

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div> <div>2026</div> <div> <div>january</div> <div>The Plaza at Moanalua</div> <div>Assisted & Independent Living Activity Calendar</div> </div> </div>				<div> <div>1</div> <div>NEW YEARS DAY</div> <div> 9:00 Seated Strength A 9:30 Seated Strength A 10:00 Seated Strength Circuit 10:45 Brain Gym: Word Hunt 1:00 Trivia Crack! 1:30 Craft Club with Memory! 2:30 Daily Wordle 3:00 Hanafuda & Scrabble 4:00 Lucky Tiles & Blossoms </div> </div>	<div> <div>2</div> <div>BUFFET DAY</div> <div> 9:00 Seated Strength B 9:30 Seated Strength B 10:00 Seated Strength Circuit 10:45 MOA to MILS Pen Pals Intro! 1:00 Trivia Crack! 1:30 Daily Wordle 2:00 Brain Gym: Crossword Crew! 3:00 Nickel BINGO </div> </div>	<div> <div>3</div> <div>DRINKING STRAW DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:00 Seated Strength Circuit 10:45 Brain Gym: Family Feud! 1:00 Trivia Crack! 1:30 Daily Wordle 2:00 Jeopardy! 3:00 Lucky Tiles & Blossoms 4:00 Hanafuda & Scrabble </div> </div>
<div> <div>4</div> <div>SPAGHETTI DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:00 Seated Strength Circuit 10:45 Community: Plaza Pals Intro 1:00 Trivia Crack! 1:30 Crochet with Kelsie! 2:30 Daily Wordle 3:00 Snack & Social on the Patio </div> </div>	<div> <div>5</div> <div>BIRD DAY</div> <div> 9:00 Seated Strength A 9:30 Seated Strength A 10:15 Resistance Training A [Green] 11:00 Brain Gym: Word Hunt 11:30 Lamaku ROM Exercise [Pink] 1:00 Life Long Learning 1:30 Lucky Tile Mondays! 2:30 Daily Wordle 3:00 Nickel BINGO </div> </div>	<div> <div>6</div> <div>BEAN DAY</div> <div> 9:00 Seated Strength B 9:30 Seated Strength B 10:15 Resistance Training A [Purple] 11:00 MOA to MILS Pen Pals! 1:00 Jeopardy! 1:30 Bible Study with April F. 2:30 Daily Wordle 3:00 Brain Gym: Crossword Crew! 3:30 Lucky Tiles & Blossoms </div> </div>	<div> <div>7</div> <div>BOBBLE HEAD DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:00 Performance: Brandon Onishi 11:00 Brain Gym: Wednesday Wordle 11:30 Lamaku ROM Exercise [Pink] 1:00 Brain Gym: Word Hunt 1:30 Gentlemen's Club w/Tony [Sunroom] 3:00 Nickel BINGO </div> </div>	<div> <div>8</div> <div>BUBBLE BATH DAY</div> <div> 9:00 Seated Strength A 9:30 Seated Strength A 10:15 Resistance Training B [Green] 11:00 MOA to MILS Pen Pals! 1:00 Trivia Crack! 1:30 Color Splash with Kelsie! 3:00 Daily Wordle 3:30 Hanafuda & Scrabble 4:00 Lucky Tiles & Blossoms </div> </div>	<div> <div>9</div> <div>APRICOT DAY</div> <div> 9:00 Seated Strength B 9:30 Seated Strength B 10:15 Resistance Training B [Purple] 11:00 Brain Gym: Word Hunt 11:30 Lamaku ROM Exercise [Pink] 1:00 Brain Gym: SPECIAL ACTIVITY 1:30 Sketch Class with Lester! 2:30 Daily Wordle 3:00 Nickel BINGO </div> </div>	<div> <div>10</div> <div>HOUSE PLANT APPRECIATION</div> <div> 9:00 ZUMBA with Annette! 9:45 Seated Strength Circuit 10:15 Seated Strength Circuit 11:00 Brain Gym: Family Feud! 1:00 Craft Club! 2:30 Daily Wordle 3:00 Jeopardy! 3:00 Lucky Tiles & Blossoms! </div> </div>
