



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Arts / Crafts</p> <p>Club Visits</p> <p>Cooking / Baking</p> <p>Educational Classes</p> <p>Exercise / Physical Activity</p> <p>Family Event / Support Group</p> <p>Field Trip / Medical Appointments</p> <p>Games</p> <p>Movies / Documentaries</p> <p>Music / Special Entertainment</p> <p>One-on-One</p> <p>Plaza Life Fitness</p> <p>Plaza Viewings</p>	<p>Arts / Crafts</p> <p>Club Visits</p> <p>Cooking / Baking</p> <p>Educational Classes</p> <p>Exercise / Physical Activity</p> <p>Family Event / Support Group</p> <p>Field Trip / Medical Appointments</p> <p>Games</p> <p>Movies / Documentaries</p> <p>Music / Special Entertainment</p> <p>One-on-One</p> <p>Plaza Life Fitness</p> <p>Plaza Viewings</p>	<p>April Fool's Day</p> <p>8:30 Morning Exercise [HT]</p> <p>8:30 Plaza Walking Moai Club @ Magic Island</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 New Hope Church Service [T]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:15 Shopping: Don Quijote & Walmart</p> <p>1:30 Strength, Balance and Tone with Daniel (1988) D+ [T]</p> <p>2:00 Matinee Movie: "Who Framed Roger Rabbit"</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Bingo [A]</p> <p>6:30 Music Variety Hour [T]</p>	<p>National PB&J (Peanut Butter and Jelly) Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Craft: Eggs-periments (Egg Decorating) [A]</p> <p>12:00 Medical Transportation</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Documentary: "Apollo 13 Survival" (2024) N [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Pokeno [A]</p> <p>7:00 Movie Night: "Cast Away" (2000) N [T]</p>	<p>Good Friday</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Music with Dean Hirata [A]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Diamond Art & Crochet/Paper Leis [A]</p> <p>2:00 Tech Help with Jeremy [A]</p> <p>3:00 Bingo [A]</p> <p>6:30 Friday Night Fight Club (Tai Chi Practice) [T]</p>	<p>Get Your Groove On Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Diamond Art Club [T]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Kanikapila [T]</p> <p>3:00 Bingo [A]</p> <p>7:00 Movie Night: "Rocketman" (2019) Peacock [T]</p>	
<p>Dress Day: Easter or Pastel Colors</p> <p>Happy Easter!</p> <p>8:15 Church Runs</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Virtual Exercise: "Rise and Shine" [T]</p> <p>9:30 Morning Exercise II [A]</p> <p>10:00 Easter Egg Hunt [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Matinee Music Hour [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A]</p> <p>7:00 Movie Night: "Sentimental Value" (2025) D+ [T]</p>	<p>Geologists' Day</p> <p>8:30 Morning Exercise [HT]</p> <p>8:30 Plaza Walking Moai Club @ Magic Island</p> <p>9:00 Virtual Exercise: "Rise and Shine" [T]</p> <p>9:30 Morning Exercise II [A]</p> <p>9:45 Sightseeing</p> <p>10:00 Bible Studies with the Kingdom of God and May Kealoha [A]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:15 Shopping: Errand Run (2 Mile Radius)</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Series/Documentary: "A Man on the Inside- S2 Ep 1&2" Netflix [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Bingo [A]</p> <p>6:30 Light Classical Music Hour [T]</p>	<p>National Marbel Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Craft: Mini Paper Easter Treat Baskets [A]</p> <p>12:00 Medical Transportation</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Matinee Movie: "Homeward Bound The Incredible Journey" (1993) D+ [T]</p> <p>2:00 Table Games: Hana Fuda, Mah Jong, Scrabble, Etc. [A]</p> <p>3:00 Pokeno [A]</p> <p>6:30 Hawaiian Music Hour [T]</p>	<p>Dress Day: Pink</p> <p>National Pink Day</p> <p>8:30 Morning Exercise [HT]</p> <p>8:30 Plaza Walking Moai Club @ Magic Island</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 New Hope Church Service [T]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:15 Shopping: Don Quijote (1 hour)</p> <p>1:30 Plaza Life Circuit 1 Exercise [A]</p> <p>2:00 Matinee Movie: "In the Blink of an Eye" (2026) D+/Hulu [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Bingo [A]</p> <p>6:30 Music Variety Hour [T]</p>	<p>End of Civil War Anniversary</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Historical Trivia [A]</p> <p>12:00 Medical Transportation</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Documentary: "The Plastic Detox" (2026) N [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Pokeno [A]</p> <p>6:30 Merrie Monarch: Miss Aloha Hula Night [T]</p>	<p>Dress Day: Plaza Shirts</p> <p>National Siblings Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Flower Arrangements for Dining Room [A]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Diamond Art & Crochet/Paper Leis [A]</p> <p>2:00 Tech Help with Jeremy [A]</p> <p>3:00 Bingo [A]</p> <p>6:30 Merrie Monarch: Kahiko Night [T]</p>	<p>National Slow Art Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Cooking Demo With Jeremy [A]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Kanikapila [T]</p> <p>3:00 Bingo [A]</p> <p>6:30 Merrie Monarch: 'Auana Night [T]</p>
