

February 2026

The Plaza at Waikiki

GONG XI FA CAI

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Candy Making Day 8:15 🚗 Church Runs 8:30 🔍 Morning Exercise [HT] 9:00 🔍 Virtual Exercise: "Rise and Shine" [T] 9:30 🔍 Morning Exercise II [A] 10:00 🔍 Diamond Art Club 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Longs (1 hour) 1:30 🔍 Afternoon Stretch [A] 2:00 📺 Series/ Documentary: "Street Food Asia" Ep 5 N [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A] 7:00 🎬 Movie Night: "Shang Chi and the Legend of the Ten Rings" (2021) [T]	National Ground Hog Day 8:30 🔍 Morning Exercise [HT] 8:30 🚗 Plaza Walking Moai Club @ Magic Island 9:00 🔍 Virtual Exercise: "Rise and Shine" [T] 9:30 🔍 Morning Exercise II [A] 9:45 🚗 Sightseeing 10:00 🎵 Hank the Singing Dutchman [A] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Errand Run (2 Mile Radius) 1:30 🔍 Afternoon Stretch [A] 2:00 📺 Series/ Documentary: "Street Food Asia" Ep 5 N [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Light Classical Music Hour [T]	National Carrot Cake Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Movements Exercises with Toshimi [A] 12:00 Medical Transportation 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [A] 2:00 🎫 Craft: Valentines Day Cards [A] 2:00 🎫 Matinee Movie: "Pride and Prejudice" (1995) Ep 5 & 6 [T] 3:00 🎲 Pokeno [A] 6:30 🎵 Hawaiian Music Hour [T]	National Homemade Soup Day 8:30 🔍 Morning Exercise [HT] 8:30 🚗 Plaza Walking Moai Club @ Magic Island 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 New Hope Church Service [T] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Don Quijote 1:30 🔍 Afternoon Stretch [T] 2:00 🎫 Games and Hula with KCC Japanese Exchange Students [A] 2:00 🎫 Matinee Movie: "Tron" (1982) D+ [T] 3:00 🎲 Bingo [A] 6:30 🎵 Music Variety Hour [T]	Dress Day: Sweaters National Sweater Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Cooking Demo with Jeremy [A] 12:00 Medical Transportation 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [A] 2:00 🎫 Documentary: "Take Out" (2004) HBO [T] 3:00 🎲 Pokeno [A] 7:00 🎬 Movie Night: "Eat, Drink, Man Woman" (1994) DVD [T]	National Lemon Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Music with Dean Hirata [A] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [A] 2:00 🎫 Diamond Art & Crochet/Paper Leis [A] 2:00 🎫 Tech Help with Jeremy [A] 3:00 🎲 Bingo [A] 6:30 🔍 Friday Night Fight Club (Tai Chi Practice) [T]	National Ballet Day 8:30 🔍 Morning Exercise [HT] 9:00 🔍 Virtual Exercise: "Rise and Shine" [T] 9:30 🎫 Morning Exercise II [A] 10:00 🎫 Craft: Sand Art [A] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [A] 2:00 🎵 Kanikapila [T] 3:00 🎲 Bingo [A] 7:00 🎬 Movie Night: "The Half of It" (2020) N [T]
Dress Day: Football Jersey or Shirts Super Bowl Day 8:15 🚗 Church Runs 8:30 🔍 Morning Exercise [HT] 9:00 🔍 Virtual Exercise: "Rise and Shine" [T] 9:30 🔍 Morning Exercise II [A] 10:00 🎫 Craft: Superbowl Team Pompons [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [A] 1:30 🎲 GAME TIME: SUPER BOWL WATCH PARTY [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A] 7:00 🎬 Movie Night: "Didi" (2024) Peacock [T]	National Hershey's Chocolate Day Super Bowl Day 8:30 🔍 Morning Exercise [HT] 8:30 🚗 Plaza Walking Moai Club @ Magic Island 9:00 🔍 Virtual Exercise: "Rise and Shine" [T] 9:30 🔍 Morning Exercise II [A] 10:00 🎫 Plaza Voyages to China: Craft Lucky Red Envelopes (Lai See or Hongbao) [A] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Longs & Savers 1:30 🔍 Afternoon Stretch [A] 2:00 📺 Series/ Documentary: "Midnight Asia: Taipei, Taiwan" N [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Table Games: Scrabble, 5 Second Questions Game, Checkers [A] 3:00 🎲 Bingo [A] 6:30 🎵 Light Classical Music Hour [T]	Dress Day: Plaza Shirts National Umbrella Day 8:30 🔍 Morning Exercise [HT] 8:30 🚗 Plaza Walking Moai Club @ Magic Island 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Plaza Voyages to China: Snack Edition [A] 10:15 🎫 Resident Council Meeting [A] 12:00 Medical Transportation 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Kahala Mall (1 hour) 1:30 🔍 Afternoon Stretch [A] 2:00 🎫 Matinee Movie: "Mulan" (2020) D+ [T] 2:00 🎲 Table Games: Scrabble, 5 Second Questions Game, Checkers [A] 3:00 🎲 Pokeno [A] 6:30 🎵 Hawaiian Music Hour [T]	National Appreciate a Friend Day 8:30 🔍 Morning Exercise [HT] 8:30 🚗 Plaza Walking Moai Club @ Magic Island 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 New Hope Church Service [T] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Kahala Mall (1 hour) 1:30 🔍 Afternoon Stretch [A] 2:00 🎫 Strength, Balance and Tone with Daniel [A] 2:00 🎫 Matinee Movie: "Go Back to China" (2019) Pluto tv [T] 3:00 🎲 Pokeno [A] 6:30 🎵 Music Variety Hour [T]	National Giving Hearts Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Plaza Voyages to China: Chinese Zodiac Presentation [A] 12:00 Medical Transportation 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Kahala Mall (1 hour) 1:30 🔍 Afternoon Stretch [A] 2:00 🎫 Documentary: "American Factory" (2019) N [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Pokeno [A] 7:00 🎬 Movie Night: "The Children Act" (2017) N [T]	National Bird Watching Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Plaza Voyages to China: Cooking with Jeremy 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [A] 2:00 🎫 Diamond Art & Crochet/Paper Leis [A] 2:00 🎫 Tech Help with Jeremy [A] 3:00 🎲 Bingo [A] 6:30 🔍 Friday Night Fight Club (Tai Chi Practice) [T]	Dress Day: Red, Pink, and/or Hearts Happy Valentines Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Chinese Lion Dance [L] 10:30 Board Games: Scrabble, hanafuda, uno, Checkers, etc. 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [A] 2:00 🎵 Kanikapila [T] 3:00 🎲 Bingo [A] 7:00 🎬 Movie Night: "Joy Luck Club" (1993) DVD [T]
National Nascar Day 8:15 🚗 Church Runs 8:30 🔍 Morning Exercise [HT] 9:00 🔍 Virtual Exercise: "Rise and Shine" [T] 9:30 🔍 Morning Exercise II [A] 10:00 🔍 Mahjong, Board or Card Games 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Longs (1 hour) 1:30 🔍 Afternoon Stretch [A] 2:00 📺 Series/ Documentary: "Somebody Feed Phil" S1 Ep1 N [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A] 7:00 🎬 Movie Night: "The Farewell" (2019) DVD [T]	Presidents Day Dress Day: Wear Red 8:30 🔍 Morning Exercise [HT] 8:30 🚗 Plaza Walking Moai Club @ Magic Island 9:00 🔍 Virtual Exercise: "Rise and Shine" [T] 9:30 🔍 Morning Exercise II [A] 10:00 🎫 Plaza Bible Study with the Kingdom of God [A] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Manoa Market City (1 hour) 1:30 🔍 Afternoon Stretch [A] 2:00 📺 Series/ Documentary: "Somebody Feed Phil" S4 Ep3 N [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A] 7:00 🎬 Movie Night: "The Farewell" (2019) DVD [T]	Ash Wednesday Dress Day: Wear Red 8:30 🔍 Morning Exercise [HT] 8:30 🚗 Plaza Walking Moai Club @ Magic Island 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Mindful Movements Exercises with Toshimi [A] 12:00 Medical Transportation 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Errand Run (2 Miles) 1:30 🔍 Afternoon Stretch [A] 2:00 🎫 Matinee Movie: "10 Things I Hate About You" (1999) D+ [T] 2:00 🎫 Plaza Voyages to China: Year of the Horse Chinese New Year Craft [A] 3:00 🎲 Pokeno [A] 6:30 🎵 Hawaiian Music Hour [T]	National Corn Flakes Day 8:30 🔍 Morning Exercise [HT] 8:30 🚗 Plaza Walking Moai Club @ Magic Island 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Plaza Voyages to China: Origami Fan [A] 12:00 Medical Transportation 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Errand Run (2 Miles) 1:30 🔍 Afternoon Stretch [A] 2:00 🎫 Documentary: "Disneyland: Handcrafted" (2026) D+ [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Pokeno [A] 7:00 🎬 Movie Night: "The Great Wall" (2016) HBO [T]	Dress Day: Plaza Shirts National Caregivers Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Beaded Keychains [A] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [T] 2:00 🎫 Diamond Art & Crochet/Paper Leis [B] 2:00 🎫 Tech Help with Jeremy [B] 3:15 🎲 Bingo [A] 6:30 🔍 Friday Night Fight Club (Tai Chi Practice) [T]	National Telephone Book Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Diamond Art Club [A] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [A] 2:00 🎵 Kanikapila [T] 3:00 🎲 Bingo [A] 7:00 🎬 Movie Night: "Crazy Rich Asians" (2018) DVD [T]	Dress Day: Red, Pink, and/or Hearts National Telephone Book Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Chinese Lion Dance [L] 10:30 Board Games: Scrabble, hanafuda, uno, Checkers, etc. 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [A] 2:00 🎵 Kanikapila [T] 3:00 🎲 Bingo [A] 7:00 🎬 Movie Night: "Joy Luck Club" (1993) DVD [T]
National Margarita Day 8:15 🚗 Church Runs 8:30 🔍 Morning Exercise [HT] 9:00 🔍 Virtual Exercise: "Rise and Shine" [T] 9:30 🔍 Morning Exercise II [A] 10:00 🎫 Craft: Sand Art [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Longs (1 hour) 1:30 🔍 Afternoon Stretch [A] 2:00 📺 Series/ Documentary: "Somebody Feed Phil" S 7 Ep 7 N [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A] 7:00 🎬 Movie Night: "Ms. Purple" (2019) Peacock [T]	Dress Day: Movie Shirts National Friendship Movie Day 8:30 🔍 Morning Exercise [HT] 8:30 🚗 Plaza Walking Moai Club @ Magic Island 9:00 🔍 Virtual Exercise: "Rise and Shine" [T] 9:30 🔍 Morning Exercise II [A] 9:45 🚗 Sightseeing 10:00 ❤️ Performance: Tai Chi with Toshimi and Students [L] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Longs/Savers (1 hour) 1:30 🔍 Afternoon Stretch [A] 2:00 📺 Series/ Documentary: "Ugly Delicious" S1 Ep 7 [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Bingo [A] 6:30 🎵 Light Classical Music Hour [T]	National Tortilla Chip Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Beaded Bracelets or Necklace [A] 12:00 Medical Transportation 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Don Quijote 2:00 🎫 Matinee Movie: "Flubber" (1997) D+ [T] 2:00 🎫 Table Games: Scrabble, 5 Second Questions Game, Checkers [A] 3:00 🎲 Pokeno [A] 6:30 🎵 Hawaiian Music Hour [T]	National Chocolate Covered Nuts Day 8:30 🔍 Morning Exercise [HT] 8:30 🚗 Plaza Walking Moai Club @ Magic Island 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 New Hope Church Service [T] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Don Quijote 2:00 🎫 Matinee Movie: "Chang Can Dunk" (2023) D+ [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Pokeno [A] 6:30 🎵 Music Variety Hour [T]	World Pistachio Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Cooking Demo with Jeremy [A] 12:00 Medical Transportation 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:15 🚗 Shopping: Don Quijote 2:00 🎫 Matinee Movie: "Born in China" (2016) D+ [T] 2:00 🎵 Walking Club Around the Plaza 3:00 🎲 Pokeno [A] 7:00 🎬 Movie Night: "Respect" (2021) N [T]	National Retro Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Trivia 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [A] 2:00 🎫 Diamond Art & Crochet/Paper Leis [A] 2:00 🎫 Tech Help with Jeremy [A] 3:00 🎲 Bingo [A] 6:30 🔍 Friday Night Fight Club (Tai Chi Practice) [T]	Dress Day: Floral Shirts National Floral Design Day 8:30 🔍 Morning Exercise [HT] 9:00 🎫 Plaza Life Circuit 2 Exercise [A] 9:30 🔍 Virtual Exercise: "Rise and Shine" [T] 10:00 🎫 Flower Arrangements for Dining Room [A] 12:40 Fight Club (Tai Chi Balance) [A] 1:00 🔍 Virtual Exercise: Barre with Resistance Bands [T] 1:30 🔍 Afternoon Stretch [A] 2:00 🎵 Kanikapila [T] 3:00 🎲 Bingo [A] 7:00 🎬 Movie Night: "Lily" (2024) N [T]

- 莙 Arts / Crafts
- 莙 Club Visits
- 🎵 Cooking / Baking
- 👉 Educational Classes
- ↔ Exercise / Physical Activity
- ❤️ Family Event / Support Group
- 🚍 Field Trip / Medical Appointments
- 🎮 Games
- 🎥 Movies / Documentaries
- 🎵 Music / Special Entertainment
- ⭐ One-on-One
- 🌿 Plaza Life Fitness
- 괌 Plaza Voyages

Location Keys

Activity Room A
Bistro B
Hoku Terrace HT
Living Room L
Theater T