August 2025 Hali'a Sunday Monday Tuesday Wednesday Thursday Friday Saturday Dress Day: Sportsware August cont'd Arts / Crafts National Play Ball Day BREAKFAST 7:00 **W** Celebrations 7:00 BREAKFAST 8:15 W. Circle Time: Newspaper Current Events National Trail Mix Day Discussion [A] **Location Keys** 8:15 <u> Circle Time: Newspaper Current Events</u> 8:30 Plaza Life Exercises [A] Plaza Life Walking Club Club Visits Discussion [A] 8:30 Plaza Life Exercises [A] Classroom Hour: Journaling- Would You Rather...? And 7:00 BREAKFAST Educational Classes 8:15 W. Circle Time: Newspaper Current Events Classroom Hour: Sports Spelling Bee Activity Room A 10:00 BINGO [A] 10:00 Music with Dean Hirata [A] ■ Exercise / Physical Activity 8:30 Plaza Life Exercises [A] 11:00 LUNCH THE PLAZA 11:00 **LUNCH** Plaza Life Exercises 9:30 Things That Start With "E" [A] 12:30 Pancersize (Low Impact) [A] 12:30 Field Trip / Medical Appointments 1:00 ↔ Plaza Life Walking Club [A] 10:00 Matching Game and Puzzles Living Room - Assisted Living 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace Mindful Coloring 1:30 Tea Time in the Bistro or Hoku Terrace 11:00 **LUNCH** 2:00 ↔ Hula & Mele [A] 3:00 Afternoon Stretch [A] 12:30 Chair Yoga with Sherry Zak Morris [A] Household Chores, Water & Bathroom Break 3:00 Afternoon Stretch [A] Music / Special Entertainment Theater 1:00 Plaza Life Walking Club 4:00 Household Chores, Water & Bathroom Break 1:15 Sightseeing: Diamond Head 6:00 Movie Night [A] Plaza Life Fitness 4:00 **DINNER** 1:30 Tea Time in the Ristro or Hoku Terrace Movie Night [A] 6:00 2:00 ↔ Ring Toss to Classical Music [A] The Spiritual / Worship Services 2:30 H Plaza Sing A Long [A] Dress Day: Silly Socks National Wigg 7:00 BREAKFAST National Watermelon Day National Chocolate Chip Cookie Day National Blogger Day National Raspberry Cream Day Dress Day: Camouflage/Military colors National Bowling Day Plaza Life Walking Club 7:00 BREAKFAST BREAKFAST National Wiggle Your Toes Day BREAKFAST **National Military Appreciation Day** 7:00 BREAKFAST 8:15 <u> Circle Time: Newspaper Current Events</u> 8:15 <u>& Circle Time: Newspaper Current Events</u> 8:15 <u> Circle Time: Newspaper Current Events</u> 8:15 ## Circle Time: Newspaper Current Events BREAKFAST 7:00 BREAKFAST Discussion [A] 8:15 <u>& Circle Time: Newspaper Current Events</u> 8:15 Circle Time: Newspaper Current Events Discussion [A] 8:15 <u>Urcle Time: Newspaper Current Events</u> Discussion [A] 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Simple Mathematics and Spelling Bee 8:30 Plaza Life Exercises [A] Discussion [A] 8:30 Plaza Life Exercises [A] 8:30 Plaza Life Exercises [A] 8:30 🁺 Plaza Life Exercises [A] 9:00 Classroom Hour: Short Readings and Discussions 9:45 Classroom Hour: Hangman- Fruits Classroom Hour: Journaling- Would You Rather...? And 8:30 Plaza Life Exercises [A] 8:30 Plaza Life Exercises [A] 9:00 9:30 🎜 SONG OF THE DAY: "Mr. Sandman - The Chordettes" [A] 9:30 F Things That Start With "A" [A] 9:30 ## Simple Mathematics and