




February 2024
The Plaza at Punchbowl's Hali'a Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>"Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour." — John Boswell</p>		NATIONAL DARK CHOCOLATE DAY 9:00 Morning Greetings & Exercise 9:45 Indoor Relaxation 1:15 ↔ Midday Stretches 2:00 🎨 Arts & Crafts 3:00 🧘 Chair Yoga Dance 3:30 🎵 Sing Along	NATIONAL WEAR RED DAY (Dress Up) 9:00 Morning Greetings & Exercise 9:45 Indoor Relaxation 1:15 ↔ Midday Stretches 2:00 🎵 Seated Zumba 3:00 BINGO	NATIONAL CARROT CAKE DAY (FSD) 9:00 Morning Greetings & Exercise 9:45 🏈 Kickball 1:15 ↔ Midday Stretches 2:00 Sing Along 2:30 Bingo & Snacks 3:00 🧠 Brain Games
Happy Birthday, Yoshiharu Kobashigawa! NATIONAL HOMEMADE SOUP DAY (FSD) 9:00 Morning Greetings & Exercise 9:45 Kickball 1:15 ↔ Midday Stretches 1:30 🌿 Church Service with Pastor Carl & Pastor Steve 2:45 Bingo & Snacks 3:30 🏈 Sing Along	WORLD NUTELLA DAY 9:00 Morning Greetings & Exercise 9:45 Kickball 1:15 ↔ Midday Stretches 2:00 🎨 Color And Paint Fun 3:00 🕒 BINGO	NATIONAL CHOPSTICKS DAY 9:00 Morning Greetings & Exercise 9:45 🧠 Words Games 1:15 ↔ Midday Stretches 2:15 🚌 Scenic Bus Ride: Kahala 3:30 🎵 Sing Along	NATIONAL SEND A CARD TO A FRIEND DAY 9:00 Morning Greetings & Exercise 9:30 Sunshine Hour 9:45 Do You See What I See? 1:15 ↔ Midday Stretches 1:45 🎨 Coloring for Relaxation 2:00 Afternoon Matinee : The Parent Trap 3:15 Bingo	NATIONAL KITE FLYING DAY 9:00 Morning Greetings & Exercise 9:45 Indoor Relaxation 10:00 🌿 Rev. Bert Sumikawa (Moiiliili Hongwanji Mission) 1:15 ↔ Midday Stretches 2:00 🎨 Arts & Crafts 3:00 🧘 Chair Yoga Dance 3:30 🎵 Sing Along	Happy Birthday, Carole Wee! NATIONAL PIZZA DAY (FSD) 9:00 Morning Greetings & Exercise 9:45 Indoor Relaxation 1:15 ↔ Midday Stretches 2:00 🎵 Seated Zumba 3:00 BINGO	CHINESE NEW YEAR Happy Birthday, James Oshiro! 9:00 Morning Greetings & Exercise 9:45 🏈 Kickball 1:15 ↔ Midday Stretches 2:00 Sing Along 2:30 🎵 Zumba with Annette 3:00 Sing Along
SUPERBOWL 9:00 Morning Greetings & Exercise 9:45 Kickball 1:15 ↔ Midday Stretches 1:30 🌿 Church Service with Pastor Carl & Pastor Steve 2:45 Bingo & Snacks 3:30 🏈 Sing Along	NATIONAL LOST PENNY DAY 9:00 Morning Greetings & Exercise 9:45 Kickball 10:00 🎵 Silent Disco with Alexis 1:15 ↔ Midday Stretches 2:00 🎨 Color And Paint Fun 3:00 🕒 BINGO	FAT TUESDAY (Day Before Ash Wednesday) Happy Birthday, Mitsue Nihei! 