<p>For Twelves Day</p> <p>8:15 Church Runs</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Virtual Exercise: "Rise and Shine" [T]</p> <p>9:30 Morning Exercise II [A]</p> <p>10:00 Painting with Gordan [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:15 Shopping: Longs (1 hour)</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Matinee Music Hour [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A]</p> <p>7:00 Movie Night: "His Three Daughters" (2024) N [T]</p>	<p>National Scrabble Day</p> <p>8:30 Morning Exercise [HT]</p> <p>8:30 Plaza Walking Moai Club @ Magic Island</p> <p>9:00 Virtual Exercise: "Rise and Shine" [T]</p> <p>9:30 Morning Exercise II [A]</p> <p>9:45 Sightseeing</p> <p>10:00 Let's Play Scrabble! [A]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:15 Shopping: Manoa Market City</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Series/Documentary: "A Man on the Inside- S2 Ep 3&4" Netflix [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Bingo [A]</p> <p>6:30 Light Classical Music Hour [T]</p>	<p>Moment of Laughter Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Tai Chi with Toshimi [T]</p> <p>10:00 Snacks in the Bistro [B]</p> <p>10:15 Resident Council Meeting [A]</p> <p>12:00 Medical Transportation</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Matinee Movie: "The Love Bug" (1969) D+ [T]</p> <p>2:00 Table Games: Hana Fuda, Mah Jong, Scrabble, Etc. [A]</p> <p>3:00 Pokeno [A]</p> <p>6:30 Hawaiian Music Hour [T]</p>	<p>Tax Deadline Day</p> <p>8:30 Morning Exercise [HT]</p> <p>8:30 Plaza Walking Moai Club @ Magic Island</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 New Hope Church Service [T]</p> <p>10:45 Kau Kau Cafe: Jolibee (Take out to eat in Activity Room) [A]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:15 Shopping: Savers and Longs (1 hour)</p> <p>1:30 Strength, Balance and Tone with Daniel</p> <p>2:00 Matinee Movie: "Springsteen Deliver Me From Nowhere" (2025) D+/Hulu [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Bingo [A]</p> <p>6:00 Entertainment: Punahou Glee Club [L]</p>	<p>Dress Day: PJ's (No Shorts)</p> <p>Wear Your Pajamas to Work Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Plaza Voyage to the Philippines: Cooking Demo With Jeremy [A]</p> <p>12:00 Medical Transportation</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Documentary: "Who We Become" (2023) N [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Pokeno [A]</p> <p>7:00 Movie Night: "The Land of Steady Habits" (2018) N [T]</p>	<p>Haiku Poetry Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Hula Performance by Koko Hula [L]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Diamond Art & Crochet/Paper Leis [A]</p> <p>2:00 Tech Help with Jeremy [A]</p> <p>3:00 Bingo [A]</p> <p>6:30 Friday Night Fight Club (Tai Chi Practice) [T]</p>	<p>National Book-to-Movie Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 American Legion Family Bingo [A]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Kanikapila [T]</p> <p>3:00 Bingo [A]</p> <p>7:00 Movie Night: "Sing Sing" (2024) HBO [T]</p>
<p>"Old Soldiers Never Die" Day</p> <p>8:15 Church Runs</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Virtual Exercise: "Rise and Shine" [T]</p> <p>9:30 Morning Exercise II [A]</p> <p>10:00 Craft: Butterfly Suncatchers [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Matinee Music Hour [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A]</p> <p>7:00 Movie Night: "Just Go With It" (2011) N [T]</p>	<p>Dress Day: Plaza Shirts</p> <p>Taurus the Bull Day</p> <p>8:30 Morning Exercise [HT]</p> <p>8:30 Plaza Walking Moai Club @ Magic Island</p> <p>9:00 Virtual Exercise: "Rise and Shine" [T]</p> <p>9:30 Morning Exercise II [A]</p> <p>9:45 Sightseeing</p> <p>10:00 Craft: Blooming Flowers [A]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:15 Shopping: Errand Run (2 mile)</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Series/Documentary: "A Man on the Inside- S2 Ep 5 & 6" Netflix [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Bingo [A]</p> <p>6:30 Light Classical Music Hour [T]</p>	<p>Paper Crafts Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Plaza Voyages to Philippines: Halo Halo Bar and Karaoke [A]</p> <p>12:00 Medical Transportation</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Matinee Movie: "Old Yeller" (1957) D+ [T]</p> <p>2:00 Table Games: Hana Fuda, Mah Jong, Scrabble, Etc. [A]</p> <p>3:00 Pokeno [A]</p> <p>6:30 Hawaiian Music Hour [T]</p>	<p>Dress Day: Green or Florals</p> <p>Earth Day</p> <p>8:30 Morning Exercise [HT]</p> <p>8:30 Plaza Walking Moai Club @ Magic Island</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 New Hope Church Service [T]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:15 Shopping: Don Quijote & Walmart (1 hour)</p> <p>1:30 Plaza Life Circuit 1 Exercise [A]</p> <p>2:00 Matinee Movie: "Davy Crockett: King of the Wild Frontier" (1955) D+ [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Bingo [A]</p> <p>6:30 Music Variety Hour [T]</p>	<p>Talk Like Shakespeare Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Trivia [A]</p> <p>12:00 Medical Transportation</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Documentary: "I Love Filipino - Ep 1 & 2" N [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Pokeno [A]</p> <p>7:00 Movie Night: "A Most Violent Year" (2015) HBO [T]</p>	<p>Soda Fountain Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Plaza Voyages to Philippines: Trivia</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Diamond Art & Crochet/Paper Leis [A]</p> <p>2:00 Tech Help with Jeremy [A]</p> <p>3:00 Bingo [A]</p> <p>6:30 Friday Night Fight Club (Tai Chi Practice) [T]</p>	<p>Sense of Smell Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Cooking Demo With Jeremy [A]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Kanikapila [T]</p> <p>3:00 Bingo [A]</p> <p>7:00 Movie Night: "Facing the Giants" (2006) Apple TV [T]</p>
<p>Pretzel Day</p> <p>8:15 Church Runs</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Virtual Exercise: "Rise and Shine" [T]</p> <p>9:30 Morning Exercise II [A]</p> <p>10:00 Diamond Art Club [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:15 Shopping: Longs (1 hour)</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Matinee Music Hour [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Table Games: Scrabble, 5 Second Rule, Jenga, Hana Fuda, Uno, Mah Jong Game [A]</p> <p>7:00 Movie Night: "Fargo" (1996) HBO [T]</p>	<p>Babe Ruth Day</p> <p>8:30 Morning Exercise [HT]</p> <p>8:30 Plaza Walking Moai Club @ Magic Island</p> <p>9:00 Virtual Exercise: "Rise and Shine" [T]</p> <p>9:30 Morning Exercise II [A]</p> <p>9:45 Sightseeing</p> <p>10:00 Craft: Wooden Bookmarks [A]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:15 Shopping: Kahala Mall (1 hour)</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Series/Documentary: "A Man on the Inside- S2 Ep 7 & 8" Netflix [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Bingo [A]</p> <p>6:30 Light Classical Music Hour [T]</p>	<p>Dress Day: Superhero Shirts</p> <p>Superhero Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Tai Chi with Toshimi [A]</p> <p>12:00 Medical Transportation</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Craft: Spring Door Decoration [A]</p> <p>2:00 Matinee Movie: "Fantastic Four" (2025) D+ [T]</p> <p>3:00 Pokeno [A]</p> <p>6:30 Hawaiian Music Hour [T]</p>	<p>Rhyming Riddles Day</p> <p>8:30 Morning Exercise [HT]</p> <p>8:30 Plaza Walking Moai Club @ Magic Island</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 New Hope Church Service [T]</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:15 Shopping: Don Quijote & Walmart</p> <p>1:30 Plaza Life Circuit 1 Exercise [A]</p> <p>2:00 Matinee Movie: "20,000 Leagues Under the Sea" (1954) D+ [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Bingo [A]</p> <p>6:30 Music Variety Hour [T]</p>	<p>Dress Day: Plaza Shirts</p> <p>International Jazz Day</p> <p>8:30 Morning Exercise [HT]</p> <p>9:00 Plaza Life Circuit 2 Exercise [A]</p> <p>9:30 Virtual Exercise: "Rise and Shine" [T]</p> <p>10:00 Trivia [A]</p> <p>12:00 Medical Transportation</p> <p>12:40 Fight Club (Tai Chi Balance) [A]</p> <p>1:00 Virtual Exercise: Barre with Resistance Bands [T]</p> <p>1:30 Afternoon Stretch [A]</p> <p>2:00 Documentary: "I Love Filipino - Ep 3, 4, & 5" N [T]</p> <p>2:00 Walking Club Around the Plaza</p> <p>3:00 Pokeno [A]</p> <p>7:00 Movie Night: "Gridiron Gang" (2006) Apple Tv [T]</p>	<p>Location Keys</p> <p>Activity Room A</p> <p>Bistro B</p> <p>Hoku Terrace HT</p> <p>Living Room L</p> <p>Theater T</p>	