



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>♥ Health &amp; Fitness 🚌 Shuttle ★ Special Event</p>			<p><b>May Day 1</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:30 Sightseeing: Makapu'u Lookout 9:45 Seated Hula 10:15 A-Z Words (Category: Hawaii Words) 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:00 Sing-Along 2:00 Craft: Coffee Filter Fish Making 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Truffle Day 2</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 A-Z Words (Animals) 10:00 Buddhist Service with Moiliili Hongwanji [T] 10:45 Finish That Line! 11:00 LUNCH 12:30 Chair Yoga 1:00 Bingo 2:00 Simon Says 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Space Day 3</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Sing-Along on the Terrace 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:30 Mellow Friends [A] 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Star Wars Day 4</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 10:00 Music with Dean Hirata [T] 11:00 LUNCH 12:30 Tea Time in the Bistro 1:15 Matinee Movie: "Hairspray (2007)" [T] 2:00 Handwriting Practice 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>
<p><b>Boys Day 5</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Tea Time in the Bistro 10:00 Non-Denominational Service with Brother David [T] 10:15 Jigsaw Puzzles &amp; Jenga 10:45 Spelling Bee 11:00 LUNCH 12:45 Sightseeing: Nu'uano 2:00 Art: Therapeutic Coloring 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Nurses Day 6</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:30 Sightseeing: Waikiki 8:45 Morning Stroll 9:15 Morning Exercise 9:30 Morning Exercise 9:45 Coffee or Tea at the Bistro 10:15 Bingo 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:15 Sing-Along 2:00 Bowling Match and Mini Golf 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Teacher Appreciation Day 7</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 10:00 Kupuna Mele [A] 11:00 LUNCH 12:30 Tai Chi or Qi Gong 1:00 Blue the Dog Visit 1:30 Tinker Thinker Workbooks 2:30 Trivia, Trivia, Trivia 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Have A Cake Day 8</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Craft: Paper Plate Fish 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:00 Blackjack and Jenga 2:00 Nails and Watercolor 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER 7:00 Oahu College Band Performance [A]</p>	<p><b>National Lost Sock Memorial Day 9</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:30 A-Z Words (Category: Countries) 10:00 Catholic Service with St. Augustine Church by the Sea [T] 10:00 Small Harmonica Band [A] 11:00 LUNCH 12:30 Tai Chi or Qi Gong 1:30 Hank the Singing Dutchman [A] 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Shrimp Day 10</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 10:00 John Siracusa Tribute to the Classics [A] 10:15 Bingo 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:00 Art: Therapeutic Coloring 2:00 Friday Foodie: Spinach Smoothie and Veggie Platter 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Miniature Golf Day 11</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 10:00 Music with Michael E [A] 11:00 LUNCH 12:30 Tea Time in the Bistro 1:15 Matinee Movie: "Jersey Boys (2014)" [T] 2:00 Handwriting Practice 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>
<p><b>Mother's Day Brunch Buffet 10:30 AM &amp; 12:30 PM 12</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Tea Time in the Bistro 10:15 Bean Bag Toss &amp; Ring Toss 10:45 Spelling Bee 11:00 LUNCH 2:00 Art: Therapeutic Coloring 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Apple Pie Day 13</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:30 Sightseeing: Holo Holo! 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Coffee or Tea at the Bistro 10:15 Bingo 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:15 Sing-Along 2:15 Balloon Games 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Dance Like A Chicken Day 14</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 DIY Make A Sandwich (PB&amp;J or Ham &amp; Cheese) 10:45 Finish That Line! 11:00 LUNCH 12:30 Tai Chi or Qi Gong 1:15 Kickball 2:00 Documentary: "Our Planet Ep. 1" 2:15 Enjoy Your Sandwich! 