

FEBRUARY 2026

The Plaza at Moanalua
Halia Activity Calendar - 2nd & 3rd Floor



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 TEXAS DAY 12:30 MOA TO MILS Pen Pals 1:30 Gorgeous Grams Hour! 2:30 SINGFIT! 2:45 Happy Hydration 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 4:00 Plaza Life Stretching	2 GRONDHOG DAY 12:30 CREATIVE CREATIONS 2:00 Halia BINGO! 2:45 Snack & Social: What is Groundhog Day? 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching	3 FOUR CHAPLAINS DAY 12:30 Brain Gym: Crossword Crew 1:30 HOLOHOLO RIDE - 3rd FL. 1:30 SINGFIT! - 2ND FL. 2:45 HOLOHOLO RIDE - 2ND FL. 2:45 SINGFIT! - 3RD FL. 3:30 Walking Club 4:00 Daily Recap + Happy Hydration	4 GIRLS & WOMEN IN SPORTS 12:30 CREATIVE CREATIONS 1:30 Gentlemen's Hour w/Tony [Sunroom] 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching	5 WORLD NUTELLA DAY 12:30 Brain Gym: Crossword Crew 1:30 HOLOHOLO RIDE - 3rd FL. 1:30 SINGFIT! - 2ND FL. 2:45 HOLOHOLO RIDE - 2ND FL. 2:45 SINGFIT! - 3RD FL. 3:30 Walking Club 4:00 Daily Recap + Happy Hydration	6 COZY BLANKET DAY 12:30 CREATIVE CREATIONS 2:00 Halia BINGO! 2:45 Snack & Social: Do you have a fav blanket? 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching	7 SEND A CARD TO A FRIEND DAY 12:30 Brain Gym: Family Feud! 1:30 Life Long Learning 2:30 SINGFIT! 3:00 Walking Club 3:30 Daily Recap + Happy Hydration 3:45 Sing a Song Together 4:00 Plaza Life Stretching
8 SUPERBOWL SUNDAY 12:30 MOA TO MILS Pen Pals 1:30 Gorgeous Grams Hour! 2:30 SINGFIT! 2:45 Happy Hydration 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 4:00 Plaza Life Stretching	9 PIZZA DAY 10:00 COMMUNION [T] 10:00 PET THERAPY [Sunroom] 12:30 CREATIVE CREATIONS 2:00 Halia BINGO! 2:45 Snack & Social: Pizza Toppings 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching	10 UMBRELLA DAY 12:30 Brain Gym: Crossword Crew 1:30 HOLOHOLO RIDE - 3rd FL. 1:30 SINGFIT! - 2ND FL. 2:45 HOLOHOLO RIDE - 2ND FL. 2:45 SINGFIT! - 3RD FL. 3:30 Walking Club 4:00 Daily Recap + Happy Hydration	11 PEP IN YOUR STEP DAY 12:30 CREATIVE CREATIONS 1:30 Gentlemen's Hour w/Tony [Sunroom] 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching 5:00 FAMILY MOVIE NIGHT: ENCHANTED	12 PLUM PUDDING DAY 12:30 Brain Gym: Crossword Crew 1:30 HOLOHOLO RIDE - 3rd FL. 1:30 SINGFIT! - 2ND FL. 2:45 HOLOHOLO RIDE - 2ND FL. 2:45 SINGFIT! - 3RD FL. 3:30 Walking Club 4:00 Daily Recap + Happy Hydration	13 CHEDDAR CHEESE DAY 12:30 CREATIVE CREATIONS 2:00 Halia BINGO! 2:45 Snack & Social: Do you like cheddar cheese? 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching	14 VALENTINES DAY 12:30 Valentine's Card Making 1:30 Valentine's Crafts 2:30 SINGFIT! 3:00 Walking Club 3:30 Daily Recap + Happy Hydration 3:45 Sing a Song Together 4:00 Plaza Life Stretching
