

January 2026

The Plaza at Punchbowls Hali'a Activity Calendar

created with 

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



"Yesterday was not your defining moment. The calendar moved forward; why not you?"

— Dr. Steve Maraboli



Braille Day
8:50 Morning Greeting
9:00 News and Views: Hawaiian Rainbows Day
9:15 Plaza Life Fitness: Hali'a Resistance Training Circuit
9:40 Hydration
10:00 Morning Surprise: Color by Shape/ Color by Emotion
10:40 Celebrating the Moment: Braille Day
1:00 Church Service with Pastor Carl & Pastor Steve
1:30 Hydration & Snack
2:30 Game and Things to Do Together: Brain Teaser Hour(Crossword)
3:00 Recreating the Classroom Experience : Crossword Challenge Animal
3:30 In the Home: Friendly Steps to the Bamboo Garden or Meditation & Music
3:45 Melody Moments " What song would like to sing?"
4:00 What's the Dinner?

4	Burger King Trademark Day
8:50 Morning Greeting	
9:00 News and Views: Island Landscapes	
9:15 Plaza Life Fitness: Hali'a Resistance Training Circuit	
9:40 Hydration	
10:00 Morning Surprise: Winter Hat or Mittens Craft	
10:40 Celebrating the Moment: Burger King Trademark Day	
1:00 Church Service with Pastor Carl & Pastor Steve	
1:30 Hydration & Snack	
2:30 Game and Things to Do Together: Crossword Hour(Crossword)	
3:00 Recreating the Classroom Experience : Crossword Challenge Animal	
3:30 In the Home: Friendly Steps to the Bamboo Garden or Meditation & Music	
3:45 Melody Moments " What song would like to sing?"	
4:00 What's the Dinner?	

5	Happy Birthday, New Mexico
8:50 Morning Greeting	
9:00 News and Views: Hula Memories	
9:15 Plaza Life Fitness: Hali'a Resistance Training Circuit	
9:40 Hydration	
10:00 Morning Surprise: Texture Collage	
10:40 Celebrating the Moment: Happy Birthday, New Mexico	
1:00 Plaza Life Fitness: Get Your Brain and Body Moving With These Seated Exercises	
1:30 Hydration & Snack	
1:40 Games and Things to Do Together: Crossword Clues	
2:00 Recreating the Classroom Experience: Pearl Harbor	
3:00 In the Home: Aroma Hand Massage	
3:30 Melody Moments " What song would like to sing?"	
4:00 What's the Dinner?	

6	1956 #1 Song Day
8:50 Morning Greeting	
9:00 News and Views: Hawaiian Music Legends	
9:15 Plaza Life Fitness: Hali'a Resistance Training Circuit	
9:40 Hydration	
10:00 Morning Surprise: Yarn Wrapping	
10:40 Celebrating the Moment: 1956 #1 Song	
1:00 Plaza Life Fitness: Get Your Brain and Body Moving With These Seated Exercises	
1:30 Hydration & Snack	
1:40 Tour of Europe with Rick Steves	
2:00 Recreating the Classroom Experience: Pearl Harbor	
3:00 In the Home: Gentle Touch Aroma massage	
3:30 Melody Moments " What song would like to sing?"	
4:00 What's the Dinner?	

7	Elvis Lives Day
8:50 Morning Greeting	
9:00 News and Views: Tropical Fruit Day	
9:15 Plaza Life Fitness: Hali'a Resistance Training Circuit	
9:40 Hydration	
10:00 Morning Surprise: Sing Along with Golden & Sandy	
10:40 Celebrating the Moment: Elvis Lives Day	
1:00 Plaza Life Fitness: Get Your Brain and Body Moving With These Seated Exercises	
1:30 Hydration & Snack	
1:40 Tour of Europe with Rick Steves	
2:00 Recreating the Classroom Experience: Leahi Park	
3:00 In the Home: Gentle Touch Aroma massage	
3:30 Melody Moments " What song would like to sing?"	
4:00 What's the Dinner?	

