


Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div></div>		<div>Labor Day</div> <div>1</div>		<div>Anniversary of V-J Day</div> <div>2</div>		<div>National US Bowling League Day</div> <div>3</div>		<div>Dress Day: Animal Shirts</div> <div>National Wildlife Day</div> <div>4</div>		<div>Bring Your Manners to Work Day</div> <div>5</div>		<div>National Bacon Day</div> <div>6</div>	
		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Simple Mathematics 9:30 Spelling Bee- Patterns [A] 10:00 Hank the Singing Dutchman [A] 11:00 LUNCH 1:00 Plaza Life Walking Club 1:30 Horseshoes 2:00 Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Short Readings and Discussions 9:30 SONG OF THE DAY: Jackson 5 [A] 10:00 Jeopardy! 11:00 LUNCH 12:00 Medical Transportation 12:30 Plaza Life Exercises 1:00 Hali'a Best Friend of the Month: Coffee on the Terrace [A] 2:00 Community Bonding: Ukulele Sing-a-Long with Jeremy [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Brain Game: 9-Square 9:15 Brain Game: What's That Sound? [A] 9:45 Sightseeing: Aloha Tower 10:00 New Hope Church Service [T] 10:00 Spelling Bee- Sports 11:00 LUNCH 12:00 Recharge Hour- Mindful Coloring with Classical Music 12:30 Plaza Life Exercises 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 BINGO 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Spelling Bee - Jobs 9:45 Classroom Hour: Hangman- 10:00 Zoo-to-You Presentation with the Honolulu Zoo Educator's [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Tai Chi [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:15 Dancing Scarfs [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A] 7:00 UH VOLLEYBALL vs Utah Valley [T]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Journaling- Would You Rather...? And Why? 10:00 BINGO [A] 11:00 LUNCH 12:30 Plaza Life Exercises 1:00 Plaza Life Walking Club [A] 1:30 Tea Time in the Bistro or Hoku Terrace 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A] 6:00 UH Football vs Sam Houston [T]			
<div>Dress Day: Western Attire (Jeans Okay)</div> <div>National Assisted Living Week</div> <div>7</div>		<div>Dress Day: Hat day</div> <div>National Actors Day</div> <div>8</div>		<div>Dress Day: Sportsware</div> <div>National Ants on a Log Day</div> <div>9</div>		<div>Dress Day: Wacky Wednesday</div> <div>National Good News Day</div> <div>10</div>		<div>Dress Day: PJ's (No Shorts)</div> <div>National Libraries Remembered Day</div> <div>11</div>		<div>Dress Day: Disney Shirts</div> <div>National Chocolate Milkshake Day</div> <div>12</div>		<div>Dress Day: Decades (60s, 70s, 80s, 90s)</div> <div>National Positive Thinking Day</div> <div>13</div>	
1:00 Plaza Life Walking Club 7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:30 Things That Start With "F " [A] 10:00 Matching Game and Puzzles 11:00 LUNCH 12:30 Chair Yoga with Sherry Zak Morris [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Ring Toss to Classical Music [A] 2:30 Plaza Sing A Long [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 5:00 UH VOLLEYBALL vs St. Johns [T]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Simple Mathematics 9:30 Spelling Bee- Patterns [A] 10:00 Improvisation 11:00 LUNCH 1:00 Plaza Life Walking Club 1:30 Horseshoes 2:00 Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Crafts: Resident Rockers 9:30 SONG OF THE DAY: Jackson 5 10:00 Hali'a Best Friend of the Month: Jeopardy [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Plaza Life Exercises 1:00 Game: VNTYPL8 (Name the License Plate) 2:00 Community Bonding: Ukulele Sing-a-Long with Jeremy [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Brain Game: 9-Square 9:15 Darts and Math [A] 9:45 Sightseeing For Halia 10:00 New Hope Church Service [T] 10:00 Pet Therapy with Wilma and Milo [A] 11:00 LUNCH 12:00 Recharge Hour- Mindful Coloring with Classical Music 12:30 Plaza Life Exercises 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Birthday Celebration! 2:30 Scarf Dancing to Pop Music 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Books Before or After 1950 10:00 Drums are Alive! 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Tai Chi [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:15 Bowling [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A] 7:00 UH VOLLEYBALL vs Portland [T]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Spelling Bee- Milk Shakes 10:00 Picture This! [A] 11:00 LUNCH 12:30 Dancersize (Low Impact) [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Hula & Mele [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A] 7:00 UH VOLLEYBALL vs Portland [T]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Journaling- Would You Rather...? And Why? 10:00 BINGO [A] 11:00 LUNCH 12:30 Plaza Life Exercises 1:00 Plaza Life Walking Club [A] 1:30 Tea Time in the Bistro or Hoku Terrace 3:00 Disco Dancercise! [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A] 6:00 UH HOMECOMING vs Portland State [T]	
<div>Dress Day: Bright Colors</div> <div>National Coloring Day</div> <div>14</div>		<div>National Dot Day</div> <div>15</div>		<div>National Play Doh Day</div> <div>16</div>		<div>National Apple Dumpling Day</div> <div>17</div>		<div>National Rice Krispy Day</div> <div>18</div>		<div>National Overthinkers Day</div> <div>19</div>		<div>Dress Day: Batman Shirts/Plaza Shirts</div> <div>National Batman Day</div> <div>20</div>	