Spelling Bee [A] Color Matching Ball game 9:00 Classroom Hour: Brain Game: 9-Square 9:00 Classroom Hour: Brain Quest 2 10.00 Bowling!!! [A] 10:00 🏚 Card Games: Black Jack or Go Fish 0:00 🖪 Hank the Singing Dutchman [A] Hali'a Best Friend of the Month: Flower Painting [A] LUNCH Spelling Bee- Clothes [A] Horse Shoes [A] 10:00 LUNCH 12:00 Medical Transportation 11:00 11:00 LUNCH LUNCH LUNCH 9:45 🖨 Small Group Sightseeing: Waikiki 1:00 **LUNCH** Plaza Life Exercises 12:30 Thair Yoga with Sherry Zak Morris [A] Plaza Life Walking Club Medical Transportation 12:30 🎇 Chair Tai Chi [A] 10:00 The New Hope Church Service [T] 12:00 12:30 A Dancersize (Low Impact) [A] 1:00 ↔ Plaza Life Walking Club [A] Plaza Life Walking Club Horseshoes Plaza Life Exercises Total Your Score! (Ball/Dart Math Game) Plaza Life Walking Club 1:00 Plaza Life Walking Club 10:00 1:15 🛎 Sightseeing: Kaimuki 2:00 ← Sensory Time: Aromatherapy and Scented Hand Lotion 1:00 Balloon Volleyball 1:30 Tea Time in the Bistro or Hoku Terrace Tea Time in the Bistro or Hoku Terrace 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 J Oahu College Jazz Band [L] 1:30 Tea Time in the Bistro or Hoku Terrace Massages [A] Community Bonding: Ukulele Sing-a-Long with Jeremy Recharge Hour- Mindful Coloring with Classical Music 2:00 ↔ Hula & Mele [A] 2:00 2:15 A Bowling [A] 3:00 Afternoon Stretch [A] 3:00 Afternoon Stretch [A] 3:00 Afternoon Stretch [A] 2:00 ↔ Ring Toss to Classical Music [A] Plaza Life Exercises 3:00 Afternoon Stretch [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break Household Chores, Water & Bathroom Break 3:45 Household Chores, Water & Bathroom Break 2:30 Plaza Sing A Long [A] Plaza Life Walking Club 3:45 Household Chores, Water & Bathroom Break Household Chores, Water & Bathroom Break 3:00 Afternoon Stretch [A] DINNER DINNER 3:45 Tea Time in the Bistro or Hoku Terrace 4:00 **DINNER** 4:00 6:00 DINNER Movie Night [A] 3:45 Household Chores, Water & Bathroom Break Movie Night [A] Movie Night [A] 6:00 6.00 RINGO 6:00 Movie Night [A] 6:00 Movie Night [A] 4:00 DINNER 3:00 Afternoon Stretch [A] Movie Night [/ Dress Day: Plaza Shirts National Play in the Sand Day Dress Day: Music/ Band Shirts National Left Handers Day National Creamsicle Day Dress Day: Hawaiian Shirts National Tell a Joke Day 13 6 BREAKFAST National Vinyl Record Day BREAKFAST BREAKFAST BREAKFAST National Hawaiian Shirt Day National Lazy Day 8:15 <u>& Circle Time: Newspaper Current Events</u> 8:15 <u>& Circle Time: Newspaper Current Events</u> 8:15 <u> Circle Time: Newspaper Current Events</u> BREAKFAST 8:15 <u> Circle Time: Newspaper Current Events</u> 7:00 BREAKFAST Plaza Life Walking Club Discussion [A] Discussion [A] Discussion [A] Discussion [A] 7:00 BREAKFAST 8:15 ## Circle Time: Newspaper Current Events 8:30 Plaza Life Exercises [A] Discussion [A] 8:30 Plaza Life Exercises [A] 8:30 Plaza Life Exercises [A] 8:30 Plaza Life Exercises [A] Discussion [A] 8:30 Plaza Life Exercises [A] 8:30 Plaza Life Exercises [A] 8:15 <u> Circle Time: Newspaper Current Events Discussion [A]</u> Classroom Hour: Simple Mathematics and Spelling Bee Classroom Hour: Brain Game: 9-Square Classroom Hour: Hangman- Popsicles Classroom Hour: Journaling- Would You Rather ... ? And 8:30 Plaza Life Exercises [A] 9:30 Things That Start With "B" [A] 9:30 👑 Simple Mathematics and Spelling Bee [A] Classroom Hour: Short Readings and Discussions 9:15 Brain Game: 9-Square [A] Drums are Alive! 