

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	National BINGO Day	National Toy's Day		· · · · · · · · · · · · · · · · · · ·	ress Day: Black	National Easy Breezy Cooking Day
	7:00 BREAKFAST	7:00 BREAKFAST	7:00 BREAKFAST	7:00 BREAKFAST	National Ninja Day	7:00 BREAKFAST
	8:15 & Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope	8:15 & Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope	8:15 & Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope		7:00 BREAKFAST	8:15 & Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope
	Reading [A]	Reading [A]	Reading [A]	Reading [A]	3:15 Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope Reading [A]	Reading [A]
. 98.	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	3:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii
	Pono'i 9:00 Plaza Life Exercises [A]	Pono'i 9:00 Plaza Life Exercises [A]	9:00 A Plaza Life Exercises [A]	0.00 # 51.0 [4]	Ponoʻi 9:00 👺 Plaza Life Exercises [A]	9:00 Ponoi 9:00 Plaza Life Exercises [A]
THE PLAZA	9:30 ↔ Walking Club (On the Floor or Outside) [A]	9:30 A SONG OF THE DAY: White Christmas [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A]	9:30 •• Walking Club (On the Floor or Outside) [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A]
	10:00	9:30 → Walking Club (On the Floor or Outside) [A] 10:00 Hali'a Best Friend of the Month: Christmas Caroling [A]	9:45 🖨 Sightseeing For Halia 10:00 🔏 Crafts: Making Christmas Ornaments	Lat on LUNOU	0:00 Dancersize (Low Impact) [A]	10:00 BINGO [A] 11:00 LUNCH
Assisted Living	1:00 LONCH 1:00 Plaza Life Walking Club	11:00 LUNCH	10:00 New Hope Church Service [T]	1000	D:00 Music with Dean Hirata [A] 1:00 LUNCH	12:30 Plaza Life Exercises
r es	1:30 Horseshoes	12:00 Medical Transportation	11:00 LUNCH	12:30 🁺 Chair Tai Chi [A]	2:30 🁺 Dancersize (Low Impact) [A]	1:00 ↔ Plaza Life Walking Club [A]
	2:00	12:30 Plaza Life Exercises 1:00 Balloon Volleyball	12:00 Recharge Hour- Mindful Coloring with Classical Music 12:30 Plaza Life Exercises		1:00 Plaza Life Walking Club	1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Cooking Demo Making Pudding
	2:30 BINGO	1:30 Dancersize (Low Impact)	1:00 Plaza Life Walking Club	0.00 D. P. (A)	1:30 Tea Time in the Bistro or Hoku Terrace 2:00 ↔ Scarf Juggling to Pop Music [A]	3:00 Afternoon Stretch [A]
	3:00 Afternoon Stretch [A]	2:00 Community Bonding: Ukulele Sing-a-Long with Jeremy	1:30 Tea Time in the Bistro or Hoku Terrace	2:30 Decorating Gingerbread men	2:30 Hula & Mele	3:45 Household Chores, Water & Bathroom Break
	3:45 Household Chores, Water & Bathroom Break 4:00 DINNER	[A] 3:00 Afternoon Stretch [A]	2:00 BINGO 2:30 Making Christmas Ornaments		3:00 Afternoon Stretch [A]	4:00 DINNER 6:00 Movie Night [A]
National Pearl Harbor Remembrance Day	National Toilet Paper Marketing Day	National Christmas Card Day	Dress Day: Plaza Shirts	National Stretching Day	National Poinsettia Day	National Gingerbread House Day
1:00 Plaza Life Walking Club	7:00 BREAKFAST	7:00 BREAKFAST	National Human Rights Day	7:00 BREAKFAST	7:00 BREAKFAST	7:00 BREAKFAST
7:00 BREAKFAST	8:15 & Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope	8:15 Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope	7:00 BREAKFAST	8:15 Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope	B:15 Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope	8:15 # Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope
8:15 Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope Reading [A]	Reading [A]	Reading [A]	8:15 Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope Reading [A]	Reading [A]	Reading [A]	Reading [A]
