

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – April Fool's Trivia 2:00 – Movie 2:00 – Van Ride 3:30 – Furry Friends with Lii Lii 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner April Fool's Day	2. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Edible: Peanut Butter & Jelly Rolls 12:30 – Lunch 1:30 – Peanut Butter Trivia 2:00 – Documentary 2:00 – Courtyard Cruising (C) 3:00 – Beautiful You 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Peanut Butter & Jelly Day	3. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Garden Stroll (L) 12:30 – Lunch 1:30 – Under the Sea Trivia 2:00 – Movie 2:00 – Performance by Roy Hamada (A) 3:00 – Craft: Cotton Ball Bunnies 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Walking Day	4. 8:30 – Breakfast 9:30 – What's on the Menu? 10:00 – Documentary 10:30 – Island Family Christian Church (A) 11:30 – Exercise 12:30 – Lunch 1:30 – Hangman Word Games 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:00 – Mindfulness 3:30 – Bean Bag Toss 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Chicken Cordon Bleu Day	5. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Nebraska Trivia 2:00 – Special Feature Movie 3:30 – Sing-Along with Susie Q 4:30 – Exercise 5:15 – Water & Bathroom Break 5:30 – Dinner National Nebraska Day	6. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Minerva Pang Hula Halau (A) 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Popcorn Trivia 2:00 – Special Feature Movie 2:00 – Zumba with Melody & Friends (A) 3:00 – Bingo with Melody & Friends (A) 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Caramel Popcorn Day
	7. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Craft: Wash Cloth Bunny 12:30 – Lunch 1:30 – Hawaii Trivia 2:00 – Sing-Along with Susie Q 2:00 – Music with Michael (A) 3:00 – Balloon Volleyball 3:30 – Furry Friends with Chako 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Handmade Day	8. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Zoo Trivia 2:00 – Movie 2:00 – Van Ride 3:30 – Furry Friends with Lii Lii 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Zoo Lover's Day	9. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Documentary 10:00 – Kupuna Mele (A) 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Winston Churchill Trivia 2:00 – Documentary 2:00 – Meditation Yoga with Kat (A) 3:00 – Beautiful You 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Winston Churchill Day	10. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Cinnamon Trivia 2:00 – Movie 2:00 – Courtyard Cruising (C) 3:00 – Craft: Egg Sun Catchers 4:30 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Cinnamon Crescent Day	11. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Documentary 10:00 – LC Vocal Group (A) 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Submarine Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia 3:00 – Mindfulness 3:30 – Shark Toss 4:00 – Furry Friends with Cookie 4:30 – Exercise 5:15 – Water & Bathroom Break 5:30 – Dinner National Submarine Day	12. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Music with Dean (A) 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Cheese Trivia 2:00 – Documentary 2:00 – Courtyard Cruising (C) 3:00 – Bingo 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Grilled Cheese Sandwich Day
14. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Musikgarten Hawaii Musical Recital (A) 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Garden Trivia 2:00 – Documentary 2:00 – Courtyard Cruising (C) 2:30 – Furry Friends with Chibi & Wicket (C) 3:00 – Craft: Flower Cards 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Gardening Day	15. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Titanic Trivia 2:00 – Movie 2:00 – Van Ride 3:30 – Furry Friends with Lii Lii 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Titanic Remembrance Day	16. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Craft: Egg Coloring 12:30 – Lunch 1:30 – Flowers Trivia 2:00 – Sing-Along with Susie Q 2:00 – Terry Brown Ukulele Music Ministry (A) 3:00 – Beautiful You 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Wear Your Pajamas Day	17. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Haiku Poetry 2:00 – Movie 2:00 – Van Ride 3:30 – Craft: Easter Bunny Plates 4:30 – Exercise 5:15 – Water & Bathroom Break 5:30 – Dinner National Haiku Poetry Day	18. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Documentary 10:00 – Senior Moments (A) 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Sing-Along with Susie Q 2:00 – Movie 2:00 – Crafting with Kristia (A) 3:00 – Mindfulness 3:30 – Bean Bag Toss 4:30 – Exercise 5:15 – Water & Bathroom Break 5:30 – Dinner National Animal Crackers Day	19. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Team of Angels (A) 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Garlic Trivia 2:00 – Sing-Along with Susie Q 2:00 – Amanda Odish Spring Harp Performance (A) 3:00 – Bingo 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Garlic Day	20. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Paradise Church Music (A) 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Fries Trivia 2:00 – Movie 2:00 – Zumba with Annette (A) 3:00 – 7th Day Adventist Choir (A) 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Cheddar Fries Day
21. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Craft: Pom Pom Egg Painting 12:30 – Lunch 1:30 – Easter Trivia 2:00 – Bingo 3:00 – Craft: Cute Chicks 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner Easter Sunday	22. 8:30 – Breakfast 9:30 – What's on the Menu? 10:00 – Sing-Along with Susie Q 10:00 – Pau Hana Glee Club (A) 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Jelly Bean Trivia 2:00 – Movie 2:00 – Van Ride 3:30 – Furry Friends with Lii Lii 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Jelly Bean Day	23. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Pictionary 12:30 – Lunch 1:30 – Guess that Word 2:00 – Sing-Along with Susie Q 2:00 – Meditation Yoga with Kat (A) 3:00 – Beautiful You 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Cherry Cheesecake Day	24. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Rabbit Trivia 2:00 – Movie 2:00 – Courtyard Cruising (C) 3:00 – Craft: New Sew Bunnies 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Administrative Professionals Day	25. 8:30 – Breakfast 9:30 – Mellow Friends (A) 9:30 – Movie 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Telephone Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:30 – Mindfulness 3:30 – Shark Toss 4:00 – Furry Friends with Cookie 4:30 – Exercise 5:15 – Water & Bathroom Break 5:30 – Dinner National Telephone Day	26. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Music with Dean (A) 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Pretzel Trivia 2:00 – Documentary 2:00 – Courtyard Cruising (C) 3:00 – Bingo 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Pretzel Day	27. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Activities with Grace (A) 11:00 – What's on the Menu? 11:30 – Exercise 12:30 – Lunch 1:30 – Spring Trivia 2:00 – Movie 2:00 – Zumba with Annette (A) 3:00 – What's that Smell? 3:30 – Balloon Volleyball 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Sense of Smell Day
28. 8:30 – Breakfast 9:30 – Cognifit 10:00 – What's on the Menu? 10:30 – Furry Friends with Chibi & Wicket 11:00 – Exercise 11:45 – Water & Bathroom Break 12:30 – Lunch 1:30 – Superhero Trivia 2:00 – Sing-Along with Susie Q 2:00 – Music with Michael (A) 3:00 – Craft: Superhero Masks 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Superhero Day	29. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Shrimp Trivia 2:00 – Movie 2:00 – Van Ride 3:30 – Furry Friends with Lii Lii 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Shrimp Scampi Day	30. 8:30 – Breakfast 9:30 – What's on the Menu? 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – I Ola Lahui Kupuna Workshop with Dr. Morgan: Mindfulness 12:30 – Lunch 1:30 – Pistachio Trivia 2:00 – Sing-Along with Susie Q 2:00 – Terry Brown Ukulele Ministry (A) 2:00 – Birthday Bash 3:00 – Beautiful You 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner National Bubble Tea Day			Van Departures Please meet in the lobby 15 minutes prior to all van departures.	KEY A – Activity Room MR – Media Room C – Courtyard