9:00 Classroom Hour: Brain Quest 2 9:45 🕿 Small Group Sightseeing: Waikiki BINGO [A] Total Your Score! (Ball/Dart Math Game) Movie: 101 Dalmatians 9:30 # SONG OF THE DAY: "House of the Rising Sun-The 11:00 LUNCH 10:00 Scarf Dance to Classical Music [A] 10:00 Thew Hope Church Service [T] LUNCH LUNCH Medical Transportation 11:00 **LUNCH** Animals" [A] 1:00 LUNCH 10:00 Hali'a Best Friend of the Month: Making Jelly Fish [A] 10:00 ↔ Pet Therapy with Wilma and Milo [A] Plaza Life Exercises Plaza Life Walking Club 12:30 🁺 Chair Tai Chi [A] 12:30 12:30 👺 Chair Yoga with Sherry Zak Morris [A] 12:30 🁺 Dancersize (Low Impact) [A] 1:00 ↔ Plaza Life Walking Club [A] 1:00 Plaza Life Walking Club Plaza Life Walking Club Plaza Life Walking Club Horseshoes LUNCH LUNCH 2:00 ← Sensory Time: Aromatherapy and Scented Hand Lotion Medical Transportation Recharge Hour- Mindful Coloring with Classical Music Tea Time in the Bistro or Hoku Terrace Tea Time in the Bistro or Hoku Terrace 1:30 Tea Time in the Bistro or Hoku Terrace Sightseeing: Kaimuki 12:00 3:00 Afternoon Stretch [A] Plaza Life Exercises Plaza Life Exercises 2:15 👺 Bowling [A] 2:00 → Hula & Mele [A] Tea Time in the Bistro or Hoku Terrace 3:00 Afternoon Stretch [A] Household Chores, Water & Bathroom Break Bean Bag Toss Plaza Life Walking Club 3:00 Afternoon Stretch [A] 3:45 2:00 HRing Toss to Classical Music [A] 3:00 Afternoon Stretch [A] Household Chores, Water & Bathroom Break Community Bonding: Ukulele Sing-a-Long with Jeremy Tea Time in the Bistro or Hoku Terrace 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 2:00 Household Chores, Water & Bathroom Break 2:30 ↔ Plaza Sing A Long [A] 6:00 Movie Night [A] DINNER BINGO DINNER 3:00 Afternoon Stretch [A] 4:00 **DINNER** 3:00 Afternoon Stretch [A] 6:00 Movie Night [A] 3:00 Afternoon Stretch [A] 6:00 Movie Night [A] Movie Night [A] 3:45 Household Chores, Water & Bathroom Break 6:00 3:45 Household Chores, Water & Bathroom Break 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER National Pineapple Juice Day **National Serendipity Day** Dress Day: Your Best Attire/Shirt Dress Day: Plaza Shirts National Senior Citizens Day Dress Day: White National Sponge Cake Day Plaza Life Walking Club 7:00 BREAKFAST **National Photography Day** National Radio Day 7:00 BREAKFAST National Bao Day 7:00 BREAKFAST 8:15 Circle Time: Newspaper Current Events Discussion [A] 8:15 Circle Time: Newspaper Current Events Discussion [A] RREAKEAST BREAKFAST BREAKFAST 8:15 <u>& Circle Time: Newspaper Current Events</u> 7:00 BREAKFAST Discussion [A] 8:15 <u>& Circle Time: Newspaper Current