8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	3:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii
Pono'i 9:00 Plaza Life Exercises [A]	Pono'i 9:00 Plaza Life Exercises [A]	Pono'i 9:00 APP Plaza Life Exercises [A]	Pono'i 9:00 Plaza Life Exercises [A]	9:00 Plaza Life Exercises [A]	Ponoii 9:00 🁺 Plaza Life Exercises [A]	9:00 Ponoi 9:00 Plaza Life Exercises [A]
9:30 ↔ Walking Club (On the Floor or Outside) [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A]	9:30 A SONG OF THE DAY: "Blue Christmas" [A]	9:30 Walking Club (On the Floor or Outside) [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A]
9:30 → Walking Club Inside or Outside [A]	10:00	9:30 → Walking Club (On the Floor or Outside) [A] 10:00 Hali'a Best Friend of the Month: Aki's Favorite Treat [A]	9:45 Sightseeing For Halia	1	0:00 Craft: Popsicle Snowflakes [A] 1:00 LUNCH	10:00 BINGO [A] 10:00 ♬ Joy Club Dance Club [L]
10:00 Matching Game and Puzzles 11:00 LUNCH	1:00 Plaza Life Walking Club	11:00 LUNCH	10:00 New Hope Church Service [T] 10:00 Pet Therapy with Wilma and Milo [A]		2:30 🁺 Dancersize (Low Impact) [A]	11:00 LUNCH
12:30 👺 Chair Yoga with Sherry Zak Morris [A]	1:30 Horseshoes	12:00 Medical Transportation	10:00 Travelogue: Christmas in Mexico!		1:00 Plaza Life Walking Club	12:30 Plaza Life Exercises
1:00 Plaza Life Walking Club	2:00 → Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A]	12:30 Plaza Life Exercises 1:00 Walking Club Inside or Outside	11:00 LUNCH		1:30 Tea Time in the Bistro or Hoku Terrace 2:00 ↔ Scarf Juggling to Pop Music [A]	1:00 ↔ Plaza Life Walking Club [A] 1:30 Tea Time in the Bistro or Hoku Terrace
1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Documentary: Pearl Harbor [A]	2:30 Balloon Ball!	1:30 Dancersize (Low Impact)	12:00 Recharge Hour- Mindful Coloring with Classical Music 12:30 Plaza Life Exercises		2:30 Hula & Mele	2:00 S Craft: Making Gingerbread Houses
2:30 ↔ Plaza Sing A Long [A]	3:00 Afternoon Stretch [A]	2:00 Community Bonding: Ukulele Sing-a-Long with Jeremy	1:00 Plaza Life Walking Club		3:00 👺 Afternoon Stretch [A]	3:00 Afternoon Stretch [A]
3:00 A Afternoon Stretch [A] 3:45 Household Chores Water & Bathroom Break	3:45 Household Chores, Water & Bathroom Break 4:00 DINNER	[A] 3:00 Afternoon Stretch [A]	1:30 Tea Time in the Bistro or Hoku Terrace		3:45 Household Chores, Water & Bathroom Break 4:00 DINNER	3:45 Household Chores, Water & Bathroom Break 4:00 DINNER
Hanukkah Begins	Dress Day: Grinch Shirts	National Gift Wrapping/Scrabble Day	National Maple Syrup Day		ress Day: Ugly Sweaters	Dress Day: Plaza Shirts
1:00 Plaza Life Walking Club	National Grinch Day	7:00 BREAKFAST	7:00 BREAKFAST	7:00 BREAKFAST	National Ugly Sweater Day	National Cookie Swap Day
7:00 BREAKFAST 8:15 & Circle Time: Morning Discussions- Daily	7:00 BREAKFAST	8:15 Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope	8:15 & Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope		7:00 BREAKFAST	7:00 BREAKFAST
Chronicle, Ice Breakers, Horoscope Reading [A]	8:15 Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope Reading [A]	Reading [A]	Reading [A]	Reading [A]	8:15 Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope Reading [A]	8:15 <a> Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope Reading [A]
8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii Pono'i	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii Pono'i	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii Pono'i	3:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii
