

August 2023
The Plaza at Punchbowl Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Location Keys 3rd Floor Dining Room 3rd Floor Living Room Lobby Recreation Room T TLR L R	International Mahjong Day 1 9:00 ↔ Exercise [R] 10:15 ↔ Exercise [R] 1:00 🍿 Popcorn Day! [R] 1:45 🎬 Movie: Mission Impossible 1 (starring Tom Cruise) [R] 2:00 🎮 Hanafuda [L]	National Ice Cream Sandwich Day 2 8:30 🚌 Shopping Trip: Don Quijote (Keheka St) [L] 9:00 ↔ Exercise [R] 10:00 ↔ Exercise [R] 10:00 🚌 Shopping Trip: Don Quijote (Keheka St) [L] 1:30 🎵 Hymn Sing Along with Ruth [R] 2:45 ★ BINGO [R]	National Watermelon Day 3 9:00 ↔ Exercise [R] 10:00 ↔ Exercise [R] 1:15 ↔ Tai Chi with Ken [R] 1:45 🚌 Scenic Bus Ride: Kaimuki [L] 2:45 ★ BINGO [R]	International Beer Day 4 9:00 ↔ Exercise [R] 10:00 ↔ Exercise [R] 2:45 ★ BINGO [R] 7:00 🎬 Friday Night at The Movies: Ghost (starring Patrick Swayze & Whoopi Goldberg) [TLR]	Happy Birthday, Beverly Ching and Doris Kiyuna! 5 National Oyster Day 9:00 ↔ Exercise [R] 10:00 ↔ Exercise [R] 1:20 🍜 Noodle Figures [R] 2:30 ★ BINGO [R]
National Root Beer Float Day 6 9:00 ↔ Exercise [R] 9:30 🌿 Sunday Devotion with Pastor Wyman & Liz Au [R] 10:00 🚌 Scenic Bus Ride: Wahiawa [L] 10:15 ↔ Exercise [R] 1:30 🎬 Golden Oldies Television [R] 1:30 🎮 Hanafuda [L] 1:45 🚌 Shopping Trip: Pali Longs [L] 2:45 ★ BINGO [R]	National Purple Heart Day 7 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:30 🎵 Ukulele with Lonnie [TLR] 1:45 🚌 Scenic Bus Ride: Manoa [L] 2:30 ★ BINGO [T]	Happy Birthday, Leatrice Tam! 8 National Dollar Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:00 🍿 Popcorn Day! [T] 1:45 🎬 Movie: McClintock (starring John Wayne & Maureen O'hara) [TLR] 2:00 🎮 Hanafuda [L]	National Book Lovers Day 9 8:30 🚌 Shopping Trip: Walmart (Ke'eaumoku) [L] 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 10:00 📖 Rev. Bert Sumikawa (Moiliili Hongwanji Mission) [TLR] 1:15 ↔ Tai Chi with Ken [T] 1:45 🚌 Holo Holo Club: Uncle Clay's [L] 2:30 ★ BINGO [T]	National S'mores Day 10 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 10:00 🌿 Rev. Bert Sumikawa (Moiliili Hongwanji Mission) [TLR] 1:15 ↔ Tai Chi with Ken [T] 1:45 🚌 Holo Holo Club: Uncle Clay's [L] 2:30 ★ BINGO [T]	Global Kinetic Sand Day 11 Happy Birthday, Azucena Briones! 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:30 🎵 Seated Hula with Karen [T] 2:30 ★ BINGO [T] 7:00 🎬 Friday Night at The Movies: Sleepless in Seattle (starring Tom Hanks & Meg Ryan) [TLR]	National Bowling Day- Second Saturday in August 12 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:30 🕺 Zumba with Annette [T] 2:30 ★ BINGO [T]
International Left Handers Day 13 9:00 ↔ Exercise [T] 9:30 🌿 Sunday Devotion with Pastor Wyman & Liz Au [TLR] 10:00 🚌 Scenic Bus Ride: Windward Side [L] 10:15 ↔ Exercise [T] 1:30 🎮 Hanafuda [L] 1:45 🚌 Shopping Trip: Kahala Mall [L] 2:30 ★ BINGO [T]	Happy Birthday, Elaine Abe! 14 National Creamsicle Day 9:00 🎵 Silent Disco with Miranda [T] 10:00 ↔ Exercise [T] 1:30 🎵 Sing Along with Roy Hamada [T] 1:45 🚌 Scenic Bus Ride: China Town [L] 2:30 ★ BINGO [T]	Happy Birthday, Harry Dantsuka and Elsa Tang! 15 National Relaxation Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:00 🍿 Popcorn Day! [T] 1:45 🎬 Movie: The King and I (starring Deborah Kerr & Yule Brynner) [TLR] 2:00 🎮 Hanafuda [L]	Happy Birthday, Grace Kashiwa! 