

December 2023

3rd Floor Monthly Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December cont'd 31 New Years Eve 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride 12:30 Travel/Educational Show 1:00 Seated Zumba & Hydration 2:00 Arts & Crafts- Sprinkler Firework Craft 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	31 	Excursions Movie Physical Special Events	Van Departures-- Please meet in the lobby 15 minutes prior to all van departures.	*All activities are subject to change*	National Day With(out) Art 1 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game- Boggle 3:00 Movie Matinee: "The Nutcracker and the Four Realms" 4:00 Wash Up & Clean 4:30 Dinner	National Fritters Day 2 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Trivia- Jeopardy Hour! 3:00 Game- Ring Toss 4:00 Wash Up & Clean 4:30 Dinner
World Trick Shot Day 3 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride 12:30 Travel/Educational Show 1:00 Seated Zumba & Hydration 2:00 Game- Word Unscramble 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Dice Day 4 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Arts & Crafts- Christmas Tree Q-tip painting 3:00 Movie Matinee: "Home Alone" 4:00 Wash Up & Clean 4:30 Dinner	International Ninja Day 5 9:00 Morning Exercise & Hydration 10:00 HOLY Communion [T] 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Holoholo Ride 1:00 Travel/Educational Show 1:30 Seated Zumba & Hydration 2:00 BINGO 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Microwave Oven Day 6 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game- Mini Golf 3:00 Movie Matinee: "Falling for Christmas" 4:00 Wash Up & Clean 4:30 Dinner	National Pearl Harbor Remembrance Day 7 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 BINGO 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Brownie Day 8 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game- Christmas Memory Card Game 3:00 Movie Matinee: "The Christmas Chronicles" 4:00 Wash Up & Clean 4:30 Dinner	National Pastry Day 9 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Arts & Craft- Jewelry Beading 3:00 Game- Connect 4! 4:00 Wash Up & Clean 4:30 Dinner
National Nobel Prize Day 10 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride 12:30 Travel/Educational Show 1:00 Christmas Performance by Honolulu Blend Chorus [A] 1:00 Seated Zumba & Hydration 2:00 Game- Basketball 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National App Day 11 Inspirational Music with Wally Brown [A] 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game- Pictionary 3:00 Movie Matinee: "The Christmas Chronicles 2" 4:00 Wash Up & Clean 4:30 Dinner	National Ambrosia Day 12 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Holoholo Ride 1:00 Travel/Educational Show 1:30 Seated Zumba & Hydration 2:00 BINGO 2:00 Hank the Singing Dutchman [A] 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Cocoa Day 13 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Movie Matinee: "Puppy Star Christmas" 2:00 Performance by Roy Hamada [A] 4:00 Wash Up & Clean 4:30 Dinner 5:00 Christmas Caroling by First Assembly of God [A]	12 Days of Christmas: Wear Christmas Pajamas 14 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:30 Pet Therapy with Chico 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 BINGO 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	12 Days of Christmas: Wear as much WHITE as you can 15 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Arts & Crafts- Gingerbread Man coloring 3:00 Movie Matinee: "Disney's: A Christmas Carol" 4:00 Wash Up & Clean 4:30 Dinner	12 Days of Christmas: Wear a Favorite Hat or Hair Accessory 16 Christmas Caroling Performance [A] 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Trivia- Christmas Trivia Game - Ladder Ball 4:00 Christmas Carolers - Red Hill Elementary [L] 4:00 Wash Up & Clean 4:30 Dinner
12 Days of Christmas: Wear Tinsel 17 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride 12:30 Travel/Educational Show 1:00 Seated Zumba & Hydration 2:00 Game- Can Knockdown 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	12 Days of Christmas: Crazy Festive Hair Day 18 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game- Mahjong 3:00 Movie Matinee: "The Santa Clause" 4:00 Wash Up & Clean 4:30 Dinner	12 Days of Christmas: Wear as much RED as you can 19 9:00 Morning Exercise & Hydration 10:00 Christmas Caroling by The Christian Academy [A] 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Holoholo Ride 1:00 Travel/Educational Show 1:30 Seated Zumba & Hydration 2:00 BINGO 2:00 Resident Council [A] 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	12 Days of Christmas: Incorporate Ribbon in your Outfit 20 9:00 Morning Exercise & Hydration 10:00 Mass with St. Philomena's Church [T] 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Arts & Crafts- Christmas Ornament Art 3:00 Movie Matinee: "The Santa Clause 2" 4:00 Wash Up & Clean 4:30 Dinner	12 Days of Christmas: Wear RED and WHITE 21 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 BINGO 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	12 Days of Christmas: Wear as much GREEN as you can 22 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Arts & Crafts- Christmas Card Making 3:00 Movie Matinee: "The Santa Clause 3" 4:00 Wash Up & Clean 4:30 Dinner	12 Days of Christmas: Wear a Festive Accessory or Jewelry 23 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Trivia- Jeopardy Hour! 3:00 Game- Cornhole Toss 4:00 Wash Up & Clean 4:30 Dinner
12 Days of Christmas: Wear your Favorite Flannel 24 Happy Christmas Eve 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride 12:30 Travel/Educational Show 1:00 Seated Zumba & Hydration 2:00 Arts & Crafts- Angel Coloring 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	12 Days of Christmas: Wear an Ugly Sweater 25 *Merry Christmas* 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game- Staxis 3:00 Movie Matinee: "Noelle" 4:00 Wash Up & Clean 4:30 Dinner	National Candy Cane Day 26 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Holoholo Ride 1:00 Travel/Educational Show 1:30 Seated Zumba & Hydration 2:00 BINGO 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Fruitcake Day 27 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game- Bean Bag Toss 3:00 Movie Matinee: "Shazam" 4:00 Wash Up & Clean 4:30 Dinner	National Card Playing Day 28 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:30 Pet Therapy with Chico 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 BINGO 2:00 Birthday Bash with Dean Hirata [A] 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Tick Tock Day 29 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game- Floor Darts 3:00 Movie Matinee: "National Geographic: Lake of Fire" 4:00 Wash Up & Clean 4:30 Dinner	National Bacon Day 30 9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Game- Skee-ball 3:00 Holiday Dinner [3-5pm]

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