



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Hula In The Coola Day1</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 10:15 ⛪ Live Stream: New Hope Video Service 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>World Play Ukulele Day2</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 11:00 ⛪ Buddhist Services 12:30 ⭐ Lunch 1:30 🎵 Music & Movement 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>American Painter's Day3</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:30 🎵 Silent Disco: Hawaii Dance Bomb 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>Sweater Day4</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:30 🎵 Music Performance: Ola 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>World Read Aloud Day5</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>Pay-a-Compliment Day6</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 10:30 🎭 Sweet-Tarts Heart Saying Wall 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>National Wear Red Day7</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 10:30 🎮 Victory Hawaii Church Bingo 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 4:30 ⛪ Catholic Mass 5:30 ⭐ Dinner</div>
<div>Superbowl Sunday8</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 10:15 ⛪ Live Stream: New Hope Video Service 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>Laugh and Get Rich Day9</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 🎂 Birthday Celebration 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>Teddy Day10</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:30 🎵 Kupuna Ministries with Jon Koki 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>Make A Friend Day11</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>Latern Day12</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 10:30 🎭 Lunar New Years Lanterns 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>World Radio Day13</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:30 🎵 Music Performance: Hank the Singing Dutchman 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>Valentine's Day14</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 10:30 🎮 Victory Hawaii Church Bingo 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>
<div>National Gumdrop Day15</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 10:15 ⛪ Live Stream: New Hope Video Service 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>Presidents' Day16</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 12:15 🎵 Chinese Lion Dance 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>National Random Act of Kindness Day17</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>National Drink Wine Day18</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 10:30 🎵 Music Performance: Sanford Lee 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>National Tug-of-War Day19</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🎵 Music Performance: Hui Malama 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>National Comfy Day20</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>National Caregivers Day21</div> <div>8:30 ⭐ Breakfast 9:30 🎵 BYUH Event 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>
<div>National Walking The Dog Day22</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 10:15 ⛪ Live Stream: New Hope Video Service 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>National Play Tennis Day23</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 10:30 🎵 Music Performance: Mellow Friends 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>World Bartender Day24</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 10:30 🎵 Music Performance: Roy Hamada 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>National Quiet Day25</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:30 🎵 Music Performance: Violinist Peter 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>Carpe Diem Day26</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🎵 Music Performance: Aaron Cui 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner 6:30 ❤️ Alzheimer's Support Group</div>	<div>National Skip The Straw Day27</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:30 🎵 Hula and Music: Na Kupuna O Ko'olau 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>	<div>National Tooth Fairy Day28</div> <div>8:30 ⭐ Breakfast 10:00 🌿 Plaza Seated Strength Training 10:15 🌿 Gazebo Fun 12:30 ⭐ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 3:00 ⭐ Room Visits 4:00 🌿 Hydration Break & Stretching 5:30 ⭐ Dinner</div>

ACTIVITIES
ARE SUBJECT
TO CHANGE



"My funny
valentine
sweet comic
valentine
You make me smile
with my heart"

- 🎨 Arts / Crafts
- 🎂 Celebrations
- 👉 Exercise / Physical Activity
- ❤️ Family Event / Support Group
- 🎮 Games
- 🌿 Gardening / Outdoor Visit
- 🌿 Hydration Program
- 🧘 Meditation / Mindfulness
- 🎵 Music / Special Entertainment
- ⭐ One-on-One
- 🌿 Plaza Life Fitnesss
- ⛪ Religious / Spiritual Programs
- 🌿 Volunteerism / Community Service