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Chocolate Chip Day 15</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Craft: Bag Tag 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:00 Balloon Volleyball 2:00 Sensory Time 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Do Something Good For Your Neighbor Day 16</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 A-Z Words (Category: Food) 10:15 Non-Denominational Service with Island Family Christian Church [T] 10:45 Finish That Line! 11:00 LUNCH 12:30 Tai Chi or Qi Gong 1:00 Waterpong and Cup Stacking 2:00 Puzzling Puzzles 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Pizza Party Day 17</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Sing-Along on the Terrace 10:15 Bingo 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:00 Art: Therapeutic Coloring 2:00 Friday Foodie: Pizza Bites 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Armed Forces Day 18</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Sing-Along on the Terrace 10:15 Bingo 10:45 Spelling Bee 11:00 LUNCH 12:30 Tea Time in the Bistro 1:15 Matinee Movie: "Barbara Streisand and other musical instruments" 2:00 Handwriting Practice 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>
<p><b>National Devil's Food Cake Day 19</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Tea Time in the Bistro 10:15 Jigsaw Puzzles &amp; Jenga 10:45 Spelling Bee 11:00 LUNCH 12:45 Sightseeing: Ke'ehi Lagoon 2:00 Art: Therapeutic Coloring 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>Dress Day: Hali`a Best Friends Shirt 20</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Coffee or Tea at the Bistro 10:15 Bingo 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:15 Sing-Along 2:00 Bowling Match and Mini Golf 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Strawberries &amp; Cream Day 21</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Craft: Beading 11:00 LUNCH 12:30 Tai Chi or Qi Gong 1:00 Blue the Dog Visit 1:30 Tinker Thinker Workbooks 2:00 Documentary: "Our Planet Ep. 2" 2:15 Strawberry Yogurt 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>Dress Day: Aloha Wear 22</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Craft: Wavy Sea [A] 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:00 Hanafuda &amp; Blackjack 2:00 Nails and Watercolor 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Lucky Penny Day 23</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Fruit Smoothies and Talk Story 10:15 A-Z Words (Category: Colors and Sports) 11:00 LUNCH 12:30 Tai Chi or Qi Gong 1:00 Bingo 2:00 Craft: Wacky Hat 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Scavenger Hunt Day 24</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Bingo 10:15 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:00 Art: Therapeutic Coloring 2:00 Friday Foodie: Chips &amp; Dip 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Towel Day 25</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 10:00 Ebb Tides [A] 11:00 LUNCH 12:30 Tea Time in the Bistro 1:15 Matinee Movie: "Mama Mia!" 2:00 Handwriting Practice 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>
<p><b>National Blueberry Cheesecake Day 26</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Tea Time in the Bistro 10:15 Bean Bag Toss and Ring Toss 10:45 Spelling Bee 11:00 LUNCH 12:45 Sightseeing: Kailua 2:00 Art: Therapeutic Coloring 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>Memorial Day BBQ Lunch on the Terrace 11 AM &amp; 12:30 PM 27</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Coffee or Tea at the Bistro 10:15 Bingo 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:15 Sing-Along 2:00 Parachute and Ring Toss 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Hamburger Day 28</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Craft: Beading Cereal Necklace 10:45 Finish That Line! 11:00 LUNCH 12:30 Tai Chi or Qi Gong 1:15 Kickball 2:00 Documentary: "Our Planet Ep. 3" 2:15 Afternoon Snack: Ice Cream Float 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Senior Health &amp; Fitness Day 29</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 Craft: Woven Fish Craft 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:00 Balloon Volleyball 2:00 Sensory Time 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Creativity Day 30</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:45 A-Z Words (Category: Animals) 10:45 Finish That Line! 11:00 LUNCH 12:30 Tai Chi or Qi Gong 1:00 Waterpong and Cup Stacking 2:00 Drawing and Sketching 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>National Smile Day 31</b></p> <p>7:00 BREAKFAST 8:15 Current Events and Morning Relaxation 8:45 Morning Stroll 9:15 Morning Exercise 9:30 Sing-Along on the Terrace 10:15 Bingo 10:45 Spelling Bee 11:00 LUNCH 12:30 Dancersize (Low Impact) 1:00 Art: Therapeutic Coloring 2:00 Friday Foodie: Cookies &amp; Milk 3:00 Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 DINNER</p>	<p><b>Location Keys</b> Activity Room A Theater T</p>