

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



- Health & Fitness**
- Shuttle**
- Special Event**

<p>National Homemade Soup Day 4</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 9:30 Things That Start With "S" [A] 10:30 Pet Visit with Jim and Chico [A] 11:00 LUNCH 12:30 Chair Yoga with Sherry Zak Morris [A] 1:00 Pictionary [A] 2:00 Ring Toss to Classical Music [A] 2:45 Plaza Sing A Long [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>World Nutella Day 5</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 9:30 Simple Mathematics and Spelling Bee [A] 10:00 Hank the Singing Dutchman [HT] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:15 Horseshoes 2:00 Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>Dress Day: Pastel Colors 6</p> <p>Ice Cream for Breakfast Day</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 9:30 SONG OF THE DAY: "Banana Split for my Baby" by Louis Prima [A] 10:00 Hali'a Best Friend of the Month: Virtual Shopping: Limoges China Collecting! [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Yoga with Sherry Zak Morris [A] 1:00 Mini Pulelehua Stations [A] 2:20 Sensory Stroll Outdoors [HT] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Send a Card to a Friend Day 7</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 9:15 Brain Game: 9 Square [A] 9:45 Sightseeing: Loko Pa'iaiu Fishpond 10:00 New Hope Church Service [T] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:00 Group Craft: Chinese New Year Dragon [A] 1:00 Strength, Balance and Tone with Daniel 2:00 Balloon Swat Volleyball [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Serpent Day 1</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:30 Hangman- Types of Reptile [A] 9:15 Buddhist Service with Moiliili Hongwanji [T] 10:00 Craft: Paper Chain Snake [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Tai Chi [A] 1:00 Mini Pulelehua Stations [A] 2:15 Bowling [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>Dress Day: Red Shirts 2</p> <p>Wear Red Day</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:15 Brain Quest 2 [A] 10:00 Game: Twister Toss [A] 10:00 Music with Dean Hirata [A] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:00 Craft: Paper Cardinals [A] 2:00 Ukulele Sing A-long with Jeremy [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Carrot Cake Day 3</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:30 Morning Exercise [A] 9:15 Would You Rather...? And Why? [A] 10:00 Veggie Painting with Carrot and Broccoli Brushes! [A] 11:00 LUNCH 12:30 Tea Time [A] 1:00 Lacing Cards, Jigsaw Puzzles and Table Games [A] 2:00 Kanikapila [T] 2:20 Sensory Stroll Outdoors [HT] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>
<p>Dress Day: Sports Jerseys or Team Shirts 11</p> <p>Superbowl Sunday</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:30 Things That Start With "F" [A] 10:00 Group Creative Writing: The Big Game 10:00 Pet Therapy with Kaia and Noah [A] 11:00 LUNCH 12:30 Chair Yoga with Sherry Zak Morris [A] 1:00 Sightseeing: White Plains Beach 2:00 Ring Toss to Classical Music [A] 2:45 Plaza Sing A Long [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Lost Penny Day 12</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 9:30 Simple Mathematics and Spelling Bee [A] 10:00 Music with Roy Hamada [A] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:15 Horseshoes 2:00 Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>Dress Day: Purple, Green and Gold 13</p> <p>Mardi Gras</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:30 SONG OF THE DAY: "Iko Iko" by the Dixie Cups [A] 10:00 Hali'a Best Friend of the Month: Classic Rock You-Tube Sing-Along! [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Zumba 1:00 Mini Pulelehua Stations [A] 2:20 Sensory Stroll Outdoors [HT] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>Dress Day: Red, Pink and White 14</p> <p>Valentine's Day</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:15 Brain Game: Memory Tray [A] 10:00 New Hope Church Service [T] 10:00 Pet Therapy with Wilma and Milo [A] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:00 Craft: Valentine's Day Cards [A] 2:00 Twister Toss 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Kite Flying Day 8</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 9:15 Hangman- Types of Toys [A] 10:00 Decorate a Kite! [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Tai Chi [A] 1:00 Mini Pulelehua Stations [A] 2:15 Bowling [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Pizza Day 9</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 9:15 Brain Quest 2 [A] 10:00 Group Craft: Chinese New Year Dragon [A] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:00 Cooking Demonstration: Pizza [A] 2:00 Ukulele Sing A-long with Jeremy [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>Chinese New Year 10</p> <p>Dress Day: Plaza Shirts</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:30 Morning Exercise [A] 9:15 Would You Rather...? And Why? [A] 10:00 Craft: Make a Dragon! [A] 11:00 LUNCH 12:30 Tea Time [A] 1:00 Lacing Cards, Jigsaw Puzzles and Table Games [A] 2:00 Kanikapila [T] 2:20 Sensory Stroll Outdoors [HT] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>
<p>National Drink Wine Day 18</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:30 Things That Start With "W" [A] 10:00 Charades [A] 11:00 LUNCH 12:30 Chair Yoga with Sherry Zak Morris [A] 1:00 Bingo! 2:00 Hula with Kumu Sallie [A] 2:00 Ring Toss to Classical Music [A] 2:45 Plaza Sing A Long [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>President's Day 19</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:30 Simple Mathematics and Spelling Bee [A] 10:00 Hank the Singing Dutchman [HT] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:15 Horseshoes 2:00 Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>Dress Day: Plaza Shirts 20</p> <p>National Love Your Pet Day</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:30 SONG OF THE DAY: "The Doggie in the Window" by Patti Page [A] 10:00 Silent Disco [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Salsa 1:00 Mini Pulelehua Stations [A] 2:20 Sensory Stroll Outdoors [HT] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Sticky Bun Day 21</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:15 Brain Game: Word Ladders 9:45 Sightseeing: Sand Island 10:00 New Hope Church Service [T] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:00 Cooking Demonstration: Sticky Buns [A] 1:00 Strength, Balance and Tone with Daniel 2:00 Table Games: Yahtzee! 