9:00 Plaza Life Exercises [A]	Pono'i 9:00 Plaza Life Exercises [A]	9:00 Plaza Life Exercises [A]	9:00 A Plaza Life Exercises [A]	0.00 # 51 11/ 5 1 [11]	Pono'i 9:00 👺 Plaza Life Exercises [A]	Pono'i 9:00 Plaza Life Exercises [A]
9:30 ↔ Walking Club (On the Floor or Outside) [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A]	9:30 <u>SONG</u> OF THE DAY: [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A]	9:30 •• Walking Club (On the Floor or Outside) [A]	9:30
9:30	10:00 Craft: Grinch Cutouts 11:00 LUNCH	9:30 ↔ Walking Club (On the Floor or Outside) [A] 10:00 🁺 Silent Disco [A]	9:45 Sightseeing For Halia 10:00 Crafts: Stockings		D:00 Dancersize (Low Impact) [A] 1:00 LUNCH	10:00 BINGO [A] 11:00 LUNCH
11:00 LUNCH	1:00 Plaza Life Walking Club	11:00 LUNCH	10:00 † New Hope Church Service [T]	11:00 LUNCH	2:30 🁺 Dancersize (Low Impact) [A]	12:30 Plaza Life Exercises
12:30 A Chair Yoga with Sherry Zak Morris [A]	1:30 Horseshoes	12:00 Medical Transportation	11:00 LUNCH 12:00 Recharge Hour- Mindful Coloring with Classical Music	40.00 00 01 1 7 1 01 1 [4]	1:00 Plaza Life Walking Club	1:00 ↔ Plaza Life Walking Club [A]
1:00 Plaza Life Walking Club 1:15 Sightseeing:	2:00 → Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A]	12:30 Plaza Life Exercises 1:00 Walking Club Inside or Outside	12:00 Recharge Hour- Mindful Coloring with Classical Music 12:30 Plaza Life Exercises	4.00 Pl L'G W. H OL L	1:30 Tea Time in the Bistro or Hoku Terrace 2:00 ↔ Scarf Juggling to Pop Music [A]	1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Cookie Swap Game
1:30 Tea Time in the Bistro or Hoku Terrace	2:30 New Event Name	1:30 Dancersize (Low Impact)	1:00 Plaza Life Walking Club	1:30 Tea Time in the Bistro or Hoku Terrace	2:30 Hula & Mele	3:00 Afternoon Stretch [A]
2:00 → Fun Facts About Hanukkah [A]	3:00 Afternoon Stretch [A]	2:00 Community Bonding: Ukulele Sing-a-Long with Jeremy	1:30 Tea Time in the Bistro or Hoku Terrace 2:00 BINGO		3:00 Afternoon Stretch [A]	3:45 Household Chores, Water & Bathroom Break
2:30 ↔ Plaza Sing A Long [A] 3:00 ﷺ Afternoon Stretch [Δ]	3:45 Household Chores, Water & Bathroom Break	3:00 Afternoon Stretch [A]	2:30 Christmas Game: Coal Toss	3:00 Afternoon Stretch [A]	3:45 Household Chores, Water & Bathroom Break	4:00 DINNER 6:00 Mayie Night [A]
Dress Day: Feeling Frosty (Snowflakes, Snowman,	Dress Day: Holiday Sweaters (Ugly, Fun, Cute, Etc.)	Dress Day: Christmas Tree Topper (Holiday Headwear)	Christmas Eve		ress Day: Candy Cane Lane (Red and/or White)	Dress Day: Plaid or Flannel or Palaka
White, Blue, Silver Shirts) First Day of Winter	National Hang an Ornament Day	Headwear) Twas the Night Before Christmas Day	Dress Day: Christmas Helpers (Red or Green or Elf Attire)	Mele Kalikimaka!~Christmas Day	National Candy Cane Day 7:00 BREAKFAST	National Fruitcake Day
1:00 Plaza Life Walking Club	7:00 BREAKFAST 8:15 Circle Time: Morning Discussions- Daily	7:00 BREAKFAST	7:00 BREAKFAST		7:00 BREAKFAST 3:15 Circle Time: Morning Discussions- Daily	7:00 BREAKFAST 8:15 Circle Time: Morning Discussions- Daily
7:00 BREAKFAST	Chronicle, Ice Breakers, Horoscope Reading [A]	8:15 👺 Circle Time: Morning Discussions- Daily Chronicle, Ice	8:15 👺 Circle Time: Morning Discussions- Daily Chronicle, Ice	Chronicle, Ice Breakers, Horoscope Reading [A]	Chronicle, Ice Breakers, Horoscope Reading [A]	Chronicle, Ice Breakers, Horoscope Reading [A]