15 BRACELET MAKING DAY 12:30 MOA TO MILS Pen Pals 1:30 Gorgeous Grams Hour! 2:30 SINGFIT! 2:45 Happy Hydration 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 4:00 Plaza Life Stretching	16 ALMOND DAY 10:00 LION DANCE 12:30 CREATIVE CREATIONS 2:00 Halia BINGO! 2:45 Snack & Social: What is Almond Milk? 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching	17 CHINESE NEW YEAR 10:00 HANK THE SINGING DUTCHMAN 12:30 Brain Gym: Crossword Crew 1:30 HOLOHOLO RIDE - 3rd FL. 1:30 SINGFIT! - 2ND FL. 2:45 HOLOHOLO RIDE - 2ND FL. 2:45 SINGFIT! - 3RD FL. 3:30 Walking Club 4:00 Daily Recap + Happy Hydration	18 WATER COLOR ART DAY 10:00 BRANDON ONISHI 12:30 CREATIVE CREATIONS 1:30 Gentlemen's Hour w/Tony [Sunroom] 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching	19 BIRD WATCHING DAY 12:30 Brain Gym: Crossword Crew 1:30 HOLOHOLO RIDE - 3rd FL. 1:30 SINGFIT! - 2ND FL. 2:45 HOLOHOLO RIDE - 2ND FL. 2:45 SINGFIT! - 3RD FL. 3:30 Walking Club 4:00 Daily Recap + Happy Hydration	20 TROPICAL SHIRT DAY 12:30 CREATIVE CREATIONS 2:00 Halia BINGO! 2:45 Snack & Social: Favorite Aloha Attire 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching	21 STICKY BUNS DAY 12:30 Brain Gym: Family Feud! 1:30 Life Long Learning 2:30 SINGFIT! 3:00 Walking Club 3:30 Daily Recap + Happy Hydration 3:45 Sing a Song Together 4:00 Plaza Life Stretching
22 SWEET POTATO DAY 12:30 MOA TO MILS Pen Pals 1:30 Gorgeous Grams Hour! 2:30 SINGFIT! 2:45 Happy Hydration 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 4:00 Plaza Life Stretching	23 BANANA BREAD DAY 12:30 CREATIVE CREATIONS 2:00 Halia BINGO! 2:45 Snack & Social: Best Banana Bread Recipe 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching	24 LOTERIA DAY 12:30 Brain Gym: Crossword Crew 1:30 HOLOHOLO RIDE - 3rd FL. 1:30 SINGFIT! - 2ND FL. 2:45 HOLOHOLO RIDE - 2ND FL. 2:45 SINGFIT! - 3RD FL. 3:30 Walking Club 4:00 Daily Recap + Happy Hydration	25 PAPER LANTERN DAY 12:30 CREATIVE CREATIONS 1:30 Gentlemen's Hour w/Tony [Sunroom] 2:00 Halia BINGO! 2:45 Snack & Social 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching	26 CROWNS & CASTLES DAY 10:00 STEP-TACULAR PERFORMANCE 12:30 Brain Gym: Crossword Crew 1:30 HOLOHOLO RIDE - 3rd FL. 1:30 SINGFIT! - 2ND FL. 2:45 HOLOHOLO RIDE - 2ND FL. 2:45 SINGFIT! - 3RD FL. 3:30 Walking Club 4:00 Daily Recap + Happy Hydration	27 POKEMON DAY 12:30 CREATIVE CREATIONS 2:00 Halia BINGO! 2:45 Snack & Social: Do you know what a Pokemon is? 3:00 Walking Club 3:30 Daily Recap + Tomorrow's Activities 3:45 Sing a Song Together 4:00 Plaza Life Stretching	28 MUSIC THRU THE DECADES 12:30 Brain Gym: Family Feud! 1:30 Life Long Learning 2:30 SINGFIT! 3:00 Walking Club 3:30 Daily Recap + Happy Hydration 3:45 Sing a Song Together 4:00 Plaza Life Stretching
MORNING ROUTINE: 9:00 Current Events at the Plaza at Moanalua 9:15 Plaza Life Exercise Program 9:45 Happy Hydration		9:55 Walking Club 10:30 Daily Chronicle + Menu Selections 5:00 Evening Cinema		Breakfast @ 7:30a Lunch @ 11:30a Dinner @ 4:30p		Happy Valentine's Day