

August 2024 The Plaza at Punchb	owl Activity Calendar					created with
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE PLAZA — at Punchbowl	Location Keys Library LB Living Room LR Lobby L Multi-Purpose Room M Recreation Room R		All activities are subject to change.	NATIONAL RASPBERRY CREAM PIE DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 1:30 ᠅ Trivia: National Hawaii Day [R] 1:45 ➡ Scenic Bus Ride: Manoa 2:00 ᠅ Hanafuda Club with Alice [LB] 2:30 ᠅ Chessmaster [LB] 3:00 ᠅ BINGO Club [R] 4:00 ᠅ Puzzle Table [LB]	NATIONAL COLORING BOOK DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 ♪ Sing Along with Sandy & Gordon [R] 1:30 ♪ Pastor Carl & Pastor Steve [R] 2:45 ◇ History: A Brief History of the Hawaiian Islands [M] 3:00 ◇ Mahjong Club [LB] 4:00 ◇ Puzzle Table [LB] 7:00 ❤ Friday Movie Night: The Princess Bride 1987- Family/Comedy- Cary Elwes, Robin Wright [R]	NATIONAL SUNFLOWER DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 1:30 Seated Hula Dance/ Sing Along with Raelyn & Ryan [R] 2:30 ❤ Do the happy walk in the courtyard 3:00 Puzzle Table [LB] 5:00 Chessmaster [LB]
NATIONAL FRIENDSHIP DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 10:00 → Scenic Bus Ride: Diamond Head Beach Park 1:30 ◇ BINGO [R] 1:45 ⊖ Shopping Trip: Kahala Mall 2:30 ◇ Hanafuda Club with Alice [LB] 3:00 → Poker Club with Lonnie [M] 4:00 ◇ Puzzle Table [LB]		NATIONAL ROOT BEER FLOAT DAY 9:00 ♣ Morning Exercise [R] 9:30	NATIONAL RASPBERRIES N' CREAM DAY 8:30 ∰ Shopping Trip: Walmart (Ke'eaumoku) [L] 9:00 ♣ Morning Exercise [R] 9:30 Hydration [R] 10:00 ♣ Full Body Exercise [R] 10:00 ∰ Shopping Trip: Walmart (Ke'eaumoku) [L] 1:30	NATIONAL DOLLAR DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 10:30 ♣ Royal Hawaiian Band Glee Club [LR] 1:30 ♣ Holo Holo Club: Uncle Clays House of pure Aloha in Haina Haina [L] 2:00 ❖ Hanafuda Club with Alice [LB] 3:00 ♣ History: War 1 & War 2 [R] 4:00 ❖ Puzzle Table [LB]	NATIONAL BOOK LOVERS DAY 9:00 ♣ Morning Exercise [R] 9:30	NATIONAL BOWLING DAY 9:00 ↔ Morning Exercise [R] 9:30 Hydration [R] 10:00 ↔ Full Body Exercise [R] 1:30 ﷺ Mindfulness Beginnings Kupuna with Min [R] 2:00 ᅠ Mindfulness Tea time with Min [R] 2:30 ❤ Do the happy walk in the courtyard 3:00 꽤 Poker Club with Lonnie [M] 4:00 ۞ Puzzle Table [LB] 5:00 ۞ Chessmaster [LB]
PLAY IN THE SAND DAY 9:00 Morning Exercise [R] 9:30 Hydration [R] 10:00 Full Body Exercise [R] 10:00 Scenic Bus Ride: Kaimuki 1:30 Trivia: About "Mountain" [R] 1:45 Shopping Trip: Manoa Longs 2:30 Hanafuda Club with Alice [LB] 3:00 Poker Club with Lonnie [M] 4:00 Puzzle Table [LB]		INTERNATIONAL LEFTHANDERS DAY 9:00 ← Morning Exercise [R] 9:30 Hydration [R] 10:00 Sing Along & Ukulele with Jolene [R] 1:30 Popcorn Tuesday [R] 2:00 Resident Council [R] 3:00 → Hanafuda Club [LB] 4:00 Puzzle Table [LB]	NATIONAL CREAMSICLE DAY 8:30 Shopping Trip: Don Quijote (Kaheka St) [L] 9:00 Morning Exercise [R] 9:30 Hydration [R] 10:00 Full Body Exercise [R] 10:00 Shopping Trip: Don Quijote (Kaheka St) [L] 1:30 Hymn Sing Along with Ruth Club [R] 3:00 Puzzle Table [LB]	9:30 Hydration [R] 10:00 Step Star Spectacular Dance Group [R] 1:30 Bank Run [L] 1:30 History: Japan [R] 2:00 Hanafuda Club with Alice [LB]	9:00 ↔ Morning Exercise [R] 9:30 Hydration [R]	WORLD HONEYBEE DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 1:30 Mindfulness Beginnings Kupuna with Min [R] 2:30 ✓ Do the happy walk in the courtyard 3:00 Poker Club with Lonnie [M] 4:00 Chessmaster [LB]
NATIONAL FAJITA DAY Open House Event 18	NATIONAL POTATO DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 1:30 → The Art Studio: Creative Canvas [R] 1:45 ← Scenic Bus Ride: Waikiki 2:30	NATIONAL BACON LOVERS DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 1:30 → Popcorn Tuesday [R] 1:45 → Tuesday Movie: Mamma Mia 2008 - Musical/Comedy, Meryl Streep, Amanda, Seyfried [R] 2:30 → Hanafuda Club [LB] 3:00 → Mahjong Club [LB] 4:00 → Puzzle Table [LB]	NATIONAL SENIOR CITIZENS DAY Open House Event	NATIONAL BAO DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 1:30 ᠅ Hanafuda Club with Alice [LB] 2:30 ᠅ Mahjong Club [LB] 3:00 ᠅ Chessmaster [LB] 4:00 ᠅ Puzzle Table [LB]	NATIONAL CUBAN SANDWICH DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 1:30	NATIONAL WAFFLE DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 1:30 Seated Hula Dance/ Sing Along with Raelyn & Ryan [R] 2:30 ❤ Do the happy walk in the courtyard 3:00 Poker Club with Lonnie [M] 4:00 Puzzle Table [LB] 5:00 Chessmaster [LB]
NATIONAL BANANA SPLIT DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 10:00 ♠ Scenic Bus Ride: Wahiawa 1:30 ♡ Trivia: BANANA SPLIT [R] 1:45 ♠ Shopping Trip: Manoa Longs 2:00 鬥 Baking Pizza [R] 2:45 ♡ Hanafuda Club with Alice [LB] 3:00 ♣ Poker Club with Lonnie [M] 4:00 ♡ Puzzle Table [LB]	NATIONAL DOG DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 Hank the Singing Dutchman [R] 1:30 → Art & Craft: DIY Ceramic Succulent Pots [R] 1:45 ← Scenic Bus Ride: Salt Lake 2:30 ◇ Chessmaster [LB] 3:00 ◇ BINGO Club [R] 4:00 ◇ Puzzle Table [LB]	9:00 Morning Exercise [R] 9:30 Hydration [R]	NATIONAL THOUGHTFUL DAY 8:30 Shopping Trip: Walmart (Ke'eaumoku) [L] 9:00 Morning Exercise [R] 9:30 Hydration [R] 10:00 Full Body Exercise [R] 11:30 KauKau Club: Spaghetti Factory [L] 1:30 Hymn Sing Along with Ruth Club 8 Steven [R] 3:00 BINGO Club [R] 4:00 Puzzle Table [LB]		NATIONAL DRESS UP DAY 9:00 ♣ Morning Exercise [R] 9:30 Hydration [R] 10:00 ♣ Full Body Exercise [R] 1:30	NATIONAL TRAIL MIX DAY 9:00 → Morning Exercise [R] 9:30 Hydration [R] 10:00 → Full Body Exercise [R] 1:30 Seated Hula Dance/ Sing Along with Raelyn & Ryan [R] 2:30 ✓ Do the happy walk in the courtyard 3:00 → Poker Club with Lonnie [M] 4:00 → Puzzle Table [LB] 5:00 → Chessmaster [LB]