8:15 Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope Reading [A]	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii Pono'i	Breakers, Horoscope Reading [A] 8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	Breakers, Horoscope Reading [A] 8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii Pono'i	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii Pono'i	8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii
8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	9:00 Plaza Life Exercises [A]	Pono'i	Pono'i	9:00 👺 Plaza Life Exercises [A]	9:00 🁺 Plaza Life Exercises [A]	9:00 Plaza Life Exercises [A]
Pono'i 9:00 🁺 Plaza Life Exercises [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A] 10:00 Crafts: Making Ornaments	9:00 Plaza Life Exercises [A] 9:30 SONG OF THE DAY: Jingle Bells [A]	9:00 Plaza Life Exercises [A] 9:30 Walking Club (On the Floor or Outside) [A]		9:30 → Walking Club (On the Floor or Outside) [A] 0:00 Dancersize (Low Impact) [A]	9:30 ↔ Walking Club (On the Floor or Outside) [A]
9:30 ↔ Walking Club (On the Floor or Outside) [A]	11:00 Crafts: Making Ornaments	9:30	9:45 🖨 Sightseeing For Halia		1:00 LUNCH	10:00 BINGO [A] 11:00 LUNCH
9:30 ↔ Walking Club Inside or Outside [A]	1:00 Plaza Life Walking Club	10:00 Hali'a Best Friend of the Month: Trivia [A]	10:00 Christmas Games	12:30 👺 Chair Tai Chi [A]	2:30 👺 Dancersize (Low Impact) [A]	12:30 Plaza Life Exercises
10:00 Crafts: Making Snowflakes 11:00 LUNCH	1:30 Horseshoes 2:00 ↔ Sensory Time: Aromatherapy and Scented Hand Lotion	11:00 LUNCH 12:00 Medical Transportation	10:00 ↑ New Hope Church Service [T] 10:00 ← Pet Therapy with Wilma and Milo [A]		1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace	1:00 ↔ Plaza Life Walking Club [A] 1:30 Tea Time in the Bistro or Hoku Terrace
12:30 A Chair Yoga with Sherry Zak Morris [A]	Massages [A]	12:30 Plaza Life Exercises	11:00 LUNCH		2:00 ← Scarf Juggling to Pop Music [A]	2:00 Mindful Coloring Fruit Cakes
1:00 Plaza Life Walking Club	2:30 Christmas Carols	1:00 Walking Club Inside or Outside	12:00 Recharge Hour- Mindful Coloring with Classical Music	2:30 Christmas Caroling	2:30 Hula & Mele	3:00 👺 Afternoon Stretch [A]
1:30 Tea Time in the Bistro or Hoku Terrace 2:00 ↔ Ring Toss to Classical Music [A]	3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break	1:30 Dancersize (Low Impact) 2:00 Community Bonding: Ukulele Sing-a-Long with Jeremy	12:30 Plaza Life Exercises 1:00 Plaza Life Walking Club		3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break	3:45 Household Chores, Water & Bathroom Break 4:00 DINNER
2:30 ♣ Plaza Sing Δ Long [Δ]	A-OO DINNER	[A]	1-20 Tea Time in the Ristro or Hoku Terrace	4:00 DIMMED	4-00 DIMMED	6:00 Movie Night [A]
National Short Film Day	National Pick-Up Pine Needles Day	Dress Day: Plaza Shirts	Dress Day: Shine Bright for the New Year (Dazzle, Tinsel, Sparkle, Best Attire)	Arts / Crafts		
1:00 Plaza Life Walking Club 7:00 BREAKFAST	7:00 BREAKFAST 8:15 Circle Time: Morning Discussions- Daily	National Color TV Day 7:00 BREAKFAST	News Years Eve!			
8:15 👺 Circle Time: Morning Discussions- Daily	Chronicle, Ice Breakers, Horoscope	8:15 👺 Circle Time: Morning Discussions- Daily	7:00 BREAKFAST	Club Visits	Location Vovo	
Chronicle, Ice Breakers, Horoscope Reading [A] 8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	Reading [A] 8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii	Chronicle, Ice Breakers, Horoscope Reading [A]	8:15 Circle Time: Morning Discussions- Daily Chronicle, Ice	₩ Cooking / Baking	Location Keys	