16 National Tell a Joke Day 8:30 🚌 Shopping Trip: Don Quijote (Keheka St) [L] 9:00 ↔ Exercise [T] 10:00 🚌 Shopping Trip: Don Quijote (Keheka St) [L] 10:00 🎵 Sing Along with Sandy & Gordon [T] 1:30 🎵 Hymn Sing Along with Ruth [T] 2:30 ★ BINGO [T]	Black Cat Appreciation Day 17 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 11:30 ★ Kau Kau Club: Round Table Pizza (Kailua) [L] 2:30 ★ BINGO [T]	National Fajita Day 18 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:00 🎉 Birthday Bash with Dean Hirata [T] 2:30 ★ BINGO [T] 7:00 🎬 Friday Night at The Movies: Bringing Up Baby (starring Kathryn Hepburn & Cary Grant) [TLR]	World Honey Bee Day- Third Saturday in August 19 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:30 🎵 Karaoke with Jukebox Singers [T] 2:30 ★ BINGO [T]
National Radio Day 20 9:00 ↔ Exercise [T] 9:30 🌿 Sunday Devotion with Pastor Wyman & Liz Au [TLR] 10:00 🚌 Scenic Bus Ride: Pearl City [L] 10:15 ↔ Exercise [T] 1:30 🎮 Hanafuda [L] 1:45 🚌 Shopping Trip: Manoa Longs & Safeway [L] 2:30 ★ BINGO [T]	Happy Birthday, Amy Umeda! 21 National Senior Citizens Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:30 🎵 Ukulele with Lonnie [TLR] 1:45 🚌 Scenic Bus Ride: Magic Island [L] 2:30 ★ BINGO [T]	National Be An Angel Day 22 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:00 🍿 Popcorn Day! [T] 1:45 🎬 Movie: Sherlock Holmes (starring Robert Downey Jr. & Jude Law) [TLR] 2:00 🎮 Hanafuda [L]	National Sponge Cake Day 23 9:00 🚌 Excursion: Skyline Rail [L] 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:30 🎵 Hymn Sing Along with Ruth [T] 2:30 ★ BINGO [T]	National Waffle Day 24 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:45 🚌 Scenic Bus Ride: Lagoon Drive [L] 2:30 ★ BINGO [T]	National Banana Split Day 25 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:20 🎵 Activity: Wood Painting 2:30 ★ BINGO [T] 7:00 🎬 Friday Night at The Movies: The Graduate (starring Dustin Hoffman & Katherine Ross) [TLR]	Happy Birthday, Satoshi Yamamoto and Christopher Chun! 26 National Dog Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:20 🎨 Activity: Water Painting [T] 2:30 ★ BINGO [T]
9:00 ↔ Exercise [T] 9:30 🌿 Sunday Devotion with Pastor Wyman & Liz Au [TLR] 10:00 🚌 Scenic Bus Ride: Kailua [L] 10:15 ↔ Exercise [T] 1:30 🎮 Hanafuda [L] 1:45 🚌 Shopping Trip: Pali Longs [L] 2:30 ★ BINGO [T]	National Thoughtful Day 28 9:00 ↔ Exercise 10:00 ↔ Exercise [T] 1:30 🎵 Ukulele with Lonnie [TLR] 1:45 🚌 Scenic Bus Ride: Waikiki [L] 2:30 ★ BINGO [T]	National According to Hoyle Day 29 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:00 🍿 Popcorn Day! [T] 1:45 🎬 Movie: High Noon (starring Gary Grant & Grace Kelly) [TLR] 2:00 🎮 Hanafuda [L]	Happy Birthday, Eloise Marugame! 30 National Beach Day 8:30 🚌 Shopping Trip: Walmart (Ke'eaumoku) [L] 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 10:00 🚌 Shopping Trip: Walmart (Ke'eaumoku) [L] 1:30 🎵 Hymn Sing Along with Ruth [T] 2:30 ★ BINGO [T]	Happy Birthday, Philip Ho and Edward Lee! 31 National Eat Outside Day 9:00 ↔ Exercise [T] 10:00 ↔ Exercise [T] 1:45 🚌 Scenic Bus Ride: Kahala [L] 2:30 ★ BINGO [T]	 All activities are subject to change.	