

APRIL 2026

The Plaza at Moanalua
Independent & Assisted Living Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MONTHLY SPECIAL EVENTS

- 4/2 1:30 RESIDENT EASTER EGG HUNT
- 4/5 2:00 EASTER EGG COLORING
- 4/8 10:00 MUSIC: BRANDON ONISHI
- 4/10 10:00 PERFORMANCE: CHRISTIAN ACADEMY
- 4/11 9:00 ZUMBA WITH ANNETTE
- 4/12 10:00 PET THERAPY WITH NOAH
- 4/14 10:00 RESIDENT COUNCIL
- 4/16 2:00 DANCE-A-THON WITH ACTIVITIES
- 4/22 5:00 FAMILY UNO GAME NIGHT
- 4/25 2:00 BIRTHDAY BASH WITH DEAN HIRATA
- 4/30 10:30 MUSIC: LEGACY MUSIC



1 APRIL FOOLS DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:15 Resistance Training B [G]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:30 POKER with Tony!
- 1:30 Lucky Tiles & Blossoms
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

2 WALKING DAY

- 9:00 Seated Strength A [O]
- 9:30 Seated Strength A [O]
- 10:15 Resistance Training B [P]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Jenga!
- 1:30 EASTER EGG HUNT!
- 2:00 Color Splash with Kelsie!
- 4:00 Brain Gym: Unscramble

3 GOOD FRIDAY

- 9:00 Seated Strength B [O]
- 9:30 Seated Strength B [O]
- 10:00 Seated Strength Circuit [O]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 1:30 Sketch Class with Lester!
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

4 VITAMIN C DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:00 Seated Strength Circuit [O]
- 10:45 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Rummy!
- 2:00 Lei Making with Memory
- 4:00 Brain Gym: Unscramble

5 EASTER SUNDAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:00 Seated Strength Circuit [O]
- 10:45 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 2:00 EASTER EGG COLORING
- 4:00 Brain Gym: Unscramble

6 CARAMEL POPCORN DAY

- 9:00 Seated Strength A [O]
- 9:30 Seated Strength A [O]
- 10:15 Resistance Training A [G]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Rummy!
- 1:30 Lucky Tile Mondays!
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

7 COFFEE CAKE DAY

- 9:00 Seated Strength B [O]
- 9:30 Seated Strength B [O]
- 10:15 Resistance Training A [P]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 2:30 Lei Making with April
- 4:00 Brain Gym: Unscramble

8 ZOO LOVERS DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:00 PERFORMANCE: BRANDON ONISHI
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:30 Gentlemen's Hour w/Tony
- 1:30 Lucky Tiles & Blossoms
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

9 UNICORN DAY

- 9:00 Seated Strength A [O]
- 9:30 Seated Strength A [O]
- 10:15 Resistance Training B [P]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Jenga!
- 2:00 Color Splash with Kelsie!
- 4:00 Brain Gym: Unscramble

10 SIBLINGS DAY

- 9:00 Seated Strength B [O]
- 9:30 Seated Strength B [O]
- 10:00 PERFORMANCE: CHRISTIAN ACADEMY
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 1:30 Craft Club with Memory
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

11 PET DAY

- 9:00 ZUMBA WITH ANNETTE
- 10:00 Seated Strength Circuit [O]
- 10:45 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Rummy!
- 2:00 Sketch Class with Lester
- 4:00 Brain Gym: Unscramble

12 LICORICE DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:00 PET THERAPY W/NOAH
- 10:45 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 2:00 Crochet with Kelsie!
- 3:00 Lucky Tiles & Blossoms
- 4:00 Brain Gym: Unscramble

13 SCRABBLE DAY

- 9:00 Seated Strength A [O]
- 9:30 Seated Strength A [O]
- 10:15 Resistance Training A [G]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Rummy!
- 1:30 Lucky Tile Mondays!
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

14 JACKIE ROBINSON DAY

- 9:00 Seated Strength B [O]
- 9:30 Seated Strength B [O]
- 10:00 RESIDENT COUNCIL
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 2:30 1000 Flowers Project w/ April
- 4:00 Brain Gym: Unscramble

15 LAUNDRY DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:15 Resistance Training B [G]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:30 POKER with Tony!
- 1:30 Lucky Tiles & Blossoms
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