Events</u> 8:15 👑 Circle Time: Newspaper Current Events 8:15 W Circle Time: Newspaper Current Events 8:15 W Circle Time: Newspaper Current Events 8:30 Plaza Life Exercises [A] 8:30 Plaza Life Exercises [A] 8:30 Plaza Life Exercises [A] Discussion [A] Discussion [A] Discussion [A] Discussion [A] 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Simple Mathematics and Spelling Bee 8:30 Plaza Life Exercises [A] 8:30 Plaza Life Exercises [A] 9:45 Classroom Hour: Hangman- Names 8:30 Plaza Life Exercises [A] Classroom Hour: Journaling- Would You Rather 2 And 9:00 9:30 F Things That Start With "C" [A] 9:30 W Simple Mathematics and Spelling Bee [A] Classroom Hour: Brain Game: 9-Square Drums are Alive! 9:00 Classroom Hour: Short Readings and Discussions 9:00 Classroom Hour: Spelling Bee 10.00 10:00 ↔ Pet Therapy with Wes Koga [A] BINGO [A] 10:00 Matching Game and Puzzles Plaza Band [A] 9:30 SONG OF THE DAY: "Like a Rolling Stone- Bob Dylann" [A Brain Game: 9-Square [A] 10:00 the Matching Game 9:15 11:00 LUNCH LUNCH 10:00 🁺 Silent Disco [A] 9:45 r Small Group Sightseeing: Downtown/Chinatowr 11:00 LUNCH 12:00 Medical Transportation 1:00 **LUNCH** 11:00 LUNCH Plaza Life Exercises 12:30 A Chair Yoga with Sherry Zak Morris [A] Plaza Life Walking Club LUNCH 10:00 T New Hope Church Service [T] 12:30 👺 Dancersize (Low Impact) [A] 1:00 Plaza Life Walking Club 1:00 ↔ Plaza Life Walking Club [A] 12:30 🁺 Chair Tai Chi [A] Horseshoes 12:00 Medical Transportation LUNCH 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 - Sensory Time: Aromatherapy and Scented Hand Lotion Plaza Life Exercises Recharge Hour- Mindful Coloring with Classical Music Tea Time in the Bistro or Hoku Terrace 12:30 3:00 Afternoon Stretch [A] Massages [A] 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 - Ring Toss to Classical Music [A] Kickball and Music 2:00 ↔ Hula & Mele [A] Plaza Life Exercises 3:00 Afternoon Stretch [A] Household Chores, Water & Bathroom Break 2:15 👺 Bowling [A] 2:30 • Plaza Sing A Long [A] Community Bonding: Ukulele Sing-a-Long with Jeremy 2:00 Plaza Life Walking Club 3:00 Afternoon Stretch [A] 3:00 Afternoon Stretch [A] 4:00 6:00 Household Chores, Water & Bathroom Break DINNER 3:00 👺 Afternoon Stretch [A] 3:45 4:00 Tea Time in the Bistro or Hoku Terrace 3:45 Household Chores, Water & Bathroom Break 3:00 Afternoon Stretch [A] Movie Night [A] 3:45 Household Chores, Water & Bathroom Break DINNER 3:45 Household Chores, Water & Bathroom Break BINGO DINNER 4:00 6:00 Movie Night [A] 3:45 Household Chores, Water & Bathroom Break DINNER 4.00 DINNER 3:00 🁺 Afternoon Stretch [A] 4.00 6:00 Movie Night [A] 6:00 Movie Night [A] 4:00 DINNER 3:45 Household Chores, Water & Bathroom Break 6:00 Movie Night [A] Dress Day: College Shirts or College Colors National Waffle Day National Banana Split Day National Peach Day National Thoughtful Day Dress Day: Dog Shirts Dress Day: Plaza Shirts BREAKFAST BREAKFAST BREAKFAST 1:00 Plaza Life Walking Club 7:00 National Dog Day 7:00 National College Colors Day National