

Training 10:15						The state of the s	with
National Eat Outside Day 8:30 ★ Breakfast 10:00 ♣ Plaza Seated Strength Training 10:15 ♣ Live Stream: New Hope Video Service 12:30 ★ Lunch 12:30 ★ Lunch 12:30 ★ Afternoon Strolls / Gazebo Activities 10:00 ♣ Hydration Break & Stretching	unday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching 5:30 ★ Dinner TO CHANGE TO CHANGE TO CHANGE 5:30 ★ Dinner 5:30 ★ Dinner 5:30 ★ Dinner 4:30 ★ Catholic Mass 5:30 ★ Dinner 4:30 ★ Catholic Mass 5:30 ★ Dinner	e Day Inted Strength Im: New Hope Video Service In Strolls / Gazebo Activities Its	ACTIVITIES ARE SUBJECT Activities ACTIVITIES ARE SUBJECT TO CHANGE	10 5	·	Tooking / Baking Educational Classes Exercise / Physical Activity Games Gardening / Outdoor Visit Hydration Program Meditation / Mindfulness Music / Special Entertainment One-on-One Pet Visitation / Therapy Plaza Life Fitnesss Spiritual / Worship Services	8:30 ★ Breakfast 10:00 ≯ Plaza Seated Strength	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength
2:00 Afternoon Strolls / Gazebo Activities 12:30 Lunch 12:30 Room Visits 12:30 Room Visits 12:30 Room Visits 12:30 Room Visits	8:30 \(\frac{1}{2}\) arr: New Hope Video Service ers and Watermelon Craft 11:00 \(\frac{1}{2}\) a Strolls / Gazebo Activities its 2:00 \(\frac{1}{2}\) Break & Stretching 8:30 \(\frac{1}{2}\) 8:30 \(\frac{1}{2}\) 10:15 \(\frac{1}{2}\) 11:20 \(\frac{1}{2}\) 12:30 \(\frac{1}{2}\) 4:00 \(\frac{1}{2}\)	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength Training leo Service on Craft 10:30 ▼ Pet Visits 10:30 ▼ Fun with Cookie Dough 11:00 ▼ Buddhist Services 12:30 ★ Lunch 2:00 ★ Afternoon Strolls / Gazebo Activities 13:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching	 ☆ Breakfast → Plaza Seated Strength Training ♬ Silent Disco: Hawaii Dance Bomb ∴ Lunch → Afternoon Strolls / Gazebo Activities ☆ Room Visits → Hydration Break & Stretching 	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength	8:30 ★ Breakfast 9:30 ↑ Prayer Group - Kailua Christian Church 10:00 ≯ Plaza Seated Strength Training 10:30 ★ Music & Movement 12:30 ★ Lunch 2:00 ≯ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ≯ Hydration Break & Stretching	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength
10:30 ● Bookmarker Craft 10:30 ● Fun with Kinetic Sand 12:30 ★ Lunch 12:30 ★ Lunch 12:30 ★ Lunch 12:30 ★ Afternoon Strolls / Gazebo Activities	8:30 \(\frac{1}{2}\) arrived Strength 10:00 \(\frac{1}{2}\) arrived Strength 10:15 \(\frac{1}{2}\) 10:30 \(\frac{1}{2}\) 12:30 \(\frac{1}{2}\) a Strolls / Gazebo Activities its Break & Stretching	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength Training leo Service 10:15 ★ Pet Visits 10:30 ★ Fun with Kinetic Sand 12:30 ★ Lunch 2:00 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching 8:30 ★ 10:00	 ☆ Breakfast ✦ Plaza Seated Strength Training ♬ Kupuna Ministries with Jon Koki ☆ Lunch ✦ Afternoon Strolls / Gazebo Activities ☆ Room Visits ✦ Hydration Break & Stretching 	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength	8:30 ★ Breakfast 9:30 ↑ Prayer Group - Kailua Christian Church 10:00 ≯ Plaza Seated Strength Training 10:30 ★ Crack the Code Brain Activity 12:30 ★ Lunch 2:00 ≯ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ≯ Hydration Break & Stretching	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength Training 10:30 ★ Music Performance: Hank the Singing Dutchman 12:30 ★ Lunch 2:00 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching	8:30 ★ Breakfast 10:00 ≯ Plaza Seated Strength
