

Tuesday Wednesday Thursday Saturday Aloha Friday : Wearing wild Hawaiian Shirts & Dresses August cont'd **International Blues Music Day** 9:00 - Morning Stretches [R] Switzerland's National Day Malaysia's National Day 10:00 🌞 Saturday Chair Yoga 9:00 ↔ Morning Stretches [R] 9:00 Morning Stretches & Mindfulness All activities are 10:00 Taiko Drum Class with Ai Matsuda [R] 10:00 Morning Stretches & Mindfulness **Location Keys** 1:00 → Afternoon walking Courtyard 1:30 P Church Service with Pastor Carl & Pastor with Raelyn & Ryan [R] Library LB 0:00 🖨 Scenic Bus Ride: Hawaii Kai subject to Steve [R] 2:30 - LCR with Diane : Left Center 1:00 Afternoon walking Courtyard Multi-Purpose Room М 1:45 Book & Tea Club with Annette Jim 1:30 🖪 Karaoke : Oldies But Goodies Songs with Kimo [R Right Dice Game [LB] 2:30 - Poker Club with Lonnie [M] Recreation Room 1:45 🖨 Shopping Trip: Kahala Mall change. 3:00 - Poker Club with Lonnie [R] 4:00 A Hanafuda Club with Alice [LB] 2:30 🔥 Sunday Family Poker with Lonnie [R] 4:00 in Hanafuda Club with Alice [LB] 7:00 Friday Movie Night : Shane 1953 Western 3:30 🔥 Hanafuda Club with Alice [LB] 5:00 h Puzzle Table [LB] Action - Alan Ladd, Jean Arthur [R] 5:00 h Puzzle Table [LB] **National Tree Day Single Working Women's Day** Sandcastle Day **Jamaica's National Day** NATIONAL LIGHTHOUSE DAY Aloha Friday : Wearing wild Hawaiian Singapore's National Day **Shirts & Dresses** 9:00 Morning Stretches & 9:00 → Morning Stretches [R] 9:00 ↔ Morning Stretches [R] 8:30 Shopping Trip: 9:00 Plaza Life Seated **National Mochi Day** Mindfulness [R] Walmart (Ke'eaumoku) Strength Exercise [R] 0:00 - Saturday Chair Yoga 10:00 🌞 Plaza Life Exercise 9:00 ↔ Morning Stretches [R] 10:00 Morning Stretches & Mindfulness [R] Strength Exercise [R] 9:00 → Morning Stretches [R] 10:00 🕆 Sing Along with Gordon & Sandy Circuit [R] 10:00 Taiko Drum Class with Ai Matsuda [R] 10:00 🖨 Scenic Bus Ride: Ewa Beach 1:00 → Afternoon walking Courtyard 10:00 🌞 Plaza Life Exercise Circuit B [R] Young [R] 1:00 🌺 Afternoon walking Courtyard 1:00 → Afternoon walking Courtyard 1:00 ← Afternoon walking Courtyard 1:00 → Afternoon walking Courtvard 1:15 → Tai Chi with Ken [R] 1:30 Popcorn Tuesday [R] 10:00 A Shopping Trip: Walmart 1:30 Bob & Hank, Fun with Painting 1:30 h Bridge Game [R] 1:30 A Karaoke : Oldies But Goodies Songs 1:30 Book & Tea Club with Annette Jim 1:45 Tuesday Movie: Wall-E 2008 1:45 A Scenic Bus Ride: Sandy Beach (Ke'eaumoku) 1:45 🖨 Scenic Bus Ride: Diamond Head 2:30 A Poker Club with Lonnie [M] with Kimo [R] 2:45 The Gathering Groove: Music. 2:30 LCR with Diane : Left Center Family/Action - Ben Burt. 1:00 → Afternoon walking Courtvard 1:45 🖨 Shopping Trip: Manoa Longs **Beach Park** 4:00 A Hanafuda Club with Alice [LB] Andrews Stanton [R] New Connections & Mingling [R] Right Dice Game [LB] 1:30 h Hymn Sing Along with Ruth [R] 7:00 Friday Movie Night : Star Wars Episode 2:30 - Sunday Family Poker with Lonnie [R] 2:45 **b** BINGO Club [R] 3:00 in Hanafuda Club with Alice [LB] 3:30 Hanafuda Club with Alice [LB] V- The Empire Strikes Back 1980 Sci-3:00 - Poker Club with Lonnie [R] 2:45 h BINGO Club [R] 3:30 Hanafuda Club with Alice [LB] 4:00 + Hanafuda Club with Alice [LB] Fi/Fantasy - Mark Hamill, Harrison Ford 4:00 the Chessmaster [LB] 5:00 h Puzzle Table [LB] 4:00 the Hanafuda Club with Alice [LB] 4:00 h Chessmaster [LB] 5:00 h Puzzle Table [LB] Missouri State Flag Missouri Day Aloha Friday: Wearing