9:00 Morning Greetings & Exercise 9:45 🧠 Words Games 1:15 ↔ Midday Stretches 2:15 🚌 Scenic Bus Ride: Magic Island 3:30 🎵 Sing Along	VALENTINE'S DAY 9:00 Morning Greetings & Exercise 9:30 Sunshine Hour 9:45 Do You See What I See? 1:15 ↔ Midday Stretches 1:45 🎨 Coloring for Relaxation 2:15 Scenic Bus Ride : Lagoon Drive 3:15 Bingo	NATIONAL GUMDROP DAY 9:00 Morning Greetings & Exercise 9:45 Indoor Relaxation 1:15 ↔ Midday Stretches 2:00 🎨 Arts & Crafts 3:00 🧘 Chair Yoga Dance 3:30 🎵 Sing Along	NATIONAL ALMOND DAY 9:00 Morning Greetings & Exercise 9:45 Indoor Relaxation 1:15 ↔ Midday Stretches 2:00 🎵 Seated Zumba 3:00 BINGO	NATIONAL RED SOCK (Dress Up) 9:00 Morning Greetings & Exercise 9:45 🏈 Kickball 1:15 ↔ Midday Stretches 2:00 Sing Along 2:30 Bingo & Snacks 3:00 🧠 Brain Games
NATIONAL DRINK WINE DAY 9:00 Morning Greetings & Exercise 9:45 Kickball 1:15 ↔ Midday Stretches 1:30 🌿 Church Service with Pastor Carl & Pastor Steve 2:45 Bingo & Snacks 3:30 🏈 Sing Along	PRESIDENTS DAY (Third Monday in February) 9:00 Morning Greetings & Exercise 9:45 Kickball 1:15 ↔ Midday Stretches 2:00 Chinese New Year Lion Dance 2:00 🎨 Color And Paint Fun 3:00 🕒 BINGO	Happy Birthday, Robert Vidinha & Margie Her! NATIONAL LOVE YOUR PET DAY 9:00 Morning Greetings & Exercise 9:45 🧠 Words Games 1:15 ↔ Midday Stretches 2:15 🚌 Scenic Bus Ride: China Town 3:30 🎵 Sing Along	NATIONAL STICKY BUN DAY 9:00 Morning Greetings & Exercise 9:30 Sunshine Hour 9:45 Do You See What I See? 1:15 ↔ Midday Stretches 1:45 🎨 Coloring for Relaxation 3:15 Bingo	NATIONAL MARGARITA DAY 9:00 Morning Greetings & Exercise 9:45 Indoor Relaxation 1:15 ↔ Midday Stretches 2:00 🎨 Arts & Crafts 3:00 🧘 Chair Yoga Dance 3:30 🎵 Sing Along	NATIONAL TILE DAY 9:00 Morning Greetings & Exercise 9:45 Indoor Relaxation 1:15 ↔ Midday Stretches 2:00 🎵 Seated Zumba 3:00 BINGO	NATIONAL TORTILLA CHIP DAY 9:00 Morning Greetings & Exercise 9:45 🏈 Kickball 1:15 ↔ Midday Stretches 2:00 Sing Along 2:30 Bingo & Snacks 3:00 🧠 Brain Games
Happy Birthday, Yoshie Chu & Reginald Park & Nobuko Toyama! NATIONAL CLAM CHOWDER DAY (FSD) 9:00 Morning Greetings & Exercise 9:45 Kickball 1:15 ↔ Midday Stretches 1:30 🌿 Church Service with Pastor Carl & Pastor Steve 2:45 Bingo & Snacks 3:30 🏈 Sing Along	NATIONAL PISTACHIO DAY 9:00 Morning Greetings & Exercise 9:45 Kickball 1:15 ↔ Midday Stretches 2:00 🎨 Color And Paint Fun 3:00 🕒 BINGO	NATIONAL RETRO DAY (Dress Up) 9:00 Morning Greetings & Exercise 9:45 🧠 Words Games 1:15 ↔ Midday Stretches 2:15 🚌 Scenic Bus Ride: Tantalus 3:30 🎵 Sing Along	NATIONAL FLORAL DESIGN DAY 9:00 Morning Greetings & Exercise 9:30 Sunshine Hour 9:45 Do You See What I See? 1:15 ↔ Midday Stretches 1:45 🎨 Coloring for Relaxation 2:15 Scenic Bus Ride: Palolo Valley [T] 3:15 Bingo	NATIONAL LEAP DAY 9:00 Morning Greetings & Exercise 9:45 Indoor Relaxation 1:15 ↔ Midday Stretches 2:00 🎨 Arts & Crafts 3:00 🧘 Chair Yoga Dance 3:30 🎵 Sing Along	