16 ORCHID DAY

- 9:00 Seated Strength A [O]
- 9:30 Seated Strength A [O]
- 10:15 Resistance Training B [P]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Jenga!
- 2:00 DANCE-A-THON WITH ACTIVITIES!
- 4:00 Brain Gym: Unscramble

17 HIGH FIVE DAY

- 9:00 Seated Strength B [O]
- 9:30 Seated Strength B [O]
- 10:00 Seated Strength Circuit [O]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 1:30 Sketch Class with Lester!
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

18 ANIMAL CRACKERS DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:00 Seated Strength Circuit [O]
- 10:45 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Rummy!
- 2:00 Lei Making with Memory
- 4:00 Brain Gym: Unscramble

19 GARLIC DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:00 Seated Strength Circuit [O]
- 10:45 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 2:00 Tech Support with Memory
- 3:00 Gorgeous Grams Hour!
- 4:00 Brain Gym: Unscramble

20 CHEDDAR FRIES DAY

- 9:00 Seated Strength A [O]
- 9:30 Seated Strength A [O]
- 10:15 Resistance Training A [G]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Rummy!
- 1:30 Lucky Tile Mondays!
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

21 CHOCO COVERED CASHEWS DAY

- 9:00 Seated Strength B [O]
- 9:30 Seated Strength B [O]
- 10:15 Resistance Training A [P]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 2:30 Lei Making with April
- 4:00 Brain Gym: Unscramble

22 EARTH DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:15 Resistance Training B [G]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:30 Gentlemen's Hour w/Tony
- 1:30 Lucky Tiles & Blossoms
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew
- 5:00 FAMILY UNO NIGHT!

23 PICNIC DAY

- 9:00 Seated Strength A [O]
- 9:30 Seated Strength A [O]
- 10:15 Resistance Training B [P]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Jenga!
- 2:00 Color Splash with Kelsie!
- 4:00 Brain Gym: Unscramble

24 PIGS-IN-A-BLANKET DAY

- 9:00 Seated Strength B [O]
- 9:30 Seated Strength B [O]
- 10:00 Seated Strength Circuit [O]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 1:30 Craft Club with Memory
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

25 TELEPHONE DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:00 Seated Strength Circuit [O]
- 10:45 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Rummy!
- 2:00 BIRTHDAY BASH W/ DEAN HIRATA
- 4:00 Brain Gym: Unscramble

26 PRETZEL DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:00 Seated Strength Circuit [O]
- 10:45 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 2:00 Crochet with Kelsie!
- 3:00 Lucky Tiles & Blossoms
- 4:00 Brain Gym: Unscramble

27 GUMMI BEAR DAY

- 9:00 Seated Strength A [O]
- 9:30 Seated Strength A [O]
- 10:15 Resistance Training A [G]
- 10:00 CATHOLIC MASS
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Rummy!
- 1:30 Lucky Tile Mondays!
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

28 SUPERHERO DAY

- 9:00 Seated Strength B [O]
- 9:30 Seated Strength B [O]
- 10:15 Resistance Training A [P]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: UNO!
- 2:30 1000 Flowers Project w/ April
- 4:00 Brain Gym: Unscramble

29 PEACE ROSE DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:15 Resistance Training B [G]
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:30 POKER with Tony!
- 1:30 Lucky Tiles & Blossoms
- 3:00 Nickel BINGO
- 4:00 Brain Gym: Crossword Crew

30 BUBBLE TEA DAY

- 9:00 Seated Strength Circuit [O]
- 9:30 Seated Strength Circuit [O]
- 10:30 PERFORMANCE: LEGACY MUSIC
- 11:00 Daily Wordle
- 11:30 Lamaku Exercise [Pink]
- 1:00 Game: Jenga!
- 2:00 Color Splash with Kelsie!
- 4:00 Brain Gym: Unscramble

DAILY ACTIVITIES

- 8:00 Hawaii News Now/Fox News [Sunroom]
- 9:30 Daily Catholic Mass [Theater]
- 11:00 Independent Walks
- 11:30 Trivia Crack! [Activity Room]
- 2:30 Independent Walks
- 5:00 Hawaii News Now/Fox News [Sunroom]

