

# SEPTEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Van Departures</b></p> <p>Please meet in the lobby 15 minutes prior to all van departures.</p>	<p><b>KEY</b></p> <p><b>A</b> – Activity Room <b>MR</b> – Media Room <b>L</b> – Lobby <b>B</b> – Bistro <b>S</b> – Supervised</p>	<p><b>1.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Hidden Pictures (A)(MR) <b>2:00 - Seated Tai Chi with Jill (MR)</b> 2:00 - Tea Time Tuesday (A) <b>2:30 - Seated Tai Chi with Jill (MR)</b> 2:30 - Tea Time Tuesday (A) <b>3:00 - Seated Tai Chi with Jill (MR)</b> 3:00 - Tea Time Tuesday (A) 3:30 - Tea Time Tuesday (A)</p> <p><b>National Chicken Boys Day</b></p>	<p><b>2.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) 1:00 - Sing-Along with Susie Q (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (MR) 1:30 - Creative Coloring (A) <b>2:00 - Celine Dion Concert (MR)</b> 2:00 - Canvas Painting with Shaina (A) <b>3:00 - Celine Dion Concert (MR)</b> 3:00 - Canvas Painting with Shaina (A)</p> <p><b>National Blueberry Popsicle Day</b></p>	<p><b>3.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Word Search Hour (A)(MR) 1:30 - Aromatherapy Hand Massage (MR) <b>2:00 - Chair Yoga with Sherry Morris (MR)</b> 2:00 - Crafting with Danicah (A) <b>3:00 - Chair Yoga with Sherry Morris (MR)</b> 3:00 - Crafting with Danicah (A)</p> <p><b>U.S. Bowling League Day</b></p>	<p><b>4.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) <b>11:30 - Kau Kau Club: Zippy's Zip Pacs (A)(MR) (see Concierge)</b> 1:00 - Hidden Pictures (A)(MR) 1:30 - Aromatherapy Hand Massage (MR) 2:00 - Blackjack (A)(MR) 2:30 - Blackjack (A)(MR) 3:00 - Brain Buster Puzzle Packs (A)(MR) 3:30 - Brain Buster Puzzle Packs (A)(MR)</p> <p><b>National College Colors Dress-Up Day</b></p>	<p><b>5.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Sing-Along with Susie Q (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Fuzion Fitness Seated Zumba (MR)</b> 2:00 - Jenga (A) <b>2:30 - Fuzion Fitness Seated Zumba (MR)</b> 2:30 - Hangman Word Game (A) <b>3:00 - Fuzion Fitness Seated Zumba (MR)</b> 3:00 - Hangman Word Game (A) 3:30 - Concentration Card Game (A)</p> <p><b>National Cheese Pizza Day</b></p>
<p><b>6.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Hidden Pictures (A)(MR) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Watercolor Art with Shaina (A)(MR) 3:00 - Watercolor Art with Shaina (A)(MR)</p> <p><b>National Coffee Ice Cream Day</b></p>	<p><b>7.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) 1:00 - Word Search Hour (A)(MR) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Blackjack (A)(MR) 2:30 - Blackjack (A)(MR) 3:00 - Movie (MR) 3:00 - Hanafuda (A) 3:30 - Hanafuda (A)</p> <p><b>National Labor Day</b></p>	<p><b>8.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Hidden Pictures (A)(MR) <b>2:00 - Seated Tai Chi with Jill (MR)</b> 2:00 - Edible Art: Ants on a Log (A) <b>2:30 - Seated Tai Chi with Jill (MR)</b> 2:30 - Edible Art: Ants on a Log (A) <b>3:00 - Seated Tai Chi with Jill (MR)</b> 3:00 - Edible Art: Ants on a Log (A) 3:30 - Edible Art: Ants on a Log (A)</p> <p><b>National Ants On A Log Day</b></p>	<p><b>9.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) <b>12:45 - Scenic - Bryan's Choice (S)</b> 1:00 - Sing-Along with Susie Q (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 1:30 - Creative Coloring (A) 2:00 - Crafting with Shaina (A)(MR) 3:00 - Crafting with Shaina (A)(MR)</p> <p><b>National Teddy Bear Day</b></p>	<p><b>10.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Word Search Hour (A)(MR) 1:30 - Aromatherapy Hand Massage (MR) <b>2:00 - Chair Yoga with Sherry Morris (MR)</b> 2:00 - Crafting with Danicah (A) <b>3:00 - Chair Yoga with Sherry Morris (MR)</b> 3:00 - Crafting with Danicah (A)</p> <p><b>National Swap Ideas Day</b></p>	<p><b>11.