wild Hawaiian Shirts **National Face Mask Day World Elephant Day** K-Pop Day is a celebration of **Love Your Bookshop Day NATIONAL Tell a Joke Day** 16 celebrates the day Missouri became Korean pop music culture that takes 9:00 → Morning Stretches [R] 9:00 Plaza life Seated 9:00 → Morning Stretches [R] 9:00 → Morning Stretches [R] ndia's National Day state on August 10, 1821 place on October 9th each year. Strength Exercise [R] 10:00 🏶 Plaza Life Seated 10:00 🌺 Plaza Life Exercise 10:00 🕶 Saturday Chair Yoga 9:00 ↔ Morning Stretches [R] 9:00 Morning Stretches & 8:30 Shopping Trip: Don Quijote (Kaheka 0:00 / Taiko Drum Class with Ai Matsuda [R] Strength Exercise [R] Circuit [R] Mindfulness [R] 1:00 → Afternoon walking Courtyard Jenei [R] 1:00 Afternoon walking Courtyard 1:15 → Tai Chi with Ken [R] 1:00 Afternoon walking Courtvard 9:00 → Morning Stretches [R] 1:30 🍟 Church Service with Pastor Carl & Pastor Steve 10:00 🖨 Scenic Bus Ride: Dole Plantati 1:00 Afternoon walking Courtyard 1:45 A Holo Holo Club: Liliha Bakery 1:30 → Seated Zumba with Annette [R] 1:30 h Bridge Game [R] 10:00 拳 Plaza Life Exercise Circuit B [R] 1:00 **☀** Afternoon walking Courtyard 1:30 🞵 Sing Along & Ukulele with Jolene [M] 2:45 The Gathering Groove: Music. Popcorn Tuesday [R] 2:30 LCR with Diane : Left Center 1:45 Scenic Bus Ride: H-3 11:00 🔒 Kau Kau Club: Ruby Tuesday 1:30 🎜 Karaoke: Oldies But Goodies Songs with Book & Tea Club with Annette Jim 1:45 Right Dice Game [LB] Residents Council [R] **New Connections & Mingling [R]** 2:45 h BINGO Club [R] 1:00 Afternoon walking Courtyard Kimo [R] Hanafuda Club with Alice [LB] 2:30 3:00 in Hanafuda Club with Alice [LB] 3:30 h Hanafuda Club with Alice [LB] 3:00 A Poker Club with Lonnie [R] 1:30 h Hymn Sing Along with Ruth [R] 1:45 A Shopping Trip: Manoa Longs 4:00 th Hanafuda Club with Alice [LB] 3:00 Report Power Club with Lonnie [M] 7:00 Friday Movie Night : Cowboys & Aliens 2011 2:30 - Sunday Family Poker with Lonnie [R] 4:00 h Hanafuda Club with Alice [LB] 4:00 the Chessmaster [LB] 2:45 🏚 BINGO Club [R] 5:00 h Puzzle Table [LB] 5:00 h Puzzle Table [LB] Western/Sci-fi - Harrison Ford, Daniel Craig [R] 3:30 Hanafuda Club with Alice [LB] 4:00 the Chessmaster [LB] 5:00 h Puzzle Table [LB] Massachusetts became the 6th state of NATIONAL MAIL ORDER NATIONAL CHOCOLATE PECAN Aloha Friday: Wearing wild Hawaiian **World Photography Day NATIONAL SENIOR CITIZENS Black Ribbon Day** the union on February 6, 1788. Shirts & Dresses **CATALOG DAY** PIE DAY 9:00 Morning Stretches & Eat A Peach Day 8:30 🖨 Shopping Trip: 9:00 → Morning Stretches [R] 10:00 🏶 Plaza life Seated 0:00 - Saturday Chair Yoga Mindfulness [R] 9:00 → Morning Stretches [R] Walmart (Ke'eaumoku) 10:00 🖪 Hank The Singing Dutchman [R] Strength Exercise [R] 10:00 🌞 Plaza Life Seated Strength 10:00 **№** Morning Stretches & Mindfulness [R] 10:00 🞵 Taiko Drum Class with Ai Matsuda [R] Exercise [R] 1:00 Afternoon walking Courtyard 1:00 Afternoon walking Courtyard 8:40 Plaza Life Exercise Circuit B [R] 1:00 🌺 Afternoon walking Courtyard 10:00 📮 Scenic Bus Ride: Kapolei 1:00 Afternoon walking Courtyard 1:00 Afternoon walking Courtyard 1:30 A BINGO Club [R] 1:30 Popcorn Tuesday [R] 10:00 🞵 Royal Hawaiian Band Glee Club 1:00 Afternoon walking Courtyard 1:30 Art: Bob & Hank, Fun with 2:00 All staff meeting [R] 1:30 🞵 Karaoke: Oldies But Goodies Songs with 1:15 - Tai Chi with Ken [R] 1:45 🖨 Scenic Bus Ride: Magic Island 1:45 