<div> <div>11</div> <div>MILK DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:00 Seated Strength Circuit 10:45 Community: Plaza Pals 1:00 Trivia Crack! 1:30 Origami Club! 2:30 Daily Wordle 3:00 Gorgeous Grams Hour! </div> </div>	<div> <div>12</div> <div>MARZIPAN DAY</div> <div> 9:00 Seated Strength A 9:30 Seated Strength A 10:00 Communion [Theater] 10:15 Resistance Training A [Green] 11:00 Brain Gym: Word Hunt 11:30 Lamaku ROM Exercise [Pink] 1:00 Life Long Learning 1:30 Lucky Tile Mondays! 2:30 Daily Wordle 3:00 Nickel BINGO </div> </div>	<div> <div>13</div> <div>STICKER DAY</div> <div> 9:00 Seated Strength B 9:30 Seated Strength B 10:15 Resistance Training A [Purple] 11:00 MOA to MILS Pen Pals! 1:00 Daily Wordle! 1:30 RESIDENT COUNCIL 2:00 Bible Study with April F. 3:00 Brain Gym: Family Feud! 3:30 Lucky Tiles & Blossoms </div> </div>	<div> <div>14</div> <div>HOT PASTRAMI DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:15 Resistance Training B [Green] 11:00 Brain Gym: Wednesday Wordle 11:30 Lamaku ROM Exercise [Pink] 1:00 Brain Gym: Word Hunt 1:30 Gentlemen's Club w/Tony [Sunroom] 1:30 Women's Club w/Sophia [Activity Room] 3:00 Nickel BINGO </div> </div>	<div> <div>15</div> <div>BAGEL DAY</div> <div> 9:00 Seated Strength A 9:30 Seated Strength A 10:15 Resistance Training B [Purple] 11:00 MOA to MILS Pen Pals! 1:00 Trivia Crack! 1:30 Color Splash with Kelsie! 3:00 Daily Wordle 3:30 Brain Gym: Word Hunt 4:00 Lucky Tiles & Blossoms </div> </div>	<div> <div>16</div> <div>FIG NEWTON DAY</div> <div> 9:00 Seated Strength B 9:30 Seated Strength B 10:00 Seated Strength Circuit 11:00 Brain Gym: Word Hunt 11:30 Lamaku ROM Exercise [Pink] 1:00 Brain Gym: SPECIAL ACTIVITY 1:30 Craft Club! 2:30 Daily Wordle 3:00 Nickel BINGO </div> </div>	<div> <div>17</div> <div>POPEYE THE SAILOR DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:00 BIRTHDAY BASH! W/DEAN H. 11:00 Brain Gym: Family Feud! 1:00 Sketch Class with Lester! 2:30 Daily Wordle 3:00 Trivia Crack! 3:00 Lucky Tiles & Blossoms! </div> </div>
<div> <div>18</div> <div>WINNIE THE POOH DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:00 Seated Strength Circuit 10:45 Community: Plaza Pals 1:00 Trivia Crack! 1:30 Crochet with Kelsie! 2:30 Daily Wordle 3:00 Snack & Social on the Patio </div> </div>	<div> <div>19</div> <div>MARTIN LUTHER KING JR DAY</div> <div> 9:00 Seated Strength A 9:30 Seated Strength A 10:00 Hawaii Humane Society: Pet Therapy [T] 10:15 Resistance Training A [Green] 11:00 Brain Gym: Word Hunt 11:30 Lamaku ROM Exercise [Pink] 1:00 Life Long Learning 1:30 Lucky Tile Mondays! 2:30 Daily Wordle 3:00 Nickel BINGO </div> </div>	<div> <div>20</div> <div>CHEESE LOVERS DAY</div> <div> 9:00 Seated Strength B 9:30 Seated Strength B 10:00 Performance: Hank the Singing Dutchman! 11:00 MOA to MILS Pen Pals! 1:00 Jeopardy! 1:30 Bible Study with April F. 2:30 Daily Wordle 3:00 Brain Gym: Crossword Crew! 3:30 Lucky Tiles & Blossoms </div> </div>	<div> <div>21</div> <div>GRANOLA DAR DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:15 Resistance Training A [Purple] 11:00 Brain Gym: Wednesday Wordle 11:30 Lamaku ROM Exercise [Pink] 1:00 Brain Gym: Word Hunt 1:30 Gentlemen's Club w/Tony [Sunroom] 1:30 Women's Club w/Sophia [Activity Room] 3:00 Nickel BINGO </div> </div>	<div> <div>22</div> <div>POLKA DOT DAY</div> <div> 9:00 Seated Strength A 9:30 Seated Strength A 10:15 Resistance Training B [Green] 11:00 MOA to MILS Pen Pals! 1:00 Trivia Crack! 