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) <b>11:30 - Kau Kau Club: Wendy's Biggie Bag (A)(MR) (see Concierge)</b> 1:00 - Hidden Pictures (A)(MR) 1:30 - Aromatherapy Hand Massage (MR) 2:00 - Blackjack (A)(MR) 2:30 - Blackjack (A)(MR) 3:00 - Brain Buster Puzzle Packs (A)(MR) 3:30 - Brain Buster Puzzle Packs (A)(MR)</p> <p><b>Patriots Day</b></p>	<p><b>12.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Sing-Along with Susie Q (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Fuzion Fitness Seated Zumba (MR)</b> 2:00 - Chocolate Milkshakes (A) <b>2:30 - Fuzion Fitness Seated Zumba (MR)</b> 2:30 - Chocolate Milkshakes (A) <b>3:00 - Fuzion Fitness Seated Zumba (MR)</b> 3:00 - Chocolate Milkshakes (A) 3:30 - Chocolate Milkshakes (A)</p> <p><b>National Chocolate Milkshake Day</b></p>
<p><b>13.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) <b>12:45 - Scenic - Bryan's Choice (S)</b> 1:00 - Hidden Pictures (A)(MR) 1:30 - Aromatherapy Hand Massage (A) <b>2:05 - Scenic - Bryan's Choice (S)</b> 2:00 - Watercolors with Shaina (A)(MR) 3:00 - Watercolors with Shaina (A)(MR) <b>3:20 - Scenic - Bryan's Choice (S)</b></p> <p><b>National Grandparent's Day</b></p>	<p><b>14.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) <b>12:45 - Scenic - Bryan's Choice (S)</b> 1:00 - Word Search Hour (A)(MR) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Blackjack (A)(MR) <b>2:30 - Scenic - Bryan's Choice (S)</b> 2:30 - Blackjack (A)(MR) 3:00 - Movie (MR) 3:00 - Hanafuda (A) 3:30 - Hanafuda (A)</p> <p><b>Pajama Dress-Up Day</b></p>	<p><b>15.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Hidden Pictures (A)(MR) <b>2:00 - Seated Tai Chi with Jill (MR)</b> 2:00 - Tea Time Tuesday (A) <b>2:30 - Seated Tai Chi with Jill (MR)</b> 2:30 - Tea Time Tuesday (A) <b>3:00 - Seated Tai Chi with Jill (MR)</b> 3:00 - Tea Time Tuesday (A) 3:30 - Tea Time Tuesday (A)</p> <p><b>Sports Dress-Up Day</b></p>	<p><b>16.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) <b>12:45 - Scenic - Bryan's Choice (S)</b> 1:00 - Sing-Along with Susie Q (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 1:30 - Creative Coloring (A) <b>2:00 - Johnny Cash Concert (MR)</b> 2:00 - Canvas Painting with Shaina (A) <b>3:00 - Johnny Cash Concert (MR)</b> 3:00 - Canvas Painting with Shaina (A)</p> <p><b>Western Dress-Up Day</b></p>	<p><b>17.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Word Search Hour (A)(MR) 1:30 - Aromatherapy Hand Massage (MR) <b>2:00 - Chair Yoga with Sherry Morris (MR)</b> 2:00 - Crafting with Danicah (A) <b>3:00 - Chair Yoga with Sherry Morris (MR)</b> 3:00 - Crafting with Danicah (A)</p> <p><b>Decades Dress-Up Day</b></p>	<p><b>18.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) <b>11:30 - Kau Kau Club: Matsuzaka Tei (A)(MR) (see Concierge)</b> 1:00 - Hidden Pictures (A)(MR) 1:30 - Aromatherapy Hand Massage (MR) 2:00 - Blackjack (A)(MR) 2:30 - Blackjack (A)(MR) 3:00 - Brain Buster Puzzle Packs (A)(MR) 3:30 - Brain Buster Puzzle Packs (A)(MR)</p> <p><b>Aloha Dress-Up Day</b></p>	<p><b>19.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Sing-Along with Susie Q (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Fuzion Fitness Seated Zumba (MR)</b> 2:00 - Jenga (A) <b>2:30 - Fuzion Fitness Seated Zumba (MR)</b> 2:30 - Hangman Word Game (A) <b>3:00 - Fuzion Fitness Seated Zumba (MR)</b> 3:00 - Hangman Word Game (A) 3:30 - Concentration Card Game (A)</p> <p><b>National Dance Day</b></p>
<p><b>20.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) <b>12:45 - Scenic - Bryan's Choice (S)</b> 1:00 - Hidden Pictures (A)(MR) 1:30 - Aromatherapy Hand Massage (A) <b>2:05 - Scenic - Bryan's Choice (S)</b> 2:00 - Watercolors with Shaina (A)(MR) 3:00 - Watercolors with Shaina (A)(MR) <b>3:20 - Scenic - Bryan's Choice (S)</b></p> <p><b>National Pepperoni Pizza Day</b></p>	<p><b>21.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) <b>12:45 - Scenic - Bryan's Choice (S)</b> 1:00 - Word Search Hour (A)(MR) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Blackjack (A)(MR) <b>2:30 - Scenic - Bryan's Choice (S)</b> 2:30 - Blackjack (A)(MR) 3:00 - Movie (MR) 3:00 - Hanafuda (A) 3:30 - Hanafuda (A)</p> <p><b>National New York Day</b></p>	<p><b>22.