8:15 8:15Circle Time: Morning Discussions- Daily Chronicle, Ice Breakers, Horoscope Reading [A]

11:00 **LUNCH**12:00 Recharge Hour- Mindful Coloring with Classical Music

Tea Time in the Bistro or Hoku Terrace

9:30 ↔ Walking Club (On the Floor or Outside) [A]

9:00 Plaza Life Exercises [A]

9:45 Sightseeing For Halia 10:00 Crafts: New Years Hats

12:30

10:00 † New Hope Church Service [T]

Plaza Life Exercises

Plaza Life Walking Club

Circle Morning Greetings: Pledge of Allegiance/ Hawaii

Educational Classes

■ Exercise / Physical Activity

Movies / Documentaries

Pet Visitation / Pet Therapy

Plaza Life Fitness

Field Trip / Medical Appointments

Music / Special Entertainment

Religious / Spiritual Programs

9:00 Plaza Life Exercises [A]
9:30 SONG OF THE DAY: A New Day [A]

Medical Transportation

Dancersize (Low Impact)

Plaza Life Exercises

11:00

12:00

LUNCH

9:30 ↔ Walking Club (On the Floor or Outside) [A]

10:00 Hali'a Best Friend of the Month: Bingo [A]

Walking Club Inside or Outside

Circle Morning Greetings: Pledge of Allegiance/ Hawaii

Community Bonding: Ukulele Sing-a-Long with Jeremy [A]

Location Keys

Activity Room A Living Room Theater

2:00 ↔ Ring Toss to Classical Music [A]
2:30 ↔ Watching A Short Film [A]
2:00 🎎 Afternoon Stretch [A] 3:45 Household Chores. Water & Bathroom Break Created on Monday, December 1, 2025 10:19 AM

8:30

11:00 **LUNCH**

9:00 👺 Plaza Life Exercises [A]

1:00 Plaza Life Walking Club 1:30 Horseshoes

Massages [A]
2:30 Documentary: Planet Earth

3:00 Afternoon Stretch [A]

9:30 ↔ Walking Club (On the Floor or Outside) [A]

10:00 Bingo 10:00 Hula Performance by Koko Hula [A]

Circle Morning Greetings: Pledge of Allegiance/ Hawaii

2:00 ← Sensory Time: Aromatherapy and Scented Hand Lotion

8:30 Circle Morning Greetings: Pledge of Allegiance/ Hawaii

9:30 ↔ Walking Club (On the Floor or Outside) [A]

9:30 ↔ Walking Club Inside or Outside [A] 10:00 Matching Game and Puzzles

12:30 Chair Yoga with Sherry Zak Morris [A]
1:00 Plaza Life Walking Club
1:15 Sightseeing:

1:30 Tea Time in the Bistro or Hoku Terrace

9:00 Plaza Life Exercises [A]

11:00 **LUNCH**