

July 2025

The Plaza at Punchbowl Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div><div>Location Keys</div><div>Library</div><div>Living Room</div><div>Multi-Purpose Room</div><div>Recreation Room</div><div>LB</div><div>LR</div><div>M</div><div>R</div></div>		<div><div>National Postage Stamp Day</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza life Seated Strength Exercise [R]</div><div>1:30 🍿 Popcorn Tuesday [R]</div><div>1:45 🎬 Tuesday Movie: Kramer vs Kramer 1979 Drama/Legal, Dustin Hoffman, Meryl Streep [R]</div><div>3:00 🕒 Hanafuda Club with Alice [LB]</div><div>4:00 🕒 Chessmaster [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>1</div>	<div><div>Lyndon Johnson Signed the Civil Rights Act of 1964</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Exercise Circuit B [R]</div><div>1:30 🌿 Hymn Sing Along with Ruth [R]</div><div>2:45 🕒 BINGO Club [R]</div><div>4:00 🕒 Chessmaster [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>2</div>	<div><div>Idaho became the 43rd State</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Seated Strength Exercise [R]</div><div>1:15 ❤️ Tai Chi with Ken [R]</div><div>1:45 🚌 Scenic Bus Ride: Manoa Valley</div><div>2:45 🐾 The Gathering Groove: Music, New Connections &amp; Mingling [R]</div><div>3:30 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>3</div>	<div><div>Independence Day</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🎵 Taiko Drum Class with Ai Matsuda [R]</div><div>1:30 🌿 Church Service with Pastor Carl &amp; Pastor Steve [R]</div><div>2:30 🐾 Book &amp; Tea Club with Annette Jim [LB]</div><div>3:00 🐾 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div><div>7:00 🎬 Friday Movie Night : Star Wars Episode 1 The Phantom Menace, Ewan McGregor, Liam Neeson [R]</div></div> <div>4</div>	<div><div>Birthday of Clara Zetkin (1857), German women's rights advocate</div><div>9:00 ❤️ Morning Stretches [R]</div><div>10:00 ❤️ Saturday Chair Yoga [R]</div><div>1:30 🎨 Art: Bob &amp; Hank, Fun with Painting [R]</div><div>2:30 🕒 LCR with Diane : Left Center Right Dice Game [LB]</div><div>3:00 🐾 Poker Club with Lonnie [R]</div><div>4:00 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>5</div>
<div><div>Birthdays: Merv Griffin (1925) &amp; Frida Kahlo (1907)</div><div>9:00 ↔ Morning Stretches &amp; Mindfulness [R]</div><div>10:00 ❤️ Morning Stretches &amp; Mindfulness [R]</div><div>10:00 🚌 Scenic Bus Ride: Kailua</div><div>1:30 🦋 Afternoon Aromatherapy [R]</div><div>1:45 🚌 Shopping Trip: Manoa Longs</div><div>2:30 🐾 Poker Club with Lonnie [R]</div><div>3:30 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>6</div>	<div><div>Birthday: Marc Chagall (1887)</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Exercise Circuit A [R]</div><div>1:30 🌿 Courtyard Afternoon Walk with neighbors</div><div>2:00 🎵 Sing Along with Dean Hirata [LR]</div><div>3:00 🕒 BINGO Club [R]</div><div>4:00 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>7</div>	<div><div>SCUD (Savor the Comic, Unplug the Drama) Day</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza life Seated Strength Exercise [R]</div><div>1:30 🍿 Popcorn Tuesday [R]</div><div>2:00 🗳 Residents Council [R]</div><div>3:00 🕒 Hanafuda Club with Alice [LB]</div><div>4:00 🕒 Chessmaster [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>8</div>	<div><div>Fourteenth Amendment to the U.S. Constitution, requiring due process and equal protection to all citizens, was adopted (1868)</div><div>8:30 🛒 Shopping Trip: Walmart (Ke'eaumoku)</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Exercise Circuit B [R]</div><div>11:00 🍷 KauKau Club: Big City Dinner Windward Mall</div><div>1:30 🌿 Hymn Sing Along with Ruth [R]</div><div>2:45 🕒 BINGO Club [R]</div><div>4:00 🕒 Chessmaster [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>9</div>	<div><div>Birthday: Eunice Shriver, American philanthropist and member of the Kennedy family (1921)</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Seated Strength Exercise [R]</div><div>1:15 ❤️ Tai Chi with Ken [R]</div><div>1:45 🚌 Holo Holo Club: Dean &amp; Deluca Hawaii</div><div>2:45 🐾 The Gathering Groove: Music, New Connections &amp; Mingling [R]</div><div>3:30 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>10</div>	<div><div>Birthday: James