Tuesday Movie: Rush Hour 1998 Painting [R] 2:30 - Hanafuda Club with Alice [LB] Kimo [R] Action/Comedy - Jackie Chan, 1:00 Afternoon walking Courtvard 1:45 🌺 Scenic Bus Ride: China Town 2:30 LCR with Diane : Left Center 3:00 **№** Plaza Life Exercise Circuit [R] 3:00 Poker Club with Lonnie [M] 1:45 🖨 Shopping Trip: Manoa Longs Chris Tucker [R] 1:30 📥 Hymn Sing Along with Ruth [R] Right Dice Game [LB] 3:30 🔥 Hanafuda Club with Alice [LB] 2:45 The Gathering Groove: Life Story 5:00 🏚 Puzzle Table [LB] 2:30 - Sunday Family Poker with Lonnie [R] 3:00 Hanafuda Club with Alice [LB] 2:45 in BINGO Club [R] with Russel H [R] 7:00 Friday Movie Night : Flower Drum Song 3:00 h Poker Club with Lonnie [R] 3:30 A Hanafuda Club with Alice [LB] 5:00 h Puzzle Table [LB] 1961 Musical/Comedy - Nancy Kwan, 5:00 h Puzzle Table [LB] 4:00 the Chessmaster [LB] 4:00 h Chessmaster [LB] 3:30 - Hanafuda Club with Alice [LB] 4:00 - Hanafuda Club with Alice [LB] James Shigeta [R] 5:00 🏚 Puzzle Table [LB] 5:00 🏚 Puzzle Table [LB] 5:00 h Puzzle Table [LB] 5:00 h Puzzle Table [LB] **NATIONAL WAFFLE DAY National Heroes Day NATIONAL DOG DAY Moldova Independence Day Rainbow Bridge Remembrance** According To Hoyle Day National Beach Day Aloha Friday : Wearing wild Hawaiian 9:00 •• Morning Stretches [R] 9:00 * Plaza life Seated Strength 9:00 Morning Stretches & 9:00 → Morning Stretches [R] 8:30 A Shopping Trip: Don Shirts & Dresses 0:00 → Saturday Chair Yoga [R] Mindfulness [R] Exercise [R] Quijote (Kaheka St) 9:00 → Morning Stretches [R] 10:00 🏶 Plaza Life Exercise 1:00 🏕 Afternoon walking Courtyard 10:00 **☀** Morning Stretches & Mindfulness [R] 9:00 → Morning Stretches [R] 10:00 D Birthday Bash & Sing Along with Circuit [R] 10:00 拳 Plaza Life Seated Strength 9:00 → Morning Stretches [R] 1:30 Seated Hula Dance/ Sing Along with 10:00 Taiko Drum Class with Ai Matsuda [R] Jolene and Jenei [R] 10:00 Scenic Bus Ride: East Coast 10:00 拳 Plaza Life Exercise Circuit B [R] Exercise [R] 1:00 Afternoon walking Courtyard 1:00 **★** Afternoon walking Courtyard Raelyn & Ryan [R] 1:00 Afternoon walking Courtyard 1:00 Afternoon walking Courtyard 10:00 🖨 Shopping Trip: Don Quijote 1:30 9 Nail Art Designs [R] 2:30 LCR with Diane : Left Center Right Dice 1:30 h Bridge Game [R] 1:30 Sing Along & Ukulele with Jolene [R] 1:30 Popcorn Tuesday [R] 1:30 Trivia: Astronomy Talk with Andrew Game [LB] (Kaheka St) 1:45 🖨 Bank Run 1:45 Book & Tea Club with Annette Jim 1:45 🖨 Scenic Bus Ride: Salt Lake 1:45 Tuesday Movie: Saturday Night Fever 3:00 A Poker Club with Lonnie [R] 2:30 in Hanafuda Club with Alice [LB] 2:45 🔥 BINGO Club [R] 1:00 Afternoon walking Courtyard 3:00 The Gathering Groove: Music, 1:45 A Shopping Trip: Manoa Longs 1977 Musical/Dance - John Travolta 4:00 in Hanafuda Club with Alice [LB] 3:00 Report Power Club with Lonnie [M] New Connections & Mingling [R] 1:30 📥 Hymn Sing Along with Ruth [R] 2:30 - Sunday Family Poker with Lonnie [R] Karen Lvnn [R] 4:00 in Hanafuda Club with Alice [LB] 5:00 🏚 Puzzle Table [LB] 5:00 h Puzzle Table [LB] 3:30 - Hanafuda Club with Alice [LB] 3:00 h Hanafuda Club with Alice [LB] 2:45 in BINGO Club [R] 3:30 Hanafuda Club with Alice [LB] 5:00 h Puzzle Table [LB] 7:00 Priday Movie Night: Risky Business -4:00 the Chessmaster [LB] 5:00 h Puzzle Table [LB] 5:00 n Puzzle Table [LB] 4:00 the Chessmaster [LB] Comedy/Crime - Tom Cruise, Rebecca 5:00 h Puzzle Table [LB] DeMornay [R] 5:00 h Puzzle Table [LB] Continued at top