

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2026 january The Plaza at Moanalua Halia Activity Calendar - 2nd & 3rd Floor DAILY ACTIVITIES: 8:30 Morning News [Activity Room] 9:00 Current Events at The Plaza at Moanalua 9:15 Plaza Life Exercise Program 10:00 Walking Club 10:30 The Menu & Daily Chronicle 5:30 Independent Activities 6:00 Evening Cinema				1 NEW YEARS DAY 12:30 Activity Connections: Trivia! 1:00 Halia BINGO! 12:00 Snack & Social 2:30 Brain Gym! - Family Feud! 3:00 Walking Club 3:30 Happy Hydration	2 BUFFET DAY 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	3 DRINKING STRAW DAY 12:30 Activity Connection: Life Long Learning 1:30 Brain Gym! - Crossword Crew! 2:30 Snack & Social 3:00 Walking Club 3:30 Happy Hydration 3:30 Daily Recap 3:45 Plaza Life Stretching
4 SPAGHETTI DAY 12:30 Activity Connection: Life Long Learning 1:30 Gorgeous Grams Hour! 2:30 Snack & Social 2:45 Happy Hydration 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	5 BIRD DAY 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	6 BEAN DAY 12:30 Activity Connections: Trivia! 1:15 Van Ride Line Up 1:30 Holoholo Ride! - 2 nd Floor 1:30 SingFit w/Sophia! - 3 rd Floor 2:30 Plaza Life Stretching 3:00 Walking Club 3:30 Happy Hydration	7 BOBBLE HEAD DAY 10:00 Performance: Brandon Onishi 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	8 BUBBLE BATH DAY 12:30 Activity Connections: Trivia! 1:15 Van Ride Line Up 1:30 Holoholo Ride! - 3 rd Floor 1:30 SingFit w/ Sophia! - 2 nd Floor 2:30 Plaza Life Stretching 3:00 Walking Club 3:30 Happy Hydration	9 APRICOT DAY 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	10 HOUSE PLANT APPRECIATION 12:30 Activity Connection: Life Long Learning 1:30 Brain Gym! - Word Hunt! 2:30 Snack & Social 3:00 Walking Club 3:30 Happy Hydration 3:30 Daily Recap 3:45 Plaza Life Stretching
11 MILK DAY 12:30 Brain Gym! - Crossword Crew! 1:30 Gorgeous Grams Hour! 2:30 Snack & Social 2:45 Happy Hydration 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	12 MARZIPAN DAY 10:00 Communion [Theater] 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	13 STICKER DAY 12:30 Activity Connections: Travelogue 1:15 Van Ride Line Up 1:30 Holoholo Ride! - 2 nd Floor 1:30 Brain Gym: Crossword Crew - 3 rd Floor 2:30 Plaza Life Stretching 3:00 Walking Club 3:30 Happy Hydration	14 HOT PASTRAMI DAY 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	15 BAGEL DAY 12:30 Activity Connections: Trivia! 1:15 Van Ride Line Up 1:30 Holoholo Ride! - 3 rd Floor 1:30 SingFit w/ Sophia! - 2 nd Floor 2:30 Plaza Life Stretching 3:00 Walking Club 3:30 Happy Hydration	16 FIG NEWTON DAY 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	17 POPEYE THE SAILOR DAY 10:00 BIRTHDAY BASH! W/DEAN H. 12:30 Activity Connection: Life Long Learning 1:30 Brain Gym! - Crossword Crew! 2:30 Snack & Social 3:00 Walking Club 3:30 Happy Hydration 3:30 Daily Recap 3:45 Plaza Life Stretching
18 WINNIE THE POOH DAY 12:30 Brain Gym! - Crossword Crew! 1:30 Gorgeous Grams Hour! 2:30 Snack & Social 2:45 Happy Hydration 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	19 MARTIN LUTHER KING JR DAY 10:00 Hawaii Humane Society: Pet Therapy [T] 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	20 CHEESE LOVERS DAY 10:00 Performance: Hank the Singing Dutchman! 12:30 Activity Connections: Travelogue 1:15 Van Ride Line Up 1:30 Holoholo Ride! - 2 nd Floor 1:30 SingFit w/Sophia! - 3 rd Floor 2:30 Plaza Life Stretching 3:00 Walking Club 3:30 Happy Hydration	21 GRANOLA DAR DAY 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	22 POLKA DOT DAY 12:30 Activity Connections: Trivia! 1:15 Van Ride Line Up 1:30 Holoholo Ride! - 3 rd Floor 1:30 SingFit w/ Sophia! - 2 nd Floor 2:30 Plaza Life Stretching 3:00 Walking Club 3:30 Happy Hydration	23 HANDWRITING DAY 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	24 PEANUT BUTTER DAY 12:30 Activity Connection: Life Long Learning 1:30 Brain Gym! - Crossword Crew! 2:30 Snack & Social 3:00 Walking Club 3:30 Happy Hydration 3:30 Daily Recap 3:45 Plaza Life Stretching
25 OPPOSITE DAY 12:30 Brain Gym! - Crossword Crew! 1:30 Gorgeous Grams Hour! 2:30 Snack & Social 2:45 Happy Hydration 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	26 GREEN JUICE DAY 10:00 CATHOLIC MASS [Theater] 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	27 BUBBLE WRAP DAY 12:30 Activity Connections: Travelogue 1:15 Van Ride Line Up 1:30 Holoholo Ride! - 2 nd Floor 1:30 SingFit w/Sophia! - 3 rd Floor 2:30 Plaza Life Stretching 3:00 Walking Club 3:30 Happy Hydration	28 KAZOO DAY 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching 5:00 FAMILY BINGO NIGHT!	29 PUZZLE DAY 12:30 Activity Connections: Trivia! 1:15 Van Ride Line Up 1:30 Holoholo Ride! - 3 rd Floor 1:30 SingFit w/ Sophia! - 2 nd Floor 2:30 Plaza Life Stretching 3:00 Walking Club 3:30 Happy Hydration	30 CROISSANT DAY 12:30 Creative Creations! 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap 3:45 Plaza Life Stretching	31 HOT CHOCOLATE DAY 12:30 Activity Connection: Life Long Learning 1:30 Brain Gym! - Crossword Crew! 2:30 Snack & Social 3:00 Walking Club 3:30 Happy Hydration 3:30 Daily Recap 3:45 Plaza Life Stretching