

# February 2026

## The Plaza at Punchbowls Hali'a Activity Calendar

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>National Dark Chocolate Day</b> 8:50  Morning Greeting 9:00  News and Views: Kindness Kickoff 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Creative Hands Time 10:40  Celebrating the Moment: Valentine's Month Start 1:00  Church Service with Pastor Carl & Pastor Steve 1:30  Hydration & Snack 2:30  Recreating the Classroom Experience: Short Story ("The Same Bench") 3:00  In the Home: Sort Red/Pink Linens 3:30  Game and Things to Do Together: Origami: Pass-the-Heart 3:50  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>Groundhog Day</b> 8:50  Morning Greeting 9:00  News and Views: Groundhog Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Color heart worksheets 10:40  Celebrating the Moment: Hello, Mr. Groundhog! 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Hydration & Snack 2:00  Games and Things To Do Together: Circle Ball Game 2:30  Recreating the Classroom Experience: Short Story Time ("The Red Scarf") 3:00  In the Home: Aroma Hand Massage 3:30  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>National Carrot Cake Day</b> 8:50  Morning Greeting 9:00  News and Views: National Carrot Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Head up game words 10:40  Celebrating the Moment: Sweet Memories Day 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Hydration 1:40  Movie & Snack: Singin' in the Rain 2:00  Recreating the Classroom Experience: Pearl City 3:00  In the Home: Aroma Hand Massage 3:30  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>National Homemade Soup Day</b> 8:50  Morning Greeting 9:00  News and Views: National Homemade Soup Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Origami Heart 10:40  Celebrating the Moment: Comfort in a Bowl 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Hydration 1:40  Movie & Snack: The Music Man 2:00  Recreating the Classroom Experience: KoKo Head 3:00  In the Home: Gentle Touch Aroma massage 3:30  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>National Weatherperson's Day</b> 8:50  Morning Greeting 9:00  News and Views: National Weatherperson's Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Word Power Toss 10:40  Celebrating the Moment: Homemade Soup 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Hydration & Snack 1:40  Recreating the Classroom Experience: Paint by number 2:30  Game and Things to Do Together: Scarves & Songs Hour 3:30  In the Home: Groundhog Trivia 3:50  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>Bubble Gum Day</b> 8:50  Morning Greeting 9:00  News and Views: Bubble Gum Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Word Wonders Bingo 10:40  Celebrating the Moment: Weatherperson's Day 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Best Friends Social( Happy Hour with Staff) 2:00  Community Spirit / Doing for Others: "Golden Voices Karaoke" with Staff 2:30  Recreating the Classroom Experience: Talent-Show Style(Stars of Our Community) 3:00  Game and Things to Do Together: Outdoor Stroll Courtyard Walk 3:30  In the Home: "Island Bingo Adventure" 3:50  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>Ice Cream for Breakfast Day</b> 8:50  Morning Greeting 9:00  News and Views: Ice Cream for Breakfast Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Finish the Phrase 10:40  Celebrating the Moment: Bubble Gum 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Hydration & Snack 1:40  Games and Things to Do Together: Ball Toss & Counting Game 2:30  Recreating the Classroom Experience: Outdoor Stroll Courtyard Walk 3:00  In the home : "Island Bingo Adventure" 3:50  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>7</b>
<b>National Kite Flying Day</b> 8:50  Morning Greeting 9:00  News and Views: National Kite Flying Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise : Creative Hands Time 10:40  Celebrating the Moment: Ice Cream for Breakfast 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Hydration & Snack 2:00  Game and Things to Do Together: Brain Teaser Hour(Crossword) 2:30  Recreating the Classroom Experience : Short Story ("The Warm Tea") 3:00  In the Home: Olga Mi: Origami Hands-On Art & Craft 3:50  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>National Pizza Day</b> 8:50  Morning Greeting 9:00  News and Views: National Pizza Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Sticker Art 10:40  Celebrating the Moment: Boy Scout 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Hydration & Snack 2:00  Games and Things To Do Together: Circle Ball Game 2:30  Recreating the Classroom Experience: Short Story ("The Music They Shared") 3:00  In the Home: Critter Collage Adventure 3:50  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>National Umbrella Day</b> 8:50  Morning Greeting 9:00  News and Views: National Umbrella Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Head up game words 10:40  Celebrating the Moment: National Umbrella Day 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Hydration 1:40  Movie & Snack: An Affair to Remember 2:00  Recreating the Classroom Experience: Kaimuki 3:00  In the Home: Aroma Hand Massage 3:50  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>International Day of Women &amp; Girls in Science</b> 8:50  Morning Greeting 9:00  News and Views: International Day of Women & Girls in Science 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Origami Flower 10:40  Celebrating the Moment: Everyone Loves Pizza 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Hydration 1:40  Movie & Snack: My Fair Lady 2:00  Recreating the Classroom Experience: Magic Island 3:00  In the Home: Gentle Touch Aroma massage 3:50  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>National Plum Pudding Day</b> 8:50  Morning Greeting 9:00  News and Views: National Plum Pudding Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Word Wonders Bingo 10:40  Celebrating the Moment: World Radio Day 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Best Friends Social( Happy Hour with Staff) 2:00  Community Spirit / Doing for Others: "Golden Voices Karaoke" with Staff 2:30  Recreating the Classroom Experience: Talent-Show Style(Stars of Our Community) 3:00  Game and Things to Do Together: Ball Toss & Counting Game 3:30  In the Home: Velvet Nail Lounge 3:50  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>14</b>		
<b>World Whale Day</b> 8:50  Morning Greeting 9:00  News and Views: World Whale Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise : Color by Shape/ Color by Emotion 10:40  Celebrating the Moment: Creative Hands Time 1:00  Plaza Life Fitness: Gentle Chair Stretch & Range of Motion 1:30  Hydration & Snack 2:00  Games and Things To Do Together: Circle Ball Game 2:30  Recreating the Classroom Experience: Short Story ("The Smile") 3:00  In the Home: Olga Mi Hands-On Art & Craft 3:30  Game and Things to Do Together: Brain Teaser "Trivia" 3:50  Melody Moments "What song would like to sing?" 4:00  What's the Dinner?	<b>15</b>	<b>Presidents' Day</b> 8:50  Morning Greeting 9:00  News and Views: Presidents' Day 9:15  Plaza Life Fitness: Hali'a Resistance Training Circuit 9:40  Hydration 10:00  Morning Surprise: Sticker Art 10:40  Celebrating the Moment: Creative Mind 1:00  Plaza Life Fitness: Gentle					