McNeill Whistler, American painter (1834)</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🎵 Taiko Drum Class with Ai Matsuda [R]</div><div>1:30 🐾 Book &amp; Tea Club with Annette Jim</div><div>2:45 🕒 Poker Club with Lonnie [M]</div><div>3:00 🐾 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div><div>7:00 🎬 Friday Movie Night : Jagged Edge 1985 Thriller/Mystery, Glenn Cloes, Jeff Bridges [R]</div></div> <div>11</div>	<div><div>Television game show Family Feud premiered (1976)</div><div>9:00 ❤️ Morning Stretches [R]</div><div>10:00 ❤️ Saturday Chair Yoga [R]</div><div>1:30 🎵 Seated Hula Dance/ Sing Along with Raelyn &amp; Ryan [R]</div><div>2:30 🕒 LCR with Diane : Left Center Right Dice Game [LB]</div><div>3:00 🐾 Poker Club with Lonnie [R]</div><div>4:00 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>12</div>
<div><div>Gruntled Workers Day, a day to appreciate the contributions of workers</div><div>9:00 ↔ Morning Stretches &amp; Mindfulness [R]</div><div>10:00 ❤️ Morning Stretches &amp; Mindfulness [R]</div><div>10:00 🚌 Scenic Bus Ride: Kaneohe</div><div>1:30 🦋 Afternoon Aromatherapy [R]</div><div>1:45 🚌 Shopping Trip: Manoa Longs</div><div>2:30 🐾 Poker Club with Lonnie [R]</div><div>3:30 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>13</div>	<div><div>Bastille Day in France</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Exercise Circuit A [R]</div><div>1:30 🌿 Courtyard Afternoon Walk with neighbors</div><div>1:30 🐾 Trivia with Andrew [R]</div><div>1:45 🚌 Scenic Bus Ride: KoKo Head [R]</div><div>2:45 🕒 BINGO Club [R]</div><div>4:00 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>14</div>	<div><div>Major League Baseball All-Star Game in Atlanta, Georgia</div><div>9:00 🌟 Plaza life Seated Strength Exercise [R]</div><div>10:00 🎵 Sing Along with Jolene and Jenei [R]</div><div>1:30 🍿 Popcorn Tuesday [R]</div><div>1:45 🎬 Tuesday Movie: Hachi: a dogs tale 2009 Drama, Richard Gere, Joan Allen [R]</div><div>3:00 🕒 Hanafuda Club with Alice [LB]</div><div>4:00 🕒 Chessmaster [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>15</div>	<div><div>National Hot Dog Day</div><div>8:30 🛒 Shopping Trip: Don Quijote (Kaheka St)</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Exercise Circuit B [R]</div><div>10:00 🛒 Shopping Trip: Don Quijote (Kaheka St)</div><div>1:30 🌿 Hymn Sing Along with Ruth [R]</div><div>2:45 🕒 BINGO Club [R]</div><div>4:00 🕒 Chessmaster [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>16</div>	<div><div>World Emoji Day</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Seated Strength Exercise [R]</div><div>1:15 ❤️ Tai Chi with Ken [R]</div><div>1:45 🚌 Scenic Bus Ride: H-61</div><div>2:45 🐾 The Gathering Groove: Music, New Connections &amp; Mingling [R]</div><div>3:30 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>17</div>	<div><div>National Peach Ice cream Day</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🎵 Taiko Drum Class with Ai Matsuda [R]</div><div>1:30 🎵 Ukulele Session with Jolene Kim [R]</div><div>1:45 🐾 Book &amp; Tea Club with Annette Jim</div><div>2:45 🕒 Poker Club with Lonnie [M]</div><div>3:00 🐾 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div><div>7:00 🎬 Friday Movie Night : Cowboys &amp; Aliens 2011 Western/Sci-fi, Harrison Ford, Daniel Craig [R]</div></div> <div>18</div>	<div><div>National Words with Friends Day</div><div>9:00 ❤️ Morning Stretches [R]</div><div>10:00 ❤️ Saturday Chair Yoga [R]</div><div>1:30 🎵 Seated Hula Dance/ Sing Along with Raelyn &amp; Ryan [R]</div><div>2:30 🕒 LCR with Diane : Left Center Right Dice Game [LB]</div><div>3:00 🐾 Poker Club with Lonnie [R]</div><div>4:00 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>19</div>