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Gumdrop Day 15</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:30 Morning Exercise [A] 9:15 Hangman- Types of Candy [A] 10:00 Craft: Build a Gumdrop House! [A] 10:00 Pet Therapy with Wes Koga [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Tai Chi [A] 1:00 Mini Pulelehua Stations [A] 2:15 Bowling [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Do a Grouch a Favor Day 16</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:15 Brain Quest 2 [A] 10:00 Learn to Draw: Oscar the Grouch! 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:00 Cooking Demonstration: Creamed Spinach [A] 2:00 Ukulele Sing A-long with Jeremy [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>World Pangolin Day 17</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:30 Morning Exercise [A] 9:15 Would You Rather...? And Why? [A] 10:00 Craft: Rolling Pangolin Puppet [A] 11:00 LUNCH 12:30 Tea Time [A] 1:00 Lacing Cards, Jigsaw Puzzles and Table Games [A] 2:00 Kanikapila [T] 2:20 Sensory Stroll Outdoors [HT] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>
<p>National Clam Chowder Day 25</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:30 Things That Start With "C" [A] 10:00 Group Creative Writing: A Chowder Restaurant in Maine 11:00 LUNCH 12:30 Chair Yoga with Sherry Zak Morris [A] 1:00 Sightseeing: Valley of the Temples 2:00 Hula with Kumu Sallie [A] 2:00 Ring Toss to Classical Music [A] 2:45 Plaza Sing A Long [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Pistachio Day 26</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:30 Simple Mathematics and Spelling Bee [A] 10:00 Sing-a-long with Sandy and Gordon [A] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:15 Horseshoes 2:00 Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>Dress Day: Retro Shirts 27</p> <p>National Retro Day</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:30 SONG OF THE DAY: "Good Night Irene" by the Weavers [A] 10:00 Hali'a Best Friend of the Month: Cooking Demonstration: Vegetarian Soup 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Yoga with Sherry Zak Morris 1:00 Mini Pulelehua Stations [A] 2:20 Sensory Stroll Outdoors [HT] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Floral Design Day 28</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise: Drums Alive! [A] 9:15 Brain Game: 9 Square [A] 10:00 New Hope Church Service [T] 10:00 Pet Therapy with Wilma and Milo [A] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:00 Craft: Paper Flowers [A] 2:00 Cooking Demonstration: Pecan Sandies 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Margarita Day 22</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:30 Morning Exercise [A] 9:15 Hangman- Types of Food 10:00 Improv: Beach Vacation! [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Tai Chi [A] 1:00 Mini Pulelehua Stations [A] 2:15 Bowling [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Tile Day 23</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:15 Brain Quest 2 [A] 10:00 Group Craft: Tile Mosaic [A] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:00 Let's Go Fishing! [A] 2:00 Ukulele Sing A-long with Jeremy [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Tortilla Chip Day 24</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:30 Morning Exercise [A] 9:15 Would You Rather...? And Why? [A] 10:00 Legos [A] 11:00 LUNCH 12:30 Tea Time [A] 1:00 Lacing Cards, Jigsaw Puzzles and Table Games [A] 2:00 Kanikapila [T] 2:20 Sensory Stroll Outdoors [HT] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>
<p>National Clam Chowder Day 25</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:30 Things That Start With "C" [A] 10:00 Group Creative Writing: A Chowder Restaurant in Maine 11:00 LUNCH 12:30 Chair Yoga with Sherry Zak Morris [A] 1:00 Sightseeing: Valley of the Temples 2:00 Hula with Kumu Sallie [A] 2:00 Ring Toss to Classical Music [A] 2:45 Plaza Sing A Long [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Pistachio Day 26</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:30 Simple Mathematics and Spelling Bee [A] 10:00 Sing-a-long with Sandy and Gordon [A] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:15 Horseshoes 2:00 Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>Dress Day: Retro Shirts 27</p> <p>National Retro Day</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:45 Morning Exercise [A] 9:30 SONG OF THE DAY: "Good Night Irene" by the Weavers [A] 10:00 Hali'a Best Friend of the Month: Cooking Demonstration: Vegetarian Soup 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Yoga with Sherry Zak Morris 1:00 Mini Pulelehua Stations [A] 2:20 Sensory Stroll Outdoors [HT] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>National Floral Design Day 28</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise: Drums Alive! [A] 9:15 Brain Game: 9 Square [A] 10:00 New Hope Church Service [T] 10:00 Pet Therapy with Wilma and Milo [A] 11:00 LUNCH 12:45 Dancersize (Low Impact) [A] 1:00 Craft: Paper Flowers [A] 2:00 Cooking Demonstration: Pecan Sandies 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p>Leap Day 29</p> <p>BREAKFAST 7:00 Newspaper Current Events Discussion [A] 8:15 Morning Exercise [A] 8:30 Morning Exercise [A] 9:15 Hangman- Holidays [A] 10:00 Aromatherapy Hand Massage [A] 10:00 Musical Performance: Leah Serenaders [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Tai Chi [A] 1:00 Mini Pulelehua Stations [A] 2:15 Sensory Stroll and Scavenger Hunt: Colors [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER</p>	<p style="text-align: center; font-size: 2em;">Location Keys</p> <p style="text-align: center; font-size: 1.5em;">Activity Room A Hoku Terrace HT Theater T</p>	