1	Happy Birthday, Georgia
8:50 Morning Greeting	
9:00 News and Views: Island Flowers Day Traditions	
9:15 Plaza Life Fitness: Hali'a Resistance Training Circuit	
9:40 Hydration	
10:00 Morning Surprise: Balloon Toss	
10:40 Celebrating the Moment: New Year's Day	
1:00 Plaza Life Fitness: Get Your Brain and Body Moving With These Seated Exercises	
1:30 Hydration & Snack	
1:40 Recreating the Classroom Experience: Paint by number (Garden)	
2:30 Game and Things to Do Together: Scarves & Songs Hour	
3:00 In the Home: Velvet Nail Lounge	
3:30 Melody Moments " What song would like to sing?"	
4:00 What's the Dinner?	

2	Alaskan Indigenous Heritage Day
8:50 Morning Greeting	
9:00 News and Views: Famous Hawaiian Musicians	
9:15 Plaza Life Fitness: Hali'a Resistance Training Circuit	
9:40 Hydration	
10:00 Morning Surprise: Finish the Phrase	
10:40 New Year's Day Event " Taiko Drums " [LR]	
1:00 Plaza Life Fitness: Get Your Brain and Body Moving With These Seated Exercises	
1:30 Hydration	
1:40 Games and Things to Do Together: Ball Toss & Counting Game	
2:30 Recreating the Classroom Experience: Mocktail & Snack Social	
3:00 In the home : "Island Bingo Adventure"	
3:30 Melody Moments " What song would like to sing?"	
4:00 What's the Dinner?	

11	Dozen Day
8:50 Morning Greeting	
9:00 News and Views: Sunday Views	
9:15 Plaza Life Fitness: Hali'a Resistance Training Circuit	
9:40 Hydration	
10:00 Morning Surprise: Color by Shape/ Color by Emotion	
10:40 Celebrating the Moment: Bagel Day	
1:00 Plaza Life Fitness: Get Your Brain and Body Moving With These Seated Exercises	
1:30 Hydration & Snack	
1:40 Game and Things to Do Together: Brain Teaser Hour(Crossword)	
2:30 Recreating the Classroom Experience : Continental Connections	
3:00 In the Home: Friendly Steps to the Bamboo Garden or Meditation & Music	
3:10 Recreating the Classroom Experience : Crossword Challenge Animal	

12	Rubber Duckie Day
8:50 Morning Greeting	
9:00 News and Views: Local Beaches Hawaiian Sunsets	
9:15 Plaza Life Fitness: Hali'a Resistance Training Circuit	
9:40 Hydration	
10:00 Morning Surprise: Sticker Art	
10:40 Celebrating the Moment: Hawaiian Canoe Day	
1:00 Plaza Life Fitness: Get Your Brain and Body Moving With These Seated Exercises	
1:30 Hydration & Snack	
1:40 Games and Things to Do Together: Crossword Clues	
2:00 Recreating the Classroom Experience: Alphabet Game & Counting Challenge	
3:00 In the Home: Critter Collage Adventure	
3:30 Melody Moments " What song would like to sing?"	
4:00 What's the Dinner?	

13	Spice of Life Day
8:50 Morning Greeting	
9:00 News and Views: Lei Making Traditions	
9:15 Plaza Life Fitness: Hali'a Resistance Training Circuit	
9:40 Hydration	
10:00 Morning Surprise: Head up game words	
10:40 Celebrating the Moment: Rubber Duckie	
1:00 Plaza Life Fitness: Get Your Brain and Body Moving With These Seated Exercises	
1:30 Hydration & Snack	
1:40 Tour of Europe with Rick Steves	
2:00 Recreating the Classroom Experience: Diamond Head	
3:00 In the Home: Aroma Hand Massage	
3:30 Melody Moments " What song would like to sing?"	
4:00 What's the Dinner?	

14	Humanitarian Day
8:50 Morning Greeting	
9:00 News and Views: Hawaiian Royalty	
9:15 Plaza Life Fitness: Hali'a Resistance Training Circuit	
9:40 Hydration	
10:00 Morning Surprise: Yarn Wrapping	
10:40 Celebrating the Moment: Spice of Life Day	
1:00 Plaza Life Fitness: Get Your Brain and Body Moving With These Seated Exercises	