

December 2023

2nd Floor Monthly Activity Calendar

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>December cont'd 31</p> <p>New Years Eve</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Game- I SPY, Dig in 3:00 Game- Can Knockdown 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>31</p> <p></p>	<p> Excursions Movie Physical Special Events</p>	<p>Van Departures-- Please meet in the lobby 15 minutes prior to all van departures.</p>	<p>*All activities are subject to change*</p>	<p>National Day With(out) Art 1</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Game- Connect 4! 3:00 Movie Matinee: "The Nutcracker and the Four Realms" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Fritters Day 2</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Game- Balloon Volleyball 3:00 Game- Christmas Memory Card Game 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>
<p>World Trick Shot Day 3</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Game- Dartball 3:00 Game- Bowling 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Dice Day 4</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Arts & Crafts- Christmas Tree Q-tip painting 3:00 Movie Matinee: "Home Alone" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>International Ninja Day 5</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:00 HOLY Communion [T] 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Sing Along Serenading 3:00 Trivia- Word Unscramble 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Microwave Oven Day 6</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Educational/Travel Show 10:30 Holoholo Ride 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Game- Ladderball 3:00 Movie Matinee: "Falling for Christmas" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Pearl Harbor Remembrance Day 7</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Sing Along Serenading 3:00 Trivia- Jeopardy Hour! 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Brownie Day 8</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Game- Bean Bag Toss 3:00 Movie Matinee: "The Christmas Chronicles" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Pastry Day 9</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Game- Pictionary! 3:00 Game- Mini Golf 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>
<p>National Nobel Prize Day 10</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Christmas Performance by Honolulu Blend Chorus [A] 1:00 Seated Zumba & Hydration 2:00 Game- Floor Darts 3:00 Game- Corn Hole Toss 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National App Day 11</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:00 Inspirational Music with Wally Brown [A] 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Game- Basketball 3:00 Movie Matinee: "The Christmas Chronicles 2" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Ambrosia Day 12</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Hank the Singing Dutchman [A] 2:00 Sing Along Serenading 3:00 Game- Staxis 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Cocoa Day 13</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Educational/Travel Show 10:30 Holoholo Ride 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Movie Matinee: "Puppy Star Christmas" 2:00 Performance by Roy Hamada [A] 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time 5:00 Christmas Caroling by First Assembly of God [A]</p>	<p>12 Days of Christmas: Wear Christmas Pajamas 14</p> <p>9:00 Morning Exercise & Hydration 10:00 Pet Therapy with Chico 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Sing Along Serenading 3:00 Game- BINGO 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>12 Days of Christmas: Wear as much WHITE as you can 15</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Arts & Crafts- Gingerbread Man coloring 3:00 Movie Matinee: "Disney's: A Christmas Carol" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>12 Days of Christmas: Wear a Favorite Hat or Hair Accessory 16</p> <p>9:00 Morning Exercise & Hydration 10:00 Christmas Caroling Performance [A] 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Trivia- Christmas Trivia 3:00 Game- Pictionary 4:00 Christmas Carolers - Red Hill Elementary [L] 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>
<p>12 Days of Christmas: Wear Tinsel 17</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Game- Mahjong 3:00 Game- Word Unscramble 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>12 Days of Christmas: Crazy Festive Hair Day 18</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Game- Dartball 3:00 Movie Matinee: "The Santa Clause" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>12 Days of Christmas: Wear as much RED as you can 19</p> <p>9:00 Morning Exercise & Hydration 10:00 Christmas Caroling by The Christian Academy [A] 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Resident Council [A] 2:00 Sing Along Serenading 3:00 Game- Bean Bag Toss 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>12 Days of Christmas: Incorporate Ribbon in your Outfit 20</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:00 Mass with St. Philomena's Church [T] 10:30 Educational/Travel Show 10:30 Holoholo Ride 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Arts & Crafts- Christmas Ornament Art 3:00 Movie Matinee: "The Santa Clause 2" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>12 Days of Christmas: Wear RED and WHITE 21</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Sing Along Serenading 3:00 Game- Pictionary! 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>12 Days of Christmas: Wear as much GREEN as you can 22</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Trivia- Jeopardy Hour! 3:00 Movie Matinee: "The Santa Clause 3" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>12 Days of Christmas: Wear a Festive Accessory or Jewelry 23</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Game- Ladderball 3:00 Game- Can Knockdown 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>
<p>12 Days of Christmas: Wear your Favorite Flannel 24</p> <p>Happy Christmas Eve</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Arts & Crafts- Angel Coloring 3:00 Game- Duck Hunting 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>12 Days of Christmas: Wear an Ugly Sweater 25</p> <p>*Merry Christmas*</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 - 3:00 Movie Matinee: "Noelle" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Candy Cane Day 26</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Sing Along Serenading 3:00 Game- BINGO 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Fruitcake Day 27</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Educational/Travel Show 10:30 Holoholo Ride 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Game- Basketball 3:00 Movie Matinee: "Shazam" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Card Playing Day 28</p> <p>9:00 Morning Exercise & Hydration 10:00 Pet Therapy with Chico 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Birthday Bash with Dean Hirata [A] 2:00 Sing Along Serenading 3:00 Game- Word Unscramble 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Tick Tock Day 29</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Tai Chi & Hydration 2:00 Game- Staxis 3:00 Movie Matinee: "National Geographic: Lake of Fire" 4:00 Clean-Up & Bathroom Break 4:30 Dinner Time</p>	<p>National Bacon Day 30</p> <p>9:00 Morning Exercise & Hydration 10:00 Current Events & What's on the Menu? 10:30 Outdoor Stroll 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 Seated Zumba & Hydration 2:00 Game- Connect 4! 3:00 Holiday Dinner [3-5pm]</p>