3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching 3:00 ★ Room Visits 12:30 ★ Lunch 3:00 ★ Room Visits 3:00 ★ Room Visits	8:30 \(\frac{1}{2}\) thed Strength Im: New Hope Video Service 12:30 \(\frac{1}{2}\) 2:00 \(\frac{1}{2}\) 1 Strolls / Gazebo Activities its 8:30 \(\frac{1}{2}\) 4:00 \(\frac{1}{2}\)	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength	 ☆ Breakfast ✦ Plaza Seated Strength Training ❖ Pilot Wing Craft	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength Training 10:30 ★ Music Performance: Sanford Lee 12:30 ★ Lunch 2:00 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching	8:30 ★ Breakfast 9:30 ↑ Prayer Group - Kailua Christian Church 10:00 ≯ Plaza Seated Strength Training 10:15 ← Silent Disco: Hawaii Dance Bomb 10:30 ★ Treat Yourself Activity 12:30 ★ Lunch 2:00 ≯ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ≯ Hydration Break & Stretching	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength Training 10:30 ★ Angel Pins Craft 12:30 ★ Lunch 2:00 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength
12:30 ★ Lunch 2:00 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching 5:30 ★ Dinner 10:30 ★ Music Performance: Mellow Friends 12:30 ★ Lunch 12:30 ★ Lunch 12:30 ★ Lunch 12:30 ★ Lunch 12:30 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching 5:30 ★ Dinner 12:30 ★ Lunch 12:30 ★ Lunch 12:30 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching 5:30 ★ Dinner 12:30 ★ Lunch 12:30 ★ Lunch 12:30 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching 5:30 ★ Dinner 12:30 ★ Lunch 12:30 ★ Lunch 12:30 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching 5:30 ★ Dinner 12:30 ★ Lunch 12:30 ★ Lunch 12:30 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching 5:30 ★ Dinner 12:30 ★ Lunch 12:30 ★ Lunch 12:30 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching 5:30 ★ Dinner	8:30 \(\frac{1}{2}\) atted Strength am: New Hope Video Service 10:15 \(\frac{1}{2}\) 10:30 \(\frac{1}{2}\) 12:30 \(\frac{1}{2}\) 13:00 \(\frac{1}{2}\)	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength Training leo Service 10:15 ★ Pet Visits 10:30 ★ Music Performance: Mellow Friends 12:30 ★ Lunch 2:00 ★ Afternoon Strolls / Gazebo Activities 10:30 ★ Room Visits 4:00 ★ Hydration Break & Stretching 8:30 ★ 10:00 ★	 Breakfast Plaza Seated Strength Training Music Performance: Roy Hamada Lunch Afternoon Strolls / Gazebo Activities Room Visits Hydration Break & Stretching 	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength Training 10:30 ● Let Your Imagination Run Wild Activity 12:30 ★ Lunch 2:00 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching	8:30 ★ Breakfast 9:30 ↑ Prayer Group - Kailua Christian Church 10:00 ≯ Plaza Seated Strength Training 12:30 ★ Lunch 2:00 ≯ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ≯ Hydration Break & Stretching	8:30 ★ Breakfast 10:00 ♬ Music Performance: Na Kupuna 0 Ko'olau 10:00 ≯ Plaza Seated Strength Training 12:30 ★ Lunch 2:00 ≯ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ≯ Hydration Break & Stretching	8:30 ★ Breakfast 10:00 ★ Plaza Seated Strength Training 10:30 ★ Music Performance: Living Waters 12:30 ★ Lunch 2:00 ★ Afternoon Strolls / Gazebo Activities 3:00 ★ Room Visits 4:00 ★ Hydration Break & Stretching