<div><div>National Moon Day</div><div>9:00 ↔ Morning Stretches &amp; Mindfulness [R]</div><div>10:00 ❤️ Morning Stretches &amp; Mindfulness [R]</div><div>10:00 🚌 Scenic Bus Ride: Waimanalo Beach</div><div>1:30 🦋 Afternoon Aromatherapy [R]</div><div>1:45 🚌 Shopping Trip: Manoa Longs</div><div>2:30 🐾 Poker Club with Lonnie [R]</div><div>3:30 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>20</div>	<div><div>National Junk Food Day</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Exercise Circuit A [R]</div><div>1:30 ❤️ Seated Zumba with Annette [R]</div><div>1:45 🚌 Scenic Bus Ride: Waikiki</div><div>2:00 🌿 Courtyard Afternoon Walk with neighbors</div><div>2:45 🕒 BINGO Club [R]</div><div>4:00 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>21</div>	<div><div>NATIONAL PENUCHE FUDGE DAY</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza life Seated Strength Exercise [R]</div><div>1:30 🍿 Popcorn Tuesday [R]</div><div>1:45 🎬 Tuesday Movie: WALL-E 2008 Family/Animated, Ben Burt, Andrews Stanton [M]</div><div>3:00 🕒 Hanafuda Club with Alice [LB]</div><div>4:00 🕒 Chessmaster [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>22</div>	<div><div>GORGEOUS GRANDMA DAY</div><div>8:30 🛒 Shopping Trip: Walmart (Ke'eaumoku)</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Exercise Circuit B [R]</div><div>10:00 🛒 Shopping Trip: Walmart (Ke'eaumoku)</div><div>1:30 🌿 Hymn Sing Along with Ruth [R]</div><div>2:45 🕒 BINGO Club [R]</div><div>4:00 🕒 Chessmaster [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>23</div>	<div><div>NATIONAL AMELIA EARHART DAY</div><div>9:00 🌟 Plaza Life Seated Strength Exercise [R]</div><div>10:00 🎵 Sing Along with Legacy Band [R]</div><div>1:15 ❤️ Tai Chi with Ken [R]</div><div>1:45 🚌 Scenic Bus Ride: Manoa</div><div>2:45 🐾 The Gathering Groove: Music, New Connections &amp; Mingling [R]</div><div>3:30 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>24</div>	<div><div>NATIONAL HOT FUDGE SUNDAE DAY</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🎵 Taiko Drum Class with Ai Matsuda [R]</div><div>1:30 🎵 Ukulele Session with Jolene Kim [R]</div><div>1:45 🐾 Book &amp; Tea Club with Annette Jim</div><div>2:45 🕒 Poker Club with Lonnie [M]</div><div>3:00 🐾 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div><div>7:00 🎬 Friday Movie Night : Marley &amp; Me 2008 Family/Comedy, Owen Wilson, Jennifer Anniston [R]</div></div> <div>25</div>	<div><div>NATIONAL COFFEE MILKSHAKE DAY</div><div>9:00 ❤️ Morning Stretches [R]</div><div>10:00 ❤️ Saturday Chair Yoga [R]</div><div>1:30 🎨 Art: Bob &amp; Hank, Fun with Painting [R]</div><div>2:30 🕒 LCR with Diane : Left Center Right Dice Game [LB]</div><div>3:00 🐾 Poker Club with Lonnie [R]</div><div>4:00 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>26</div>
<div><div>NATIONAL CRÈME BRÛLÉE DAY</div><div>9:00 ↔ Morning Stretches &amp; Mindfulness [R]</div><div>10:00 🌟 Plaza Life Exercise Circuit A [R]</div><div>10:00 🛒 Shopping Trip: Kahala Mall</div><div>1:30 🦋 Afternoon Aromatherapy [R]</div><div>1:45 🚌 Shopping Trip: Manoa Longs</div><div>2:30 🐾 Poker Club with Lonnie [R]</div><div>3:30 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>27</div>	<div><div>BUFFALO SOLDIERS DAY</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🎤 Hank The Singing Dutchman with Birthday Bash [R]</div><div>1:30 🦋 Kupuna Garden Project Club [M]</div><div>1:45 🚌 Scenic Bus Ride: Tantalus Lookout</div><div>2:00 🌿 Courtyard Afternoon Walk with neighbors</div><div>2:45 🕒 BINGO Club [R]</div><div>4:00 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>28</div>	<div><div>NATIONAL CHICKEN WING DAY</div><div>9:00 🌟 Plaza life Seated Strength Exercise [R]</div><div>10:00 🎵 Sing Along with Jolene and Jenei [R]</div><div>1:30 🍿 Popcorn Tuesday [R]</div><div>1:45 🎬 Tuesday Movie: Jewel of the Nile 1985 adventure/Comedy, Michael Douglas, Kathleen Turner [R]</div><div>3:00 🕒 Hanafuda Club with Alice [LB]</div><div>4:00 🕒 Chessmaster [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>29</div>	<div><div>NATIONAL CHEESECAKE DAY</div><div>8:30 🛒 Shopping Trip: Don Quijote (Kaheka St)</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Exercise Circuit B [R]</div><div>10:00 🛒 Shopping Trip: Don Quijote (Kaheka St)</div><div>1:30 🌿 Hymn Sing Along with Ruth [R]</div><div>2:45 🕒 BINGO Club [R]</div><div>4:00 🕒 Chessmaster [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>30</div>	<div><div>NATIONAL AVOCADO DAY</div><div>9:00 ↔ Morning Stretches [R]</div><div>10:00 🌟 Plaza Life Seated Strength Exercise [R]</div><div>1:15 ❤️ Tai Chi with Ken [R]</div><div>1:45 🚌 Bank Run</div><div>2:45 🐾 The Gathering Groove: Music, New Connections &amp; Mingling [R]</div><div>3:30 🕒 Hanafuda Club with Alice [LB]</div><div>5:00 🕒 Puzzle Table [LB]</div></div> <div>31</div>	<div></div> <div>All activities are subject to change.</div>	