1:00 Plaza Life Walking Club 7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:30 Things That Start With "G" [A] 10:00 Coloring with Classical Music 11:00 LUNCH 12:30 Chair Yoga with Sherry Zak Morris [A] 1:00 Plaza Life Walking Club 1:15 Sightseeing: Kaimuki 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Ring Toss to Classical Music [A] 2:30 Plaza Sing A Long [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Simple Mathematics 9:30 Spelling Bee- Patterns [A] 10:00 Dot Coloring 11:00 LUNCH 1:00 Plaza Life Walking Club 1:30 Horseshoes 2:00 Sensory Time: What's that Sound? [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Short Readings and Discussions 9:30 SONG OF THE DAY: [A] 10:00 Silent Disco [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Plaza Life Exercises 1:00 Hali'a Best Friend of the Month: Paper Leis [A] 2:30 Community Bonding: Ukulele Sing-a-Long with Jeremy [A] 3:30 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Brain Game: 9-Square 9:15 Hangman- Desserts [A] 9:45 Sightseeing For Halia 10:00 New Hope Church Service [T] 10:00 What Am I? [A] 11:00 LUNCH 12:00 Recharge Hour- Mindful Coloring with Classical Music 12:30 Plaza Life Exercises 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 BINGO 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Hangman- Sancks 10:00 Pet Therapy with Wes Koga [A] 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Tai Chi [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:15 Bowling [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Brain Quest 2 10:00 Puzzles or Card Games [A] 11:00 LUNCH 12:30 Dancersize (Low Impact) [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Hula & Mele [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Journaling- Would You Rather...? And Why? 10:00 BINGO [A] 11:00 LUNCH 12:30 Plaza Life Exercises 1:00 Plaza Life Walking Club [A] 1:30 Tea Time in the Bistro or Hoku Terrace 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A] 6:00 UH Football vs Fresno State [T]	
<div>National Wife Appreciation Day</div> <div>21</div>		<div>Dress Day: Fall colors (Red, Orange, Yellow, Brown)</div> <div>First Day of Fall</div> <div>22</div>		<div>National Baker Day</div> <div>23</div>		<div>National Horchata Day</div> <div>24</div>		<div>Dress Day: Music or Band Shirts</div> <div>National One Hit Wonder Day</div> <div>25</div>		<div>National Doodle Day</div> <div>26</div>		<div>World Tourism Day</div> <div>27</div>	
1:00 Plaza Life Walking Club 7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:30 Things That Start With "H" [A] 10:00 Matching Game and Puzzles 11:00 LUNCH 12:30 Chair Yoga with Sherry Zak Morris [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Ring Toss to Classical Music [A] 2:30 Plaza Sing A Long [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Simple Mathematics 9:30 Spelling Bee- Patterns [A] 10:00 Craft: Fall Leaves Glass Art 11:00 LUNCH 1:00 Plaza Life Walking Club 1:30 Horseshoes 2:00 Sensory Time: Aromatherapy and Scented Hand Lotion Massages [A] 2:30 Scarf Dancercise 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Short Readings and Discussions 9:30 SONG OF THE DAY: Jackson 5 [A] 10:00 Scarf Juggling to Pop Music 11:00 LUNCH 12:00 Medical Transportation 12:30 Plaza Life Exercises 1:00 Hali'a Best Friend of the Month: Cooking with Jeremy and Joanna [A] 2:00 Community Bonding: Ukulele Sing-a-Long with Jeremy [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Spelling Bee- Drinks 9:15 Brain Game: 9-Square [A] 9:45 Sightseeing For Halia 10:00 New Hope Church Service [T] 10:00 Pet Therapy with Wilma and Milo [A] 10:00 Total your Score (Ball/Dart Math Game) 11:00 LUNCH 12:00 Recharge Hour- Mindful Coloring with Classical Music 12:30 Plaza Life Exercises 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 BINGO 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Hangman- Famous Songs/Bands/ Artist 10:00 Drums are Alive! 11:00 LUNCH 12:00 Medical Transportation 12:30 Chair Tai Chi [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:15 Bowling [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Classroom Hour: Brain Quest 2 10:00 Mindful Coloring and Hawaiian Music [A] 11:00 LUNCH 12:30 Dancersize (Low Impact) [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Hula & Mele [A] 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A] 7:00 UH VOLLEYBALL vs UC Riverside [T]		7:00 BREAKFAST 8:15 <i>Circle Time: Newspaper Current Events Discussion [A]</i> 8:30 Plaza Life Exercises [A] 9:00 Picture This! 10:00 BINGO [A] 11:00 LUNCH 12:30 UH VOLLEYBALL vs UC Davis [T] 12:30 Plaza Life Exercises 1:00 Plaza Life Walking Club [A] 1:30 Tea Time in the Bistro or Hoku Terrace 3:00 Afternoon Stretch [A] 3:45 Household Chores, Water & Bathroom Break 4:00 DINNER 6:00 Movie Night [A]	
<div>National Good Neighbor Day</div> <div>28</div>		<div>National Coffee Day</div> <div>29</div>		<div>Dress Day: Plaza Shirts</div> <div>National Chewing Gum Day</div> <div>30</div>		<div> Celebrations Club Visits Cooking / Baking Educational Classes Exercise / Physical Activity Field Trip / Medical Appointments Games Movies / Documentaries Music / Special Entertainment Plaza Life Fitness Socials / Social Gathering Spiritual / Worship Services</div>		<div>Location Keys</div> <div>Activity Room A</div> <div>Theater T</div>					

Location Keys
Activity Room A
Theater T