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Hidden Pictures (A)(MR) <b>2:00 - Seated Tai Chi with Jill (MR)</b> 2:00 - Ice Cream Cones (A) <b>2:30 - Seated Tai Chi with Jill (MR)</b> 2:30 - Ice Cream Cones (A) <b>3:00 - Seated Tai Chi with Jill (MR)</b> 3:00 - Ice Cream Cones (A) 3:30 - Ice Cream Cones (A)</p> <p><b>National Ice Cream Cone Day</b></p>	<p><b>23.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) <b>12:45 - Scenic - Bryan's Choice (S)</b> 1:00 - Sing-Along with Susie Q (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 1:30 - Creative Coloring (A) 2:00 - Crafting with Shaina (A)(MR) 3:00 - Crafting with Shaina (A)(MR)</p> <p><b>National Snack Slick Day</b></p>	<p><b>24.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Word Search Hour (A)(MR) <b>2:00 - Chair Yoga with Sherry Morris (MR)</b> 2:00 - Cherries Jubilee Tasting (A) 2:30 - Cherries Jubilee Tasting (A) <b>3:00 - Chair Yoga with Sherry Morris (MR)</b> 3:00 - Cherries Jubilee Tasting (A) 3:30 - Cherries Jubilee Tasting (A)</p> <p><b>National Cherries Jubilee Day</b></p>	<p><b>25.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) <b>11:30 - Kau Kau Club: Kozo Sushi (A)(MR) (see Concierge)</b> 1:00 - Hidden Pictures (A)(MR) 1:30 - Aromatherapy Hand Massage (MR) 2:00 - Blackjack (A)(MR) 2:30 - Blackjack (A)(MR) 3:00 - Brain Buster Puzzle Packs (A)(MR) 3:30 - Brain Buster Puzzle Packs (A)(MR)</p> <p><b>National Quesadilla Day</b></p>	<p><b>26.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Sing-Along with Susie Q (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Fuzion Fitness Seated Zumba (MR)</b> 2:00 - Jenga (A) <b>2:30 - Fuzion Fitness Seated Zumba (MR)</b> 2:30 - Hangman Word Game (A) <b>3:00 - Fuzion Fitness Seated Zumba (MR)</b> 3:00 - Hangman Word Game (A) 3:30 - Concentration Card Game (A)</p> <p><b>National Pancake Day</b></p>
<p><b>27.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) <b>12:45 - Scenic - Bryan's Choice (S)</b> 1:00 - Hidden Pictures (A)(MR) 1:30 - Aromatherapy Hand Massage (A) <b>2:05 - Scenic - Bryan's Choice (S)</b> 2:00 - Watercolors with Shaina (A)(MR) 3:00 - Watercolors with Shaina (A)(MR) <b>3:20 - Scenic - Bryan's Choice (S)</b></p> <p><b>National Corned Beef Hash Day</b></p>	<p><b>28.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) <b>12:45 - Scenic - Bryan's Choice (S)</b> 1:00 - Word Search Hour (A)(MR) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Blackjack (A)(MR) <b>2:30 - Scenic - Bryan's Choice (S)</b> 2:30 - Blackjack (A)(MR) 3:00 - Movie (MR) 3:00 - Hanafuda (A) 3:30 - Hanafuda (A)</p> <p><b>National Strawberry Cream Pie Day</b></p>	<p><b>29.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Nickel Bingo (A)(MR) 10:30 - Nickel Bingo (A)(MR) 1:00 - Hidden Pictures (A)(MR) <b>2:00 - Seated Tai Chi with Jill (MR)</b> 2:00 - Mocktail Mixer (A) <b>2:30 - Seated Tai Chi with Jill (MR)</b> 2:30 - Mocktail Mixer (A) <b>3:00 - Seated Tai Chi with Jill (MR)</b> 3:00 - Mocktail Mixer (A) 3:30 - Mocktail Mixer (A)</p> <p><b>National Coffee Day</b></p>	<p><b>30.</b></p> <p>8:15 - Exercise (A)(MR) 8:50 - Exercise (A)(MR) 9:25 - Exercise (A)(MR) 10:00 - Bingo (A)(MR) 10:30 - Bingo (A)(MR) <b>12:45 - Scenic - Bryan's Choice (S)</b> 1:00 - Sing-Along with Susie Q (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 1:30 - Creative Coloring (A) <b>2:00 - Cher Concert (MR)</b> 2:00 - Canvas Painting with Shaina (A) <b>3:00 - Cher Concert (MR)</b> 3:00 - Canvas Painting with Shaina (A)</p> <p><b>National Love People Day</b></p>	<p><b>All sign-ups for Kau Kau Club and Scenic Van Rides must be made the day before the scheduled activity at the concierge desk. Due to limited space, it is not permitted to sign up for others than yourself.</b></p>		 <p><b>Happy Grandparents Day</b></p>