

Sunday

Monday

Tuesday

Wednesday

Thursday








































































































Friday

Saturday



-  Health & Fitness
-  Shuttle
-  Special Event

**Location Keys**  
Activity Room A  
Hoku Terrace HT  
Theater T

<p><b>National Coast Guard Day</b> 4</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Tea Time in the Bistro 10:00 Aquapaintings and Jazz Music 10:00 Non-Denominational Service with Brother David [T] 11:00 <b>LUNCH</b> 12:45  Sightseeing: Diamond Head 2:00 Art: Therapeutic Coloring 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Oyster Day</b> 5</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Coffee or Tea at the Bistro 10:15 Balloon Volleyball 10:15 Bingo 10:45 Spelling Bee 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:15 Sing-Along 2:00 Sensory Time: Popcorn Party!! 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Root Beer Float Day</b> 6</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Color By Number 10:00  <b>Kupuna Mele [A]</b> 11:00 <b>LUNCH</b> 1:15 Kickball 1:30 Pet Therapy with Blue the Dog 2:00 Jenga and Board Games 2:15 Horseshoes 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Lighthouse Day</b> 7</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:15  Sightseeing: Aina Haina (45 minutes) 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Color By Number 10:00 Pulelehua Lounge 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:00 Balloon Volleyball 2:00 Jenga and Board Games 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Dollar Day</b> 8</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:30  Paint for Your Soul with Gwenelle 9:30  Morning Exercise 10:00 Catholic Service with St. Augustine Church by the Sea [T] 10:00 Sing-Along 10:45 Math Problems and Trivia 11:00 <b>LUNCH</b> 12:30  Chair Tai Chi 1:30  <b>Hank the Singing Dutchman [A]</b> 1:45 Jigsaw puzzles 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Ice Cream Sandwich Day</b> 2</p> <p><b>Dress Day: Aloha Attire</b></p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:15  Morning Exercise 10:00  <b>Musical Performance by Nuoli Serenaders [A]</b> 10:00 Plaza Sing-a-long 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:00 Art: Therapeutic Coloring and Smoothies 2:00 Foodie Friday: Ice Cream Sandwich Treat 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Watermelon Day</b> 3</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 10:45 Math Problems and Trivia 11:00 <b>LUNCH</b> 12:30 Tea Time in the Bistro 1:00 Would You Rather.....? 2:00 Handwriting Practice 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>
<p><b>National Spirit of '45 Day</b> 11</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Tea Time in the Bistro 10:00 Non-Denominational Service with Ilikai Chapel [T] 10:00 Parachute 11:00 <b>LUNCH</b> 12:45  Sightseeing: Daniel K. Inouye Airport 2:00 Art: Therapeutic Coloring and Classical Music 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Vinyl Record Day</b> 12</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Coffee or Tea at the Bistro 10:15 Bingo 10:15 Ring Toss 10:45 Spelling Bee 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:15 Sing-Along 2:00 Sensory Time: Name That Sound! 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Left Hander's Day</b> 13</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Color By Number 10:00 Math Problems and Trivia 11:00 <b>LUNCH</b> 12:30 A-Z Workbook Handwriting 2:15 Jigsaw Puzzles 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Creamsicle Day</b> 14</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:15  Sightseeing: Bishop Museum/ Kam Shopping Center (45 minutes) 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Color By Number 10:00 Pulelehua Lounge 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:00 Pokeno 2:00 Nails and Watercolor 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Relaxation Day</b> 15</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Color By Number 10:00 Math Problems and Trivia 11:00 <b>LUNCH</b> 12:30  Chair Tai Chi 1:15 Finish That Line! 2:00 Bowling 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Roller Coaster Day</b> 16</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 10:15 Bingo 10:45 Spelling Bee 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:00 Art: Aquapaintings and Smoothies 2:00  <b>Music with Dean Hirata [A]</b> 2:00 Reminiscing: My First Crush 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National World Honey Bee Day</b> 17</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 10:45 Math Problems and Trivia 11:00 <b>LUNCH</b> 12:30 Tea Time in the Bistro 1:00 Would You Rather.....? 2:00 Handwriting Practice 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>