Beach Day BREAKFAST 8:15 Lucicle Time: Newspaper Current Events BREAKFAST 8:15 L Circle Time: Newspaper Current Events 7:00 BREAKEAST 7:00 BREAKFAST Discussion [A] 8:30 Plaza Life Exercises [A] Discussion [A] 8:30 Plaza Life Exercises [A] Discussion [A] 8:30 Plaza Life Exercises [A] 8:15 <u> Circle Time: Newspaper Current Events</u> 8:15 <u> Circle Time: Newspaper Current Events</u> Discussion [A] Discussion [A] Discussion [A] Discussion [A] 8:30 Plaza Life Exercises [A] Classroom Hour: Brain Game: 9-Square Classroom Hour: Simple Mathematics and Spelling Bee 8:30 Plaza Life Exercises [A] Drums are Alive 8:30 Plaza Life Exercises [A] 8:30 B Plaza Life Exercises [A] 9:30 Things That Start With "D" [A] 9:30 Karal Simple Mathematics and Spelling Bee [A] 10:00 Sing-a-long with Sandy and Gordon [A] 9:15 Brain Game: 9-Square [A] 9:45 Small Group Sightseeing: State Capitol/ Downtown Classroom Hour: Hangman- Emotions Classroom Hour: Short Readings and Discussions Classroom Hour: Brain Quest 2 Classroom Hour: Journaling- Would You Rather ... ? And 9:00 10:00 Landscape Watercolor with Classical Music SONG OF THE DAY: "House of the Rising Sun- The Drums are Alive! 10:00 Kickball and Music [A] 10:00 The New Hope Church Service [T] BINGO [A] 11:00 **LUNCH** LUNCH LUNCH 10:00 Animals" [A] 11:00 **LUNCH** 12:30 👺 Chair Yoga with Sherry Zak Morris [A] Plaza Life Walking Club Hali'a Best Friend of the Month: Painting Sharks [A] 10:00 ↔ Pet Therapy with Wilma and Milo [A] Medical Transportation 12:30 👺 Dancersize (Low Impact) [A] 1:00 LUNCH 1:00 Plaza Life Walking Club 1:30 Horseshoes 11:00 LUNCH 12:30 🚜 Chair Tai Chi [A] 1:00 Plaza Life Walking Club 12:30 Plaza Life Exercises LUNCH 1:15 Sightseeing: Kaka'ako/Art District 2:00 ← Sensory Time: Aromatherapy and Scented Hand Lotion Recharge Hour- Mindful Coloring with Classical Music 1:00 Plaza Life Walking Club Medical Transportation 1:00 ↔ Plaza Life Walking Club [A] 12:00 1:30 Tea Time in the Bistro or Hoku Terrace Tea Time in the Bistro or Hoku Terrace Tea Time in the Bistro or Hoku Terrace Massages [A] Plaza Life Exercises Plaza Life Exercises Tea Time in the Bistro or Hoku Terrace 2.00 ← Hula & Mele [A] 3:00 Afternoon Stretch [A] 2:00 ↔ Ring Toss to Classical Music [A] Birthday Celebrations Plaza Life Walking Club 2:15 👺 Bowling [A] 3:00 Afternoon Stretch [A] 3:00 Afternoon Stretch [A] Household Chores, Water & Bathroom Break Community Bonding: Ukulele Sing-a-Long with Jeremy Household Chores, Water & Bathroom Break 3:00 Afternoon Stretch [A] 2:30 H Plaza Sing A Long [A] 2:00 Tea Time in the Bistro or Hoku Terrace Household Chores, Water & Bathroom Break 3:45 DINNER 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break DINNER BINGO 4.00 DINNER 4:00 Household Chores, Water & Bathroom Break Movie Night [A] 3:00 Afternoon Stretch [A] 3:00 Afternoon Stretch [A] 6:00 Movie Night [A] Movie Night [A] 6:00 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 3:45 Household Chores, Water & Bathroom Break 6:00 Movie Night [A] Continued at top