

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activities are subject to change.



- 🌿 Creative
- 👤 Individual activity
- 💡 Intellectual
- 🍽️ Meals
- 🎵 Music
- ★ National Day Event
- 🌿 Outside
- ❤️ Physical
- 👥 Social
- 🎭 Special Events
- 📖 Spiritual

National Play Outside Day 1 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 Living Room 'Talk Story' 10:30 🌟 Victory Hawaii Church Bingo 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 4:30 📖 Catholic Mass 5:30 🍽️ Dinner							
Groundhog Day 2 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training - 📖 Live Stream: New Hope Video Service 10:30 💡 Living Room 'Talk Story' 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Missing Person Day 3 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:15 🌿 Pet Visits 10:30 👤 Massage & Manicure 11:00 📖 Buddhist Services 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Thank A Mail Carrier Day 4 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 Living Room 'Talk Story' 10:30 🎵 Silent Disco: Hawaii Dance Bomb 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Weatherperson's Day 5 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 BINGO 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Chopsticks Day 6 8:30 🍽️ Breakfast 9:30 📖 Prayer Group - Kailua Christian Church 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 Living Room 'Talk Story' 10:30 🎵 Music & Movement 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Wear Red Day 7 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 🌿 All Things Red Collage 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Kite Flying Day 8 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 🌿 Build A Kite 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	
Superbowl Sunday 9 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training - 📖 Live Stream: New Hope Video Service 10:30 💡 Living Room 'Talk Story' 12:30 🍽️ Lunch 12:45 🌿 SUPERBOWL FESTIVITIES 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Safer Internet Day 10 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:15 🌿 Pet Visits 10:30 💡 Card Making - Thank you Mail Carrier 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Make A Friend Day 11 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 🎵 Kupuna Ministries with Jon Koki 10:30 💡 Living Room 'Talk Story' 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Plum Pudding Day 12 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 BINGO 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Giving Hearts Day 13 8:30 🍽️ Breakfast 9:30 📖 Prayer Group - Kailua Christian Church 10:00 ❤️ Plaza Seated Strength Training 10:15 🎵 Music and Movement with Joslyn 10:30 💡 Living Room 'Talk Story' 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	Valentine's Day 14 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 🌿 Valentine Craft 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Gumdrop Day 15 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 Living Room 'Talk Story' 10:30 🌟 Victory Hawaii Church Bingo 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	
National Do A Grouch A Favor Day 16 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training - 📖 Live Stream: New Hope Video Service 10:30 💡 Living Room 'Talk Story' 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	Presidents' Day 17 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:15 🌿 Pet Visits 10:30 🌟 Living Room 'Talk Story' President Discussion 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Drink Wine Day 18 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 Living Room 'Talk Story' 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Chocolate Mint Day 19 8:30 🍽️ Breakfast 10:00 🎵 Musical Performance: Sanford Lee 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 BINGO 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Love Your Pet Day 20 8:30 🍽️ Breakfast 9:30 📖 Prayer Group - Kailua Christian Church 10:00 ❤️ Plaza Seated Strength Training 10:30 🌟 Adopt a Pet 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Caregivers Day 21 8:30 🍽️ Breakfast 10:00 🎵 Musical Performance Hank the Singing Dutchman 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 Living Room 'Talk Story' 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Margarita Day 22 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 Living Room 'Talk Story' 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	
National Dog Biscuit Day 23 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training - 📖 Live Stream: New Hope Video Service 10:30 💡 Living Room 'Talk Story' 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Tortilla Chip Day 24 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:15 🌿 Pet Visits 10:30 🌿 Mellow Friends Karaoke 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Chocolate Covered Day 25 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:15 🎵 Musical Performance: Roy Hamada 10:30 💡 Living Room 'Talk Story' 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Set A Good Example Day 26 8:30 🍽️ Breakfast 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 BINGO 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Retro Day 27 8:30 🍽️ Breakfast 9:30 📖 Prayer Group - Kailua Christian Church 10:00 ❤️ Plaza Seated Strength Training 10:30 💡 Living Room 'Talk Story' Blast From The Past 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner	National Floral Design Day 28 8:30 🍽️ Breakfast 10:00 🎵 Performance: Na Kupuna O Ko'olau 10:00 ❤️ Plaza Seated Strength Training 10:30 🌿 Flower Arranging 12:30 🍽️ Lunch 2:00 🌿 Afternoon Strolls / Gazebo Activities 4:00 ❤️ Hydration Break & Stretching 5:30 🍽️ Dinner		