<p><b>National Fajita Day</b> 18</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Tea Time in the Bistro 10:00 Aquapaintings 11:00 <b>LUNCH</b> 12:45  Sightseeing: Pearl Harbor 2:00 Art: Therapeutic Coloring and Hawaiian Music 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Aviation Day</b> 19</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Coffee or Tea at the Bistro 10:00 Pulelehua Lounge 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:15 Sing-Along 2:00 Sensory Time: Campfire Sing-a-long 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Radio Day</b> 20</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Color By Number 10:00 Math Problems and Trivia 11:00 <b>LUNCH</b> 1:15 Kickball 1:30 Pet Therapy with Blue the Dog 2:00 A-Z Workbook Handwriting 2:15 Basketball Toss 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Senior Citizens Day</b> 21</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:15  Sightseeing: Maunaloa Bay (45 minutes) 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Color By Number 10:00 Pulelehua Lounge 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:00 Balloon Volleyball 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Bao Day</b> 22</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 10:00 Sing-Along 10:45 Math Problems and Trivia 11:00 <b>LUNCH</b> 12:30  Chair Tai Chi 1:00 Matinee Movie: Mary Poppins Returns 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Spongecake Day</b> 23</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 10:15 Bingo 10:45 Spelling Bee 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:00 Art: Aquapaintings 2:00 Foodie Friday: Ritz Crackers and Jelly 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Peach Pie Day</b> 24</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 10:00 Balloon Volleyball 10:00  <b>Piano Performance by Maegan and Kaedan Lee [A]</b> 11:00 <b>LUNCH</b> 12:30 Tea Time in the Bistro 1:00 Name That Logo 2:00 Handwriting Practice 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>
<p><b>National Park Service Founders Day</b> 25</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Tea Time in the Bistro 10:00 Non-Denominational Service with Ilikai Chapel [A] 10:00 Parachute 11:00 <b>Summer BBQ Bonanza! [HT]</b> 12:45  Sightseeing: Blow Hole 2:00 Art: Therapeutic Coloring and Jazz Music 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Dog Day</b> 26</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Coffee or Tea at the Bistro 10:00 Pulelehua Lounge 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:15 Sing-Along 2:00 Sensory Time: Scented lotion hand massage 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Just Because Day</b> 27</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Color By Number 10:00 Math Problems and Trivia 11:00 <b>LUNCH</b> 12:30 A-Z Workbook Handwriting 2:15 Jigsaw Puzzles 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Bow Tie Day</b> 28</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:15  Sightseeing: Kapahulu (45 minutes) 8:45  Morning Stroll 9:15  Morning Exercise 9:45 Color By Number 10:00 Pulelehua Lounge 10:45 Spelling Bee 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:00 Pokeno 2:00 Nails and Watercolor 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Chop Suey Day</b> 29</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 10:00 Sing-Along 10:45 Math Problems and Trivia 11:00 <b>LUNCH</b> 12:30  Chair Tai Chi 1:15 Spelling Bee 2:00 Bowling 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National College Colors Day</b> 30</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 10:00 Bingo 10:30 Simple Science 11:00 <b>LUNCH</b> 12:30 Dancersize (Low Impact) 1:00 Art: Therapeutic Coloring and Smoothies 2:00 Foodie Friday: SF Pudding 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>	<p><b>National Trail Mix Day</b> 31</p> <p>7:00 <b>BREAKFAST</b> 8:15 <i>Newspaper Current Events Discussion</i> 8:45  Morning Stroll 9:15  Morning Exercise 10:00  <b>Music with Dean Hirata [A]</b> 10:15 Balloon Kickball 11:00 <b>LUNCH</b> 12:30 Tea Time in the Bistro 1:00 Tissue Paper Group Artwork 2:00 Handwriting Practice 3:00  Afternoon Stretch 3:45 Household Chores, Water &amp; Bathroom Break 4:00 <b>DINNER</b></p>