1:30 Color Splash with Kelsie! 3:00 Daily Wordle 3:30 Hanafuda & Scrabble 4:00 Lucky Tiles & Blossoms </div> </div>	<div> <div>23</div> <div>HANDWRITING DAY</div> <div> 9:00 Seated Strength B 9:30 Seated Strength B 10:15 Resistance Training B [Purple] 11:00 Brain Gym: Word Hunt 11:30 Lamaku ROM Exercise [Pink] 1:00 Brain Gym: SPECIAL ACTIVITY 1:30 Sketch Class with Lester! 2:30 Daily Wordle 3:00 Nickel BINGO </div> </div>	<div> <div>24</div> <div>PEANUT BUTTER DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:00 Seated Strength Circuit 10:30 Brain Gym: Family Feud! 1:00 Craft Club with Memory! 2:30 Daily Wordle 3:00 Trivia Crack! 3:00 Lucky Tiles & Blossoms! </div> </div>
<div> <div>25</div> <div>OPPOSITE DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:00 Seated Strength Circuit 10:45 Community: Plaza Pals 1:00 Trivia Crack! 1:30 Origami Club with Memory! 2:30 Daily Wordle 3:00 Gorgeous Grams Hour! </div> </div>	<div> <div>26</div> <div>GREEN JUICE DAY</div> <div> 9:00 Seated Strength A 9:30 Seated Strength A 10:00 CATHOLIC MASS [Theater] 10:15 Resistance Training A [Green] 11:00 Brain Gym: Word Hunt 11:30 Lamaku ROM Exercise [Pink] 1:00 Life Long Learning 1:30 Lucky Tile Mondays! 2:30 Daily Wordle 3:00 Nickel BINGO </div> </div>	<div> <div>27</div> <div>BUBBLE WRAP DAY</div> <div> 9:00 Seated Strength B 9:30 Seated Strength B 10:15 Resistance Training A [Purple] 11:00 MOA to MILS Pen Pals! 1:00 Jeopardy! 1:30 Bible Study with April F. 2:30 Daily Wordle 3:00 Brain Gym: Crossword Crew! 3:30 Lucky Tiles & Blossoms </div> </div>	<div> <div>28</div> <div>KAZOO DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:15 Resistance Training B [Green] 11:00 Brain Gym: Wednesday Wordle 11:30 Lamaku ROM Exercise [Pink] 1:00 Brain Gym: Word Hunt 1:30 Gentlemen's Club w/Tony [Sunroom] 1:30 Women's Club w/Sophia [Activity Room] 3:00 Nickel BINGO 5:00 FAMILY BINGO NIGHT! </div> </div>	<div> <div>29</div> <div>PUZZLE DAY</div> <div> 9:00 Seated Strength A 9:30 Seated Strength A 10:15 Resistance Training B [Purple] 11:00 MOA to MILS Pen Pals! 1:00 Trivia Crack! 1:30 Color Splash with Kelsie! 3:00 Daily Wordle 3:30 Brain Gym: Word Hunt 4:00 Lucky Tiles & Blossoms </div> </div>	<div> <div>30</div> <div>CROISSANT DAY</div> <div> 9:00 Seated Strength B 9:30 Seated Strength B 10:00 Seated Strength Circuit 11:00 Brain Gym: Word Hunt 11:30 Lamaku ROM Exercise [Pink] 1:00 Brain Gym: SPECIAL ACTIVITY 1:30 Craft Club with Memory! 2:30 Daily Wordle 3:00 Nickel BINGO </div> </div>	<div> <div>31</div> <div>HOT CHOCOLATE DAY</div> <div> 9:00 Seated Strength Circuit 9:30 Seated Strength Circuit 10:00 Seated Strength Circuit 10:30 Brain Gym: Family Feud! 1:00 Sketch Class with Lester! 2:30 Daily Wordle 3:00 Trivia Crack! 3:00 Lucky Tiles & Blossoms! </div> </div>