Craft with Paper Plate 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 💅 Individual Manicure 2:00 🎬 Movie & Popcorn 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Go Fishing Day 18 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Succulent Sea Shell Pots 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 🌻 Afternoon Strolls 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner
Father's Day 19 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Pool Noodle and Virtual Exercise 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 ⭐ Group Activity: Oragami Dad Shirts 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 🦋 Butterfly Stations 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Ice Cream Soda Day 20 — 🍴 Breakfast 9:30 🕒 Current Events 10:15 🎵 Musical Performance by Randy Nunes 11:00 🎬 Monday Movies 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 🚗 Scenic Ride: Lamaku 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Seashell Day 21 — 🍴 Breakfast 9:30 🕒 Current Events 10:15 🎵 Hank The Singing Dutchman 11:00 🦋 Group Activity: Seashell Painting 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 ❤️ Chair Yoga 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Chocolate Eclair Day 22 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Create a Rain Forest 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 💅 Individual Manicure 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Hydration Day 23 — 🍴 Breakfast 9:30 🕒 Current Events 10:15 🎵 Music and Movement with Joslyn 11:00 ❤️ Morning Stroll ,Fresh Air & Stretching 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 🏐 Balloon Volleyball 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Pralines Day 24 — 🍴 Breakfast 9:30 🕒 Current Events 10:15 🎵 Performance by Mauka Boyz Band 11:15 🌻 Morning Stroll ,Fresh Air & Stretching 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 💅 Individual Manicure 2:00 🎬 Movie & Popcorn 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Strawberry Parfait Day 25 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Beach Ball Volleyball 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 🌻 Water Fall Story Telling 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner
National Beautician's Day 26 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Pool Noodle and Virtual Exercise 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Makeover/Manicure 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 🦋 Butterfly Stations 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Onion Day 27 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Pool Noodle and Virtual Exercise 10:15 🦋 Pet Visits 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Building a Wind Chime 11:00 🎬 Monday Movies 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 🚗 Scenic Ride: Lamaku 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Alaska Day 28 — 🍴 Breakfast 9:30 🕒 Current Events 10:15 🎵 Musical Performance: Roy Hamada 11:15 🌻 Morning Stroll ,Fresh Air & Stretching 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 ❤️ Chair Yoga 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Waffle Iron Day 29 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🏠 Group Activity: Camera Makeover's 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 2:00 💅 Individual Manicure 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	National Bomb Pop Day 30 — 🍴 Breakfast 9:30 🕒 Current Events 10:00 ❤️ Adapted Exercise Class 10:30 🌻 Morning Stroll ,Fresh Air & Stretching 11:00 🦋 Group Activity: Egg Carton Goldfish 11:50 🧼 Clean Up & Bathroom Break 12:30 🍴 Lunch 1:30 ❤️ Stretching/ Yoga Dance 2:00 🏐 Balloon Volleyball 3:00 🏠 Wala'au Hour/ Room Visits 4:15 🚿 Water & Bathroom Break 5:00 🍽️ Prepare for Dinner 5:30 🍴 Dinner	Activities are subject to change. 